



Signposts Sweetspots

Flic can bounce back to form

Attacca 1.20 Ascot

Nicky Henderson and Nico de Boinville have a 27 per cent strike-rate when teaming up at Ascot and the five-year-old Attacca can complete a hat-trick.

Flic Ou Voyou 2.32 Wincanton

The nine-year-old has a good record at Wincanton with three wins from four runs and he can bounce back to form. His trainer Paul Nicholls has a 27 per cent strike-rate at the track.

Zestful Hope 4.10 Ascot

This consistent type should go well and his jockey Adrian Heskin has an impressive 50 per cent strike-rate at Ascot.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Daragh Bourke, James Fanshawe, Kerry Lee, William Haggas, B F Brookhouse, Harriet Graham & Gary Rutherford, Chris Gordon, Stuart Edmunds, Charlie Appleby, John & Thady Gosden, Andrew Balding, Tom Lacey, Julie Camacho, Kevin Philippart de Foy, Fergal O'Brien, John Butler, Anthony Honeyball, Nicky Henderson, Kevin Ryan, David Simcock, Ed Walker, Henry Daly, Charlie Longsdon.

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: C A McBratney, J R Jenkins, Helen Nelmes, Peter Fahey, Robyn Brisland, David Thompson, Paul & Oliver Cole, Gemma Tutty.

New trainers

TRAINERS having their first runner today

Table listing new trainers: Ms J Nolan.

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Peter Bowen, Richard Hobson, Charlie Appleby, John & Thady Gosden.

Table listing trainers: Paul Nicholls, Jeremy Scott, Simon & Ed Crisford, Paul Nicholls, Jamie Snowden, Archie Watson, Nicky Henderson, William Haggas, Jonjo O'Neill, Nicky Henderson, Kevin Philippart de Foy, Jane Williams, Sue Smith, Chris Gordon.

Trainers off course

Trainers with most course losers since last win (today's code/surface)

Table listing trainers off course: Tracy Waggott, Shaun Harris, Helen Nelmes, Katie Scott, Alexandra Dunn.

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or having first course runner

Course wins-runs record in past 20 years

Table listing tracking trainers: Sam England, Harriet Graham & Gary Rutherford, Oliver Signy, C R Barber, B F Brookhouse, R J Holmes, David Kemp, C A McBratney, Ms J Nolan, David O'Brien, Harriet Graham & Gary Rutherford, Daragh Bourke.

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months

Table listing class of 5-30 trainers: Kerry Lee, John Flint, Antony Brittain, Tracy Waggott, Shaun Harris, Dean Ivory, Robert Walford.

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table showing story of the symbols: Wins, Places, Runs, % POI%. Categories include Wind operation, Gelding first race, Blinkers first-time, Visor first-time, Hood first-time, Tongue-strap first-time, Cheekpieces first-time, Course winner, Distance winner, CD winner, BF last run, Debutant, Days off (1-14), Days off (15 to 50), Days off (51 to 100), Days off (101 to 365), Days off (365+), Trainer first-time.

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months

Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: Henry Daly, Roger Fell, Richard J Bandey, Jim Goldie, George Scott, Rae Guest, James Moffatt, Paul & Oliver Cole, Paul Midgley, Phil McEntee, Sam England, James Fanshawe, Jane Williams.

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Anthony Honeyball, Joseph Patrick O'Brien, Kim Bailey, Donald McCain, Evan Williams, Jamie Snowden, Eve Johnson Houghton, Richard Hughes, James Fanshawe, Gay Kelleway, William Haggas, David Loughnane, George Boughey, Stuart Williams, Simon & Ed Crisford, Marco Botti, Ed Dunlop, Kevin Ryan, K R Burke.

David O'Meara ..Star Shield Newc 6.00

John & Thady Gosden ..Queen Regent Newc 6.30

Charlie Appleby ..Reflective Star Newc 6.30

John Quinn ..Titan Rock Newc 7.00

Nigel Tinkler Athollblair Boy Newc 7.30

Michael Dods ..Show Compassion Newc 7.30

Alice Haynes Ramdon Rocks Newc 8.00

Chris Gordon Press Your Luck Winc 4.17

Trainer trace

Horses who have switched trainers since their latest run

Includes current trainer's record with new recruits under today's code

Table listing trainer trace: Zoffany Bay, D Cottin, Old Town Garde, Punta Del Este, Evander, Oliver Greenall, Not A Role Model, Angelica Nolan, Rewritetherules, Patricia Rigby, Power Of Darkness, Grandmaster Flash, Oman, Alan King, Desfondado, Aljardaa, Lion's Dream, Moytier, Mille M Chiampo.

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Harriet Graham & Gary Rutherford.



Table listing jockeys and their statistics: Charlie Appleby, Shaun Harris, Paul Nicholls, Oliver Greenall & Josh Guerriero, Daragh Bourke, Tom George, Kerry Lee, Emma Lavelle, K R Burke, Ben Haslam, Gay Kelleway, John Quinn, John Butler, N W Alexander.

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form).

Table listing training newcomers: Richard Hughes, Nicky Henderson, Charlie Johnston, Alan King, Milton Harris.

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations: Charlie Appleby-Jack Mitchell, Milton Harris-Mitchell Bastyan, Nicky Henderson-Nico de Boinville, Robyn Brisland-Kieran O'Neill, John Best & Karen Jewell-Robert Havlin, Jamie Snowden-Gavin Sheehan, Andrew Balding-David Probert, Richard Hannon-Sean Levey, Gary Moore-Rhys Clutterbuck, Fergal O'Brien-Paddy Brennan.

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing hot jockeys: Mr Freddie Gordon, Paddy Brennan, Aidan Coleman, Tom O'Brien, Nico de Boinville, Niall Houlihan, Rex Dingle, Fergus Gregory, Charlie Deutsch, Daryl Jacob, Ben Jones, Brian Hughes, Derek Fox.

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing jockeys with most losers: Andrew Breslin, Duran Fentiman, William Carson, Shannon Watts, Connor Murtagh, Charlie Todd.

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table listing course jockeys: A P Heskin, Nico de Boinville, Jamie Spencer, Sean Bowen, Aidan Coleman, Jack Mitchell, Paul Mulrennan, Mohammed Tabti.

Jockeys off course

Jockeys with most course losers since last win (today's code/surface)

Table listing jockeys off course: Cam Hardie, George Wood, Nick Scholfield, Kieran Schofield, Alistair Rawlinson, William Carson, Sam James.

Journeyman jockeys

JOCKEYS booked to ride at more than one meeting; Showing time of last ride at first meeting and earliest ride at next

Table listing journeyman jockeys: Philip Armson.

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing one-trick jockeys: Jonathan England, Stan Sheppard, Jack Tudor, Ben ffrrench Davis, Jack Quinlan, David Bass, Ryan Mania, J J Slevin, James Davies, Rex Dingle, Cianan Gethings, Alexander Thorne, Fergus Gregory, Conor O'Farrell, Bryan Carver Grumpy Charley, David Noonan, Hugh Nugent, David Prichard, Sean Quinlan, Edward Austin, Paddy Brennan, Jamie Hamilton, Donagh Meyler, Charlie Todd, Nathan Moscrop, Richard Patrick, Adam Wedge, Ben Jones.

Table listing jockeys and their statistics: Charlotte Jones, Dayverson de Barros, J F Egan, George Wood, Hector Crouch, George Downing, Finley Marsh, William Carson, Tom Queally, Andrew Breslin, Joanna Mason, Harry Burns, Hayley Turner, Jason Watson, Rowan Scott, Kieran Schofield, Cieren Fallon, Jack Mitchell, Dougie Costello, Duran Fentiman, Jason Hart, Oisín Orr, Phil Dennis, Paula Muir, Ben Poste, Lee Edwards, Micheal Nolan.

Horse & jockey

HORSES with 100% record for today's jockey; Minimum 2 wins and at least 1 defeat under different jockey

Table listing horse & jockey combinations: Attacca, Nico de Boinville, Bold Endeavour, Loup de Maulde, Toby Wynne, Passing Well, Gavin Sheehan.

First-time geldings

HORSES running for the first time since being gelded; DATA excludes horses trained outside GB & Ireland; Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Table listing first-time geldings: V Twelve, Zafaan, Kevin Phillipart de Foy, Lion's Dream, Michael Appleby.

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery; Data excludes horses trained outside GB; Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all.

Table listing first-time wind ops: Deacs Delight, Paul & Oliver Cole, Somerway, Erne River, Nick Kent, Sporting John, Onagatheringstorm, Shishkin, Nicky Henderson, Millers Bank, Alex Hales.

Table listing jockeys and their statistics: Ede'ffs Elton, Robert Walford, Captain Tommy, Ian Williams, Maypole Class, Jonjo O'Neill, William Ewart, Christian Williams.

First-time blinkers

Horses wearing blinkers, hood or visor for the first time; Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners; Current and previous year, any code

Table listing first-time blinkers: Between Waters, Our Nel, Apogise, Oliver Greenall & Josh Guerriero, Tiz Likely, J S Moore, River Chorus, Smerden Flyer, John Best & Karen Jewell, Vadream, Charlie Fellowes, Bobba Tee, Alan Brown, Rockabill Angel, Ed Dunlop, Aljardaa, Patrick Morris, Hot Diggity Dog, Tony Carroll.

Tongue-tied

HORSES wearing tongue strap for the first time; Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners; Current and previous year, any code

Table listing tongue-tied horses: Shishkin, Nicky Henderson, Rose Bolt, William Haggas, Hold The Press, J R Jenkins, Hot Diggity Dog, Tony Carroll, Somerway, Tom George, de Wanted Warrior, Paul Nicholls, Super Duper Sam, Neil Mulholland.

Cheekpieces

HORSES wearing cheekpieces for the first time; Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners; Current and previous year, any code

Table listing cheekpieces: Revels Hill, Harry Fry, Riders Onthe Storm, Richard Hobson, Snow Leopardess, Charlie Longsdon, Tim Pat, Donald McCain, Onagatheringstorm, Fergal O'Brien, Espoir de Teillee, B F Brookhouse, Master Oliver, Craig Lidster, H Key Lails, Nicky Henderson, Gifted Gold, K R Burke.

Headgear left off



● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

<b>Millers Bank</b> .....	Asct	3.35
<b>Itso Fury</b> .....	Asct	4.10
<b>Cianciana</b> .....	Hayd	1.30
<b>Punta Del Este</b> .....	Hayd	1.30
<b>Deacs Delight</b> .....	Ling	1.03
<b>Power Of Darkness</b> .....	Ling	3.23
<b>Nicholas T</b> .....	Ling	3.58
<b>Oman</b> .....	Ling	3.58
<b>Abolish</b> .....	Newc	7.00
<b>Mrs Bagerran</b> .....	Newc	8.00
<b>First Street</b> .....	Winc	3.12
<b>Caspers Court</b> .....	Winc	5.20

### Money talks

● HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost  
● Showing trainer's wins-runs record with next outing of winning & losing gambles

<b>Feel Good Inc</b> .....	Hayd	4.25
Donc, 10.1.23: op 20/1 .....		9/1 W
<i>Neil Mulholland</i> W 0-0 0%; L 3-8 38%		

### Travellers' check

● Today's farthest travellers (top 10 & ties; minimum distance 200 miles).  
● Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

<b>Zoffany Bay</b> .....	Asct	3.00	IRE
<i>Peter Fahey</i> all GB 29-170 17%			
<b>Fakir d'Oudairies</b> .....	Asct	3.35	IRE
<i>Joseph Patrick O'Brien</i> all GB 54-600 9%			
<b>Snapius</b> .....	Hayd	1.30	IRE
<i>J A Nash</i> all GB 14-159 9%			
<b>Hardy Bloke</b> .....	Hayd	3.18	IRE
<i>Emmet Mullins</i> all GB 28-122 23%			
<b>Welsh Saint</b> .....	Hayd	5.00	IRE
<i>C A McBratney</i> all GB 8-178 4%			
<b>Oriental Lilly</b> .....	Ling	2.13	437
<i>Jim Goldie</i> 4-64 6%; all 9%			
<b>Nicholas T</b> .....	Ling	3.58	437
<i>Jim Goldie</i> 4-64 6%; all 9%			
<b>Non Mollare</b> .....	Ling	2.13	357
<i>Daragh Bourke</i> 0-0 0%; all 7%			
<b>Aye Right</b> .....	Asct	3.35	346
<i>Harriet Graham &amp; Gary Rutherford</i> 0-0 0%; all 12%			
<b>Lady Bianca</b> .....	Newc	5.30	283
<i>Jamie Osborne</i> 8-92 9%; all 11%			
<b>Chief's Will</b> .....	Newc	6.00	283
<i>Archie Watson</i> 136-588 23%; all 17%			
<b>Cliffs Of Capri</b> .....	Newc	7.00	283
<i>Jamie Osborne</i> 8-92 9%; all 11%			

### Trying a trip

● HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

<b>First Lord de Cuét</b> .....	Hayd	2.40	+4f
<b>Strike Alliance</b> .....	Ling	4.33	+2f

### Dropping back in trip

● HORSES who have run at least once this season and now race over 2f (4f jumps) less than previously this season.

<b>Dream Bet</b> .....	Winc	1.57	-6f
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### Handicap debut

● Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

● Showing trainer's win-run record with handicap debutants (current season plus four)			
<b>Supreme Gift</b> .....	Asct	3.00	
<i>Henry Daly</i> 6-38 16%; -£17.58			
<b>Quid Pro Quo</b> .....	Hayd	3.50	
<i>Dan Skelton</i> 31-151 21%; +£18.79			
<b>Copshill Lad</b> .....	Winc	5.20	
<i>Milton Harris</i> 9-55 16%; -£6.67			

**de Wanted Warrior** ..... Winc | 5.20 || *Paul Nicholls* 22-142 15%; -£5.30 |  |  |

### Horses for courses

● HORSES with at least three course wins (today's code/surface), followed by total course runs

● Course/distance wins are shown in brackets			
<b>Athollblair Boy</b> .....	Newc	7.30 (6)	8-45
<b>Spartan Fighter</b> .....	Newc	7.00 (1)	6-24
<b>Tathmeen</b> .....	Newc	7.30 (1)	6-41
<b>Bristol de Mai</b> .....	Hayd	2.40	5-9
<b>Pirate King</b> .....	Ling	3.58 (4)	4-10
<b>Regal Encore</b> .....	Asct	2.25 (4)	4-17
<b>Flic Ou Voyou</b> .....	Winc	2.32	3-4
<b>Ede'iffs Elton</b> .....	Winc	3.42 (2)	3-7
<b>Kauto The King</b> .....	Winc	2.32 (3)	3-8
<b>Perfect Swiss</b> .....	Newc	7.00	3-14
<b>Cappananty Con</b> .....	Ling	2.13	3-32

### Best of rivalries

● Head-to-head record of horses who have run against one another three or more times in the past two years.

● First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

		3.35	Ascot
<b>Pic d'Orhy</b> 3 (2) v 1 (1) Millers Bank			
7.30 Newcastle (A.W)			
<b>Tathmeen</b> 3 (0) v 0 (0) One Hart			
8.00 Newcastle (A.W)			
<b>Elzaal</b> 3 (2) v 1 (0) Mrs Bagerran			
Elzaal 3 (1) v 1 (1) Joshua R			
<b>Mrs Bagerran</b> 3 (0) v 1 (0) Nellie French			
Elzaal 3 (0) v 0 (0) Nellie French			
<b>Nellie French</b> 2 (1) v 2 (1) Joshua R			
<b>Mrs Bagerran</b> 2 (0) v 1 (0) Joshua R			
3.12 Wincanton			
<b>Knappers Hill</b> 2 (0) v 1 (0) I Like To Move It			

### Bad turn

● HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR

● Minimum 3 runs each on LH & RH tracks			
<b>Zoffany Bay</b> (7/1) .....	Asct	3.00	RH
<i>LH w-r: 2-9 RPR 130; RH 0-3 RPR 116</i>			
<b>Warranty</b> (14/1) .....	Asct	4.10	RH
<i>LH w-r: 2-8 RPR 122; RH 0-4 RPR 99</i>			

### Anything to report

● HORSES whose last outing has official explanation from connections. See form for details

<b>Laskalin</b> .....	Asct	2.25
<b>Riders Onthe Storm</b> .....	Asct	2.25
<b>Samarrive</b> .....	Asct	3.00
<b>Shishkin</b> .....	Asct	3.35
<b>Danny Whizzbang</b> .....	Asct	4.10
<b>Huntsmans Jog</b> .....	Asct	4.10
<b>Quick Wave</b> .....	Hayd	2.40
<b>Golden Whisky</b> .....	Hayd	3.50
<b>If Not For Dylan</b> .....	Hayd	3.50
<b>Super Six</b> .....	Hayd	3.50
<b>Saint Palais</b> .....	Hayd	4.25
<b>Caryto Des Brosses</b> .....	Hayd	5.00
<b>Lost In Time</b> .....	Ling	1.03
<b>Sweet Bertie</b> .....	Ling	1.03
<b>Intergalactiat</b> .....	Ling	1.38
<b>Daphne May</b> .....	Ling	2.13
<b>Elegant Ellen</b> .....	Ling	2.13
<b>Hold The Press</b> .....	Ling	2.13
<b>Prydwen</b> .....	Ling	3.58
<b>Strike Alliance</b> .....	Ling	4.33
<b>Billy Bathgate</b> .....	Newc	4.55
<b>Captain Dandy</b> .....	Newc	5.30
<b>War Defender</b> .....	Newc	6.00
<b>Lion's Dream</b> .....	Newc	7.00
<b>Joshua R</b> .....	Newc	8.00
<b>Somerway</b> .....	Winc	1.57
<b>I Like To Move It</b> .....	Winc	3.12
<b>Sam Barton</b> .....	Winc	3.42
<b>Great d'Ange</b> .....	Winc	4.50
<b>Copshill Lad</b> .....	Winc	

**de Wanted Warrior** ..... Winc | 5.20 |

### Repeat performance

● HORSES who ran in same race in previous seasons

<b>Regal Encore</b> .....	Asct	2.25
22: 4 of 9, btn 5 <sup>th</sup> , OR140, 9/1 Richie McLernon		
21: 2 of 10, btn 7 <sup>th</sup> , OR150, 12/1		
Richie McLernon		
20: 3 of 8, btn 10 <sup>th</sup> , OR146, 15/2		
Richie McLernon		
19: 3 of 8, btn 9 <sup>th</sup> , OR152, 14/1		
Richie McLernon		
18: 1 of 6, OR150, 6/1		
Richie McLernon		
<b>Thibault</b> .....	Asct	3.00
21: 2 of 15, btn 2 <sup>nd</sup> , OR124, 80/1		
Richard Patrick		
<b>Fakir d'Oudairies</b> .....	Asct	3.35
22: 1 of 8, RPR168, 9/4F		
Mark Walsh		
<b>Itchy Feet</b> .....	Hayd	2.05
21: 5 of 8, btn 15 <sup>th</sup> , RPR134, 4/1CF A P Heskin		
<b>Bristol de Mai</b> .....	Hayd	2.40
22: 1 of 11, OR159, 11/2 Sam Twiston-Davies		
<b>Notachance</b> .....	Hayd	2.40
21: P of 9, OR146, 11/2		
Tom Cannon		
<b>The Two Amigos</b> .....	Hayd	2.40
21: 3 of 9, btn 8 <sup>th</sup> , OR144, 13/2		
James Bowen		
20: 4 of 10, btn 32 <sup>nd</sup> , OR142, 6/1		
Matt Griffiths		
19: F of 15, OR142, 7/1		
Matt Griffiths		
<b>Time To Get Up</b> .....	Hayd	2.40
22: 2 of 11, btn 33 <sup>rd</sup> , OR144, 22/1 Jonjo O'Neill Jr		
<b>Mill Green</b> .....	Hayd	3.18
22: 2 of 9, btn 2 <sup>nd</sup> , OR136, 28/1		
Nathan Brennan		
<b>River Chorus</b> .....	Ling	2.13
22: 7 of 11, btn 3 <sup>rd</sup> , RPR44, 18/1 Luke Morris		
<b>Revolutionise</b> .....	Ling	3.23
22: 6 of 8, btn 5 <sup>th</sup> , OR93, 8/1		
Marco Ghiani		
<b>Pirate King</b> .....	Ling	3.58
22: 4 of 7, btn 1 <sup>st</sup> , OR96, 11/4F Ryan Moore		
<b>Bobba Tee</b> .....	Newc	4.55
21: 9 of 12, btn 11 <sup>th</sup> , OR70, 5/1		
Oliver Stammers		
<b>Spartan Fighter</b> .....	Newc	7.00
22: 4 of 5, btn 6 <sup>th</sup> , OR77, 14/1		
Harry Russell		
<b>Joshua R</b> .....	Newc	8.00
22: 2 of 10, btn 7 <sup>th</sup> , OR52, 11/2		
Joe Fanning		
<b>Nellie French</b> .....	Newc	8.00
22: 1 of 10, OR48, 11/1		
Phil Dennis		
<b>Flamant Delitiep</b> .....	Winc	2.32
22: 2 of 6, btn 1 <sup>st</sup> , OR125, 10/11F		
Jamie Moore		
21: 2 of 7, btn 1 <sup>st</sup> , OR131, 2/1 Aidan Coleman		
<b>Kauto The King</b> .....	Winc	2.32
22: 4 of 6, btn 18 <sup>th</sup> , OR127, 6/1		
Tom Scudamore		
<b>Ede'iffs Elton</b> .....	Winc	3.42
22: 1 of 4, OR115, 4/1		
Jamie Moore		

<b>de Wanted Warrior</b> .....	Winc	5.20
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### Week link

● HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

-21 Omar Maretti .....	Hayd	2.40
3m 1f 54y Catt 14.2.22; 3m Dcmb 17.2.19		
-11 Snow Leopardess .....	Hayd	2.40
3m 54y Extr 13.2.22; 2m 140y Donc		
24.2.16		
-44 Athollblair Boy .....	Newc	7.30
6f Newc 11.2.20; 7f Newc 21.2.18		
713 Tathmeen .....	Newc	7.30
5f Newc 19.2.20; 5f Wolv 25.2.19		

### Seven-day winners

● TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

<b>Daphne May</b> .....	Ling	2.13
won Lingfield (A.W), Saturday		
<i>Gary Moore</i> 10-35 29%; all 13%		

### Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

<b>Zoffany Bay</b> .....	Asct	3.00	700
10.9.20 won after 195 days off			
<b>Cloudy Glen</b> .....	Hayd	2.40	385
30.12.18 won after 247 days off			
<b>Mill Green</b> .....	Hayd	3.18	315
4.1.20 won after 262 days off			
<b>Caryto Des Brosses</b> .....	Hayd	5.00	295
24.3.19 won after 289 days off			
<b>Power Of Darkness</b> .....	Ling	3.23	190
12.6.18 won after 291 days off			
<b>Nicholas T</b> .....	Ling	3.58	352
22.6.20 won after 268 days off			

### Following favourites

● RACES that show a profit for favourites

<b>Ling 3yo+ Non-H'caps</b> .....	+30.40
<b>Asct H'cap Hdles</b> .....	+10.32
<b>Asct Non-H'cap Hdles</b> .....	+4.38
<b>Hayd Non-H'cap Chses</b> .....	+1.06
<b>Asct NH Flat</b> .....	+0.25

### Lower class

● HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

<b>Margaret's Fuchsia</b> Cls2->Cls4	Ling	1.38
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### Dropping down

● HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

<b>Spartan Fighter</b> .....	Newc	7.00	w80	-7
<b>Bristol de Mai</b> .....	Hayd	2.40	w159	-5
<b>Ramdon Rocks</b> .....	Newc	8.00	w59	-5
<b>Kauto The King</b> .....	Winc	2.32	w128	-5
<b>Tommywohoots</b> .....	Newc	8.00	w51	-4
<b>Flamant Delitiep</b> .....	Winc	2.32	w127	-4
<b>Neville's Cross</b> .....	Winc	2.32	w137	-3

### Coming on

● HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

<b>Gobi Sunset</b> .....	Newc	7.00
08/06/20 9 of 11, 33; 22/06/20 3 of 6, 84;		

### Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

<b>Fifty Ball</b> .....	Asct	3.00
07/11/21 3 of 7, 133 26/11/21 4 of 5 110;		
<b>Espoir de Teillee</b> .....	Hayd	5.00
24/03/19 3 of 11, 133 17/04/19 9 of 15 115;		
<b>Beyond Redemption</b> .....	Winc	4.50
17/03/21 4 of 9, 90 19/04/21 5 of 12 58;		

### Postmark pick

● RP RATING's most clear in handicaps			
<b>Lost In Time</b> .....	Ling	1.03	3
<b>Ede'iffs Elton</b> .....	Winc	3.42	3

### Time warp

● Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

<b>Floating Spirit</b> .....	Ling	1.38	52
<b>Base Note</b> .....	Ling	3.58	48
<b>Berkshire Breeze</b> .....	Ling	3.58	48
<b>Densetsu</b> .....	Ling	4.33	34
<b>Russian Virtue</b> .....	Newc	4.55	38
<b>Athollblair Boy</b> .....	Newc	7.30	30
<b>Nickleby</b> .....	Newc	7.30	29



the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

**Shishkin** .....Asct 3.35 160 **0**

### Top marks

• Horses top-rated and selected by both RPR and Topspeed

**Attacca** .....Asct 1.20 11/8

**Bold Endeavour** .....Asct 1.50 8/13

**Shishkin** .....Asct 3.35 9/4

**I Have A Voice** .....Hayd 1.30 13/2

**Bennys King** .....Hayd 5.00 4/1

**Ede'iffs Elton** .....Winc 3.42 7/4

**Jet Of Magic** .....Winc 4.17 15/8

### Most popular nap

• MOST popular tip in Racing Post/Coral Naps Competition

• Data excludes yesterday's results

**Revels Hill** .....Asct 2.25 **3**

**Tim Pat** .....Hayd 2.40 **3**

**Too Friendly** .....Asct 3.00 **3**

From Jan 1: W 25; L 39; £1 bet +4.10

### Tipsters in form

• TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Lee Sobot (5) .....  
.....**Bold Endeavour** Asct 1.50

Jason Heavey (4) .....  
.....**Cap Du Nord** Asct 2.25

The Brigadier (3) **Copshill Lad** Winc 5.20

Dean Kilbryde (2) .....  
.....**Snow Leopardess** Hayd 2.40

Sunday Express (2) **Base Note** Ling 3.58

West Tip (2) **Bristol De Mai** Hayd 2.40



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years).

Table listing race trace results for ASCOT, HAYDOCK, WINCANTON, and NEWCASTLE (AW).

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists for LINGFIELD (AW), NEWCASTLE (AW), and ASCOT.

HAYDOCK

Table listing jockey/trainer combinations for HAYDOCK with columns for odds, profit, and horse name.

WINCANTON

Table listing jockey/trainer combinations for WINCANTON with columns for odds, profit, and horse name.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings for LINGFIELD (AW) with columns for odds, profit, and horse name.

NEWCASTLE (AW)

Table listing jockey/trainer combinations for NEWCASTLE (AW) with columns for odds, profit, and horse name.

HAYDOCK

Table listing jockey/trainer combinations for HAYDOCK with columns for odds, profit, and horse name.

WINCANTON

Table listing jockey/trainer combinations for WINCANTON with columns for odds, profit, and horse name.



### ▶▶ ALL data excludes last night's results

#### Hot trainers

- TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

**C Byrnes** .....2-6 **33%**

#### Cold trainers

- TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
<b>Peter Fahey</b> .....	83	<b>49</b>
<b>Philip Fenton</b> .....	138	<b>46</b>
<b>R K Watson</b> .....	152	<b>42</b>
<b>P A Fahy</b> .....	104	<b>39</b>
<b>Padraig Roche</b> .....	98	<b>26</b>
<b>Mrs John Harrington</b> .....	59	<b>25</b>

#### Course trainers

- TRAINERS with best wins-runs % from at least three course wins

**W P Mullins** .....Gowr **37-158 23%**

#### Trainers off course

- Trainers with most course losers since last win (today's code/surface)
- X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
<b>Eugene M O'Sullivan</b> Gowr	9733	<b>49</b>
<b>P A Fahy</b> .....	Gowr 1827	<b>47</b>
<b>Thomas Mullins</b> .....	Gowr 2275	<b>37</b>
<b>Edward P Mitchell</b> ....Gowr	9803	<b>30</b>

#### Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

**Robert Tyner** (19) .....**13-23 57%**  
**Barry Connell** (19) .....**12-28 43%**  
**Eoin Griffin** (7) .....**6-14 43%**  
**Eugene M O'Sullivan** (21) **12-29 41%**

#### One-trick trainers

- TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

**Henry de Bromhead** .....  
 .....Hurricane Cliff Gowr **4.02**

#### Trainer trace

- Horses who have switched trainers since their latest run.
- Includes current trainer's record with new recruits under today's code

**Enjoy The Dream** .....Gowr **1.42**  
 Markus Klug→Andrew McNamara **2-21 10%**  
**Media Naranja** .....Gowr **1.42**  
 Hugo Merienne→Gordon Elliott **53-316 17%**  
**Sea The Sunset** .....Gowr **1.42**  
 Richard Hannon→J Morrison **0-5 0%**

#### Prime time

- Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

**Denis Gerard Hogan** .....  
 .....**17-167 10% +23.50**

#### Training newcomers

- WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

**W P Mullins** ....NHF Gowr **2-6 33%**  
*all NHF newcomers 86-233 37%*  
**Gordon Elliott** NHF Gowr **2-6 33%**  
*all NHF newcomers 66-305 22%*  
**Gordon Elliott** .Hdl Gowr **3-16 19%**  
*all Hdl newcomers 86-464 19%*

#### Hot jockeys

- JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

**Paul Townend** .....Gowr **9-26 35%**  
**Jordan Gainford** .....Gowr **4-20 20%**

#### Cold jockeys

- JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
<b>Hugh Morgan</b> .....	Gowr 417	<b>50</b>
<b>Jody McGarvey</b> .....	Gowr 188	<b>41</b>
<b>Peter Carberry</b> .....	Gowr 77	<b>32</b>
<b>Sarah Kavanagh</b> .....	Gowr 93	<b>29</b>
<b>P J O'Hanlon</b> .....	Gowr 42	<b>28</b>
<b>Brian Hayes</b> .....	Gowr 34	<b>27</b>

#### Course jockeys

- JOCKEYS with best wins-rides % from at least three course wins

**Mr P W Mullins** .....Gowr **7-19 37%**  
**Paul Townend** .....Gowr **23-64 36%**  
**Mr J J Codd** .....Gowr **6-17 35%**

#### Jockeys off course

- Jockeys with most course losers since last win (today's code/surface)
- X=never ridden course winner

	Since a win: DAYS	RIDES
<b>L P Dempsey</b> .....	Gowr 1078	<b>33</b>

#### First-time geldings

- HORSES running for the first time since being gelded
- DATA excludes horses trained outside GB & Ireland

- Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

**Sea The Sunset** .....Gowr **1.42**  
*J Morrison 0-0 0%; all 5%*

#### Headgear left off

- HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

**My Immortal** .....Gowr **4.02**

#### Repeat performance

- HORSES who ran in same race in previous seasons

**Mister Fogpatches** .....Gowr **2.52**  
 20: **7** of 20, btn 46<sup>3</sup>/4, OR115, 12/1  
 Danny Mullins

#### Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
- Data is current plus last four years, any code, incl PTP

**Captain Cj** .....Gowr **2.52 733**  
*14.10.17 won after 217 days off*  
**Janidil** .....Gowr **3.27 297**  
*7.10.19 won after 279 days off*  
**Capodanno** .....Gowr **3.27 298**  
*16.12.21 won after 231 days off*

#### Following favourites

- RACES that show a profit for favourites

**Gowr Non-H'cap Chses** ..... **+7.52**  
**Gowr H'cap Chses** ..... **+5.00**  
**Gowr Non-H'cap Hdles** ..... **+2.17**



## TRAINERSPOT IRELAND

### In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	Trainer	Record
2-6	33%	<b>C Byrnes</b>	2-8-♦-♦-♦-♦-♦-♦-30-11-♦-♦-♦-♦
3-17	18%	<b>Henry de Bromhead</b>	54-0PU0223-♦-♦-♦-4-♦-1-33-♦-♦-♦-6121-♦

### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	Trainer	Record
0-6	0%	<b>P A Fahy</b>	♦-4-♦-♦-0-F-♦-♦-00P-♦-♦-♦-♦
0-8	0%	<b>Peter Fahey</b>	6F0-♦-♦-♦-♦-♦-5-68-5-♦-♦-0-♦-♦

### Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

#### GOWRAN PARK

1.42	5-6	+£5.69	<b>W P Mullins</b> 1-17-1-♦-1-1-♦-♦-♦-♦	Sinbad Le Marin
2.17	2-9	-£3.13	<b>Gordon Elliott</b> 23-♦-1-♦-45-3-♦-147	Fil Dor, Doctor Bravo
	4-10	-£2.64	<b>W P Mullins</b> 12-12-F-1-♦-34-♦-1-♦-6	Sharjah
2.52	2-3	+£14.00	<b>Joseph Patrick O'Brien</b> 12-1-♦-♦	Flying Scotsman
	2-3	+£20.00	<b>Peter Fahey</b> 1-1-4-♦-♦-♦-♦	Papal Lodge
3.27	3-8	-£3.50	<b>W P Mullins</b> 2-1-3-1-3-4-P-♦-1	Janidil, Capodanno, Haut En Couleurs
5.12	2-5	+£0.60	<b>Gordon Elliott</b> 9-10-1-♦-0	Why Delilah, Brighterdaysahead

### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

#### GOWRAN PARK

2-6	33%	+£14.00	<b>P J Rothwell</b> hcp hdl Baltinglass Hill, Game And Glory, Prince Zaitar 2.52
2-6	33%	+£1.23	<b>W P Mullins</b> Gd 1-3 ch ..... Capodanno, Haut En Couleurs, Janidil 3.27

### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

⊗=data is course specific

(therefore **bold** data with ⊗ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

#### GOWRAN PARK

2-7	29%	+£15.50	<b>Kieren Buckley/J Morrison</b> ..... Sea The Sunset 1.42
2-8	25%	+£15.00	<b>B J Cooper/A J Martin</b> ..... Zandabad 1.42
3-8	38%	+£9.88	<b>Mr D Allen/Padraig Butler</b> ..... Da Capo Glory 2.17
9-32	28%	+£10.49	<b>Michael O'Sullivan/Barry Connell</b> ..... Slane Hill 2.52; My Immortal 4.02
5-13	38%	+£4.25	<b>Brian Hayes/C A Murphy</b> ..... Macs Charm 4.02
5-8	63%	+£6.09	<b>⊗Mr J J Codd/Gordon Elliott</b> ..... Why Delilah 5.12