



Signposts Sweetspots

Hot Ayr at Hamilton again

Atrium 1.50 Ascot

Louis Steward boasts a 40 per cent strike-rate at Ascot in the last five years and Atrium is his only ride at the meeting. He was placed on debut last month and is open to improvement.

Fujaira Prince 2.20 York

Roger Varian has been in red-hot form in the past fortnight and Fujaira Prince is the preferred of his two runners on the Knavesmire. Last year's Ebor winner returns to action having shown previous winning form following a long absence.

Ayr Empress 7.50 Hamilton

Billy Garritty has a 20 per cent strike-rate at Hamilton, rising to 33 per cent when teaming up with Keith Dagleish at the Scottish track. The pick of their runners looks to be Ayr Empress, who bids for back-to-back course wins.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Name, Wins-Runs %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Name, Since a win: DAYS, RUNS

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 3 columns: Name, Days, Runs %

Trainers off course

Trainers with most course losers since last win (today's code) X=no course winner (since 1 Jan 1989)

Table with 3 columns: Name, Since a win: DAYS, RUNS

Table with 3 columns: Name, Days, Runs %

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Table with 3 columns: Name, Days, Runs %

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table with 3 columns: Name, Wins, %

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table with 3 columns: Name, Wins, %

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with 3 columns: Name, Days, Runs %

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table with 6 columns: Category, Wins, Places, Runs, %, POI%

Table with 3 columns: Name, Days, Runs %

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 3 columns: Name, Days, Runs %

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with 3 columns: Name, Days, Runs %

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table with 3 columns: Name, Days, Runs %

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 3 columns: Name, Days, Runs %

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Name, Days, Runs %



Table listing jockeys and their statistics: Sophie Ralston, Joey Haynes, Tony Hamilton, Ben Sanderson, Royston French.

Course jockeys

Table listing course jockeys and their statistics: Louis Steward, Ray Dawson, James Doyle, William Buick, Oisín Murphy, Trevor Whelan, Billy Garritty.

Jockeys off course

Table listing jockeys off course and their statistics: Daniel Tudhope, Tom Eaves, P J McDonald, Shane Kelly, Connor Murtagh, Joey Haynes, Harrison Shaw, Callum Shepherd.

One-trick jockeys

Table listing one-trick jockeys and their statistics: Louis Steward, Duran Fentiman, Liam Keniry, Megan Nicholls, Sophie Ralston, Kieran Schofield, Andrew Elliott, Paula Muir, Dougie Costello, Joey Haynes, Tom Queally, Adam Kirby, W J Lee, Nicola Currie, J F Egan, Jimmy Quinn, Sam Hitchcott, Cameron Noble, Dylan Hogan, Faye McManoman.

Horse & jockey

Table listing horse and jockey combinations and their statistics: Ametist, Tom Marquand, Dhushan, Daniel Tudhope, Kaheall, Tom Marquand, Mr McCann, Jane Elliott, Roahaan, Shane Kelly, Winter Power, David Allan.

First-time geldings

• HORSES running for the first time since being gelded
• DATA excludes horses trained outside GB &

Table listing horses and their statistics: Ireland, Max Vega, Al Suhail, Charlie Appleby, Wiganese, Al Zaraqaan, William Haggas, Mystical Dawn, Oz Legend, Hugo Palmer, Raging Rascal, Tom Ward, State Patrol, Richard Fahey, Billian, Phillip Kirby.

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery
• Data excludes horses trained outside GB
• Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
• Data first made available on 19 Jan 2018
Barenboim, Michael Bell.

First-time blinkers

Table listing horses and their statistics: Madame Tantz, Eve Johnson Houghton, Heart Of Soul, Ian Williams, Night Bear, Tony Carroll, Sir Benedict, Ian Williams, Valley Of Flowers, David O'Meara, On A Session, David Barron, Supremacy, Clive Cox, Duke Of Condicote, Alan King, Fortamour, Ben Haslam.

Tongue-tied

Table listing horses and their statistics: Strike Red, Richard Fahey, Hukum, Owen Burrows.

Cheekpieces

Table listing horses and their statistics: Makanah, Julie Camacho, Blistering Barney, Christopher Kellett, Fandabidozi, Mark Johnston.

Table listing horses and their statistics: Cole Noir, R Mike Smith, Darvel, Kevin Ryan, Makalu, Kevin Ryan, Al Zaraqaan, William Haggas.

Headgear left off

Table listing horses and their statistics: Edgewood, Shesadabber, Spirit Power, Antagonist, Clay Regazzoni, Reely Bonnie, Royal Emerther, Palavecino, Victory Chime, First Company, Que Amoro.

Money talks

Table listing horses and their statistics: Dubai Mirage, Saeed Bin Suroor.

Travellers' check

Table listing horses and their statistics: Only Spooing, Kevin Thomas Coleman, Miss Amulet, K J Condon, Sonnyboyliston, J P Murtagh, Urban Beat, J P Murtagh, Extravagant Kid, Brendan P Walsh, Sagittarius, Archie Watson, Winter Reprise, David Menuisier, Significantly, K R Burke, North Of Amazing, K R Burke, Glen Again, Mark Johnston.

Trying a trip

Table listing horses and their statistics: Proton, Star Caliber, Arctic Fox, Goobinator, Lady Isabel, Oman, Act Of Wisdom, Ascension, Oz Legend, Tommy R.

Handicap debut

• Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.
• Showing trainer's win-run record with handicap debutants (current season plus four)

Table listing horses and their statistics: Get It, Clive Cox, Royal Fleet, Charlie Appleby, Barenboim, Michael Bell.

Horses for courses

Table listing horses and their statistics: Dakota Gold, Sir Maximilian, Shesadabber, Oh This Is Us, Heart Of Soul.

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table listing horses and their statistics: Regal Reality, Tis Marvellous, Mokaatil, Mulzim, Count d'Orsay, Mondammej, Blue de Vega, Only Spooing, Count d'Orsay, Mondammej, Mondammej, Sunday Sovereign, Gabriel The One, On A Session, Symbolize, Summerghand, Glen Shiel, Oxted, Art Power, Art Power, Art Power, Hartzadar, Young Fire, Young Fire, Young Fire, Victory Chime, Data Protection, Sky Defender, Palavecino, Sky Defender, Winter Power, Dakota Gold, Moss Gill, Que Amoro, Roundhay Park, Gunmetal, Music Society.

Good turn

Table listing horses and their statistics: Max Vega, Mr Chua, Dark Pine, LH w-r.

Anything to report

• HORSES whose last outing has official explanation from connections. See form for



details

Table listing race details for various horses including Sunday Sovereign, Le Reveur, Costa Adeje, Jusumi, Fizzy Feet, Annandale, Blistering Barney, Eloquent Arthur, Big Thanks, Shesadabber, After John, Billian, Fendale, Royal Advice, Qawamees, Tarnhelm, Forbidden Beauty, Nebulosa, Star Of Emaraaty, Jumaira Bay, Tadlee, Brando, Supremacy, Amir Kabir, Autonomy, Barenboim, Hortzadar, Roberto Escobarr, International Boy, Makalu, Al Zaraqaan, Strait Of Hormuz, Victory Chime, El Astronoute, Tarboosh, Fortamour, Ventura Express.

Repeat performance

Table listing horses with repeat performance details, including Century Dream, Duke Of Hazzard, Blue de Vega, Danzeno, Tis Marvellous, Fizzy Feet, Oh This Is Us, Zealous, Kimifive, Motakhayyel, Brando, Berrahri, Heart Of Soul, Young Fire, First Company, Fresh start, Vis A Vis, Fujaira Prince, Dakota Gold, Good Birthday.

Table listing horses with performance details, including Nicholas T, Sky Defender, What's The Story, El Astronoute, Moss Gill, Que Amoro, Tarboosh.

Week link

Table listing horses with week link details, including Aljady, Danzeno, Only Spoofing, Tis Marvellous, Le Reveur, Berrahri, Tarnhelm, Motakhayyel, Revich, Dark Defender, Mr Wagyu.

Seven-day winners

Table listing horses with seven-day winner details, including Danzeno, Hurricane Ivor, Cuban Dancer, Young Fire, First Company.

Fresh start

Table listing horses with fresh start details, including Vis A Vis, Fujaira Prince, Dakota Gold.

Out & about

Table listing horses with out & about details, including horses running today who were non-runners or withdrawn after being declared in last seven days, Reason for absence (if known) and forecast SP, Trainers wins-runs record with such runners, current season plus, Cephalus, Ispahan, Ey Up It's Maggie, Mondammej, Kimifive, Aaddey, Pleasant Man, Torbellino, Wind 5 Jul unsuitable ground, Nmkj 8 Jul unsuitable ground, Dhusan, Shesadabber, Soapys Sister, Royal Advice, Cole Noir, Water Iris.

Multiple entries

Table listing horses with multiple entries details, including Able Love, Rock Warbler.

Score draw

Table listing horses with score draw details, including Newmarket (July).

Following favourites

Table listing horses with following favourites details, including York 3yo+ H'caps, Asct 3yo+ H'caps, Ches 3yo+ Non-H'caps, Haml 2yo Non-H'caps, Nmkj 2yo Non-H'caps.

Dropping down

Table listing horses with dropping down details, including horses racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year, Horses in bold achieved win in last two years for today's trainer, Reely Bonnie, Berrahri, Blue de Vega, Nataleena, Sir Benedict, Fortamour, Cold Stare, Gallipoli, Amazing Alba.

Ahead of handicapper

Table listing horses with ahead of handicapper details, including horses raised for future handicaps and potentially well handicapped today, Dawaam, Fundamental, Perotto, Astro King, Jumaira Bay, Bright Start.

Table listing horses with performance details, including Tadlee, Nicholas T.

RPR improvers

Table listing horses with RPR improver details, including HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR, Improvement figure reduced by any increase of official rating (OR), Early-closing handicaps may have additional qualifiers; excludes runs yesterday, Music Society (OR82).

Bouncers

Table listing horses with bouncer details, including HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR, Love Powerful, Wahoo.

Postmark pick

Table listing horses with postmark pick details, including RP RATING's most clear in handicaps, Fandabidozi, Clifftop Heaven, Qaader, Fortamour.

Time warp

Table listing horses with time warp details, including HORSES running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR, Spanish Kiss, Century Dream, Hurricane Ivor, Be Prepared, Little Boy Blue, Oo de Lally, Sagittarius, Euro Implosion, Riknath, Royal Fleet, Titan Rock, Mot And The Messer, Native Trail, Papa Cocktail, Line Of Departure, Starman, Autonomy, Louganini, Outbox, Quickthorn, Roberto Escobarr, Flint Hill, Cockalorum, Fishable, Hartswood, Surrey Pride, Urban Beat, Mr Wagyu.

Time and again

Table listing horses with time and again details, including HORSES who recorded a career best TS last time out and are reappearing within 7 days, Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs, Only those who achieved a TS of at least 75 are listed, Young Fire.

Top marks

Table listing horses with top marks details, including HORSES top-rated and selected by both RPR and TopSpeed, Significantly, Spirit Of Bermuda, Qaader.



Dhabab	NmkJ	3.15	9/4
Perotto	NmkJ	3.50	9/2
Que Amoro	York	4.40	5/1

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

PerottoNmkJ **4**
From Jan 1: W 83; L 223; £1 bet -30.70

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:
myracing.com (2)**Dhabab** NmkJ 3.15
Mercury (2)**Sir Busker** Asct 3.00

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Alex Hammond
.....**Johnny Drama** York 4.05
Andrew Balding 4-9 +£6.41
Luke Tucker.....**Masekela** NmkJ 3.15
Andrew Balding 6-23 +£22.60
Templegate**Astro King** York 4.05
Sir Michael Stoute 4-8 +£2.25
Lambourn**Tis Marvellous** Asct 3.35
Clive Cox 8-29 +£2.63
Garry Owen..**Creative Force** NmkJ 4.25
Charlie Appleby 5-10 +£7.21
Lee Sobot.....**Royal Fleet** NmkJ 2.40
Charlie Appleby 8-11 +£0.36



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers and their performance statistics, including names like David Simcock, Hugo Palmer, Ed Walker, K J Condon, J P Murtagh, Saeed Bin Suroor, Ian Williams, James Tate, and Sir Michael Stoute.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table listing trainers and their performance statistics, including names like John Best, Kevin Frost, Adrian Paul Keatley, Liam Bailey, Adrian Nicholls, Linda Perratt, Harvey Bastiman, and Michael Mullineaux.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table listing race traces for various locations: ASCOT, CHESTER, HAMILTON, NEWMARKET (JULY), and YORK, including names like Andrew Balding, Patrick Chamings, Ralph Beckett, and David O'Meara.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists for ASCOT, CHESTER, and HAMILTON, including names like Andrew Balding, Eve Johnson Houghton, Charlie Appleby, and Keith Dalgleish.

Main table listing jockey/trainer combinations and their performance statistics, including names like David O'Meara, Jedd O'Keeffe, Andrew Balding, Richard Hannon, and William Haggas.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current. Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

Main table listing jockey bookings for various courses: ASCOT, CHESTER, HAMILTON, and NEWMARKET (JULY), including names like Charles Bishop, Robert Havlin, Daniel Tudhope, and Jamie Spencer.



ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Kieran P Cotter 2-8 25%

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Name, Since a win: DAYS, RUNS. Includes Sabrina J Hartly (1820, 138), Patrick G Kelly (898, 123), I Madden (1027, 112), N Dooly (1059, 68), Edward Cawley (242, 68), L Young (331, 59), V T O'Brien (288, 59), Brian Francis Cawley (727, 57), L J Archdeacon (791, 43), M A Cahill (547, 40), J Motherway (194, 36), T G McCourt (57, 36), Cianan Murphy (46, 36), Paul W Flynn (53, 33), Keith Henry Clarke (220, 31), Gerard O'Leary (67, 30), Luke Comer (37, 29), Francis J Flood (156, 28), Mrs Caroline McCaldin (115, 28), Eoin Christopher McCarthy (82, 28)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with columns: Name, Limk, Wins-Runs. Includes W P Mullins (41-139, 29%), Eoin Christopher McCarthy (7-30, 23%), G M Lyons (24-109, 22%), A P O'Brien (34-162, 21%), Henry de Bromhead (27-136, 20%), E Bolger (3-15, 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

Table with columns: Name, Since a win: DAYS, RUNS. Includes V T O'Brien (2750, 57), T J O'Mara (6114, 51), Luke Comer (X, 48), T G McCourt (6022, 46), I Madden (4450, 45), Eugene M O'Sullivan (1317, 37), J J Lambe (5186, 36), L J Archdeacon (X, 36), Michael Mulvany (672, 34), D K Weld (763, 31), Liam McAteer (4437, 30), Gerard Keane (4047, 30)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table with columns: Name, Wins-Runs, %. Includes J Morrison (3-5, 60%), John E Kiely (10-20, 50%), Michael J Browne (4-8, 50%), P O'Rourke (4-8, 50%), John James Feane (14-30, 47%), Ray Hackett (6-13, 46%), Des Donovan (5-11, 45%), Michael Mulvany (12-27, 44%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table with columns: Name, Wins-Runs, %. Includes Donnacha Aidan O'Brien (19-40, 48%), Matthew J Smith (20-43, 47%), Thomas Mullins (18-41, 44%)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with columns: Name, Navn, RIDES. Includes Adrian McGuinness (Capitulation, Navn 1.00), W McCreery (Stag Night, Navn 1.35), M Halford (Hodd's Girl, Navn 2.45), A P O'Brien (Matchless, Navn 3.20), J S Bolger (Ivy Avenue, Navn 3.55)

Trainer trace

Horses who have switched trainers since their latest run. Includes Alice Avril (Limk 2.30), Daniela Mele (Henry de Bromhead 10-59 17%), Motcomb Street (Limk 3.05), Edmond Daniel Linehan (Garrett Ahem 0-3 0%), Carrig Cathal (Limk 4.15), S J Mahon (Patrick G Kelly 0-2 0%), Mister Butler (Limk 5.25), R P Burns (Cathal Byrnes 1-13 8%), Chitra (Navn 2.45), Daniel & Claire Kubler (Joseph Patrick O'Brien 10-77 13%), Baronial Pride (Navn 3.55), Richard Fahey (Joseph Patrick O'Brien 10-77 13%), Leviosa (Navn 4.30), Leanne Breen (Seamus Fahey 0-6 0%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with columns: Name, Wins-Runs, %, +/-. Includes Patrick G Kelly (4-17, 24%, +45.50), Gillian Scott (2-10, 20%, +28.00), J F Levins (14-69, 20%, +36.30), Jarlath P Fahey (8-50, 16%, +105.00), K J Condon (14-98, 14%, +57.30), Miss Katy Brown (5-41, 12%, +28.50), Ray Hackett (2-23, 9%, +34.50), Lee Smyth (3-36, 8%, +29.30)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with columns: Name, 2yo Navn, 1-15, %. Includes J P Murtagh (2yo Navn 1-15, 7%), all 2yo newcomers 1-129 1%

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with columns: Name, Limk, Wins-Rides, %. Includes Paul Townend (3-8, 38%), Danny Mullins (4-16, 25%), Colin Keane (12-55, 22%), Rachael Blackmore (3-14, 21%)

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Name, Navn, RIDES. Includes Melanie Horsman (X, 39), Ryan Treacy (Limk 83, 54), Robbie Colgan (Navn 27, 44), Conor Maxwell (Navn 27, 34), Peter Carberry (Limk 107, 33), Jonathan Moore (Limk 51, 26)

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table with columns: Name, Limk, Wins-Rides, %. Includes Paul Townend (19-64, 30%), Mark Walsh (11-44, 25%)

Jockeys off course

Jockeys with most course losers since last win (today's code)

Table with columns: Name, Navn, RIDES. Includes Ambrose McCurtin (Limk 1292, 82), Killian Leonard (Navn 1092, 50), Simon Torrens (Limk X, 33), Liam Quinlan (Limk X, 33), Donal McInerney (Limk 716, 30), Leigh Roche (Navn 382, 30)

Overweight alert

JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Table with columns: Name, min wt, 8-2. Includes Ciara Flynn (min wt 8-2), Secret Wizard (Navn 5.05, 8-0)

First-time geldings

HORSES running for the first time since being gelded. DATA excludes horses trained outside GB & Ireland. Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Table with columns: Name, Navn, RIDES. Includes No Never Again (Navn 5.05), Matthew J Smith (1-8 12%, all 14%), First Blood (Navn 5.05), Joseph Patrick O'Brien (19-82 23%, all 15%)

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with columns: Name, Limk, RIDES. Includes Chosen Flower (Limk 1.20), Greenway Machine (Limk 3.05), Global Equity (Limk 3.40), Court Adjournd (Limk 5.25), Fightfortheroses (Limk 5.25), Boston Rocket (Navn 1.35), Sunset Nova (Navn 2.45), Bring Us Paradise (Navn 3.55), Duncannon Power (Navn 5.05)

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs. Course/distance wins are shown in brackets

Table with columns: Name, Limk, Wins-Rides. Includes Celtic Dancer (Limk 5.25, 3-5)

Best of rivalries

Head-to-head record of horses who have run against one another three or more times in the past two years. First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table with columns: Name, Wins-Rival, Rival Wins. Includes 3.05 Limerick, Allardyce 3 (0) v 0 (0) Fenlon's Hill, 4.50 Limerick, Cantkidakidder 2 (0) v 1 (0) My First Symphony, 2.45 Navan, Hodd's Girl 2 (0) v 1 (1) Atteborro, Art Of Unity 2 (0) v 1 (0) Sunset Nova, 4.30 Navan, Treble Cone 2 (0) v 1 (0) Dance Emperor

Repeat performance

HORSES who ran in same race in previous seasons

Table with columns: Name, Navn, RIDES. Includes Art Of Unity (Navn 2.45), 18: 16 of 20, btn 11 1/4, OR66, 8/1 Colin Keane, Blastofmagic (Navn)

Table with columns: Name, Wins-Runs, %. Includes Ross Coakley, Canford Art (Navn 2.45), 18: 8 of 20, btn 6 1/2, OR70, 16/1 Kevin Manning, Maricruz (Navn 3.55), 19: 1 of 8, OR73, 7/1, Ross Coakley

Seven-day winners

TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table with columns: Name, Navn, RIDES. Includes Clifftop (Navn 5.05), won Leopardstown, Thursday, H Rogers 3-37 8%; all 5%

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table with columns: Name, Limk, RIDES. Includes Island Master (Limk 3.05 263), 7.12.14 won after 206 days off

Out & about

Horses running today who were non-runners or withdrawn after being declared in last seven days.

Reason for absence (if known) and forecast SP (if appropriate). Trainers wins-runs record with such runners, current season plus

Table with columns: Name, James M Barcoe, Navn, RIDES. Includes Naas 3 Jul in season (25/1) 0-3 0%, Icee M B A (Michael Hourigan, Limk 3.40), Rosc 6 Jul unsuitable ground (16/1) 0-7 0%, Arcland (H Rogers, Navn 3.55), Naas 3 Jul temperature (14/1) 1-14 7%

Score draw

RACES with draw bias index of 66+

Table with columns: Name, MIDDLE 67. Includes Navan 1.00

Following favourites

RACES that show a profit for favourites

Table with columns: Name, Chses, %. Includes Limk Non-H'cap Chses (+6.12)

Dropping down

HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table with columns: Name, Limk, w90, -1. Includes Cluan Dara (Limk 5.25, w90 -1), Treble Cone (Navn 4.30, w58 -1)

Bouncers

HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table with columns: Name, Limk, RIDES. Includes Makeyourcall (Limk 4.50), 03/08/20 7 of 8, 85 21/08/20 13 of 14 63;

Postmark pick

RP RATING's most clear in handicaps

Table with columns: Name, Limk, RIDES. Includes Mullaghmurphy Blue (Limk 5.25, 5)

Time warp

Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Table with columns: Name, Navn, RIDES. Includes Theory Of Music (Navn 3.20, 37), Arcland (Navn 3.55, 58), Prime Chief (Navn 5.05, 49)

Card and fast

Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Table with columns: Name, Limk, RIDES. Includes Fairyhill Run (Limk 4.15, 104, 0)



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

Table with columns: W-R, RTF, Win %, Trainer Name, and Finishing Positions. Includes trainers like K J Condon, Cathal Byrnes, Matthew J Smith, G M Lyons, Henry de Bromhead, J P Murtagh, Donnacha Aidan O'Brien, and A P O'Brien.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with columns: W-R, RTF, Win %, Trainer Name, and Finishing Positions. Includes trainers like Miss Elizabeth Doyle, Paul W Flynn, Michael Mulvany, and Ciaran Murphy.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

LIMERICK

Table showing race details for Limerick: 1.20 2-5 +£1.88 Henry de Bromhead 1-7-♦-12-3.....Eagle Moon, Bulldoze, Defan

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current.

Flat season is defined as from January 1

NAVAN

Table showing course specialist for Navan: 3-11 27% +£4.07 G M Lyons 3yo+ maiden Spilt Passion 1.35

LIMERICK

Table showing course specialists for Limerick: 2-6 33% +£4.00 L Young hcp ch Loch Luatha 4.50; 2-6 33% +£3.33 James Daniel Dullea hcp ch Change Hill 5.25

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

☒=data is course specific

(therefore bold data with ☒ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

NAVAN

Large table listing jockey/trainer combinations for Navan and Limerick, including names like Colin Keane, G M Lyons, Dylan Browne McMonagle, and others, with their respective win percentages and profit.