



Signposts Sweetspots

Creative Style can show flair

Creative Style 5.40 Kempton

Charlie Appleby and James Doyle have a 37 per cent strike-rate when combining at Kempton. They team up in the 7f fillies' novice with Creative Style, who should improve plenty from her debut.

Nordic Glory 2.30 Salisbury

Connor Planas has made an excellent start to his career and the jockey heads to Salisbury buoyed by a 100 per cent record at the track (3-3). He can strike on this three-year-old gelding who had excuses last time out.

Vouchsafe 7.45 Ffos Las

Archie Watson has a 31 per cent strike-rate with recruits from other yards and introduces this ex-French filly for her British debut at a course where he has a 28 per cent success rate.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Simon Pearce (2-3 67%), Christopher Mason (2-4 50%), Mike Murphy & Michael Keady (3-7 43%), Charlie Appleby (10-27 37%), John Flint (2-6 33%), William Haggas (13-45 29%), Paul & Oliver Cole (2-7 29%), Michael Appleby (12-45 27%), John & Thady Gosden (9-34 26%), Saeed Bin Suroor (4-16 25%), James Fanshawe (3-12 25%), John Gallagher (2-8 25%).

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: J S Moore (107 70), Stuart Williams (25 38), Brian O'Rourke (254 37), John Bridger (81 35), Alan King (21 30), Sylvester Kirk (103 29).

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Charlie Appleby (50-141 35%), Charlie Appleby (11-34 32%), John & Thady Gosden (15-48 31%), Simon Hodgson (4-13 31%), Hughie Morrison (8-27 30%), Archie Watson (9-32 28%), Ed Dunlop (8-29 28%), Hugo Palmer (4-15 27%), James Ferguson (3-11 27%), Charlie & Mark Johnston (5-19 26%), Andrew Balding (12-51 24%), George Boughey (9-38 24%), Jamie Osborne (5-21 24%).

Table listing trainers: John & Thady Gosden (4-17 24%), Roger Varian (61-265 23%), Roger Varian (16-69 23%), Michael & David Easterby (12-54 22%), Henry Candy (11-50 22%), William Stone (11-50 22%), Joseph Parr (7-32 22%), Joseph Parr (4-18 22%), William Haggas (26-126 21%), Ed Walker (7-34 21%), William Knight (6-29 21%), Chris Wall (24-122 20%), Alan King (3-15 20%).

Trainers off course

Trainers with most course losers since last win (today's code/surface)

Table listing trainers off course: John Wainwright (4047 140), Dean Ivory (1030 113), Jim Boyle (1635 69), Laura Mongan (1313 60), Ruth Carr (1121 59), Malcolm Saunders (2223 40), Jonathan Portman (1062 40), Patrick Chamings (679 34), Grant Tuer (1849 33), Sir Mark Prescott Bt (685 33), John Bridger (604 32), Lawrence Mullaney (1456 31).

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers: P Charalambous & J Clutterbuck (1st), Paul & Oliver Cole (1st), Freddie & Martyn Meade (1st).

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table listing class of 5-30 trainers: Malcolm Saunders (8) (6-11 55%), Lawrence Mullaney (11) (7-13 54%), Joe Tizzard (17) (12-26 46%).

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table showing story of the symbols: Wind operation (144 wins, 235 places, 1399 runs, 10% POI), Gelding first race (275 wins, 371 places, 2282 runs, 12% POI), Blinkers first-time (130 wins, 273 places, 1758 runs, 7% POI), Visor first-time (84 wins, 158 places, 931 runs, 9% POI), Hood first-time (110 wins, 210 places, 1579 runs, 7% POI), Tongue-strap first-time (292 wins, 542 places, 3688 runs, 8% POI), Cheekpieces first-time (323 wins, 547 places, 3610 runs, 9% POI), Course winner (2454 wins, 3575 places, 18169 runs, 14% POI), Distance winner (5236 wins, 7633 places, 40106 runs, 13% POI), CD winner (1487 wins, 2170 places, 10643 runs, 14% POI), BF last run (2325 wins, 2703 places, 11348 runs, 20% POI), Debutant (600 wins, 1068 places, 7720 runs, 8% POI), Days off (1-14) (2725 wins, 4488 places, 24527 runs, 11% POI), Days off (15 to 50) (7400 wins, 11669 places, 64395 runs, 11% POI), Days off (51 to 100) (1021 wins, 1578 places, 10089 runs, 10% POI), Days off (101 to 365) (1426 wins, 2156 places, 14470 runs, 10% POI), Days off (365+) (46 wins, 117 places, 789 runs, 6% POI), Trainer first-time (585 wins, 815 places, 5835 runs, 10% POI).

Table listing trainers: James Evans (13) (8-18 44%), Brian O'Rourke (4) (4-9 44%), David Brown (14) (9-21 43%), Patrick Chamings (13) (11-27 41%), Gemma Tutty (12) (7-17 41%).

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: S Woods (29) (20-31 65%), William Muir & Chris Grassick (34) (25-49 51%), Rod Millman (48) (27-54 50%), George Scott (42) (23-51 45%), William Knight (36) (24-55 44%), Chris Wall (18) (14-32 44%), Rae Guest (25) (15-36 42%), Paul Midgley (45) (23-56 41%), James Ferguson (29) (22-54 41%), Joseph Parr (29) (16-39 41%).

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: John Quinn Mam'zelle Dupont (Bevl 2.10), Richard Fahey Minnesota Lad (Bevl 2.10), Paul Midgley Wrenegade Lad (Bevl 2.10), David Loughnane (Bevl 2.40), Iain Jardine (Bevl 3.10), Michael Appleby (Bevl 3.40), Grant Tuer (Bevl 4.40), Julie Camacho (Bevl 5.10), Hugo Palmer (Ffos 5.30), Sir Michael Stoute (Kemp 5.40), Sir Mark Prescott Bt (Kemp 6.15), Charlie Fellowes (Kemp 8.00), David Evans (Sals 2.30), Saeed Bin Suroor (Yarm 3.20), George Boughey (Yarm 3.55), George Scott (Yarm 3.55).

Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code

Table listing trainer traces: Whispering Winds (Bevl 4.10), Rod Millman (Gemma Tutty 0-13 0%), Rikona (Ffos 6.40), Simon Dow (Kevin Philippart de Foy 6-54 11%), Chanson d'Amour (Ffos 7.45), Alice Haynes (Charalambous & J Clutterbuck 0-60%), Vouchsafe (Ffos 7.45), F Head (Archie Watson 24-77 31%), Brains (Kemp 7.25), Jane Osborne (John Butler 6-86 7%), Alto Volante (Kemp 8.00), Jane Chapple-Hyam (Amy Murphy 7-43 16%), The Cola Kid (Sals 1.30), Alice Haynes (Grace Harris 0-22 0%), Climate (Sals 3.30), Mrs John Harrington (John & Thady Gosden 79-71 27%), Tilsforth Valerie (Yarm 1.50), J R Jenkins (Mike Murphy & Michael Keady 1-9 11%).

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Ismail Mohammed (19-74 26% +40.80), Daniel & Claire Kubler (9-38 24% +30.10), Joseph Parr (8-43 19% +26.50), Grant Tuer (16-83 19% +28.90), Charles Hills (44-302 15% +53.70), Nigel Tinkler (28-235 12% +90.40), Robert Stephens (5-44 11% +38.80), Jamie Osborne (18-167 11% +120.50), David Brown (5-51 10% +46.40), George Baker (10-100 10% +89.80), Christine Dunnett (4-63 6% +85.50).

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in



excess of 15%.

Table listing trainers and jockeys with their win percentages and combinations. Includes names like James Fanshawe, James Ferguson, William Haggas, etc.

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey pairs and their performance statistics. Includes Ed Dunlop-Ben Curtis, George Boughey-William Buick, etc.

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing individual jockeys and their win percentages. Includes Dylan Hogan, Andrea Atzeni, William Buick, etc.

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing jockeys who have lost most since their last win. Includes Liam Keniry, Callum Hutchinson, etc.

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table listing jockeys with the best performance on specific courses. Includes Connor Planas, Callum Hutchinson, etc.

Jockeys off course

Jockeys with most course losers since last win (today's code/surface)

Table listing jockeys who have lost the most on their current course. Includes Charlie Bennett, Tom Eaves, etc.

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing jockeys who have only one ride at a meeting. Includes Oisín Orr, Ben Robinson, etc.

Table listing horses and their jockeys with win percentages. Includes Frankie Dettori, Hayley Turner, etc.

Horse & jockey

HORSES with 100% record for today's jockey; Minimum 2 wins and at least 1 defeat under different jockey

Table listing horse-jockey combinations with 100% records. Includes Bavardages, Connor Beasley 2-2.

First-time geldings

HORSES running for the first time since being gelded; DATA excludes horses trained outside GB & Ireland; Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Table listing first-time geldings. Includes Huddleton Mac, Hughie Morrison.

First-time blinkers

Horses wearing blinkers, hood or visor for the first time; Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

Table listing horses wearing blinkers for the first time. Includes Breath Catcher, Harry Love, etc.

Tongue-tied

HORSES wearing tongue strap for the first time; Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

Table listing tongue-tied horses. Includes Liquid Metric, Regal Masque, etc.

Cheekpieces

HORSES wearing cheekpieces for the first time

Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners; Current and previous year, any code

Table listing horses with cheekpieces. Includes Limited Ability, Marco Botti.

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table listing horses with headgear removed. Includes Bungley, Gaazoo, etc.

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost; Showing trainer's wins-runs record with next outing of winning & losing gambles

Table listing horses whose odds shortened significantly. Includes Heavenly Breath, Crystal Dawn, etc.

Travellers' check

Today's farthest travellers (top 10 & ties; minimum distance 200 miles); Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Table listing long-distance travellers. Includes Rose Of Kildare, Barneys Gift, etc.

Trying a trip

HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Table listing horses trying longer trips. Includes Dance Of Dragons, Barneys Gift, etc.

Handicap debut

Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

Table listing horses making handicap debuts. Includes Teagarden Jazz, Mintana, etc.



ConflictKemp 7.25
Andrew Balding 52-319 16%; -£32.39
Game MasterYarm 3.20
Saeed Bin Suroor 33-158 21%; -£24.59

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs
- Course/distance wins are shown in brackets

BrainsKemp 7.25 **3-6**
Ugo GregoryBevl 3.40 (3) **3-7**

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

On SabbaticalBevl 2.40
QipaoBevl 3.40
Fire EyesBevl 4.10
ZumurudBevl 4.10
Twilight ToneFfos 4.55
CaernarfonFfos 5.30
Tuddenham MillFfos 5.30
BryntegFfos 6.05
KenstoneFfos 6.05
Albion PrincessFfos 6.40
Fast ForwardFfos 8.20
Shut Up And DanceFfos 8.20
Arlcchino's StarKemp 5.05
True HorizonKemp 6.50
RoscioliKemp 8.00
AjradSals 1.30
Letter Of The LawSals 1.30
Nordic GlorySals 2.30
Symbol Of HopeSals 2.30
Fight For ItSals 4.00
ZimmerSals 4.00
ZlatanSals 4.00
Tilsworth ValerieYarm 1.50
Game MasterYarm 3.20
KelapaYarm 4.30
Lady ZianaYarm 4.30

Repeat performance

- HORSES who ran in same race in previous seasons

Ugo GregoryBevl **3.40**
21: 8 of 10, btn 10¹/₄, OR77, 11/4 David Allan
Bolly BulletSals **1.30**
21: 1 of 7, OR71, 7/2 Owen Lewis
Diamond CottageSals **1.30**
21: 2 of 7, btn 1³/₄, OR51, 7/2 Jonny Peate
Delagate This LordSals **2.30**
21: 5 of 6, btn 4¹/₄, OR79, 3/1 Joey Haynes
18: 2 of 6, btn 3¹/₄, OR78, 5/1 William Carson
Brazen ArrowYarm **1.50**
21: 9 of 11, btn 13/1, OR57, 25/1 David Egan
Priscilla's WishYarm **1.50**
21: 1 of 11, OR50, 12/1 Cieren Fallon

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

961 Ugo GregoryBevl 3.40
6f Nott 13.8.19; 6f Nott 6.8.19
534 Thunder FlashKemp 8.30
1m 2f Chmf 15.8.21; 1m 2f Ling 11.8.20

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

AndaleepBevl 4.10
won Windsor, Sunday
Daniel & Claire Kubler 1-5 20%; all 11%
True GemFfos 7.15
won Haydock, Friday

K R Burke 12-82 15%; all 13%

AmathusSals 1.30
won Brighton, Wednesday
Patrick Chamings 1-6 17%; all 7%
Vitesse Du SonYarm 1.50
won Brighton, Wednesday
Alice Haynes 7-38 18%; all 12%

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

MonopoliseEd Walker Sals 2.00
Kemp 3 Aug withdrawn, lost shoe (33/1) 3-26 11%
ConflictAndrew Balding Kemp 7.25
Asct 6 Aug reserve (7/2) 7-32 21%
Blue BeretJim Boyle Kemp 8.30
Brig 3 Aug self certificate (20/1) 1-12 8%
Thunder FlashIan Williams Kemp 8.30
Nott 9 Aug unsuitable ground (6/4) 6-66 9%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)

Andaleep (3) *Daniel & Claire Kubler*Bevl 4.10
True Gem (5) *K R Burke*Ffos 7.15

Following favourites

- RACES that show a profit for favourites

Bevl 3yo+ H'caps **+30.82**
Sals 3yo+ Non-H'caps **+5.19**

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Quantum Light Cl3→Cl5Kemp 5.40
Cruise Cl2→Cl4Sals 2.00

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Ugo GregoryBevl 3.40 w80 **-6**
Bolly BulletSals 1.30 w71 **-6**
AlyaraFfos 6.05 w64 **-4**
Hi Ho SilverYarm 1.50 w57 **-2**

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today

AmathusSals 1.30 **+3**
WhistledownFfos 4.55 **+2**
TintorettoKemp 7.25 **+2**
Priscilla's WishYarm 1.50 **+2**
True GemFfos 7.15 **+1**

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).
- Early-closing handicaps may have additional qualifiers; excludes runs yesterday

Emerald Lady (OR54)Ffos 4.55
3rd, Thsk, Fri, Aug 5 (OR54) 53→62**+9**
Whistledown (OR64)Ffos 4.55
2nd, Brig, Fri, Aug 5 (OR66, EX6) 69→70 **+1**

Virtuoso (OR63)Ffos 6.40
2nd, Ffos, Tue, Aug 2 (OR63) 65→67**+2**
Vitesse Du Son (OR50, EX5)Yarm 1.50
1st, Brig, Wed, Aug 3, 49→57**+3**

Winners in waiting

- HORSES running today which caught the eye of our comments-in-running writers last time out.

Quantum Light
Kemp 5.40 2/1
Asct, Jul 22, 13/2

Eyecatchers

- HORSES running today who were noted as 'eyecatchers' by our race analysts in either of their last two starts under today's code and within the last year.

Jacovec CavernYarm **2.50**
3rd, Wolv, Jul 11, 17/2

Postmark pick

- RP RATING's most clear in handicaps

Bin HayyanBevl 3.40 **3**
Dark CompanyBevl 4.10 **3**
Nordic GlorySals 2.30 **3**
Leuven PowerSals 3.00 **3**

Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

EnragedBevl 5.10 **43**
Regal EnvoyFfos 7.15 **34**
True GemFfos 7.15 **45**
Fast ForwardFfos 8.20 **33**
Thunder FlashKemp 8.30 **61**
Modern DancerYarm 2.20 **40**

Card and fast

- Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

ReputationBevl 3.40 81 **4**

Top marks

- Horses top-rated and selected by both RPR and TopSpeed

KaruokaFfos 7.45 7/4
Nordic GlorySals 2.30 9/2
Leuven PowerSals 3.00 15/8
Bellstreet BridieYarm 2.50 2/1
At LibertyYarm 3.20 5/2

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

ClimateSals 3.30 **7**
From Jan 1: W 102; L 249; £1 bet -41.42

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap: Steve Mullington (2) **Holiday** Kemp 8.00

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Jon Freeman **Rose Of Kildare** Sals 3.30
Charlie & Mark Johnston 3-4 +£15.32
Templegate**Climate** Sals 3.30
John & Thady Gosden 6-11 +£11.10
Lambourn**Forest Demon** Kemp 5.05
Daniel & Claire Kubler 3-9 +£8.75



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers and their performance statistics, including names like Paul & Oliver Cole, Charlie Appleby, and Chris Wall.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers and their performance statistics, including names like John Mackie, John Wainwright, and Adrian Wintle.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years).

Table showing race trace results for Beverley and Salisbury, listing trainer names and their win/runner records.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists for Beverley, FFOS LAS, and Kempton (AW), including trainer names and performance metrics.

SALISBURY

Table listing jockey/trainer combinations for Salisbury, including names like John O'Shea, Clive Cox, and Richard Hannon.

YARMOUTH

Table listing jockey/trainer combinations for Yarmouth, including names like Charlie Appleby, James Fanshawe, and John & Thady Gosden.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings for Beverley, including names like Ben Curtis, Jason Hart, and Joanna Mason.

FFOS LAS

Table listing jockey/trainer combinations for FFOS LAS, including names like Saffie Osborne and Trevor Whelan.

KEMPTON (AW)

Table listing jockey/trainer combinations for Kempton (AW), including names like Neil Callan, Richard Kingscote, and James Doyle.

SALISBURY

Table listing jockey/trainer combinations for Salisbury, including names like Hector Crouch, Ray Dawson, and George Downing.

YARMOUTH

Table listing jockey/trainer combinations for Yarmouth, including names like Jack Mitchell, William Buick, and Marco Ghiani.



▶▶ ALL data excludes last night's results

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

P Twomey2-5 **40%**

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
R K Watson	383	125
David Harry Kelly	319	50
Augustine Leahy	305	45
Ms Claire O'Connell	871	43
T Hogan	364	36
Lee Smyth	138	34
Thomas Gibney	40	31
P Cluskey	258	27
Muredach Kelly	143	25

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Miss Natalia Lupini Gowr	3-9	33%
G M Lyons	Gowr 36-147	24%
J P Murtagh	Gowr 30-126	24%
P Twomey	Gowr 3-13	23%
A P O'Brien	Gowr 29-144	20%

Trainers off course

• Trainers with most course losers since last win (today's code/surface)

• X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
Luke Comer	Gowr X	65
J S Bolger	Gowr 462	52
Noel Meade	Gowr 1169	46
J G Coogan	Gowr 9820	38
Conor O'Dwyer	Gowr X	37
Brendan W Duke	Gowr 2898	33
J F Levins	Gowr 1845	32
Thomas Mullins	Gowr 2534	30

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months.
• Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

J F Levins (19)	10-20	50%
Miss Hilary McLoughlin (9)	7-17	41%

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.
• Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

P Twomey (34)	21-38	55%
Adrian McGuinness (40)	24-56	43%

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

P TwomeyShow Of Stars Gowr 5.20

Trainer trace

• Horses who have switched trainers since their latest run.
• Includes current trainer's record with new recruits under today's code

Praying Mantis	Gowr 7.05
Mark Loughnane→Adrian McGuinness	6-54 11%
Cedar Rapids	Gowr 7.35
Denis Gerard Hogan→James McAuley	7-55 13%

SadiqaaGowr 7.35
Clive Cox→Denis Gerard Hogan **0-85 0%**

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Joseph G Murphy ...	12-88	14%	+21.00
Matthew J Smith ...	14-98	14%	+68.80
T Hogan	3-24	13%	+21.00
Thomas Mullins	12-96	13%	+28.90
Ross O'Sullivan	5-79	6%	+87.90
Luke Comer	2-78	3%	+235.00

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

G M Lyons3yo Gowr 2-12 **17%**
all 3yo newcomers **13-75 17%**

Cold jockeys

• JOCKEYS with most losers since last win, Flat & Jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
Sorcha Woods	Gowr 383	71
J Cleary	Gowr 101	39
Cian Horgan	Gowr 65	25
Killian Leonard	Gowr 45	25
Ronan Whelan	Gowr 13	21
Robert Whearty	Gowr 29	17

Jockeys off course

• Jockeys with most course losers since last win (today's code/surface)

• X=never ridden course winner

	Since a win: DAYS	RIDES
Kevin Manning	Gowr 489	64
Killian Leonard	Gowr 1190	61
Chris Hayes	Gowr 326	50
Tom Madden	Gowr 1110	39
Joe Doyle	Gowr 690	35
N G McCullagh	Gowr 463	33
Gavin Ryan	Gowr 296	32
Robbie Colgan	Gowr 382	30

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Complete Fiction	Gowr 4.50
Fancy Red Diamond	Gowr 4.50
Barnhill Rose	Gowr 7.05
Breakfast Club	Gowr 7.05
Nana Patsy	Gowr 7.05
Clarinbridge	Gowr 7.35
Nyla Rua	Gowr 7.35
Sadiqaa	Gowr 7.35

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

4.50 Gowran Park
Han Solo 3 (1) v 0 (0) Is Fantastic
French Company 2 (0) v 1 (0) Spirituoso
5.20 Gowran Park
Lady Of Inishfree 3 (0) v 0 (0) Lullaby
6.30 Gowran Park
Nebo 3 (2) v 3 (0) Spanish Tenor
Hale Bopp 3 (0) v 1 (0) Nebo
7.35 Gowran Park

Clarinbridge 2 (0) v 1 (0) Nyla Rua

Repeat performance

• HORSES who ran in same race in previous seasons

Han Solo	Gowr 4.50
20: 2 of 15, btn 1/2l, OR56, 9/2 Robbie Colgan	
Lady de Vesci	Gowr 4.50
18: 3 of 16, btn 4l, OR52, 14/1 Ross Coakley	
Matilda With Me	Gowr 4.50
21: 13 of 17, btn 32 ³ /4l, OR60, 8/1 Leigh Roche	
Emphatic Answer	Gowr 5.20
21: 5 of 12, btn 4 ¹ /4l, RPR93, 100/30F	
Shane Crosse	

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Cedar Rapids
 Gowr 7.35 |

won Leopardstown, Thursday
James McAuley 3-60 5%; all 7%

Out & about

• Horses running today who were non-runners or withdrawn after being declared in last seven days.

• Reason for absence (if known) and forecast SP (if appropriate)

• Trainers wins-runs record with such runners, current season plus

Odd Venture	R K Watson Gowr 4.50
Slig 3 Aug reserve (25/1) 0-9 0%	
Lily Of The Glen	Lee Smyth Gowr 4.50
Slig 3 Aug unsuitable ground (8/1) 1-7 14%	
Airgead	Mrs Prunella Dobbs Gowr 7.05
Leap 4 Aug reserve (10/1) 0-9 0%	
Well Suited	T J O'Mara Gowr 7.05
Leap 4 Aug reserve (25/1) 1-8 12%	

Following favourites

• RACES that show a profit for favourites

Gowr 3yo+ H'caps	+5.04
Gowr 3yo+ Non-H'caps	+1.87

Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Nebo
 Gowr 6.30 w99 -11 |

Postmark pick

• RP RATING's most clear in handicaps

Mullacash Buzz
 Gowr 7.35 **3** |

Time warp

• Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

French Company	Gowr 4.50 53
Massaman	Gowr 6.30 43
Praying Mantis	Gowr 7.05 32
Malabu Drive	Gowr 8.10 32

Card and fast

• Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Lyrical Poetry
 Gowr 5.20 **90 0** |



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	
2-5	40%	80% P Twomey ♦-0-♦-♦-♦-♦-5-♦-3-1-1-♦-♦-♦
2-15	13%	67% A J Martin 02-19-352-0-15-04-♦-0-♦-6-2-♦-♦-♦
3-28	11%	64% A P O'Brien 7-840-0206-3226-♦-314-12-♦-0-34-2545261-7-♦-♦

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-5	0%	0% Conor O'Dwyer ♦-♦-♦-♦-♦-9-5P-♦-♦-♦-♦-08-♦
0-5	0%	0% Kieran P Cotter ♦-♦-0-♦-0-2P-♦-♦-0-♦-♦-♦-♦
0-8	0%	13% Thomas Gibney 8-0-706-0-♦-♦-♦-♦-♦-♦-4-8-♦
1-7	14%	14% Richard John O'Brien 0-♦-♦-♦-♦-♦-♦-6760-♦-♦-♦-15-♦
2-11	18%	18% James McAuley ♦-♦-♦-♦-♦-15-♦-15768-2400-♦-♦-♦-♦-♦

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

GOWRAN PARK

5.20	5-26	+£6.55	A P O'Brien 126-350-37890-16-0-150-247-14-12-90
		Contarelli Chapel, Lullaby, West Coast

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

GOWRAN PARK

7-21	33%	+£14.68	G M Lyons 3yo+ maiden..... Redressed 4.20
2-6	33%	+£30.00	J P Murtagh 3yo+ maiden..... Esculenta 4.20
14-55	25%	+£14.20	A P O'Brien 2yo non-hcp..... Victoria Road 5.55
2-5	40%	+£2.88	Jack W Davison 3yo+ hcp..... Massaman 6.30
2-2	100%	+£7.50	Miss Natalia Lupini 3yo+ hcp..... Blairmayne 6.30
2-7	29%	+£35.00	Adrian McGuinness 3yo+ hcp
		 Spanish Tenor 6.30; Praying Mantis 7.05; Clarinbridge 7.35
13-36	36%	+£64.25	J P Murtagh 3yo+ hcp..... Safecracker 8.10

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

GOWRAN PARK

6-20	30%	+£33.55	ⓈBen Coen/J P Murtagh
		 Esculenta 4.20; Lyrical Poetry 5.20; Clounmacon 5.55; Safecracker 8.10
			2018+ Ⓢ16-50 32% +£58.47
2-5	40%	+£3.29	ⓈDylan Browne McMonagle/Joseph Patrick O'Brien
		 Emphatic Answer 5.20; Remind 5.55
			18-68 26% +£10.53; 2018+ Ⓢ6-18 33% +£9.29
3-3	100%	+£17.50	ⓈWayne Lordan/Miss Natalia Lupini
			Blairmayne 6.30
			8-19 42% +£39.25; 2018+ 8-21 38% +£37.25
4-14	29%	+£11.00	J M Sheridan/J F Levins
			Eleuthera 7.05
2-8	25%	+£12.50	Dylan Browne McMonagle/John C McConnell
			Fastman 7.35
4-16	25%	+£16.00	ⓈWayne Lordan/Henry de Bromhead
			Distant Chimes 8.10