



Signposts Sweetspots

Bank on Bailey and Bass

Matterhorn 2.00 Sandown

Trainer Paul Nicholls has a 20 per cent strike-rate at Sandown in the last five seasons and a 24 per cent strike-rate with horses wearing a tongue-strap for the first time.

Does He Know 2.35 Sandown

Trainer Kim Bailey and jockey David Bass have a 25 per cent strike-rate together at Sandown. They team up with this Grade 2 winner.

Captain Claude 4.20 Ffos Las

Trainer Anthony Honeyball has a 23 per cent strike-rate at Ffos Las in the last five seasons and a 20 per cent strike-rate with handicap debutants.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Days, Runs

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 3 columns: Trainer Name, Course, Wins-Runs %

Trainers off course

Trainers with most course losers since last win (today's code/surface)

Table with 3 columns: Trainer Name, Course, Days

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Table with 3 columns: Trainer Name, Course, Years

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table with 2 columns: Trainer Name, Wins %

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with 3 columns: Trainer Name, Code, Wins %

Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code

Table with 3 columns: Trainer Name, Code, %

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 2 columns: Trainer Name, %

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table with 6 columns: Category, Wins, Places, Runs, %, POI%

newcomer or an overall newcomer strike rate in excess of 15%.

Table with 3 columns: Trainer Name, Code, %

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table with 3 columns: Trainer/Jockey Name, Course, %

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 3 columns: Jockey Name, Course, %

Table with 3 columns: Jockey Name, Code, %

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Jockey Name, Code, %

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Jockey Name, Course, %

Jockeys off course

Jockeys with most course losers since last win (today's code/surface)

Table with 3 columns: Jockey Name, Course, Days

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table with 3 columns: Jockey Name, Course, %



Alan JohnsAurigny Mill Sand 2.00
Tabitha WorsleyHeart Of The Sun Sand 2.00
Bryan Carver ..Mayhem Mya Sand 3.05
Daryl Jacob Gipsy de Choisel Sand 3.05
Conor O'Farrell
.....Gwencily Berbas Sand 3.35
Tom CannonGoodwin Sand 4.05
Marc Goldstein
.....Time To Breeze Sand 4.05
Max Kendrick ..Ted Da Titan Sand 4.05
Kielan WoodsPic Roc Sand 4.05

Horse & jockey

- HORSES with 100% record for today's jockey
- Minimum 2 wins and at least 1 defeat under different jockey

VorashannSand 12.50
Caolin Quinn 2-2; others 3-21

First-time Wind Ops

- HORSES running for the first-time since undergoing a wind surgery
- Data excludes horses trained outside GB
- Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
- Data first made available on 19 Jan 2018

KepaggeSand 12.50
David Pipe 29-185 15%; all 14%
Easy As ThatFfos 1.05
Venetia Williams 12-47 25%; all 17%
FakirSand 1.25
Milton Harris 2-26 7%; all 14%
Heart Of The SunSand 2.00
Cynthia Woods 0-2 0%; all 3%
IsyalittleprayerSand 2.00
Gary Moore 1-39 2%; all 12%
Mayhem MyaSand 3.05
Chris Honour 1-12 8%; all 12%
Irish HillSand 3.05
Paul Nicholls 44-217 20%; all 23%
Gwencily BerbasSand 3.35
David Pipe 29-185 15%; all 14%
Ramses de TeilleeSand 3.35
David Pipe 29-185 15%; all 14%
DoyannieFfos 3.50
Anthony Honeyball 9-43 20%; all 20%
Captain ClaudeFfos 4.20
Anthony Honeyball 9-43 20%; all 20%

First-time blinkers

- Horses wearing blinkers, hood or visor for the first time
- Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners
- Current and previous year, any code

Aurigny Mill (h)Sand 2.00
Victor Dartnall 1-6 17%; all 8%

Privatearing (h)Sand 4.05
Andy Irvine 0-2 0%; all 7%

Tongue-tied

- HORSES wearing tongue strap for the first time
- Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners
- Current and previous year, any code

DoyannieFfos 3.50
Anthony Honeyball 5-28 18%; all 18%
Saddlers QuestFfos 4.20
Debra Hamer 1-3 33%; all 7%
The ImposterFfos 4.20
Nigel Hawke 0-21 0%; all 7%
Aurigny MillSand 2.00
Victor Dartnall 1-3 33%; all 8%
MatterhornSand 2.00
Paul Nicholls 12-50 24%; all 24%
Katate DoriSand 4.05
Sam Thomas 2-12 17%; all 24%

Headgear left off

- HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Soaring GloryFfos 1.05
AlminarFfos 2.15
Dentley de MeeFfos 2.15
Icaque de L'IsleFfos 2.15
Poldark CrossFfos 2.15
Prime VentureFfos 3.20
Dark StormFfos 3.50
The CobSand 12.50
Monymusk LadSand 2.00
DjeloSand 3.05
Mayhem MyaSand 3.05
VolkovkaSand 3.05

Trying a trip

- HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Icaque de L'IsleFfos 2.15 +5f

Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.
- Showing trainer's win-run record with handicap debutants (current season plus four)

Easy As ThatFfos 1.05
Venetia Williams 15-69 22%; +£16.50
KnickerbockergloryFfos 1.05
Dan Skelton 27-139 19%; +£14.14
Brulure NoireFfos 3.50
Richard J Bandy 3-9 33%; +£6.00
Dark StormFfos 3.50
Bill Turner 1-4 25%; +£19.00
Captain ClaudeFfos 4.20
Anthony Honeyball 11-34 32%; +£16.75
Git MakerSand 1.25
Jamie Snowden 9-44 20%; +£1.46
Mayhem MyaSand 3.05
Chris Honour 1-6 17%; -£3.75

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs
- Course/distance wins are shown in brackets

Hudson de Grugy ..Sand 1.25 3-5

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

CarrigluxFfos 2.50
Dark StormFfos 3.50
Cilaos GlaceSand 12.50
Hasty ParisianSand 12.50
FakirSand 1.25
Gipsy de ChoiselSand 3.05
Illico Des PlacesSand 3.05
Wandrin StarSand 3.35

Repeat performance

- HORSES who ran in same race in previous seasons

AlminarFfos 2.15
19: 3 of 9, btn 8, OR112, 9/2 Danny Cook
Prime VentureFfos 3.20
17: 1 of 9, OR130, 8/11F Mitchell Bastyan
Royal ActFfos 3.50
19: 2 of 7, btn 11, OR91, 10/1 Lee Edwards
VorashannSand 12.50
21: 8 of 10, btn 12 ³ / ₄ , OR122, 16/1 Niall Houlihan
CrossparkSand 3.35
20: 2 of 10, btn ³ / ₄ , OR143, 11/2 Harry Skelton
Gwencily BerbasSand 3.35
21: 3 of 7, btn 6 ¹ / ₂ , OR125, 4/1 Fergus Gillard
Wandrin StarSand 3.35
21: 1 of 7, OR136, 15/2 David Bass

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

2P- Prime VentureFfos 3.20
3m 2f 59y Sedg 12.11.20; 3m Ffos
12.11.17; 2m 178y Sedg 8.11.16

Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
- Data is current plus last four years, any code, incl PTP

Soaring GloryFfos 1.05 267
9.10.20 won after 294 days off
Kilbeg KingFfos 2.50 596
29.11.20 won after 322 days off
Prime VentureFfos 3.20 197
8.11.16 won after 248 days off
Arcade AttractionFfos 3.20 367
1.10.20 won after 212 days off
Halo Des ObeauxSand 12.50 197
13.3.21 won after 203 days off
The CobSand 12.50 211
30.10.20 won after 236 days off
KepaggeSand 12.50 624
6.11.19 won after 269 days off
Git MakerSand 1.25 211
6.1.22 won after 237 days off
Hudson de GrugySand 1.25 289
7.11.21 won after 225 days off
Bold ReactionSand 2.00 225
9.10.21 won after 182 days off
FantastikasSand 2.35 218
16.11.21 won after 237 days off
VolkovkaSand 3.05 231
8.11.21 won after 240 days off
LostintranslationSand 3.35 211
3.1.19 won after 212 days off
Gwencily BerbasSand 3.35 232
7.11.15 won after 241 days off
Ramses de TeilleeSand 3.35 288
26.10.19 won after 203 days off
CrossparkSand 3.35 561
17.11.15 won after 247 days off
School Days OverSand 4.05 184
6.5.22 won after 188 days off

Out & about

- HORSES running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

Git MakerJamie Snowden Sand 1.25
Newb 3 Nov unsuitable ground (3/1) 3-13 23%
Boom Boom Nicky Henderson Sand 2.00
Newb 3 Nov unsuitable ground (9/2) 3-22 13%
Victorias Peak
.....Nigel Twiston-Davies Sand 2.35
Winc 5 Nov unsuitable ground (25/1) 3-18 16%
Highway One O Four
.....Chris Gordon Sand 4.05
Newb 3 Nov unsuitable ground (14/1) 1-10 10%

Following favourites

• RACES that show a profit for favourites
Ffos H'cap Chses +2.90
Sand H'cap Hdles +2.67
Sand Non-H'cap Hdles +1.40
Sand Non-H'cap Chses +1.19
Sand H'cap Chses +0.64

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

DunbarFfos 3.50 w90 -5

FakirSand 1.25 w123 -1

Coming on

- HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Illico Des PlacesSand 3.05
27/12/21 5 of 10, 62; 10/01/22 4 of 10, 87;

Top marks

- Horses top-rated and selected by both RPR and TopSpeed

SoloSand 1.25 3/1
Pic d'OrhySand 2.35 5/4
LostintranslationSand 3.35 9/4

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

LostintranslationSand 3.35 4
MatterhornSand 2.00 4
From Jan 1: W 142; L 356; £1 bet -61.60

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

The Brigadier (2)
.....Lostintranslation Sand 3.35
Moorestyle (2) Falcon Eight Naas 3.27

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

myracing.com ... Matterhorn Sand 2.00
Paul Nicholls 8-16 +£0.50
Ben Morgan Hardy Du Seuil Sand 3.05
Jamie Snowden 3-5 +£4.63
Steve Mullington Easy As That Ffos 1.05
Venetia Williams 3-19 +£25.25
Andrew Bladen ... Pic D'Orhy Sand 2.35
Paul Nicholls 4-13 +£0.30
Glendale..... Matterhorn Sand 2.00
Paul Nicholls 5-15 +£0.94
Whistler..... Gladius Ffos 2.50
Christian Williams 3-8 +£0.38
Lambourn..... Git Maker Sand 1.25
Jamie Snowden 10-39 +£8.33
Lee Sobot Boom Boom Sand 2.00
Nicky Henderson 8-18 +£2.02



TRAINERSPOT

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-12	0%	8% Oliver Sherwood ♦♦-♦8V32-55-♦-♦-0-♦-474-♦-♦-♦-30-♦
1-10	10%	10% Rebecca Curtis 70P6-♦-9-1P-♦-♦-♦-♦-♦-7-56-♦-♦
1-14	7%	14% Milton Harris ♦♦-♦-♦-4-07-♦-♦-13048-♦-♦-2-P0-933
0-12	0%	17% Jane Williams 253-♦-♦-8-45-♦-F-♦-♦-U354-9-♦-♦-♦
1-6	17%	17% Andy Irvine ♦-♦-0-♦-P-♦-♦-1-23-♦-♦-♦-7-♦
2-21	10%	19% Emma Lavelle ♦-♦-44U-3-P26-3-1-♦-P5-80-8-43-373-1P

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

W-R	RTF	
3.20	2-11	-£2.77 FFOS LAS Evan Williams 3-36-P-4-♦-13-3-4-9-1.....Prime Venture, Holdbacktheriver, Arcade Attraction
	2-2	+£8.75 Kim Bailey 1-1-♦-♦-♦-♦-♦-♦.....Phantom Getaway
12.50	2-2	+£12.00 SANDOWN Fergal O'Brien 1-1-♦.....Tip Top Cat
2.00	2-3	+£1.41 Nicky Henderson 1-♦-♦-1-♦-4.....Bold Reaction, Boom Boom
4.05	2-5	+£0.10 Nicky Henderson 0-♦-♦-9-1-♦-♦-♦-1-4.....Ted Da Titan, Immortal

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;
BOLD data=current season only; **LIGHT**=last four seasons, plus current.
Flat season is defined as from January 1

2-8	25%	+£13.50 FFOS LAS Jane Williams hcp hdl..... Helios Allen 3.20
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3-7	43%	+£6.45 Anthony Honeyball hcp ch..... Doyannie 3.50
3-10	30%	+£9.00 Tom Lacey hcp hdl..... Roger Rarebit 4.20
SANDOWN		
8-30	27%	+£7.43 Paul Nicholls Gd 1-3 ch..... Pic D'Orhy 2.35
2-4	50%	+£2.60 Nicky Henderson NH Flat..... Immortal, Ted Da Titan 4.05

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

⊗=data is course specific

(therefore **bold** data with ⊗ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

W-R	RTF	
2-5	40%	+£2.70 FFOS LAS Ben Godfrey/Anthony Honeyball Captain Claude 4.20
2-3	67%	+£5.50 ⊗ Stan Sheppard/Tom Lacey Roger Rarebit 4.20
SANDOWN		
3-8	38%	+£5.33 ⊗ Fergus Gillard/David Pipe Kepagge 12.50
2-5	40%	+£7.50 Jack Martin/Philip Hobbs Guernesey 12.50
14-55	25%	+£8.58 Luca Morgan/Ben Pauling The Cob 12.50
2-4	50%	+£28.75 ⊗ Jordan Nailor/Nigel Twiston-Davies Top Of The Bill 12.50; Victorias Peak 2.35; Equinus 4.05
3-11	27%	+£3.58 Caoilin Quinn/Gary Moore Vorashann 12.50 2018/19+ 4-13 31% +£7.08
2-8	25%	+£5.50 Niall Houlihan/Andy Irvine Honest Oscar 2.00; Privatearing 4.05
2-4	50%	+£16.50 ⊗ Tom O'Brien/Paul Henderson Our Champ 2.00
4-16	25%	+£6.75 ⊗ David Bass/Kim Bailey Does He Know 2.35; Wandrin Star 3.35
4-12	33%	+£14.30 Conor O'Farrell/David Pipe Gwencyl Berbas 3.35
14-30	47%	+£12.88 Tom Cannon/Chris Gordon Goodwin 4.05
13-43	30%	+£1.01 Jack Hogan/Fergal O'Brien School Days Over 4.05
2-5	40%	+£7.00 Gavin Sheehan/Chris Gordon Highway One O Four 4.05 2018/19+ 3-8 38% +£8.00
16-63	25%	+£19.55 Kielan Woods/Ben Pauling Pic Roc 4.05



Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Days, Runs

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Table with 2 columns: Trainer Name, Wins-Runs %

Trainers off course

• Trainers with most course losers since last win (today's code/surface)

Table with 2 columns: Trainer Name, Days RIDES

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months.

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.

Trainer trace

• Horses who have switched trainers since their latest run.

Table with 2 columns: Trainer Name, Wins-Runs %

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 2 columns: Trainer Name, Wins-Runs %

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form).

Table with 3 columns: Trainer Name, Days, Runs

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 2 columns: Jockey Name, Wins-Rides %

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

Table with 2 columns: Jockey Name, Days RIDES

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins

Table with 2 columns: Jockey Name, Wins-Rides %

Jockeys off course

• Jockeys with most course losers since last win (today's code/surface)

Table with 2 columns: Jockey Name, Days RIDES

Table with 2 columns: Trainer Name, Wins-Runs %

Overweight alert

• JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Table with 2 columns: Trainer Name, Wins-Runs %

First-time geldings

• HORSES running for the first time since being gelded

Table with 2 columns: Trainer Name, Wins-Runs %

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with 2 columns: Trainer Name, Wins-Runs %

Horses for courses

• HORSES with at least three course wins (today's code/surface), followed by total course runs

Table with 2 columns: Trainer Name, Wins-Runs %

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.

• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Repeat performance

• HORSES who ran in same race in previous seasons

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Table with 2 columns: Trainer Name, Wins-Runs %

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table with 2 columns: Trainer Name, Wins-Runs %

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

• Data is current plus last four years, any code, incl PTP

Table with 2 columns: Trainer Name, Wins-Runs %

Out & about



Horses running today who were non-runners or withdrawn after being declared in last seven days. Reason for absence (if known) and forecast SP (if appropriate). Trainers wins-runs record with such runners, current season plus. Areyawithme Jarlath P Fahey Cork 12.58 Wx/d 31 Oct reserve (66/1) 0-3 0% Whatstabout M F Morris Cork 12.58 Wx/d 30 Oct reserve (16/1) 7-8 12% Della Casa Lunga S Curling Cork 1.33 Thur 3 Nov reserve (14/1) 0-1 0% Bluebell Diva M F Morris Cork 1.33 Thur 3 Nov reserve (33/1) 7-8 12% Youre A Derry Girl S G Walsh Cork 4.13 Wx/d 30 Oct reserve (8/1) 0-1 0%

Following favourites

RACES that show a profit for favourites. Naas 2yo H'caps +0.87

Dropping down

HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer. Spanish Tenor Naas 1.15 w92 -4

Coming on

HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Feddans Cork 1.33 06/01/22 5 of 13, 91; 17/01/22 4 of 15, 112;

Bouncers

HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Gobi Desert Naas 1.15 21/03/21 7 of 11, 70 11/05/21 13 of 14 16;

Postmark pick

RP RATING's most clear in handicaps

Smoking Gun Cork 3.13 3

Time warp

Horses running on Flat who won last time out but whose Top speed rating was two stone below their RPR.

Table with columns: Horse Name, Rating, and Odds. Includes Tooprofitable, Downforce, Magical Vision, Blazing Skies, Champagne, Flying Scotsman, The Very Man, Zoffman, Boher Road, Falvio, and Vocal Studies.

TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating. For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; =no runners on day

Table with columns: W-R, RTF, Win %, Trainer Name, and Record. Includes Thomas Mullins, M Halford, and K J Condon.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). =no runners on day

Table with columns: W-R, RTF, Win %, Trainer Name, and Record. Includes Adrian Murray, Paul John Gilligan, D E Fitzgerald, E J O'Grady, John C McConnell, Andrew Kinirons, P A Fahy, Luke Comer, and Ross O'Sullivan.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, =no runner that year), and today's runner(s).

Table with columns: Race Time, Win %, Trainer Name, and Record. Includes CORK (Gordon Elliott, W P Mullins) and NAAS (A P O'Brien).

Table with columns: Odds, Price, Trainer Name, and Record. Includes Mrs John Harrington and G M Lyons.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Table with columns: Race Type, Win %, Price, Trainer Name, and Record. Includes NAAS (G M Lyons, A P O'Brien) and CORK (John C McConnell, W P Mullins).

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

=data is course specific (therefore bold data with @ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

Table with columns: Race Time, Win %, Price, Jockey Name, and Record. Includes NAAS (Donagh O'Connor, M Sheridan, Luke McAteer) and CORK (Keith Donoghue, Simon Torrens, B J Cooper, Ricky Doyle, Danny Mullins, Davy Russell, Danny Mullins/Paul W Flynn).