



## Signposts Sweetspots

### Bella to send punters to bed happy

#### Sibylline 2.00 Bath

David Simcock is 5-12 at Bath in the last five years, with four of his representatives finishing second or third. Sibylline is his sole runner at the track.

#### Frost At Midnight 2.10 Catterick

Mark Johnston is 4-10 with two-year-old newcomers at Catterick in the last five years and saddles Frost At Midnight, whose rivals with experience do not set a daunting standard.

#### Bedtime Bella 3.40 Catterick

Mick Appleby has a 21 per cent strike-rate with new recruits and unleashes Bedtime Bella, who makes her stable debut at Catterick.

### ● ALL data excludes last night's results

#### Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Robert Stephens	3-5	60%
Dean Ivory	3-8	38%
Stef Keniry	4-11	36%
Saeed Bin Suroor	6-18	33%
James Tate	4-12	33%
John Best	3-9	33%
Dianne Sayer	4-13	31%
Roger Teal	3-10	30%
Sir Mark Prescott Bt	7-24	29%
Michael Wigham	2-7	29%
Ed Vaughan	2-7	29%
Chris Wall	3-11	27%
Ed Walker	8-31	26%
Joseph Tuite	2-8	25%

#### Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
Roger Ingram	532	94
David Thompson	139	88
John Bridger	173	84
Ralph J Smith	784	81
Ron Barr	396	81
Michael Blanshard	329	81
Tracy Waggott	193	67
Pat Phelan	189	60
Peter Hiatt	319	57
David Elsworth	102	53
Tony Coyle	257	50
Henry Spiller	118	49
Michael Easterby	28	43
Geoffrey Harker	301	39
Tracey Barfoot-Saunt	435	37
Matthew Salaman	378	37
Louise Allan	223	35
John Mackie	57	34
Philip Kirby	31	32
Ed de Giles	37	28
Malcolm Saunders	86	26

#### New trainers

● TRAINERS having their first runner today

George Boughey	Bath	3.00
George Boughey	Bath	3.30
George Boughey	Bath	5.00

#### Course trainers

● TRAINERS with best wins-runs % from at least three course wins

David Simcock	Bath	5-12	42%
Phil McEntee	Bath	3-8	38%
Sir Mark Prescott Bt	Bath	12-34	35%
Archie Watson	Catt	5-15	33%
William Haggas	Ling	57-187	30%
Saeed Bin Suroor	Leic	14-47	30%
John Ryan	Leic	3-11	27%
William Haggas	Sand	16-68	24%
Eric Alston	Catt	7-29	24%
Sir Mark Prescott Bt	Sand	4-17	24%
John Gosden	Ling	51-221	23%
Charles Hills	Bath	19-82	23%
Mark Johnston	Bath	19-81	23%
Brian Meehan	Bath	12-53	23%
David Barron	Leic	7-30	23%
Robert Stephens	Bath	3-13	23%
Archie Watson	Leic	5-23	22%
Sir Mark Prescott Bt	Ling	30-146	21%
Mark Johnston	Leic	29-135	21%
Keith Dalgleish	Catt	20-94	21%
Roger Varian	Sand	16-78	21%
William Knight	Leic	4-19	21%
Roger Fell	Leic	3-14	21%
Archie Watson	Ling	44-218	20%
Clive Cox	Bath	22-108	20%
Archie Watson	Bath	6-30	20%

#### Trainers off course

● Trainers with most course losers since last win (today's code)

	Since a win: DAYS	RUNS
Michael Attwater	Sand	X 89
Simon Dow	Sand	6208 65
Micky Hammond	Catt	1177 60
Michael Madgwick	Ling	1251 48
J R Jenkins	Ling	557 42
Bryan Smart	Catt	1076 40
David Flood	Ling	2612 37
Mark Usher	Ling	2254 37
Pat Phelan	Sand	3633 36
Michael Madgwick	Sand	8094 32
Jason Ward	Catt	X 32
Amanda Perrett	Ling	1537 31

#### Tracking trainers

● TRAINERS with first course runner in more than two years, showing years since previous runner

	Confined to trainers with course winner or having first course runner	Course wins-runs record in past 20 years
George Boughey	Bath	1st
Mrs Ilka Gansera-Leveque	Bath	1st
Seamus Mullins	Catt	1st
Tristan Davidson	Leic	1st

## Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards  
POI=profit on investment.

	Wins	Places	Runs	%	POI%
Wind operation	159	225	1392	11	-22.6
Gelding first race	247	396	2736	9	-31.9
Blinkers first-time	171	276	1900	9	-28.6
Visor first-time	86	166	1006	9	-33.1
Hood first-time	94	207	1469	6	-44.0
Tongue-strap first-time	249	493	3147	8	-35.3
Cheekpieces first-time	300	522	3331	9	-29.9
Course winner	2361	3709	18607	13	-23.9
Distance winner	5035	7836	40829	12	-24.1
CD winner	1359	2296	10834	13	-27.2
BF last run	2299	2710	11131	21	-12.0
Debutant	558	1021	7645	7	-33.9
Days off (1-14)	3146	5127	27356	12	-26.3
Days off (15 to 50)	6803	11390	62706	11	-27.8
Days off (51 to 100)	946	1628	10415	9	-34.7
Days off (101 to 365)	1320	2071	13942	9	-27.3
Days off (365+)	58	94	822	7	-45.2
Trainer first-time	489	753	5594	9	-29.9

#### Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Tristan Davidson (19)	9-17	53%
Michael Herrington (15)	8-15	53%
Michael Wigham (30)	12-24	50%
Pam Sly (19)	13-27	48%
Charlie Wallis (22)	14-30	47%
Michael Madgwick (8)	6-14	43%
Stef Keniry (19)	12-29	41%
John Best (15)	11-27	41%

#### Class of 31-60

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

William Muir (30)	20-40	50%
Paul Midgley (38)	23-49	47%
Antony Brittain (30)	15-32	47%
Richard Spencer (33)	26-59	44%
John Ryan (34)	19-43	44%
Jedd O'Keefe (38)	23-54	43%
Amanda Perrett (32)	22-53	42%

#### One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

David Simcock	Sibylline	Bath	2.00
Jedd O'Keefe	Kendred Soul	Catt	2.10
Brian Ellison	Never Said Nothing	Catt	3.10
Michael Dods	Sparkling Breeze	Catt	3.10
Paul Midgley	Merry Banter	Catt	4.10
Ruth Carr	Vallarta	Catt	5.10
John Butler	Rock In Society	Leic	5.40
William Muir	Max Guevara	Leic	6.40
Saeed Bin Suroor	Volcanic Sky	Leic	7.15
Ed Walker	Beguiling Charm	Leic	8.20
Richard Hughes	Souter Johnnie	Ling	4.50
Michael Wigham	Accessor	Ling	3.20
John Gosden	Ambling	Ling	3.20
James Tate	Up To Speed	Sand	6.30

#### Trainer trace

● Horses who have switched trainers since their latest run.

● Includes current trainer's record with new recruits under today's code

Bay Watch	Bath	3.00
Tim Reed	Tracey Barfoot-Saunt	0-3 0%
George Dryden	Bath	3.00
Charlie Wallis	George Boughey	0-0 0%
Cotton Club	Bath	3.30
Richard Mitchell	George Boughey	0-0 0%
Three C's	Bath	5.00
Adrian Wintle	George Boughey	0-0 0%
Bedtime Bella	Catt	3.40
K R Burke	Michael Appleby	31-149 21%
Billyoakes	Catt	4.40
Charlie Wallis	Ollie Pears	0-11 0%
Ad Valorem Queen	Leic	5.40
William Knight	J R Jenkins	2-23 9%
The Great Phoenix	Leic	8.50
Brendan Powell	Gay Kelleway	0-18 0%
Sea Sovereign	Sand	8.10
Brendan Powell	Ian Williams	11-116 9%

#### Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Stef Keniry	7-24	29%	+21.10
Sir Mark Prescott Bt	51-184	28%	+34.50
John Best	17-70	24%	+45.70
Ed Vaughan	12-56	21%	+22.60
Richard Spencer	14-71	20%	+26.30
John Quinn	43-259	17%	+70.40
Paul George	2-12	17%	+31.00
Andrew Balding	69-413	17%	+25.60
Roger Teal	10-62	16%	+21.80
Robert Stephens	12-73	16%	+23.00
Ivan Furtado	12-77	16%	+31.50
Eric Alston	13-80	16%	+41.90
Dianne Sayer	12-79	15%	+30.30
Joseph Tuite	13-87	15%	+40.40
Harry Dunlop	14-100	14%	+26.80
Ali Stronge	6-52	12%	+28.50
John Butler	8-75	11%	+25.80
Michael Attwater	9-98	9%	+89.00
George Baker	12-132	9%	+69.60



Gary Moore ..... 16-170 9% +26.00

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

- Mark Johnston 2yo Catt 4-10 40%
Clive Cox 2yo Bath 3-8 38%
William Haggas 2yo Sand 2-7 29%
Ralph Beckett 2yo Ling 1-8 13%

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

- Michael Wigham-J F Egan Ling 50%
Paul Midgley-Paul Mulrennan Catt 38%
Archie Watson-Oisín Murphy Ling 34%
William Haggas-James Doyle Sand 33%
Amanda Perrett-Jim Crowley Ling 33%
Brett Johnson-Rossa Ryan Ling 27%
Roger Fell-Ben Sanderson Catt 25%
Mark Johnston-Franny Norton Bath 24%
Andrew Balding-Oisín Murphy Ling 22%
Sir Mark Prescott-Bt-Luke Morris Ling 22%
Charles Hills-Jim Crowley Ling 20%

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

- Scott McCullagh Catt,Leic 4-13 31%
Cieren Fallon Bath 9-30 30%
Jim Crowley Ling,Ling,Sand 10-36 28%
Dane O'Neill Sand 6-22 27%
Jack Mitchell Bath,Sand 6-24 25%
Hector Crouch Bath,Sand 5-20 25%
Daniel Tudhope Catt,Leic 16-67 24%
David Allan Catt 8-35 23%
Faye McManoman Leic 3-13 23%
Joe Fanning Catt 12-55 22%
Stevie Donohoe Bath 4-18 22%
Liam Keniry Bath,Leic 6-28 21%
Clifford Lee Catt 5-24 21%
Kieren Fox Ling,Sand 3-14 21%
Martin Dwyer Bath 4-20 20%

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

- Royston Ffrench Bath 74 93
Fergus Sweeney Ling,Ling 172 90
Paula Muir Catt 50 64
Racheal Kneller Bath 879 60
Toby Eley Ling,Sand 57 53
Conor McGovern Catt 43 43
Rhian Ingram Leic 140 41
Andrew Mullen Catt 16 35
Grace McEntee Bath 68 34
Harry Russell Catt 37 32
Laura Pearson Leic 296 31
John Fahy Bath 146 31

Rachel Richardson .....Catt 21 31

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

- George Wood Sand 3-10 30%
Poppy Bridgwater Bath 4-16 25%
Jim Crowley Ling 88-394 22%
Jack Mitchell Bath 5-23 22%
Harry Bentley Ling 28-136 21%
Ellie Mackenzie Ling 6-29 21%
Franny Norton Bath 21-103 20%
Jason Watson Bath 4-20 20%

Jockeys off course

Jockeys with most course losers since last win (today's code)

- Mitch Godwin Bath 1090 42
Jimmy Quinn Ling 1057 41
John Fahy Bath 1015 38
Cam Hardie Leic 1481 34
Nicky Mackay Ling 347 30

Journeyman jockeys

JOCKEYS booked to ride at more than one meeting

- Callum Shepherd Bath 2.00-Leic 6.10
Hector Crouch Bath 2.30-Sand 8.40
Hollie Doyle Bath 2.30-Leic 6.40
Tom Marquand Bath 2.30-Leic 6.10
Rob Hornby Bath 3.00-Sand 6.30
Jack Mitchell Bath 3.30-Sand 6.30
Liam Keniry Bath 4.00-Leic 7.45
Kieran Shoemark Bath 4.30-Sand 8.10
Jason Watson Bath 4.30-Sand 8.40
Ben Curtis Catt 3.10-Leic 6.10
Cam Hardie Catt 3.10-Leic 6.40
Daniel Tudhope Catt 4.10-Leic 7.15
Scott McCullagh Catt 5.45-Leic 8.50
Charlie Bennett Ling 2.50-Sand 6.30
Charles Bishop Ling 2.50-Sand 6.30
Kieren Fox Ling 2.50-Sand 7.05
David Probert Ling 2.50-Sand 6.30
George Wood Ling 2.50-Sand 7.05
Harry Bentley Ling 3.20-Leic 8.20
Paddy Bradley Ling 3.20-Sand 6.00
Jim Crowley Ling 3.20-Sand 7.05
Toby Eley Ling 3.20-Sand 6.00
Joey Haynes Ling 3.20-Leic 8.50
Luke Morris Ling 3.20-Sand 7.05
Oisín Murphy Ling 3.20-Sand 6.30
Nicola Currie Ling 4.50-Sand 7.05
Sean Levey Ling 4.50-Sand 7.35
Adam McNamara Ling 4.50-Leic 8.50
Tom Queally Ling 4.50-Sand 8.40

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

- Callum Shepherd Sibylline Bath 2.00
Hector Crouch Streamline Bath 2.30
Pat Dobbs Coronation Cottage Bath 3.00
John Fahy Bay Watch Bath 3.00
Liam Keniry Heritage Bath 4.00
Kieran Shoemark Conspiritor Bath 4.30
Martin Dwyer Harbour Sunrise Bath 5.00
Racheal Kneller Lovely Acclamation Bath 5.00
Jack Garritty Kendred Soul Catt 2.10
Connor Beasley Cerseil Lannister Catt 2.40
Lewis Edmunds Hawaam Catt 4.10
Clifford Lee Landing Night Catt 4.10
Harry Bentley Fragrant Belle Leic 8.20
Faye McManoman Northern Lyte Leic 8.20
Joey Haynes Awa Bomba Leic 8.50
Adam McNamara Alicia Darcy

- Pat Cosgrave Savitar Ling 2.20
Ellie Mackenzie Arlecchino's Leap Ling 2.20
George Wood Hi There Silver Ling 2.50
Nicky Mackay Ambling Ling 3.20
Sean Levey Little Bird Ling 4.50
Adam McNamara Space Ace Ling 4.50
Tom Queally Stopsearch Ling 4.50
P J McDonald Up To Speed Sand 6.30
Jack Mitchell Hot Affair Sand 6.30
Nicola Currie Big Time Maybe Sand 7.05
Kieren Fox Pink Iceburg Sand 7.05
Andrea Atzeni Motawaj Sand 8.10
Kieran Shoemark Let Rip Sand 8.10
R P Walsh Sea Sovereign Sand 8.10
Hector Crouch Guns Of Leros Sand 8.40
Tom Queally Seaport Sand 8.40
Jason Watson Archimento Sand 8.40

Horse & jockey

HORSES with 100% record for today's jockey
Minimum 2 wins and at least 1 defeat under different jockey

- Alicia Darcy Leic 8.50
Adam McNamara 2-2; others 0-10

Owning up

WINNING owner having first runner with today's trainer (min 20 winners owned in past 12 months)

- Hot Affair Sand 6.30
Clipper Logistics / Tom Dascombe

Overweight alert

JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

- Paula Muir (5) min wt 7-10
Liberty Diva, Catt 3.40, 7-9

First-time geldings

HORSES running for the first time since being gelded
DATA excludes horses trained outside GB & Ireland
Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

- The Trendy Man Catt 3.10
David O'Meara 13-92 14%; all 12%
Percy Green Catt 3.10
K R Burke 12-74 16%; all 10%
Rain Cap Catt 3.10
Mick Channon 4-55 7%; all 10%
Stormwave Ling 3.20
Ralph Beckett 9-59 15%; all 14%
Wojoed Ling 3.20
Hugo Palmer 12-56 21%; all 16%
Shake Me Handy Bath 4.30
Roger Teal 2-6 33%; all 9%
Swiss Chill Leic 7.45
Clive Cox 10-52 19%; all 11%
The Great Phoenix Leic 8.50
Gay Kelleway 1-25 4%; all 10%

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery
Data excludes horses trained outside GB
Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
Data first made available on 19 Jan 2018

- Stormy Blues Ling 3.20
Nigel Hawke 4-18 22%; all 9%

First-time blinkers

Horses wearing blinkers, hood or visor for the first time
Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

- Streamline (h) Bath 2.30
Clive Cox 1-4 25%; all 13%
Butterfield (v) Bath 3.30
Tony Carroll 0-0 0%; all 11%
Davina (v) Bath 5.00
Bill Turner 1-1 100%; all 6%
Harbour Sunrise (h) Bath 5.00
Shaun Harris 0-1 0%; all 5%
Three C's (b) Bath 5.00
George Boughey 0-0 0%; all 0%
Cerseil Lannister (v) Catt 2.40
Adrian Nicholls 1-4 25%; all 8%
Landing Night (b) Catt 4.10
Rebecca Menzies 0-6 0%; all 11%
Hackbridge (b) Ling 3.20
Pat Phelan 0-0 0%; all 7%
Wojoed (b) Ling 3.20
Hugo Palmer 3-22 14%; all 16%
Sir Chancelot (b) Ling 4.20
Amanda Perrett 1-18 6%; all 11%
Nordic Flight (b) Sand 6.00
James Eustace 1-5 20%; all 12%
PetraStar (h) Sand 8.40
Clive Cox 1-4 25%; all 13%

Tongue-tied

HORSES wearing tongue strap for the first time
Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners
Current and previous year, any code

- Northern Lyte Leic 8.20
Nigel Tinkler 0-5 0%; all 13%
Barrsbrook Ling 2.20
Gary Moore 1-7 14%; all 12%
Wojoed Ling 3.20
Hugo Palmer 2-18 11%; all 16%

Cheekpieces

HORSES wearing cheekpieces for the first time
Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners
Current and previous year, any code

- Guardiola Bath 5.00
Bernard Llewellyn 1-6 17%; all 5%
Parknacilla Bath 5.00
Henry Spiller 1-13 8%; all 6%
Society Sweetheart Bath 5.00
J S Moore 0-5 0%; all 3%
Classy Lady Catt 2.40
Ollie Pears 0-7 0%; all 6%
Liberty Diva Catt 3.40
Alan Berry 0-2 0%; all 1%
Our Secret Catt 3.40
Liam Bailey 0-3 0%; all 4%
Supreme Dream Catt 5.10
Ollie Pears 0-7 0%; all 6%
Takhia Leic 8.20
Peter Hiatt 0-1 0%; all 6%
Kendergarten Kop Ling 2.20
David Flood 0-3 0%; all 7%
Bay Dude Ling 2.50
Brett Johnson 0-3 0%; all 13%
Island Jungle Ling 3.20
Mark Usher 4-14 29%; all 7%
Capp It All Ling 4.20
David Loughnane 0-20 0%; all 9%
Lexington Quest Ling 4.20
Richard Hannon 0-14 0%; all 12%
Sir Arthur Dayne Ling 4.20
Mick Channon 1-3 33%; all 13%
Miss Elsa Ling 5.20
Eve Johnson Houghton 0-25 0%; all 10%
Mrs Worthington Ling 5.20
Jonathan Portman 0-4 0%; all 12%

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost
Showing trainer's wins-runs record with next outing of winning & losing gambles

- Indian Raj Sand 7.05
Yarm, 10.7.19: op 17/2 tchd 9/1 7/2 L
Stuart Williams W 0-0 0%; L 0-9 0%



Best Seller

- HORSES dropped to selling class for the first time under today's code
• Trainer's wins-runs record in sellers is compared with record with selling debutants (current and previous year)

Table listing best-selling horses and their trainers, including Cersei Lannister, Laughter Lounge, Miss Chilli, Colonel Slade, Bay Dude, Brilliant Riposte, Captain Marmalade, Duhr, Golden Nectar, Hi There Silver, Natch, Pivello, Premium Pink, and Prerogative.

Travellers' check

- Today's farthest travellers (top 10 & ties; minimum distance 200 miles).
• Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Table listing horses and their trainers for the travellers' check, including Sarasota, Alexandra Dunn, Osborne Lady, Teo Hard To Hold, Welcoming, Liliofthelamplight, Hajjam, Betsey Trotter, Gold Venture, Lafilia, Rain Cap, and Rose Crown.

Trying a trip

- HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Table listing horses and their trainers for the 'Trying a trip' section, including Melo Pearl, The Game Is On, Premium Pink, Bankawi, Island Jungle, and Petrastar.

Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

- Showing trainer's win-run record with handicap debutants (current season plus four)

Table listing horses and their trainers for the win-run record section, including Uncertain Smile, Miss Celestial, and Wojoood.

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs
• Course/distance wins are shown in brackets

Table listing horses and their trainers for the 'Horses for courses' section, including Hackbridge, Storm Melody, Landing Night, Spirit Of Zebedee, and Extrasolar.

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table listing rivalries between horses, including Filament Of Gold, Alsivinder, Spirit Of Zebedee, Nifty Niece, Spirit Of Zebedee, Flower Power, and A Sure Welcome.

Good turn

- HORSES whose best RPR racing the opposite way round to today is 10lb+ below today's card RPR and who raced the WRONG way (no wins) last time
• Minimum 3 runs each on LH & RH tracks

Table listing horses and their trainers for the 'Good turn' section, including Classic Charm and LH w-r: 1-11 RPR 69; RH 0-3 RPR 44.

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

Table listing horses and their trainers for the 'Anything to report' section, including Born For Fun, Holdenhurst, Street Jester, Miss Celestial, Bader, Rosina, Chickenfortea, Ingleby Molly, Someone Exciting, Itsupforgrabsnow, Mightaswellsmile, Metronomic, Osborne Lady, Coastal Cyclone, Chingachgook, One One Seven, Remission, Monsieur Fox, Savitar, Takeonefortheteam, Eye Of The Storm, Hackbridge, Island Jungle, Stormy Blues, Wojoood, Fashion Free, Sir Arthur Dayne, Goodman Square, Halfacrown, and The City's Phantom.

Table listing horses and their trainers for the 'Miss Elsa' section, including Miss Elsa, Terri Rules, Couldn't Could She, Neff, Nordic Flight, Waseem Faris, Whataguy, Archimento, and Petrastar.

Repeat performance

- HORSES who ran in same race in previous seasons

Table listing horses and their trainers for the 'Repeat performance' section, including Essaka, Landing Night, Merry Banter, Spirit Of Zebedee, Calliope, Fillydelphia, Full Suit, Rocksette, Lunar Deity, Delagate This Lord, Waseem Faris, and Fillydelphia.

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table listing horses and their trainers for the 'Week link' section, including 252 Midnight Warrior, 821 Chetan, 095 Lunar Deity, 561 Waseem Faris, and 2-5 Shady McCoy.

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table listing horses and their trainers for the 'Seven-day winners' section, including Alicia Darcy, Montalvan, Distant Chimes, Betsey Trotter, and Distant Chimes.

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.

Table listing horses and their trainers for the 'Out & about' section, including Dependable, Distant Chimes, Sir Arthur Dayne, Goodman Square, Mandarin Princess, and Uttx 17 Jul travel problems.

Table listing horses and their trainers for the 'Airbrush' section, including Airbrush, Woly 23 Jul declared in error, Up To Speed, and Shady McCoy.

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)
Heritage (3) Clive Cox
Tomily (3) David O'Meara
Trouble And Strife (4) Sir Mark Prescott Bt

Following favourites

- RACES that show a profit for favourites
Sand 3yo+ H'caps +37.01
Catt 2yo Non-H'caps +8.70
Ling 2yo Non-H'caps +7.25
Bath 3yo+ Non-H'caps +5.20

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Table listing horses and their trainers for the 'Lower class' section, including Uncertain Smile, Laughter Lounge, Miss Chilli, Aldrich Bay, The City's Phantom, and Wightman.

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table listing horses and their trainers for the 'Dropping down' section, including Dr Richard Kimble, Vallarta, Porto Ferro, Just An Idea, The Warrior, Dragons Tail, Landing Night, Terri Rules, Extrasolar, Plucky Dip, Cotubanama, Someone Exciting, Flower Power, Lunar Deity, Prerogative, Merry Banter, and Darksideoftarnside.

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today

Table listing horses and their trainers for the 'Ahead of handicapper' section, including Welcoming, Alicia Darcy, Distant Chimes, Heritage, and Merry Banter.

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).
• Early-closing handicaps may have additional qualifiers; excludes runs yesterday

Table listing horses and their trainers for the 'RPR improvers' section, including The Game Is On, Welcoming, Mr Greenlight, and Uttx 17 Jul travel problems.



**Montalvan** (OR68, EX6) .....Leic 8.50  
1st, Ripn, Sat, Jul 20 (OR62) 62→71 ..... **+3**

### Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

**Calliope** .....Catt 5.45  
16/05/16 8 of 8, **56** 08/06/16 10 of 12 **33**;  
**Full Suit** .....Ling 2.50  
05/04/18 2 of 5, **68** 28/04/18 4 of 5 **53**;

### Postmark pick

● RP RATING's most clear in handicaps

**Heritage** .....Bath 4.00 **3**  
**Welcoming** .....Bath 4.30 **3**  
**Alicia Darcy** .....Leic 8.50 **3**  
**Distant Chimes** .....Ling 3.20 **3**  
**Lunar Deity** .....Sand 6.00 **3**

### Time warp

● Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

**Rosie Royale** .....Bath 3.30 **66**  
**Conspiritor** .....Bath 4.30 **30**  
**Little Bird** .....Ling 4.50 **44**

### Card and fast

● Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

**Extrasolar** .....Catt 5.10 63 **3**

### Top marks

● Horses top-rated and selected by both RPR and TopSpeed

**Fanzone** .....Bath 2.30 1/2  
**Heritage** .....Bath 4.00 13/8  
**Welcoming** .....Bath 4.30 3/1  
**Incinerator** .....Catt 2.10 11/8  
**Gold Venture** .....Catt 2.40 1/2  
**Extrasolar** .....Catt 5.10 11/4  
**Calliope** .....Catt 5.45 4/1  
**Ricochet** .....Leic 7.45 5/4  
**Aces** .....Ling 3.50 2/1  
**Mrs Benson** .....Ling 2.20 25/1  
**Poets Dance** .....Sand 6.30 11/8  
**Han Solo Berger** .....Sand 7.05 9/2  
**Moraawed** .....Sand 7.35 2/1

### Most popular nap

● MOST popular tip in Racing Post/Coral Naps Competition

● Data excludes yesterday's results

**Distant Chimes** .....Ling 3.20 **3**  
**Heritage** .....Bath 4.00 **3**  
**Indian Raj** .....Sand 7.05 **3**  
**Tomily** .....Catt 4.10 **3**  
From Jan 1: W 105; L 227; £1 bet -31.91

### Tipsters in form

● TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Newmarket (4) ..**Incinerator** Catt 2.10  
Lambourn (3) **Gold Venture** Catt 2.40  
Mark Edwards (2) .....  
.....**Canal Rocks** Bath 4.30  
Templegate (2) .....  
.....**Delegate This Lord** Sand 7.05

### Tipsters' trainers

● TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Newmarket.....**Incinerator** Catt 2.10  
*Hugo Palmer 17-39 +£7.46*  
The North**Spirit Of Zebedee** Catt 4.40  
*John Quinn 3-11 +£2.25*



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for days, percentage, and names like James Tate, Clive Cox, Dianne Sayer, etc.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF)...

Table listing trainers out of form with columns for days, percentage, and names like Pat Phelan, Antony Brittain, etc.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years)...

Table listing race trace winners with columns for days, percentage, and names like Malcolm Saunders, Ollie Pears, etc.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists with columns for days, percentage, and names like Sir Mark Prescott, Clive Cox, etc.

Table listing jockey/trainer combinations with columns for days, percentage, and names like Robert Stephens, Ali Stronge, etc.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings with columns for days, percentage, and names like Franny Norton, Robert Winston, etc.



## ▶▶ ALL data excludes last night's results

### Hot trainers

- TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

<b>James Tate</b> (GB) .....	4-12	33%
<b>M Halford</b> .....	5-17	29%
<b>Andrew McNamara</b> .....	2-7	29%
<b>John C McConnell</b> .....	4-15	27%

### Cold trainers

- TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
<b>J C Hayden</b> .....	1019	63
<b>D J Bunyan</b> .....	278	49
<b>Thomas Cleary</b> .....	237	37
<b>Michael Butler</b> .....	327	27
<b>T M Walsh</b> .....	94	25

### New trainers

- TRAINERS having their first runner today

<b>John Christopher Hassett</b> .....	Naas	6.55
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### Course trainers

- TRAINERS with best wins-runs % from at least three course wins

<b>A P O'Brien</b> .....	Naas	69-309	22%
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### Trainers off course

- Trainers with most course losers since last win (today's code)
- X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
<b>T M Walsh</b> .....	Naas	X 56
<b>Seamus Fahey</b> .....	Naas	5845 37
<b>Jarlath P Fahey</b> .....	Naas	X 37
<b>Paul W Flynn</b> .....	Naas	3642 31
<b>Denis Gerard Hogan</b> .....	Naas	1036 31

### Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

<b>Thomas Mullins</b> (21) .....	15-30	50%
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### Class of 31-60

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

<b>Adrian McGuinness</b> (41) .....	24-51	47%
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### One-trick trainers

- TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

<b>Richard Hughes</b> Gold Filigree	Naas	7.25
<b>Hugo Palmer</b> Heavenly Holly	Naas	7.25
<b>Archie Watson</b> ...Probability	Naas	7.25
<b>James Tate</b> Shimmering Dawn	Naas	7.25
<b>M Halford</b> .....	Katymann	Naas 8.30

### Trainer trace

- Horses who have switched trainers since their latest run.
- Includes current trainer's record with new recruits under today's code

<b>Morph Speed</b> .....	Naas	6.55
Miss V Haigh→John Christopher Hassett	0-0	0%
<b>Bowerman</b> .....	Naas	9.00
Roger Varian→Adrian McGuinness	2-30	7%

### Training newcomers

- WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

<b>G M Lyons</b> .....	2yo Naas	7-30	23%
<i>all 2yo newcomers</i>	34-166	20%	
<b>J A Stack</b> .....	2yo Naas	1-5	20%
<i>all 2yo newcomers</i>	5-45	11%	
<b>Noel Meade</b> .....	2yo Naas	1-7	14%
<i>all 2yo newcomers</i>	1-22	5%	
<b>Mrs John Harrington</b> .....	2yo Naas	3-24	13%
<i>all 2yo newcomers</i>	18-162	11%	

### Hot jockeys

- JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

<b>Donnacha O'Brien</b> .....	Naas	9-36	25%
<b>Ronan Whelan</b> .....	Naas	5-22	23%
<b>Rory Cleary</b> .....	Naas	3-15	20%

### Cold jockeys

- JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
<b>Paddy Harnett</b> .....	Naas	X 32
<b>Leigh Roche</b> .....	Naas	50 88
<b>Stephen Mooney</b> .....	Naas	229 43
<b>Killian Leonard</b> .....	Naas	30 41
<b>Alan Persse</b> .....	Naas	53 38
<b>Willie Byrne</b> .....	Naas	95 35
<b>Gary Carroll</b> .....	Naas	21 33

### Course jockeys

- JOCKEYS with best wins-rides % from at least three course wins

<b>Donnacha O'Brien</b> .....	Naas	33-121	27%
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### Jockeys off course

- Jockeys with most course losers since last win (today's code)
- X=never ridden course winner

	Since a win: DAYS	RIDES
<b>Gary Halpin</b> .....	Naas	836 59

### Overweight alert

- JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

<b>Willie Byrne</b> (7) .....	min wt 8-1
Coffeemanscoffee, Naas	5.50, 8-0

### First-time geldings

- HORSES running for the first time since being gelded
- DATA excludes horses trained outside GB & Ireland
- Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

<b>Morph Speed</b> .....	Naas	6.55
John Christopher Hassett	0-0	0%; all 0%

### Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

<b>5.50 Naas</b>	
<b>Powersville</b> 2 (0) v 1 (0) Ten Joys	
<b>7.25 Naas</b>	
<b>Lethal Promise</b> 5 (3) v 1 (0) Fantasy	
<b>Gossamer Wings</b> 5 (1) v 1 (0) Fantasy	
<b>Lethal Promise</b> 3 (1) v 0 (0) Gossamer Wings	
<b>Fantasy</b> 2 (0) v 1 (0) Rapid Reaction	
<b>8.00 Naas</b>	
<b>No Way Jack</b> 2 (1) v 1 (0) Feeling Easy	
<b>Lady Savannah</b> 2 (0) v 1 (0) Doogan's Warren	

### Repeat performance

- HORSES who ran in same race in previous seasons

<b>Pushaq</b> .....	Naas	8.00
18: 12 of 16, btn 11, OR63, 7/2F	Oisín Orr	
<b>Texas Rock</b> .....	Naas	8.30
16: 5 of 10, btn 7I, OR82, 10/1	Kevin Manning	

### Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

<b>Katymann</b> .....	Naas	8.30
won Fairyhouse, Wednesday		
<b>M Halford</b> 0-34	0%; all 12%	

### Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.

- Reason for absence (if known) and forecast SP (if appropriate)

- Trainers wins-runs record with such runners, current season plus

<b>Coffeemanscoffee</b> .....	
.....	W J Martin Naas 5.50
Fair 17 Jul reserve (12/1)	0-5 0%

### Following favourites

- RACES that show a profit for favourites

<b>Naas 3yo+ Non-H'caps</b> .....	+0.32
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### Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

<b>Pari Passu</b> .....	Naas	8.00	w57	-1
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### Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

<b>Katymann</b> .....	Naas	8.30	48
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### Card and fast

- Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

<b>Castletownshend</b> .....	Naas	6.55	80	4
<b>I Am Superman</b> .....	Naas	9.00	86	0



## TRAINERSPOT IRELAND

### In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	
4-12	33%	<b>83% James Tate</b> ♦-2-♦-♦-2-2-32-1-141-321-♦-♦-♦
12-64	19%	<b>66% A P O'Brien</b> ♦-415147714563-35-377135-375467318-31-17-238213502-212-♦-13656780236-2724521-1-♦
4-32	13%	<b>66% G M Lyons</b> ♦-2328-♦-24-8-2-4-1321236-160748-33-52793-1-23-♦
4-15	27%	<b>60% John C McConnell</b> ♦-3-♦-10061-5-1-4-70-8-8-♦-♦-41-♦

### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-8	0%	<b>0% Paul W Flynn</b> ♦-♦-♦-6-337-♦-♦-♦-50-♦-♦-♦-♦-♦-♦-♦-♦-♦
0-6	0%	<b>0% T J O'Mara</b> ♦-5-♦-♦-0-U-8-80-♦-♦-♦-♦-♦-♦-♦-♦-♦
0-8	0%	<b>13% T G McCourt</b> ♦-♦-♦-♦-033-♦-♦-800-♦-48-♦-♦-♦-♦-♦-♦
0-13	0%	<b>15% Joseph G Murphy</b> ♦-9-♦-6-6-473-♦-95-♦-♦-0-0-4-50-♦
0-6	0%	<b>17% D J Bunyan</b> ♦-8-♦-0-♦-♦-♦-♦-♦-♦-♦-0-0-0-♦

### Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

#### NAAS

8.30	3-7	+£3.35	<b>G M Lyons</b> 1-6-1-1-3-8-5-♦..... <i>Excelcius, Major Reward</i>
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### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

#### NAAS

2-5	40%	+£10.50	<b>Thomas Cleary</b> 3yo+ hcp..... <i>Associate Rock</i> 5.50
2-4	<b>50%</b>	<b>+£3.50</b>	<b>G M Lyons</b> 2yo non-hcp..... <i>Leadership Race</i> 6.20
4-14	29%	<b>+£3.54</b>	<b>A P O'Brien</b> 2yo non-hcp..... <i>Harpocrates</i> 6.20
2-6	33%	<b>+£11.50</b>	<b>M D O'Callaghan</b> 2yo non-hcp..... <i>Gunmetal Jack</i> 6.20
2-5	40%	<b>+£4.75</b>	<b>Mrs John Harrington</b> Group/Listed..... <i>Servalan</i> 7.25
2-8	25%	<b>+£7.50</b>	<b>G M Lyons</b> 3yo+ hcp..... <i>Excelcius, Major Reward</i> 8.30

### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

#### NAAS

5-15	33%	<b>+£1.24</b>	Ⓢ <b>Donnacha O'Brien/A P O'Brien</b> ..... ..... <i>Harpocrates</i> 6.20; <i>Fairy Fort</i> 6.55; <i>Western Frontier</i> 9.00 2015+ Ⓢ24-82 29% +£4.32
2-8	25%	<b>+£28.00</b>	Ⓢ <b>Leigh Roche/D J Bunyan</b> ..... <i>Hold The Applause</i> 6.55
2-4	50%	<b>+£7.50</b>	<b>Tom Eaves/James Tate</b> ..... <i>Shimmering Dawn</i> 7.25 2015+ 3-8 38% +£6.75
9-28	32%	<b>+£11.50</b>	Ⓢ <b>Donnacha O'Brien/Joseph Patrick O'Brien</b> ..... <i>Cava</i> 7.25
2-5	40%	<b>+£14.00</b>	Ⓢ <b>Andrew Slattery/J F Grogan</b> ..... <i>Rapid Reaction</i> 7.25
4-10	40%	<b>+£14.38</b>	<b>Gavin Ryan/J S Bolger</b> ..... <i>Come At Dawn</i> 8.00 2015+ 8-30 27% +£15.88