



Signposts Sweetspots

Touchdown from Montanna?

Bonnie Lad 2.20 Chelmsford

Richard Hughes and William Buick combine for a 75 per cent strike-rate at Chelmsford and team up with Bonnie Lad, who was an impressive course-and-distance winner last time.

Dinoo 6.10 Lingfield

Roger Varian has a 29 per cent strike-rate at Lingfield and looks to have a good chance of gaining another winner at the course with Dinoo.

Montanna 6.20 Sedgfield

Sean Bowen's only ride of the day comes at a track where he boasts a 31 per cent strike-rate. Montanna has plenty of stamina and should relish this 3m3f test.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Justin Landy (3-4 75%), Ben Pauling (3-6 50%), Sam England (3-7 43%), Grant Tuer (7-19 37%), Rod Millman (8-23 35%), Heather Main (3-9 33%), Gary Moore (6-19 32%), John & Thady Gosden (10-34 29%), Ewan Whillans (2-7 29%), David Evans (8-30 27%), Charlie Fellowes (4-15 27%), K R Burke (11-44 25%), Charles Hills (9-36 25%), Donald McCain (6-24 25%), Simon & Ed Crisford (5-20 25%), Saeed Bin Suuroo (4-16 25%), James Ferguson (3-12 25%), Tom Ward (2-8 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Frank Bishop (X 102), Mark Weatherer (753 52), Alison Hamilton (577 52), Lawrence Mullaney (230 47), Simon Whitaker (97 39), Simon Dow (31 29), Chris Grant (139 26), Phillip Makin (27 25)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Dr Richard Newland Sedg (10-27 37%), Alan King (Ffos 3-9 33%), Archie Watson (Ffos 9-29 31%), Roger Varian (Ling 41-143 29%), Andrew Balding (Ffos 11-38 29%), Nigel Tinkler (Carl 10-38 26%), Roger Charlton (Ffos 7-27 26%), Peter Bowen (Sedg 5-20 25%), William Haggas (Carl 3-12 25%), Jedd O'Keeffe (Sedg 3-12 25%), Marcus Tregoning (Ffos 3-12 25%), Brian Ellison (Sedg 27-113 24%), Ralph Beckett (Chmf 21-91 23%), Roger Teal (Chmf 8-35 23%)

Table listing trainers off course: Hughie Morrison (Ffos 5-22 23%), Hugo Palmer (Ffos 3-13 23%), Richard Hughes (Chmf 41-191 21%), James Ewart (Sedg 6-29 21%), Grant Tuer (Carl 5-24 21%)

Trainers off course

Trainers with most course losers since last win (today's code) X=no course winner (since 1 Jan 1989)

Table listing trainers off course: Kenny Johnson (Sedg 2025 66), John Butler (Chmf 602 53), Eve Johnson Houghton (Ling 391 43), Laura Mongan (Chmf 1493 39), Amanda Perrett (Ling 2301 34), David Simcock (Ling 377 31), Ruth Carr (Carl 1100 30)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner Confined to trainers with course winner or having first course runner Course wins-runs record in past 20 years

Table listing tracking trainers: Matt Crawley (Chmf 1st), Daniel & Claire Kubler (Ffos 1st), Michael & David Easterby (Sedg 1st), Ewan Whillans (Sedg 1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets. Dianne Sayer (22) (11-19 58%), Henry Hogarth (6) (4-8 50%), Christopher Mason (10) (6-13 46%), Mick Quinn (16) (6-13 46%), Phil McEntee (30) (12-27 44%), S Woods (8) (7-17 41%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets. Rod Millman (41) (24-50 48%), Jennie Candlish (37) (23-49 47%), Grant Tuer (47) (22-48 46%), Sam England (26) (16-36 44%), James Ferguson (25) (19-45 42%), Simon Dow (25) (15-36 42%), Heather Main (25) (15-36 42%), Sir Mark Prescott Bt (47) (24-58 41%)

One-trick trainers

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table showing rolling 365-day record of various categories and symbols: Wind operation (173 wins, 281 places, 1733 runs, 10% POI), Gelding first race (292 wins, 491 places, 3051 runs, 10% POI), Blinkers first-time (146 wins, 303 places, 2037 runs, 7% POI), Visor first-time (91 wins, 210 places, 1164 runs, 8% POI), Hood first-time (116 wins, 220 places, 1566 runs, 7% POI), Tongue-strap first-time (332 wins, 627 places, 4180 runs, 8% POI), Cheekpieces first-time (337 wins, 632 places, 3979 runs, 8% POI), Course winner (2500 wins, 3867 places, 19324 runs, 13% POI), Distance winner (5241 wins, 8106 places, 42420 runs, 12% POI), CD winner (1519 wins, 2346 places, 11457 runs, 13% POI), BF last run (2371 wins, 2770 places, 11920 runs, 20% POI), Debutant (618 wins, 1239 places, 8730 runs, 7% POI), Days off (1-14) (3000 wins, 5233 places, 28008 runs, 11% POI), Days off (15 to 50) (7518 wins, 12536 places, 69132 runs, 11% POI), Days off (51 to 100) (1072 wins, 1799 places, 11379 runs, 9% POI), Days off (101 to 365) (1357 wins, 2180 places, 14204 runs, 10% POI), Days off (365+) (68 wins, 116 places, 969 runs, 7% POI), Trainer first-time (546 wins, 916 places, 6526 runs, 8% POI)

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing trainers with one runner today: David Evans (Breeze Easy Carl 2.40), Grant Tuer (Tashgheel Carl 3.15), Roger Fell (Makhan King Carl 3.50), William Haggas (Maraakiz Carl 5.00), Keith Dalgleish (Noble Crusade Carl 5.00)

Table listing trainers with one runner today: Ralph Beckett (Alkhansa Chmf 1.45), Marco Botti (Malorie Chmf 1.45), John & Thady Gosden (At A Pinch Chmf 4.32), Simon & Ed Crisford (Barshaa Chmf 4.32)

Table listing trainers with one runner today: Hughie Morrison (Hesperis Ffos 1.30), Rod Millman (Hurricane Helen Ffos 3.05), Saeed Bin Suuroo (Royal Partnership Ffos 3.40), Tony Carroll (Social City Ffos 4.10), Charles Hills (Dulas Ling 6.40)

Table listing trainers with one runner today: George Boughey (Anythingtoday Ling 7.10), Peter Bowen (Montanna Sedg 6.20), Nicky Richards (Kajaki Sedg 6.50), Jennie Candlish (Follow Your Fire Sedg 7.50)

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Trainer trace

Horses who have switched trainers since their latest run. Includes current trainer's record with new recruits under today's code

Table listing trainer traces: Lochnaver (Carl 2.10), William Haggas (Iain Jardine 7-60 2%), Pockley (Carl 3.15), Roger Fell (Linda Perratt 0-14 0%), Anyonewhohadaheart (Chmf 2.55), Mick Channon (Sheena West 0-14 0%), Saloniere (Chmf 4.32), Rae Guest (Matt Crawley 0-1 0%), Raased (Ffos 2.30), Saeed Bin Suuroo (Milton Harris 3-21 14%), Helian (Ffos 3.40), Chris Dwyer (Alexandra Dunn 2-57 4%), Clearance (Ffos 4.10), Iain Jardine (Michael Blake 1-19 5%), Ajrad (Ling 6.10), Ed Dunlop (William Knight 2-11 18%), Onehundredpercent (Sedg 4.45), C W J Farrell (Brian Ellison 5-29 17%), Folks Like Us (Sedg 5.50), Alistair Whillans (Ewan Whillans 2-2 100%)

Grey Atlantic Way

Edmond Daniel Linehan (Danny Brooke 0-12 0%), Jack Lamb (Sedg 5.50), Jedd O'Keeffe (Henry Hogarth 0-9 0%), Golfe Clair (Sedg 7.20), Joseph Patrick O'Brien (Philip Kirby 9-64 14%), Mister Chiang (Sedg 7.20), Mark Johnston (Dr Richard Newland 23-98 23%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Ewan Whillans (2-7 29% +50.00), Simon & Ed Crisford (17-69 25% +24.40), Sam England (9-37 24% +20.50), Archie Watson (62-273 23% +22.80), Martyn Meade (11-54 20% +38.10), Donald McCain (38-200 19% +39.90), Rebecca Menzies (19-103 18% +34.00), Neil Mulholland (36-216 17% +27.10), Charles Hills (51-314 16% +23.50), Heather Main (11-73 15% +136.10), Marco Botti (23-151 15% +46.00), Jane Chapple-Hyam (12-94 13% +97.80), Les Eyre (7-60 12% +24.00), Ben Haslam (12-106 11% +68.30), Robert Stephens (5-52 10% +56.00), Roger Teal (9-88 10% +23.90), Nigel Tinkler (20-203 10% +34.90), Simon Dow (8-87 9% +32.00)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: K R Burke (2yo Carl 5-16 31%), all 2yo newcomers 27-277 100%, Brian Ellison (Hdl Sedg 2-7 29%), all Hdl newcomers 6-49 12%, Amy Murphy (2yo Chmf 1-5 20%), all 2yo newcomers 3-58 5%, Tim Easterby (2yo Carl 1-24 4%), all 2yo newcomers 4-242 2%, Jedd O'Keeffe (Hdl Sedg 0-2 0%), all Hdl newcomers 6-26 23%

Trainers & jockeys



● TRAINER-JOCKEY combinations with best % from at least three course wins

Hughie Morrison-David ProbertFfos100%
all Ffos; trainer 23%; jockey 33%

Richard Hughes-William Buick ...
.....Chmf 75%
all Chmf; trainer 21%; jockey 18%

Dianne Sayer-Paul Mulrennan Carl 67%
all Carl; trainer 16%; jockey 16%

Brian Ellison-Brian Hughes ..Sedg 53%
all Sedg; trainer 24%; jockey 22%

Andrew Balding-David Probert ..
.....Ffos 43%
all Ffos; trainer 29%; jockey 33%

Oliver Greenall-Henry Brooke Sedg 40%
all Sedg; trainer 17%; jockey 16%

Stuart Williams-Marco Ghiani Ling 40%
all Ling; trainer 11%; jockey 17%

Hugo Palmer-James Doyle ..Chmf 38%
all Chmf; trainer 16%; jockey 25%

Ralph Beckett-Rob Hornby ..Chmf 36%
all Chmf; trainer 23%; jockey 10%

Nigel Tinkler-Rowan ScottCarl 36%
all Carl; trainer 26%; jockey 16%

Peter Bowen-Sean Bowen ..Sedg 31%
all Sedg; trainer 25%; jockey 31%

Grant Tuer-Sam JamesCarl 29%
all Carl; trainer 21%; jockey 15%

James Ewart-Brian Hughes ..Sedg 25%
all Sedg; trainer 21%; jockey 22%

Julia Feilden-Dylan Hogan ..Chmf 25%
all Chmf; trainer 8%; jockey 15%

Iain Jardine-Conor O'Farrell Sedg 25%
all Sedg; trainer 12%; jockey 12%

Andrew Balding-Oisín Murphy ..
.....Chmf 24%
all Chmf; trainer 13%; jockey 21%

Kevin Ryan-Kevin StottCarl 24%
all Carl; trainer 15%; jockey 19%

Brian Ellison-Henry Brooke ..Sedg 23%
all Sedg; trainer 24%; jockey 16%

Sir Mark Prescott-Bt-Ryan Tate ..
.....Chmf 23%
all Chmf; trainer 14%; jockey 8%

Roger Varian-Jack Mitchell ..Ling 23%
all Ling; trainer 29%; jockey 14%

Jennie Candlish-Sean Quinlan ...
.....Sedg 21%
all Sedg; trainer 17%; jockey 13%

K R Burke-Clifford LeeCarl 20%
all Carl; trainer 17%; jockey 15%

Ben Haslam-Richie McLernon Sedg 20%
all Sedg; trainer 18%; jockey 15%

Mark Johnston-Joe Fanning ..Carl 20%
all Carl; trainer 19%; jockey 20%

Donald McCain-Theo Gillard Sedg 20%
all Sedg; trainer 16%; jockey 19%

Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Callum BewleySedg 3-7 43%

Oisín MurphyChmf 17-60 28%

Dylan HoganChmf 3-11 27%

Sean QuinlanSedg 3-11 27%

Marco GhianiLing 5-20 25%

Thomas GreatrexFfos 5-20 25%

Kielan WoodsSedg 3-12 25%

Cieren FallonCarl 11-45 24%

Sam JamesCarl 8-34 24%

Sam Twiston-Davies ..Sedg 5-22 23%

David ProbertFfos 9-45 20%

Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Since a win: DAYS RIDES

Sam HitchcottFfos 1441 203

Jimmy QuinnLing 368 126

Emma Smith-Chaston Sedg 543 56

Callum ShepherdChmf 15 40

Richie McLernonSedg 75 35

Joey HaynesChmf 27 35

Duran FentimanCarl 22 33

Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

David ProbertFfos 10-30 33%

Sean BowenSedg 9-29 31%

Adam WedgeSedg 8-27 30%

Faye McManoman ...Carl 10-34 29%

Danny McMenamin Sedg 18-70 26%

James DoyleChmf 43-174 25%

Harry BannisterSedg 6-25 24%

Brian HughesSedg 65-290 22%

Oisín MurphyChmf 63-297 21%

Rossa RyanFfos 7-33 21%

Joe FanningCarl 14-71 20%

P J McDonaldCarl 9-45 20%

Jockeys off course

● Jockeys with most course losers since last win (today's code)

● X=never ridden course winner

Since a win: DAYS RIDES

Jimmy QuinnLing 1821 61

Craig NicholSedg 1575 49

Jack GarrittyCarl 1504 46

Nathan MoscropSedg 856 35

Grace McEnteeChmf 189 30

One-trick jockeys

● JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Joanna MasonCarl 2.10

.....Melgate Mystic Carl 2.10

Paul Mulrennan ...Detective Carl 2.40

Graham Lee Emperor Caradoc Carl 2.40

Harrison ShawMilbanke Carl 2.40

Shane GrayCarl 4.25

.....Bibbidibobbididibo Carl 4.25

Barry McHugh Salam Zayed Carl 4.25

Faye McManomanCarl 4.25

.....Sharrabang Carl 4.25

Rob HornbyChmf 1.45

Shane KellyKingdom Girl Chmf 1.45

Cameron Noble Merci Percy Chmf 2.20

George WoodMap Chmf 2.55

Joey HaynesBalqaa Chmf 4.32

Eoin Walsh ..Hurricane Alert Chmf 5.05

Laura Coughlan Roystan Girl Ffos 1.00

Sam Hitchcott ..Leroy Brown Ffos 2.30

Jane Elliott Good Impression Ffos 3.40

Trevor WhelanLing 5.10

.....Centurion Song Ling 5.10

Hector Crouch ...Marks Bear Ling 5.40

Jimmy QuinnSincerest Ling 6.40

Josephine GordonLing 7.10

.....The Whipmaster Ling 7.10

Alain Cawley Dastardly Dick Sedg 4.45

Stephen Mulqueen Deerfoot Sedg 4.45

Lewis DobbHasankey Sedg 5.20

Tom BellamyAli Star Bert Sedg 5.50

Callum Bewley Do No Wrong Sedg 5.50

Jamie Hamilton ..Jack Lamb Sedg 5.50

Nathan MoscropSedg 5.50

.....Shine Baby Shine Sedg 5.50

Craig NicholFolks Like Us Sedg 5.50

Kielan Woods Jessica Rabbit Sedg 5.50

Sean BowenMontanna Sedg 6.20

Jonathan England Palixandre Sedg 6.20

Adam Wedge Supreme Yeats Sedg 6.20

Jack QuinlanSoldier On Parade Sedg 6.50

Harry BannisterThornton Le Clay Sedg 7.20

John KingtonSweet Flora Sedg 7.50

Horse & jockey

● HORSES with 100% record for today's jockey

● Minimum 2 wins and at least 1 defeat under different jockey

DetectiveCarl 2.10

Paul Mulrennan 2-2; others 1-12

First-time geldings

● HORSES running for the first time since being gelded

● DATA excludes horses trained outside GB & Ireland

● Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

SisterandbrotherFfos 1.30

Mick Channon 4-57 7%; all 10%

Sydney StreetFfos 2.00

Hugo Palmer 12-74 16%; all 16%

The GuvnorChmf 4.00

Tom Clover 2-22 9%; all 12%

Mister ChiangSedg 7.20

Dr Richard Newland 1-8 12%; all 16%

First-time Wind Ops

● HORSES running for the first-time since undergoing a wind surgery

● Data excludes horses trained outside GB

● Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all

● Data first made available on 19 Jan 2018

RaisedFfos 2.30

Milton Harris 1-14 7%; all 8%

Red OchreSedg 5.50

Chris Grant 0-15 0%; all 6%

Grey Atlantic WaySedg 5.50

Danny Brooke 0-11 0%; all 6%

Flood DefenceSedg 7.50

Iain Jardine 2-28 7%; all 9%

Lucky RobinSedg 7.50

Brian Ellison 5-78 6%; all 11%

First-time blinkers

● Horses wearing blinkers, hood or visor for the first time

● Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

● Current and previous year, any code

Malorie (h)Chmf 1.45

Marco Botti 2-18 11%; all 12%

Shahnaz (h)Chmf 1.45

Any Murphy 4-14 29%; all 12%

Merci Percy (h)Chmf 2.20

Mrs Ilka Gansera-Leveque 0-0 0%; all 6%

Saray Prince (b)Chmf 2.55

Julia Feilden 0-8 0%; all 7%

Fandabidozi (v)Chmf 4.00

Mark Johnston 1-12 8%; all 14%

My Jeanie Rai (h)Chmf 4.32

Phil McEntee 0-2 0%; all 13%

Purple Ribbon (h)Chmf 4.32

Charlie Fellowes 0-12 0%; all 13%

Golden Crusader (h)Ffos 2.30

Andrew Balding 0-18 0%; all 16%

Duckett's Grove (b)Ffos 3.40

Ed Walker 0-9 0%; all 15%

Lexington Force (v)Ffos 3.40

Richard Hannon 0-0 0%; all 11%

Royal Partnership (v)Ffos 3.40

Saeed Bin Suroor 1-11 9%; all 18%

Repertoire (b)Ling 7.10

David Simcock 0-4 0%; all 13%

Authorizo (b)Sedg 6.50

Oliver Greenall 1-14 7%; all 11%

Soldier On Parade (b)Sedg 6.50

Any Murphy 0-21 0%; all 12%

Strong Team (v)Sedg 7.50

Chris Grant 0-1 0%; all 5%

Tongue-tied

● HORSES wearing tongue strap for the first time

● Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

● Current and previous year, any code

ImpellerCarl 3.15

Tim Easterby 4-36 11%; all 10%

RaisedFfos 2.30

Milton Harris 2-8 25%; all 8%

Royal PartnershipFfos 3.40

Saeed Bin Suroor 3-6 50%; all 18%

Supreme YeatsSedg 6.20

L J Morgan 0-11 0%; all 20%

Lloyd DefenceSedg 7.50

Iain Jardine 0-9 0%; all 8%

Cheekpieces

● HORSES wearing cheekpieces for the first time

● Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

● Current and previous year, any code

Acklam GoldCarl 2.40

Nigel Tinkler 1-20 5%; all 8%

Tilsworth LukeyChmf 2.55

J R Jenkins 1-3 33%; all 6%

Ritchie ValensLing 7.10

Tom Clover 1-7 14%; all 13%

New Delhi ExpressSedg 5.50

Iain Jardine 2-27 7%; all 8%

Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

BeardardCarl 3.50

BookmarkChmf 2.20

Roystan GirlFfos 1.00

Top ExhibitFfos 1.00

RelativeFfos 2.30

AjradLing 6.10

Instant ReplaySedg 5.20

CountisterSedg 5.50

Jack LambSedg 5.50

KajakiSedg 6.50

Mister ChiangSedg 7.20

Movin'on UpSedg 7.20

Travellers' check

● Today's farthest travellers (top 10 & ties; minimum distance 200 miles).

● Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Leodis DreamLing 5.10 IRE

Joseph Patrick O'Brien all GB 38-494 8%

TalbotLing 6.10 IRE

Joseph Patrick O'Brien all GB 38-494 8%

SincerestLing 6.40 IRE

Joseph Patrick O'Brien all GB 38-494 8%

Witham RiverLing 7.10 IRE

Joseph Patrick O'Brien all GB 38-494 8%

Powerful AggieLing 7.40 IRE

Joseph Patrick O'Brien all GB 38-494 8%

MontannaSedg 6.20 281

Peter Bowen 108-452 24%; all 14%

MaraakizCarl 5.00 272

William Haggas 82-222 37%; all 22%

ManigordoLing 5.40 251

Tim Easterby 4-90 4%; all 10%

Delgery BoyLing 6.10 251

Tim Easterby 4-90 4%; all 10%

TendentiousFfos 2.30 248

David O'Meara 28-274 10%; all 12%

SagauteurFfos 3.40 248

David O'Meara 28-274 10%; all 12%

Trying a trip

● HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Supreme YeatsSedg 6.20 +6f

St George's BayFfos 1.30 +4f

JuscominpastyFfos 2.30 +4f

PadraigFfos 1.30 +3f

Mandarin DuckChmf 2.55 +3f

Power OnChmf 2.20 +2f

Golden CrusaderFfos 2.30 +2f

Good SoulChmf 4.00 +2f

Handicap debut

● Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

● Showing trainer's win-run record with



handicap debutants (current season plus four)
Mackenzie RoseCarl 3.50
Mark Johnston 86-501 17%; -£46.14
Top ExhibitFfos 1.00
Archie Watson 35-199 18%; -£29.93
New Delhi ExpressSedg 5.50
lain Jardine 5-32 16%; +£3.25

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs
- Course/distance wins are shown in brackets

Instant ReplaySedg 5.20 5-13
DetectiveCarl 2.10 (3) 3-6
RockesburyChmf 5.05 3-8
MurhibChmf 4.00 (2) 3-9

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

5.05 Chelmsford (A.W)
Katherine Place 3 (1) v 1 (0) Swell Song
Tilsworth Rose 2 (1) v 2 (0) Swell Song
Rockesbury 2 (1) v 1 (0) Keinda Dice

Bad turn

- HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR
- Minimum 3 runs each on LH & RH tracks

Royal Countess (9/1)Carl 2.10 RH
LH w-r: 2-10 RPR 66; RH 0-9 RPR 48

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

AlyaraCarl 2.10
Brazen PrinceCarl 2.10
ImpellerCarl 3.15
MakaluCarl 3.50
BibbidibobbidibooCarl 4.25
KiskadeeCarl 4.25
DiamondonthehillCarl 5.00
BavardagesCarl 5.32
Kingdom GirlChmf 1.45
BookmarkChmf 2.20
Power OnChmf 2.20
SoyuzChmf 2.20
BlairlogieChmf 2.55
MapChmf 2.55
Lawful CommandFfos 1.00
TendentiousFfos 2.30
TheonlywayswessexFfos 2.30
Memory HillFfos 3.05
Zest Of ZambiaFfos 3.05
Good ImpressionFfos 3.40
Vintage RascalFfos 3.40
Zambezi MagicFfos 3.40
Olympic HonourFfos 4.10
TakbeerFfos 4.10
Centurion SongLing 5.10
AkkeringaLing 5.40
LaradoLing 6.10
Witham RiverLing 7.10
Amazing RedLing 7.40
Red OctoberLing 7.40
Be The DifferenceSedg 5.50
Snowed InSedg 5.50

Repeat performance

- HORSES who ran in same race in previous seasons

MaboFfos 3.05
19: 4 of 14, btn 11, OR51, 14/1 Kieran Shoemark
Strong TeamSedg 7.50
18: 2 of 11, btn 1 1/2, OR96, 3/1F Danny Cook

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

321 El BorrachoSedg 5.20
2m Sthl 24.8.20; 1m 6f Chmf 29.8.19; 1m Sals 25.8.17
-46 Beach BreakSedg 6.50
2m 145y Bang 30.8.19; 2m 145y Bang 20.8.18

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Brazen BoltCarl 4.25
won Newcastle (A.W), Friday John Quinn 14-50 28%; all 12%
OuttakeCarl 4.25
won Wolverhampton (A.W), Thursday Ruth Carr 10-86 12%; all 7%
Sword BeachLing 7.40
won Windsor, Thursday Eve Johnson Houghton 3-28 11%; all 12%

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.

- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

Emperor Caradoc Bryan Smart Carl 2.40
York 20 Aug unsuitable ground (8/1) 2-8 25%
BowmanMark Johnston Carl 3.15
Chmf 21 Aug other (4/1) 10-45 22%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)

Kensington Art (3) *Donald McCain*
.....Sedg 7.20

Following favourites

- RACES that show a profit for favourites

Carl 3yo+ H'caps +5.93
Sedg H'cap Hdles +5.35
Sedg Non-H'cap Hdles +1.68

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Tashgheel Cls2→Cls4Carl 3.15
Bazalgette Cls2→Cls5Ffos 2.00
Ring Of Beara Cls2→Cls5Ffos 2.00

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

River FrostSedg 5.20 w125 -10
DreamsellerCarl 2.10 w66 -7
Power OnChmf 2.20 w67 -7
CrownthorpeLing 7.10 w90 -6
Kool Moe DeeLing 5.10 w77 -4
My StyleLing 5.40 w76 -3
SaaheqLing 5.10 w80 -2
Beach BreakSedg 6.50 w123 -1

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today

OuttakeCarl 4.25 +5
Tilsworth RoseChmf 5.05 +2
TheregoesFfos 1.00 +2
GrifterCarl 3.50 +1
Brazen BoltCarl 4.25 +1

ToussarokChmf 3.30 +1
Natural PathLing 5.40 +1
TalbotLing 6.10 +1
Red OctoberLing 7.40 +1

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).
- Early-closing handicaps may have additional qualifiers; excludes runs yesterday

Toussarok (OR80).....Chmf 3.30
2nd, Kemp, Fri, Aug 20 (OR80) 85→86 ...+1
Natural Path (OR78).....Ling 5.40
2nd, Wind, Thu, Aug 19 (OR78) 83→86 .+3

Postmark pick

- RP RATING's most clear in handicaps

WhoshotwhoSedg 5.20 5

Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

MilbankeCarl 2.40 30
DinooLing 6.10 36
Typhoon TenLing 6.10 45
Hong Kong HarryLing 6.40 30

Card and fast

- Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

OsloLing 7.10 81 1
Getaway JewelSedg 7.50 97 0

Top marks

- Horses top-rated and selected by both RPR and TopSpeed

Legend Of DubaiFfos 2.30 1/2
Natural PathLing 5.40 4/1
OsloLing 7.10 7/1
WhoshotwhoSedg 5.20 9/2

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

Carolus MagnusLing 6.40 2
Electric LoveLing 5.10 2
HesperisFfos 1.30 2
Hong Kong HarryLing 6.40 2
Pretty GorgeousTipp 6.00 2
ToussarokChmf 3.30 2
From Jan 1: W 106; L 282; £1 bet -36.83

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

RP Ratings (2) **Ring Of Beara** Ffos 2.00
The North (2) ..Beach Break Sedg 6.50
Lee Sobot (2)
.....**Pretty Gorgeous** Tipp 6.00

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

sportinglife.com
.....**Hong Kong Harry** Ling 6.40
Richard Fahey 3-11 +£3.50
Newmarket.....**Barshaa** Chmf 4.32
Simon & Ed Crisford 3-8 +£0.75
Spotlight.....**Toussarok** Chmf 3.30
Mark Johnston 3-14 +£1.83
Mercury.....**Detective** Carl 2.10
Dianne Sayer 5-12 +£0.82
Glendale **Hong Kong Harry** Ling 6.40
Richard Fahey 4-8 +£3.41



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for days, percentage, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for days, percentage, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table listing race trace winners with columns for days, percentage, and trainer name with their record.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists with columns for days, percentage, and trainer name with their record.

Table listing trainers LINGFIELD (AW) and SEDGEFIELD with columns for days, percentage, and trainer name with their record.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings with columns for days, percentage, and jockey/trainer name with their record.

Table listing trainers FFOS LAS with columns for days, percentage, and trainer name with their record.

Table listing trainers LINGFIELD with columns for days, percentage, and trainer name with their record.

Table listing trainers LINGFIELD (AW) and SEDGEFIELD with columns for days, percentage, and trainer name with their record.

Table listing trainers SEDGEFIELD with columns for days, percentage, and trainer name with their record.



▶▶**ALL data excludes last night's results**

Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

J A Stack2-7 **29%**

Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
B A Murphy	844	75
Garvan Donnelly	292	57
J S Bolger	21	47
John C McConnell	17	38
A Oliver	45	27
Timothy Doyle	43	25

Course trainers

● TRAINERS with best wins-runs % from at least three course wins

Peter Fahey	Tipp	3-9	33%
P Twomey	Tipp	3-9	33%
A P O'Brien	Tipp	22-79	28%
Aidan Anthony Howard	Tipp	3-13	23%
A Oliver	Tipp	3-13	23%
M D O'Callaghan	Tipp	4-18	22%
G M Lyons	Tipp	8-39	21%

Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.
● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

T M Walsh (13)9-21 **43%**

Class of 31-60

● Trainers with best winners-horses % under all codes in the past 12 months.
● Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

P Twomey (24)20-34 **59%**
Donnacha Aidan O'Brien (17)17-40 **43%**

One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

D K Weld	Shandra	Tipp	5.25
Archie Watson	Parent's Prayer	Tipp	6.00
M Halford	Surrounding	Tipp	6.00

Trainer trace

● Horses who have switched trainers since their latest run.
● Includes current trainer's record with new recruits under today's code

Basilic	Tipp	5.25
Mark Johnston→John Gerard FitzGerald	0-6	0%
Castle Stables	Tipp	7.00
Mrs John Harrington→J P Murtagh	4-18	22%
Olivia Valere	Tipp	7.00
Henry de Bromhead→Peter Fahey	2-21	10%

Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Archie Watson	62-270	23%	+25.80
Sarah Dawson	3-26	12%	+22.00
W McCreery	20-164	12%	+21.90
J S Bolger	24-282	9%	+24.00

Training newcomers

● WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

A P O'Brien2yo Tipp **3-8 38%**
all 2yo newcomers 50-388 13%

Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Declan McDonoghTipp **4-14 29%**

Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
Willie Byrne	Tipp	113 37
Donagh O'Connor	Tipp	45 34
Wayne Lordan	Tipp	18 27
Ronan Whelan	Tipp	14 27
Danny Sheehy	Tipp	40 23
J M Sheridan	Tipp	13 22

Jockeys off course

● Jockeys with most course losers since last win (today's code)

	Since a win: DAYS	RIDES
Seamie Heffernan	Tipp	854 35
Ronan Whelan	Tipp	854 34
Danny Sheehy	Tipp	X 31

First-time geldings

● HORSES running for the first time since being gelded
● DATA excludes horses trained outside GB & Ireland

● Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Cool As Ever
 Tipp | 5.25 |

B A Murphy 0-1 0%; all 0%

Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Hale Bopp	Tipp	5.25
Let's	Tipp	6.00
Sweet Gardenia	Tipp	6.00
Sziget	Tipp	6.00
Castle Stables	Tipp	7.00
Hasanaat	Tipp	7.00
Olivia Valere	Tipp	7.00
Willywampus	Tipp	8.00

Best of rivalries

● Head-to-head record of horses who have run against one another three or more times in the past two years.

● First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

6.00 Tipperary	
Friendly 3 (0) v 1 (0) Thinking Of You	
Friendly 3 (0) v 0 (0) Sweet Gardenia	
Thinking Of You 3 (0) v 0 (0) Sweet Gardenia	
6.30 Tipperary	
Strong Johnson 6 (2) v 1 (0) Jungle Jane	
Master Matt 3 (1) v 1 (0) Strong Johnson	
Strong Johnson 3 (1) v 1 (0) Chocquinto	
Frenetic 2 (1) v 1 (0) Dickiedoada	
Harry's Bar 2 (1) v 1 (0) Back To Brussels	
Queens Carriage 2 (0) v 2 (0) Dickiedoada	
Chocquinto 1 (0) v 1 (0) Jungle Jane	
7.30 Tipperary	
She's Good Company 2 (0) v 1 (0) Speedy Pix	

Repeat performance

● HORSES who ran in same race in previous seasons

Parent's Prayer
 Tipp | 6.00 |

20: 3 of 11, btn 5^{1/2}l, RPR98, 22/1 Oisín Orr

Pearls Galore
 Tipp | 6.00 |

20: 2 of 11, btn 1^{1/2}l, RPR111, 3/1 W J Lee

Rocket Science
 Tipp | 6.00 |

20: 4 of 11, btn 7^{1/4}l, RPR94, 14/1 Shane Foley

Surrounding
 Tipp | 6.00 |

18: 11 of 13, btn 10^{1/4}l, RPR81, 50/1

N G McCullagh

Jungle Jane
 Tipp | 6.30 |

20: 9 of 9, btn 11^{1/4}l, RPR56, 18/1

Wayne Lordan

19: 11 of 12, btn 9^{1/2}l, RPR65, 25/1 Leigh Roche

Urban Beat
 Tipp | 6.30 |

20: 2 of 9, btn 1^{1/2}l, RPR100, 3/1 Shane Foley

19: 3 of 12, btn 1^{1/2}l, RPR102, 3/1F Shane Foley

Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)

● Trainers wins-runs record with such runners, current season plus

She's Good Company

.....Adrian McGuinness Tipp 7.30

Klmy 19 Aug in season (7/1) 4-65 6%

Nakao
 Paul W Flynn | Tipp | 7.30 |

Klmy 19 Aug unsuitable ground (33/1) 7-14 7%

Willywampus Donal Commins Tipp 8.00

Naas 22 Aug reserve (33/1) 0-0 0%

Score draw

● RACES with draw bias index of 66+
Tipperary 8.00MIDDLE 72

Following favourites

● RACES that show a profit for favourites
Tipp 2yo Non-H'caps **+4.42**

Dropping down

● HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Pak Army
 Tipp | 8.00 | w67 | -3 |

Ivy Avenue
 Tipp | 8.00 | w69 | -1 |

Postmark pick

● RP RATING's most clear in handicaps
Castle Stables
 Tipp | 7.00 | **5** |

Time warp

● Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

Nebo	Tipp	5.25	41
Loch Lein	Tipp	6.00	38
Miramis	Tipp	6.00	33
Frenetic	Tipp	6.30	48
Future Romance	Tipp	8.00	64



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f11y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	
4-26	15%	77% J P Murtagh 2031-7251-♦-733-651-♦-♦-♦-♦-1094585-95-♦-377-♦
2-11	18%	73% Ms Sheila Lavery 0-40-13-♦-60-♦-♦-1-♦-♦-735-♦-♦-♦
2-18	11%	67% W McCreery 6-2380-♦-55-♦-♦-♦-0-♦-90-23881-♦-512-♦

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-6	0%	0% Garvan Donnelly 7-0-0-♦-7-♦-♦-♦-♦-♦-0-♦-0-♦
0-5	0%	0% Seamus Fahey 0-6P9-8-♦-♦-♦-♦-♦-♦-♦-♦-♦-♦-♦-♦
1-15	7%	13% Michael Mulvany 0-10-♦-♦-62-♦-♦-8-♦-80-90-0-0070-♦
0-7	0%	14% Andrew Kinirons ♦-7-3-00-0-♦-♦-♦-♦-♦-0-♦-7-♦
0-6	0%	17% Aidan Anthony Howard ♦-70-♦-♦-9-♦-♦-♦-♦-♦-00-♦-3-♦-♦

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

TIPPERARY

4.50	3-4	+£4.88	A P O'Brien 1-13-1-♦.....History, West Coast
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Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current. Flat season is defined as from January 1

TIPPERARY

13-38	34%	+£9.54	A P O'Brien 2yo non-hcp.....History, West Coast 4.50
4-13	31%	+£8.50	G M Lyons Group/Listed.....Roca Roma 6.00; Frenetic 6.30
3-10	30%	+£19.88	Aidan Anthony Howard 3yo+ hcp.....Future Romance 8.00

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

⊗=data is course specific

(therefore **bold** data with ⊗ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

TIPPERARY

2-7	29%	+£6.00	⊗Wayne Lordan/A P O'Brien.....History 4.50; Elizabethan 6.00
2-7	29%	+£12.63	⊗Kevin Manning/J S Bolger.....Approach To Life 4.50; Geometrical 5.25; Ivy Avenue 8.00
12-40	30%	+£1.94	W J Lee/P Twomey.....Pearls Galore 6.00 2017+ 39-156 25% +£20.63
3-10	30%	+£2.50	Wayne Lordan/P Twomey.....Dancin Inthetstreet 6.30
2-3	67%	+£4.50	⊗Leigh Roche/M D O'Callaghan.....Steel Bull 6.30
2-6	33%	+£18.50	Sam Ewing/Miss Hilary McLoughlin.....Cool Leader 7.00