



Signposts Sweetspots

Prop primed for big debut

Hasty Sailor 4.30 Newcastle

Sir Michael Stoute boasts a 36 per cent strike-rate at Newcastle. Hasty Sailor was touched off over course and distance last time and looks the pick of his two runners at the track.

Han Solo Berger 5.55 Newmarket

Chris Wall is in red-hot form and Han Solo Berger is his only runner of the day. He is a course-and-distance winner who finished runner-up in this race last year and has the in-form James Doyle on board.

Prop Forward 7.05 Salisbury

Clive Cox has a 20 per cent strike-rate at Salisbury, rising to 31 per cent when teaming up with Adam Kirby at this track. They combine with debutant Prop Forward.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Ray Craggs (3-5 60%), Edward Bethell (4-7 57%), Martyn Meade (3-7 43%), Chris Wall (4-10 40%), Paul & Oliver Cole (2-6 33%), David Menuisier (3-10 30%), Ed Walker (7-24 29%), Roger Charlton (5-18 28%), Charles Hills (7-28 25%), Henry Candy (2-8 25%), Seamus Mullins (2-8 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Charlie Wallis (113 55), Dean Ivory (81 45), Julie Camacho (42 39), John Ryan (75 38), Jonathan Portman (29 38), Chelsea Banham (87 36), Lawrence Mullaney (197 35), Tom Tate (267 34), Michael Mullineaux (65 33), Roger Teal (27 33), David Loughnane (28 30), Darryll Holland (54 26), Liam Bailey (38 25)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Sir Michael Stoute (16-45 36%), Sir Mark Prescott Bt (5-16 31%), Charlie Appleby (47-178 26%), Peter Charalambous (3-12 25%), John & Thady Gosden (3-12 25%), Roger Varian (34-141 24%), Michael Bell (7-31 23%), James Tate (22-100 22%), Archie Watson (8-36 22%), Roger Varian (14-68 21%)

Table listing trainers: Roger Charlton (12-58 21%), Simon Dow (3-14 21%), Christopher Mason (3-14 21%), Mark Johnston (37-187 20%), Clive Cox (19-97 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

Table listing trainers off course: Gay Kelleway (8387 95), Philip Kirby (X 54), Kevin Ryan (339 53), George Margaron (2486 51), David O'Meara (644 44), Roger Varian (322 41), Scott Dixon (2891 40), Iain Jardine (256 39), Tom Dascombe (1015 38), Jamie Osborne (2933 37), Antony Brittain (182 37), Michael Bell (1071 36), Katie Scott (501 36), David O'Meara (287 36), Malcolm Saunders (1841 34), Iain Jardine (1428 34), David Thompson (521 33), George Baker (1873 30)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers: Liam Bailey (1st), Michael & David Easterby (1st), Chelsea Banham (1st), Suzi Best (1st), David Flood (1st), Camilla Poulton (1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months

Table listing class of 5-30 trainers: Antony Brittain (18-30 60%), Malcolm Saunders (6-11 55%), Simon Hodgson (7-13 54%), William Stone (8-15 53%), George Margaron (11-21 52%)

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table showing story of symbols: Wins, Places, Runs, %, POI% for categories like Wind operation, Gelding first race, Blinkers first-time, etc.

Table listing trainers: Ray Craggs (3-6 50%), William Muir & Chris Grassick (11-23 48%), Jim Boyle (14-30 47%), Christopher Mason (6-13 46%), David Elsworth (9-20 45%), Gillian Boanas (11-26 42%)

Class of 31-60

Table listing class of 31-60 trainers: Hughie Morrison (2.25), Richard Hughes (3.00), David Menuisier (3.35), David Loughnane (3.20), James Fanshawe (4.30), Marco Botti (4.15), Mick Channon (4.50), Chris Wall (5.55), Gary Moore (5.30), Mark Loughnane (5.30), Rod Millman (5.30), George Baker (8.05), Charlie Fellowes (8.05), Roger Charlton (8.35), David Barron (2.40), Kevin Ryan (3.15)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Hughie Morrison (2.25), Richard Hughes (3.00), David Menuisier (3.35), David Loughnane (3.20), James Fanshawe (4.30), Marco Botti (4.15), Mick Channon (4.50), Chris Wall (5.55), Gary Moore (5.30), Mark Loughnane (5.30), Rod Millman (5.30), George Baker (8.05), Charlie Fellowes (8.05), Roger Charlton (8.35), David Barron (2.40), Kevin Ryan (3.15)

Trainer trace

Horses who have switched trainers since their latest run. Includes current trainer's record with new recruits under today's code

Come On Linda (Newc)

Table listing trainers: Michael Easterby (4-11 10%), Newbolt (3-20), Ralph Beckett (4-37 11%), Trouble Shooter (Newc 3.55), Conrad Allen (Micky Hammond 0-27 0%), Big Kitten (NmKJ 3.40), Doug Watson (Mark Johnston 3-19 16%), Gonet (NmKJ 4.15), F Head (David O'Meara 13-124 10%), Chief Little Hawk (NmKJ 4.50), A P O'Brien (Jamie Osborne 3-17 18%), Promises (Sals 8.05), Marco Botti (Suzi Best 0-16 0%), Shake A Leg (York 5.00), Dan Skelton (Julie Camacho 3-48 6%), Run This Way (York 5.35), Mark Johnston (Paul Midgley 4-52 8%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%

Table listing prime time trainers: Ray Craggs (4-14 29% +28.00), Sir Mark Prescott Bt (52-181 29% +55.40), Susan Corbett (6-38 16% +20.90), Paul & Oliver Cole (4-27 15% +34.00), Robyn Brisland (12-82 15% +21.90), George Baker (14-101 14% +142.50), Alistair Whillans (17-122 14% +87.60), Christopher Mason (6-48 13% +33.50), Heather Main (8-66 12% +58.00), Gary Moore (18-173 10% +108.10)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%

Table listing training newcomers: Charlie Fellowes (3yo Sals 1-1 100%), all 3yo newcomers (2-51 4%), Mark Johnston (2yo Newc 6-30 20%), all 2yo newcomers (73-476 15%), John & Thady Gosden (2yo NmKJ 1-7 14%), all 2yo newcomers (3-15 20%)



Table with columns for jockey name, age, wins, and percentage. Includes Brian Meehan, K R Burke, Hugo Palmer, John Quinn, Richard Fahey, and Edward Bethell.

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey pairs and their performance statistics. Includes Rod Millman-Mr Patrick Millman, William Haggas-Jim Crowley, Charlie Appleby-James Doyle, etc.

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing jockey names and their recent performance statistics. Includes Ryan Moore, Ella McCain, Frankie Dettoni, etc.

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing jockey names and their performance statistics. Includes Sam Hitchcott, Paula Muir, Joey Haynes, etc.

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins

Table listing jockey names and their course performance statistics. Includes Louis Steward, Mr Patrick Millman, Joanna Mason, etc.

Jockeys off course

• Jockeys with most course losers since last win (today's code)

Table listing jockey names and their performance statistics. Includes Paula Muir, Daniel Tudhope, Andrew Elliott, etc.

One-trick jockeys

• JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing jockey names and their performance statistics. Includes Jane Elliott, Clifford Lee, Pat Dobbs, etc.

Horse & jockey

• HORSES with 100% record for today's jockey

Table listing horse names and their performance statistics. Includes Goggiobbo, Kieran Schofield, Soapys Sister, etc.

First-time geldings

• HORSES running for the first time since being gelded

• DATA excludes horses trained outside GB & Ireland

• Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Table listing trainer names and their performance statistics. Includes Choritzo, Aradous, Richard Fahey, etc.

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery

Table listing trainer names and their performance statistics. Includes GLOBETROTTER, Danny Brooke, Strike, etc.

First-time blinkers

• Horses wearing blinkers, hood or visor for the first time

• Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

• Current and previous year, any code

Table listing horse names and their performance statistics. Includes Trouble Shooter, Micky Hammond, Yankee Stadium, etc.

Table listing horse names and their performance statistics. Includes Cardinal Rouge, Ralph Beckett, Anasodontia, etc.

Table listing horse names and their performance statistics. Includes Archie Watson, Gokotta, Camilla Poulton, etc.

Table listing horse names and their performance statistics. Includes Eagle Court, David O'Meara, etc.

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Table listing horse names and their performance statistics. Includes Rod Millman, Raha, Julia Feilden, etc.

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table listing horse names and their performance statistics. Includes Aldaary, Country Carnival, Newbolt, etc.

Money talks

• HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost

• Showing trainer's wins-runs record with next outing of winning & losing gambles

Table listing horse names and their performance statistics. Includes Adayar, Epsm, Charlie Appleby, etc.

Table listing horse names and their performance statistics. Includes Evasive Power, Epsm, Robyn Brisland, etc.

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handicap debutants (current season plus four)

Table listing horses and their performance statistics, including Good Soul, Southern Voyage, Moshaawer, Gloucestershire, Beloved, and Pagan.

Horses for courses

• HORSES with at least three course wins (today's code/surface), followed by total course runs
• Course/distance wins are shown in brackets

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table of horse rivalries including Ropye Guest, Documenting, Cliffs Of Capri, Gabriel The Wire, Spycracker, Starchant, Golden Apollo, Muscika, Venturous, Lahore, Mondammej, Gulliver, and Admiralty.

Anything to report

• HORSES whose last outing has official explanation from connections. See form for details

Table listing horses and their performance statistics, including Dance Fever, Star Of Orion, Kaeso, Hildenley, Pearl Of Qatar, Home Before Dusk, Pallas Lord, Scorched Earth, Madeeh, Gloucestershire, Divine Magic, Jadwal, Escape, Olivers Pursuit, Pedestal, Glamorous Breeze, Spreadsheet, Ellie Piper, Rose Tiara, Son And Sannie, George Bowen, and Gulliver.

Table listing horses and their performance statistics, including Typhoon Ten, Dance To Paris, Ghadbbaan, Reina Del Mar, Adaay Dream, and Ballycommon.

Repeat performance

• HORSES who ran in same race in previous seasons

Table listing repeat performance horses and their statistics, including Cliffs Of Capri, Documenting, Kimifive, Raising Sand, Misscarlett, Han Solo Berger, Destroyer, Nibras Again, Secretinthepark, Flying Pursuit, and Andrew Mullen.

Table listing horses and their performance statistics, including George Bowen, Golden Apollo, Gulliver, Muscika, Music Society, Bangkok, and Monsieur Lambrays.

Week link

• HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table listing horses and their performance statistics, including Documenting, Marshal Dan, Raising Sand, Kaeso, Madeeh, Mr Wagyu, Ginger Jam, and Flying Pursuit.

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table listing seven-day winners including Star Of Orion.

Table listing horses and their performance statistics, including Eagle Court, Ahead of handicapper, Matthew Flinders, Motakhayyel, and Star Of Orion.

Out & about

• Horses running today who were non-runners or withdrawn after being declared in last seven days.

Table listing horses and their performance statistics, including Mythal Molly, Nott On Your Nellie, Pallas Lord, Broken Rifle, Reclaim Victory, Jeddey, and Yorkshire Pirl.

Multiple entries

• Horses running today who have three or more further engagements this week (total in brackets)

Table listing horses and their performance statistics, including Wynford, Jebel Dukhan, Yankee Stadium, Theotherside, and Fleurman.

Score draw

• RACES with draw bias index of 66+
York 2.05LOW 66

Following favourites

Table listing horses and their performance statistics, including Asct 3yo+ H'caps, York 3yo+ H'caps, York 2yo Non-H'caps, Sals 3yo+ Non-H'caps, and Asct 3yo+ Non-H'caps.

Lower class

• HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Table listing horses and their performance statistics, including Chief Little Hawk.

Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table listing horses and their performance statistics, including Fortamour, Coronation Cottage, Hajjam, Theotherside, Dark Shot, Gulliver, Raha, Mark Of Gold, Shine Baby Shine, and Frenze Rosa.

Table listing horses and their performance statistics, including Eagle Court.

Ahead of handicapper

• HORSES raised for future handicaps and potentially well handicapped today

Table listing horses and their performance statistics, including Matthew Flinders, Motakhayyel, and Star Of Orion.

RPR improvers

• HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).

Table listing horses and their performance statistics, including C'mon Kenny.

Bouncers

• HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table listing horses and their performance statistics, including Weather Front.

Postmark pick

• RP RATING's most clear in handicaps

Table listing horses and their performance statistics, including Han Solo Berger.

Time warp

• Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Table listing horses and their performance statistics, including Like A Lion, Nurseclaira, Attagirl, Miss Calculation, Zain Claudette, Marsabit, Broome, Love, Wonderful Tonight, Camelot Tales, Crack Regiment, Bawaader, Cormier, Aradous, Wahraan, Lincoln Park, Tralee Hills, Greengage, and Tombolo.

Card and fast

• Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Table listing horses and their performance statistics, including Baltic Baron.

Time and again

• Horses who recorded a career best TS last time out and are reappearing within 7 days.
• Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.

Table listing horses and their performance statistics, including Star Of Orion, Ralph Beckett, Spirited Guest, George Margaron, Theotherside, and Richard Hannon.

Top marks

• Horses top-rated and selected by both RPR and TopSpeed



| | | | |
|--------------------------------|------|------|-----|
| Desert Dreamer | Asct | 1.50 | 5/2 |
| Latest Generation | Asct | 2.25 | 4/1 |
| Spirited Guest | Asct | 4.45 | 6/1 |
| American Star | Sals | 6.35 | Evs |

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

| | | | |
|-----------------------------|------|------|----------|
| Desert Dreamer | Asct | 1.50 | 3 |
|-----------------------------|------|------|----------|

From Jan 1: W 93; L 243; £1 bet -31.10

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

| | | | |
|--------------------------|--------------------|------|------|
| Melissa Jones (2) | Starshiba | Asct | 3.00 |
| Sunday Express (2) | | | |
| | Motakhayyel | Asct | 3.00 |
| Farringdon (2) | Hajjam | Asct | 4.45 |

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

| | | | |
|------------------------------------|---------------------|------|------|
| The Duke..... | Blind Beggar | York | 2.40 |
| <i>Richard Fahey 5-10 +£12.00</i> | | | |
| Newmarket..... | Mohaafeth | York | 3.15 |
| <i>William Haggas 5-12 +£3.76</i> | | | |
| Garry Owen | Adayar | Asct | 3.35 |
| <i>Charlie Appleby 5-11 +£6.21</i> | | | |



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for days, percentage, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF)...

Table listing trainers out of form with columns for days, percentage, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years)...

Table listing race trace winners with columns for days, percentage, and trainer name with their record.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists with columns for days, percentage, and trainer name with their record.

Table listing trainers in form with columns for days, percentage, and trainer name with their record.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings with columns for days, percentage, and jockey/trainer name with their record.

Table listing jockey bookings with columns for days, percentage, and jockey/trainer name with their record.



▶▶ALL data excludes last night's results

Hot trainers

- TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

| | | |
|------------------------------|------|-----|
| Peter Fahey | 4-14 | 29% |
| J P Murtagh | 7-28 | 25% |
| Michael Mulvany | 2-8 | 25% |

Cold trainers

- TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

| | Since a win: DAYS | RUNS |
|------------------------------|-------------------|------|
| Patrick T Foley | X | 31 |
| L Young | 345 | 68 |
| T G McCourt | 71 | 45 |
| W J Martin | 342 | 42 |
| Garvan Donnelly | 259 | 42 |
| Anthony McCann | 105 | 42 |
| David Marnane | 78 | 32 |
| T J O'Mara | 162 | 25 |

Course trainers

- TRAINERS with best wins-runs % from at least three course wins

| | | | |
|--------------------------|------|--------|-----|
| G M Lyons | Gowr | 35-140 | 25% |
| J P Murtagh | Gowr | 20-101 | 20% |

Trainers off course

- Trainers with most course losers since last win (today's code)
- X=no course winner (since 1 Jan 1989)

| | Since a win: DAYS | RUNS | |
|-------------------------------|-------------------|------|----|
| John C McConnell | Gowr | 787 | 54 |
| Luke Comer | Gowr | X | 48 |
| W J Martin | Gowr | X | 43 |
| Garvan Donnelly | Gowr | X | 40 |
| Seamus Fahey | Gowr | 2645 | 32 |
| P Cluskey | Gowr | 8118 | 30 |

Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

| | | |
|-----------------------------------|-------|-----|
| J Morrison (5) | 4-5 | 80% |
| John E Kiely (14) | 11-21 | 52% |
| P O'Rourke (4) | 4-8 | 50% |
| Michael Mulvany (16) | 12-29 | 41% |

One-trick trainers

- TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

| | | | |
|-------------------------|----------------|------|------|
| G M Lyons | Acanella | Gowr | 4.00 |
| J S Bolger | Legal Thriller | Gowr | 5.10 |

Trainer trace

- Horses who have switched trainers since their latest run.
- Includes current trainer's record with new recruits under today's code

| | | |
|------------------------------|------|------|
| Katzoff | Gowr | 4.35 |
| Richard Hannon→J Morrison | 0-2 | 0% |
| Dusty Winds | Gowr | 5.45 |
| Mark Fahey→Michael C Connell | 0-1 | 0% |

Prime time

- Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

| | | | |
|------------------------------|--------|-----|--------|
| K J Condon | 12-80 | 15% | +96.30 |
| James M Barrett | 3-23 | 13% | +26.00 |
| J A Stack | 11-117 | 9% | +24.60 |
| Lee Smyth | 2-24 | 8% | +30.30 |

P A Fahy 4-74 5% +27.00

Hot jockeys

- JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

| | | | |
|---------------------------|------|------|-----|
| Sam Ewing | Gowr | 6-27 | 22% |
| Danny Sheehy | Gowr | 3-14 | 21% |

Cold jockeys

- JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

| | Since a win: DAYS | RIDES | |
|----------------------------|-------------------|-------|----|
| Conor Maxwell | Gowr | 41 | 50 |
| Tom Madden | Gowr | 36 | 32 |
| Luke McAteer | Gowr | 25 | 30 |
| J M Sheridan | Gowr | 14 | 24 |
| Rory Cleary | Gowr | 20 | 22 |
| Joe Doyle | Gowr | 21 | 19 |

Course jockeys

- JOCKEYS with best wins-rides % from at least three course wins

| | | | |
|---------------------------|------|------|-----|
| Dylan Browne | Gowr | 6-30 | 20% |
| McMonagle | Gowr | 6-30 | 20% |

Jockeys off course

- Jockeys with most course losers since last win (today's code)
- X=never ridden course winner

| | Since a win: DAYS | RIDES | |
|------------------------------|-------------------|-------|----|
| Declan McDonogh | Gowr | 667 | 49 |
| Mark Gallagher | Gowr | X | 47 |
| J M Sheridan | Gowr | 667 | 34 |
| Rory Cleary | Gowr | 364 | 32 |
| Mark Enright | Gowr | X | 30 |

Overweight alert

- JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

| | |
|-------------------------------|------------|
| Ciara Flynn (10) | min wt 8-2 |
| Secret Wizard, Gowr | 5.45, 8-0 |

Headgear left off

- HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

| | | |
|---------------------------------|------|------|
| International Lady | Gowr | 2.50 |
| Tynamite | Gowr | 2.50 |
| Katzoff | Gowr | 4.35 |
| Pulsating | Gowr | 5.10 |
| Sweet November | Gowr | 5.45 |

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

| | | | |
|------------------------------------|----------------|------|------|
| Gregory's Gift Seamus Fahey | Gowr | 5.45 | |
| Baln 20 Jul reserve (10/1) | 0-6 | 0% | |
| Mokhles | Anthony McCann | Gowr | 5.45 |
| Baln 19 Jul reserve (12/1) | 1-18 | 5% | |

Following favourites

| | |
|---|--------|
| ● RACES that show a profit for favourites | |
| Gowr 3yo+ H'caps | +23.83 |
| Gowr 3yo+ Non-H'caps | +3.81 |

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

| | | | | |
|------------------------|------|------|-----|----|
| Pulsating | Gowr | 5.10 | w55 | -2 |
|------------------------|------|------|-----|----|



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

| W-R | RTF | Trainer | Win % | Runners |
|-------|-----|-------------------------------|-------|---|
| 6-32 | 19% | G M Lyons | 75% | 31-458-14-4-27904-223-♦-32150-434-522-♦-1811-2-♦ |
| 4-23 | 17% | D K Weld | 70% | 023-6-328-♦-20-2141-♦-52-363-16-♦-♦-417-♦ |
| 4-14 | 29% | Peter Fahey | 64% | 81-246-9-18-♦-5-♦-♦-♦-31-♦-331-♦ |
| 7-28 | 25% | J P Murtagh | 64% | 45613-1581-161261-♦-♦-4-♦-037-56-♦-♦-8515-340-♦ |
| 10-73 | 14% | Joseph Patrick O'Brien | 64% | 2123675-23260-1237343-3951566-63406-846145-F05-812380-21133125-26-26-6922-58132251263-♦ |

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

| W-R | RTF | Trainer | Win % | Runners |
|-----|-----|------------------------|-------|-------------------------------|
| 0-7 | 0% | David Marnane | 0% | ♦-♦-7-♦-30-♦-♦-♦-5-♦-♦-09-0-♦ |
| 0-5 | 0% | James M Barrett | 0% | ♦-♦-08-0-♦-0-♦-♦-♦-♦-8-♦ |
| 0-7 | 0% | T J O'Mara | 14% | 9-0-♦-9-00-♦-♦-♦-♦-8-8-♦-♦ |

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

GOWRAN PARK

| | | | | | |
|------|-----|---------|----------------------------|---------|----------------|
| 1.40 | 2-4 | +£11.00 | Mrs John Harrington | 7-1-1-2 |Duvet Day |
|------|-----|---------|----------------------------|---------|----------------|

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

GOWRAN PARK

| | | | | | |
|------|-----|--------|-------------------------------|-------------|--|
| 2-3 | 67% | +£2.17 | Joseph Patrick O'Brien | 2yo non-hcp | Cynisca 1.40 |
| 2-7 | 29% | +£6.00 | Anthony McCann | 3yo+ hcp | Little Camacho 2.50; Cliara 4.35; Mokhles 5.45 |
| 3-10 | 30% | +£1.75 | Joseph G Murphy | 3yo+ hcp | Fit For Function 2.50; Liquid Luck 4.35 |
| 2-7 | 29% | +£2.00 | Joseph Patrick O'Brien | 3yo+ hcp | Music To My Ears 3.25 |
| 2-6 | 33% | +£3.00 | Andrew Slattery | 3yo+ hcp | Dedillon 3.25 |

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

GOWRAN PARK

| | | | | | |
|------|-----|---------|--|------------------------|--------------------------------|
| 8-24 | 33% | +£24.67 | Ⓢ Ben Coen/J P Murtagh | | Mise Le Meas 1.40 |
| 2-6 | 33% | +£5.00 | Ⓢ Mikey Sheehy/Joseph Patrick O'Brien | | Cynisca 1.40 |
| 2-8 | 25% | +£1.00 | Ⓢ Andrew Slattery/Andrew Slattery | | Lucky Girl 1.40; Dedillon 3.25 |
| 2-6 | 33% | +£13.00 | Sam Ewing/Michael Mulvany | | Red Heel 3.25 |
| | | | | 2017+ 3-9 33% +£15.50 | |
| 4-13 | 31% | +£38.83 | Luke McAteer/Paul W Flynn | | Mk Drama 3.25 |
| 3-5 | 60% | +£10.50 | Ⓢ Dylan Browne McMonagle/Joseph Patrick O'Brien | | Music To My Ears 3.25 |
| | | | | 2017+ Ⓢ4-8 50% +£11.00 | |
| 2-5 | 40% | +£3.00 | Sam Ewing/Peter Fahey | | Dance Emperor 5.45 |
| 2-5 | 40% | +£7.25 | Dylan Browne McMonagle/Jarlath P Fahey | | Prime Chief 5.45 |