



Signposts Sweetspots

Follow the Fibresand King

Misty Awana 1.05 Southwell

A no-hoper in three turf sprint novices last year, this filly should be suited by this sterner test judged on pedigree. Her trainer Ivan Furtado has an 18 per cent strike-rate (+£96.50 to a £1 level stake) with handicap debutants.

Arabian King 2.35 Southwell

The five-year-old was very progressive at this venue last winter, and he can make it 4-4 at the Fibresand track after running well enough in his last two starts at away venues.

Al Suil Eile 4.05 Southwell

John Quinn's five-year-old had been running into form prior to winning here last Sunday and he drops in class today. His trainer has a 29 per cent strike-rate with winners returning within a week.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Since a win: DAYS, RUNS

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 2 columns: Trainer Name, Wins-Runs %

Trainers off course

Trainers with most course losers since last win (today's code) X=no course winner (since 1 Jan 1989)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months)

with just one runner today

Table with 2 columns: Trainer Name, Odds

Trainer trace

Horses who have switched trainers since their latest run. Includes current trainer's record with new recruits under today's code

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Hot jockeys

JOCKEYS with best wins-rides % from at least

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table with 5 columns: Category, Wins, Places, Runs, % POI%

three wins in last 14 days, Flat & jumps

Table with 2 columns: Jockey Name, Wins-Rides %

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 2 columns: Jockey Name, Since a win: DAYS RIDES

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table with 2 columns: Jockey Name, Wins-Rides %

Jockeys off course

Jockeys with most course losers since last win (today's code) X=never ridden course winner

Table with 2 columns: Jockey Name, Since a win: DAYS RIDES

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table with 2 columns: Jockey Name, Wins-Rides %

Josephine Gordon

Table with 2 columns: Jockey Name, Wins-Rides %

Horse & jockey

HORSES with 100% record for today's jockey Minimum 2 wins and at least 1 defeat under different jockey

Table with 2 columns: Horse Name, Jockey Name, Wins-Rides %

First-time blinkers

Horses wearing blinkers, hood or visor for the first time Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

Cheekpieces

HORSES wearing cheekpieces for the first time Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with 2 columns: Horse Name, Jockey Name, Wins-Rides %

Money talks



- HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost
- Showing trainer's wins-runs record with next outing of winning & losing gambles

**de Little Engine** .....Sthl 4.05  
Sthl, 3.1.21: op 8/1 tchd 16/5 .....100/30 L  
*Alexandra Dunn W 0-0 0%; L 0-2 0%*

### Travellers' check

- Today's farthest travellers (top 10 & ties; minimum distance 200 miles).
- Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

**de Little Engine** .....Sthl 4.05 **204**  
*Alexandra Dunn 62-545 11%; all 8%*  
**Katty D** .....Sthl 1.05 **201**  
*Iain Jardine 111-726 15%; all 11%*  
**Equidae** .....Sthl 3.35 **201**  
*Iain Jardine 111-726 15%; all 11%*

### Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.
- Showing trainer's win-run record with handicap debutants (current season plus four)

**Misty Awana** .....Sthl 1.05  
*Ivan Furtado 12-65 18%; +£96.50*

### Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs
- Course/distance wins are shown in brackets

**Hammer Gun** .....Sthl 3.05 (3) **8-20**  
**Bond Angel** .....Sthl 4.05 (2) **7-20**  
**Zylan** .....Sthl 3.35 (5) **7-21**  
**Maykir** .....Sthl 3.05 (4) **4-6**  
**Equidae** .....Sthl 3.35 **4-9**  
**Katheefa** .....Sthl 3.35 (4) **4-11**  
**Going Native** .....Sthl 3.05 **4-28**  
**Arabian King** .....Sthl 2.35 (2) **3-3**  
**Mukha Magic** .....Sthl 2.35 (3) **3-4**  
**Grimsthorpe Castle** .....Sthl 3.05 **3-8**  
**Global Melody** .....Sthl 4.05 **3-19**

### Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

**3.35 Southwell (A.W)**  
**Katheefa** 3 (2) v 1 (1) Storm Over  
**Wasntexpectingthat** 2 (0) v 2 (0) Katheefa  
**Bellevarde** 2 (0) v 1 (0) Alsvinder  
**4.05 Southwell (A.W)**  
**Kraka** 3 (0) v 0 (0) Global Melody  
**Al Suil Eile** 2 (1) v 1 (0) Global Melody

### Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

**Fast Emma** .....Sthl 1.05  
**Blue Galaxy** .....Sthl 1.35  
**Dramatista** .....Sthl 3.05  
**Equidae** .....Sthl 3.35  
**de Little Engine** .....Sthl 4.05  
**Unapologetic** .....Sthl 4.05

### Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

**0-2 Zylan** .....Sthl 3.35  
*6f Sthl 15.1.20; 1m Dund 15.1.16*

### Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

**Maykir** .....Sthl 3.05  
won Southwell (A.W), Sunday  
*J R Jenkins 3-40 8%; all 4%*

**Al Suil Eile** .....Sthl 4.05  
won Southwell (A.W), Sunday  
*John Quinn 12-41 29%; all 12%*

**Nick Vedder** .....Sthl 4.05  
won Southwell (A.W), Sunday  
*Robyn Brisland 8-34 24%; all 7%*

### Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

**Equidae** .....Iain Jardine Sthl 3.35  
Sthl 10 Jan self certificate (6/1) 4-33 12%  
**Western Dawn** George Baker Sthl 4.05  
Sthl 10 Jan self certificate (16/1) 1-14 7%

### Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)

**Shackaboah** (3) *Scott Dixon* ..Sthl 3.35  
**Nick Vedder** (3) *Robyn Brisland* Sthl 4.05

### Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

**Katheefa** .....Sthl 3.35 w89 -11  
**Storm Over** .....Sthl 3.35 w83 -9  
**Going Native** .....Sthl 3.05 w60 -5  
**Wasntexpectingthat** Sthl 3.35 w85 -5

### Top marks

- Horses top-rated and selected by both RPR and TopSpeed

**Mukha Magic** .....Sthl 2.35 6/1  
**Nick Vedder** .....Sthl 4.05 5/2

### Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

**Nick Vedder** .....Sthl 4.05 **5**  
From Jan 1: W 8; L 8; £1 bet +0.77

### Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap: myracing.com (3) .....**Zylan** Sthl 3.35

### Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Glendale.....**Amadeus Grey** Sthl 2.05  
*Tim Easterby 3-6 +£10.25*



## TRAINERSPOT

### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-5	0%	<b>Iain Jardine</b> 70-♦-5-♦-6-♦-5-♦-♦-♦-♦
0-9	0%	<b>Tim Easterby</b> 4-♦-♦-23-♦-♦-♦-PP-♦-45-♦
0-8	0%	<b>Samuel Drinkwater</b> ♦-♦-5-♦-♦-♦-000-♦-384P-♦-♦
2-26	8%	<b>Philip Kirby</b> 1498-♦-3-978-♦-4203-♦-155-P-P85-♦-♦-48484-5P

### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

#### SOUTHWELL (AW)

4-9	44%	<b>+£14.50</b>	<b>Richard Fahey</b> 3yo+ hcp..... ..... Defence Treaty 2.05; Requito Dawn 3.35; Unapologetic 4.05
3-6	50%	<b>+£2.08</b>	<b>James Ferguson</b> 3yo+ hcp..... Arabian King 2.35
8-30	27%	<b>+£25.50</b>	<b>Richard Hughes</b> 3yo+ hcp..... Summeronsevenhills 2.35
2-4	50%	<b>+£8.00</b>	<b>J R Jenkins</b> 3yo+ hcp..... Maykir 3.05
3-7	43%	<b>+£6.46</b>	<b>Philip Kirby</b> 3yo+ hcp..... Alsinder 3.35
2-7	29%	<b>+£4.00</b>	<b>Robyn Brisland</b> 3yo+ hcp..... Nick Vedder 4.05

### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

#### SOUTHWELL (AW)

2-6	33%	<b>+£4.00</b>	ⓈJason Hart/Ivan Furtado..... Misty Awana 1.05
16-60	27%	<b>+£33.00</b>	ⓈClifford Lee/K R Burke..... Omany Amber 1.05
2-8	25%	<b>+£6.00</b>	ⓈFrederick Larson/Michael Appleby..... Thrave 2.05
12-26	46%	<b>+£37.39</b>	ⓈShane Kelly/Richard Hughes..... Summeronsevenhills 2.35
3-3	100%	<b>+£5.08</b>	ⓈLuke Morris/James Ferguson..... Arabian King 2.35
2-3	67%	<b>+£3.25</b>	Oliver Stammers/Mark Johnston..... Notation 2.35 2017+ Ⓢ3-11 27% +£1.13
2-4	50%	<b>+£8.00</b>	ⓈConnor Murtagh/Richard Fahey..... Requito Dawn 3.35
2-5	40%	<b>+£13.75</b>	Hollie Doyle/Linda Stubbs..... Iva Reflection 4.05 2017+ 3-12 25% +£15.75
3-11	27%	<b>+£19.33</b>	Grace McEntee/Phil McEntee..... Global Melody 4.05
2-8	25%	<b>+£49.00</b>	ⓈKieran O'Neill/Christine Dunnett..... Kraka 4.05
2-8	25%	<b>+£8.00</b>	ⓈAlistair Rawlinson/Michael Appleby..... Motawaafeq 4.05
4-14	29%	<b>+£21.25</b>	ⓈRossa Ryan/Alexandra Dunn..... De Little Engine 4.05
2-6	33%	<b>+£5.00</b>	ⓈKieran Shoemark/Robyn Brisland..... Nick Vedder 4.05 2017+ Ⓢ3-9 33% +£13.00



## Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
<b>P J Rothwell</b> .....	134	<b>126</b>
<b>Des Donovan</b> .....	891	<b>82</b>
<b>Eoin Griffin</b> .....	651	<b>73</b>
<b>E McNamara</b> .....	118	<b>53</b>
<b>P A Fahy</b> .....	70	<b>39</b>
<b>C A McBratney</b> .....	130	<b>38</b>
<b>John Patrick Ryan</b> .....	58	<b>36</b>
<b>Gavin Cromwell</b> .....	19	<b>34</b>
<b>L Young</b> .....	157	<b>33</b>
<b>Thomas Mullins</b> .....	49	<b>26</b>

## Course trainers

● TRAINERS with best wins-runs % from at least three course wins

<b>W P Mullins</b> .....	Punc <b>112-513</b>	<b>22%</b>
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## Trainers off course

● Trainers with most course losers since last win (today's code)

● X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
<b>P J Rothwell</b> .....	Punc 2927	<b>125</b>
<b>E McNamara</b> .....	Punc 4081	<b>54</b>
<b>L Young</b> .....	Punc 7666	<b>53</b>
<b>P Meany</b> .....	Punc 7715	<b>49</b>
<b>Robert Tyner</b> .....	Punc 1363	<b>40</b>
<b>Miss Elizabeth Doyle</b> .....	Punc 823	<b>39</b>
<b>Ms Helen P Markham</b> .....	Punc X	<b>34</b>
<b>D M Christie</b> .....	Punc X	<b>33</b>

## Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

<b>Colin Bowe</b> (14) .....	11-17	<b>65%</b>
<b>D M Christie</b> (14) .....	7-17	<b>41%</b>
<b>J A Nash</b> (8) .....	7-17	<b>41%</b>

## One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

<b>Mrs John Harrington</b> .....	Lifetime Ambition	Punc 1.50
<b>Noel Meade</b> .....	Major Destination	Punc 3.50

## Trainer trace

● Horses who have switched trainers since their latest run.

● Includes current trainer's record with new recruits under today's code

<b>Edmond Dantes</b> .....	Punc 1.50
David Menuisier→Gavin Cromwell	5-88 <b>6%</b>
<b>Excelcior</b> .....	Punc 1.50
Gabriel Leenders→Gordon Elliott	43-235 <b>18%</b>

## Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

<b>Mrs Lorna Fowler</b> .....	1-2	<b>50%</b>	+65.00
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## Training newcomers

● WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

<b>Joseph Patrick O'Brien</b> .....	Hdl Punc	5-30	<b>17%</b>
<i>all Hdl newcomers</i>	32-231	<b>14%</b>	
<b>Gordon Elliott</b> .....	Hdl Punc	8-50	<b>16%</b>
<i>all Hdl newcomers</i>	66-405	<b>16%</b>	
<b>Gavin Cromwell</b> .....	Hdl Punc		

1-16 6%

all Hdl newcomers 3-118 3%

## Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

<b>Kevin Brouder</b> .....	Punc 3-6	<b>50%</b>
<b>J J Slevin</b> .....	Punc 4-12	<b>33%</b>

## Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
<b>Adam Williams</b> .....	Punc X	<b>27</b>
<b>Conor Maxwell</b> .....	Punc 75	<b>73</b>
<b>Mr J Hogan</b> .....	Punc 925	<b>63</b>
<b>Ambrose McCurtin</b> .....	Punc 73	<b>50</b>
<b>Patrick Corbett</b> .....	Punc 161	<b>36</b>
<b>Tommy Brett</b> .....	Punc 105	<b>26</b>

## Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

<b>Mr P W Mullins</b> .....	Punc 27-103	<b>26%</b>
<b>Mr J J Codd</b> .....	Punc 16-62	<b>26%</b>
<b>Robbie Power</b> .....	Punc 36-182	<b>20%</b>

## Jockeys off course

● Jockeys with most course losers since last win (today's code)

● X=never ridden course winner

	Since a win: DAYS	RIDES
<b>Patrick Corbett</b> .....	Punc X	<b>47</b>
<b>J B Kane</b> .....	Punc 1725	<b>37</b>

## Overweight alert

● JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

<b>Ricky Doyle</b> .....	min wt 10-2
Howaya Aoife, Punc 2.20,	10-1

## Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

<b>Edmond Dantes</b> .....	Punc 1.50
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## Best of rivalries

● Head-to-head record of horses who have run against one another three or more times in the past two years.

● First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

<b>3.20 Punchestown</b>
<b>Load Up Time</b> 2 (0) v 1 (0) Wee Small Hours

## Repeat performance

● HORSES who ran in same race in previous seasons

<b>Alohamora</b> .....	Punc 2.20
19: 6 of 10, btn 24 <sup>1</sup> / <sub>4</sub> , OR107, 25/1	

Gavin Brouder

<b>Flynsini</b> .....	Punc 3.20
20: 6 of 9, btn 23l, OR88, 6/1	
17: 11 of 17, btn 73l, OR93, 14/1	
J B Kane	

## Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

<b>Sweet As A Nut</b> .....	Punc 3.20	299
2.10.16 won after 245 days off		
<b>Pacte In The Park</b> .....	Punc 3.20	308
14.4.18 won after 372 days off		

## Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven

days.

● Reason for absence (if known) and forecast SP (if appropriate)

● Trainers wins-runs record with such runners, current season plus

<b>Dreal Deal</b> .....	Ronan M P McNally	Punc 1.20
Fair 12 Jan stone bruise (8/1)	0-4	0%

<b>Cast Iron</b> .....	Joseph Patrick O'Brien	Punc 1.50
Fair 12 Jan reserve (33/1)	2-17	11%

## Following favourites

● RACES that show a profit for favourites

<b>Punc Non-H'cap Chses</b> .....	<b>+0.39</b>
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## Coming on

● HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

<b>Goulane Jessie</b> .....	Punc 3.20
10/12/19 4 of 12, 80;	14/12/19 1 of 13, 97;



### TRAINERSPOT IRELAND

#### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	Trainer
0-5	0%	<b>John Patrick Ryan</b> ♦-♦-♦-♦-♦-♦-♦-557-F7-♦-♦-♦

#### Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

##### PUNCHESTOWN

12.50	2-4	-£0.18	<b>W P Mullins</b> 126-♦-1 ..... Asterion Forlonge
1.20	2-7	-£1.72	<b>Gordon Elliott</b> 2-♦-♦-3-3-2-14-1 ..... Magic Tricks
6-13	-£1.40	<b>W P Mullins</b> 12-2-1-1-1-1-2-136-35-♦ ..... Echoes In Rain, Power Of Pause, Ganapathi	

#### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

##### PUNCHESTOWN

2-4	50%	+£5.13	<b>Gordon Elliott</b> nov ch ..... Envoi Allen 12.50
3-11	27%	+£1.13	<b>Gordon Elliott</b> Gd 1-3 ch ..... Envoi Allen 12.50
11-33	33%	+£6.37	<b>W P Mullins</b> nov ch ..... Asterion Forlonge 12.50
2-3	67%	+£31.00	<b>Shane Crawley</b> hcp hdl ..... Smiths Girl 2.20
2-8	25%	+£4.50	<b>Gavin Cromwell</b> hcp ch ..... Spades Are Trumps 3.50

#### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

##### PUNCHESTOWN

3-12	25%	+£1.63	Ⓢ <b>J J Slevin/Joseph Patrick O'Brien</b> ..... Sempo 12.50; Cast Iron 1.50
2-7	29%	+£13.25	<b>Conor Orr/Mrs Lorna Fowler</b> ..... Colonel Mustard 1.50
12-35	34%	+£1.88	Ⓢ <b>Mr J J Codd/Gordon Elliott</b> ..... Minellafordollars 3.50
31-115	27%	+£10.97	<b>Mr T Hamilton/Joseph Patrick O'Brien</b> ..... High Sparrow 3.50
3-12	25%	+£1.20	<b>Mr Finian Maguire/Noel Meade</b> ..... Major Destination 3.50

2016/17+ 4-14 29% +£5.20