



Signposts Sweetspots

Que Quieres can give you what you want

Comeonfeeltheforce 3.10 Lingfield

Apprentice Luke Catton boasts a 30 per cent strike-rate at Lingfield and goes there to ride Comeonfeeltheforce, who was second over course and distance on his last run at the venue.

Taking Flight 3.20 Hexham

Nicky Richards has a 27 per cent strike-rate two weeks either side of today's date for the past five years and sends Taking Flight to Hexham.

Que Quieres 5.55 Chelmsford

Luke Morris and Simon Dow have a 27 per cent strike-rate when teaming up at Chelmsford and the pair combine with course-and-distance winner Que Quieres.

ALL data excludes last night's last two Kempton results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: David Bridgwater (2-3 67%), Sandy Forster (2-3 67%), Sean Curran (2-5 40%), Robert Eddery (2-5 40%), James Fanshawe (2-5 40%), Richard Phillips (2-5 40%), Fergal O'Brien (6-17 35%), Oliver Sherwood (5-15 33%), Charles Hills (3-9 33%), Jamie Snowden (3-9 33%), Charlie Fellowes (2-6 33%), Simon Dow (3-11 27%), Derek Shaw (3-11 27%), Nicky Henderson (10-39 26%), Richard Hughes (3-12 25%), James Tate (2-8 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Denis Coakley (204 73), Michael Attwater (87 52), Robyn Brisland (62 47), Philip Kirby (25 47), Steve Flook (152 35), Kenny Johnson (100 32), Adam West (64 31), Michael Easterby (35 31), Chris Grant (56 26), Roger Ingram (125 25), John Quinn (32 25)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Jamie Snowden (Hexm 4-10 40%), Charlie Appleby (Kemp 46-138 33%), Nicky Richards (Hexm 17-51 33%), Jedd O'Keeffe (Hexm 4-12 33%), Dan Skelton (Leic 12-41 29%), Sean Curran (Kemp 3-11 27%), John Gosden (Kemp 80-303 26%), Caroline Bailey (Leic 9-35 26%), John Gosden (Chmt 62-250 25%), Nick Littmoden (Ling 13-52 25%), David Pipe (Leic 6-24 25%), John Gosden (Ling 57-236 24%), Jennie Candlish (Hexm 6-25 24%), Saeed Bin Suroor (Kemp 36-160 23%), Sir Michael Stoute (Ling 19-81 23%)

Table listing trainers: Nigel Twiston-Davies (Leic 11-48 23%), Jean-Rene Auvray (Ling 4-18 22%), Fergal O'Brien (Leic 7-33 21%), Venetia Williams (Leic 5-24 21%), Nicky Henderson (Leic 4-19 21%), Archie Watson (Ling 50-245 20%), James Tate (Chmt 30-152 20%), Simon Crisford (Ling 19-93 20%), Alistair Whillans (Hexm 10-50 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

Table listing trainers off course: Roger Ingram (Ling 1441 62), David Thompson (Hexm 2788 54), Richard Hannon (Kemp 70 51), David Dennis (Kemp 1695 42), Phil McEntee (Ling 609 42), Richard Phillips (Kemp 3682 40), John Butler (Kemp 154 37), John Bridger (Ling 313 35), Simon Dow (Kemp 301 35), Patrick Chamings (Kemp 765 33), William Stone (Chmt 690 33), Victor Thompson (Hexm 636 33), Mike Murphy (Kemp 704 31), K R Burke (Kemp 620 31), Neil Mulholland (Kemp 483 30), David Evans (Ling 313 30)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers: Confined to trainers with course winner or having first course runner; Course wins-runs record in past 20 years; Simon Pearce (Ling 1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months; Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table listing class of 5-30 trainers: Sandy Forster (7) (5-8 63%), Robert Eddery (13) (8-16 50%), William Stone (12) (6-12 50%), Justin Landy (6) (5-10 50%), Caroline Bailey (14) (10-21 48%), Stuart Coltherd (23) (14-30 47%), William Jarvis (12) (11-25 44%), Heather Main (19) (12-28 43%), Jean-Rene Auvray (5) (3-7 43%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months; Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: Declan Carroll (32) (19-40 48%), James Given (27) (15-31 48%)

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table listing symbols: Wind operation (158 Wins, 230 Places, 1405 Runs, 11%, -25.8% POI%), Gelding first race (282 Wins, 408 Places, 2777 Runs, 10%, -23.8% POI%), Blinkers first-time (161 Wins, 275 Places, 1901 Runs, 8%, -28.5% POI%), Visor first-time (92 Wins, 169 Places, 1084 Runs, 8%, -29.0% POI%), Hood first-time (87 Wins, 203 Places, 1419 Runs, 6%, -46.7% POI%), Tongue-strap first-time (249 Wins, 497 Places, 3146 Runs, 8%, -32.9% POI%), Cheekpieces first-time (282 Wins, 506 Places, 3246 Runs, 9%, -27.9% POI%), Course winner (2388 Wins, 3746 Places, 18688 Runs, 13%, -23.5% POI%), Distance winner (4937 Wins, 7655 Places, 40140 Runs, 12%, -23.8% POI%), CD winner (1403 Wins, 2315 Places, 10925 Runs, 13%, -25.6% POI%), BF last run (2308 Wins, 2661 Places, 11177 Runs, 21%, -11.6% POI%), Debutant (532 Wins, 1039 Places, 7444 Runs, 7%, -33.2% POI%), Days off (1-14) (2982 Wins, 4930 Places, 26572 Runs, 11%, -29.3% POI%), Days off (15 to 50) (6752 Wins, 11214 Places, 62049 Runs, 11%, -27.9% POI%), Days off (51 to 100) (918 Wins, 1542 Places, 10160 Runs, 9%, -34.5% POI%), Days off (101 to 365) (1362 Wins, 2181 Places, 14196 Runs, 10%, -26.6% POI%), Days off (365+) (56 Wins, 83 Places, 724 Runs, 8%, -20.0% POI%), Trainer first-time (467 Wins, 766 Places, 5635 Runs, 8%, -34.4% POI%)

Table listing trainers: Jedd O'Keeffe (41) (26-57 46%), Simon Dow (23) (14-31 45%), Ronald Harris (30) (15-34 44%), John Ryan (23) (15-37 41%), David Bridgwater (20) (14-34 41%), Charlie Wallis (23) (14-34 41%)

Table listing trainers: Ivatheengine (Kemp 3.40), David Evans -> Paul Cole (0-3 0%), Emerald Fox (Kemp 5.10), Robyn Brisland -> Patrick Chamings (1-28 4%), Mouriyani (Kemp 6.10), D K Weld -> Tom Ward (2-9 22%), Martin King (Kemp 7.10), Clive Cox -> John Butler (8-87 7%), Holbrook Park (Leic 2.30), Neil King -> Tom Clover (0-0 0%), Noble Peace (Ling 3.10), Lydia Pearce -> Simon Pearce (0-2 0%)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Robert Cowell (Chmt 3.25), Iain Jardine (Martin's Brig Chmt 3.55), Michael Bell (Welsh Back Chmt 3.55), David Loughnane (Kingmans Spirit Chmt 4.25), Ruth Carr (Loulain Chmt 5.25), Jamie Snowden (Legends Ryde Hexm 1.20), Nicky Richards (Taking Flight Hexm 3.20), Charlie Appleby (Eastern World Kemp 4.40), Saeed Bin Suroor (Khatm Kemp 4.40), Ralph Beckett (Summit Reach Kemp 4.40), Keith Dalglish (Never Be Enough Kemp 5.40), Dr Richard Newland (Flash de Clerval Leic 1.00), Harry Whittington (Overtrumped Leic 1.00), Evan Williams (Flight To Milan Leic 1.30), Dan Skelton (Go Steady Leic 1.30), Fergal O'Brien (Coolanly Leic 2.00), Nigel Twiston-Davies (Rocco Leic 2.00), Oliver Sherwood (Cilaos Glace Leic 2.30), Warren Greatrex (Don't Ask Leic 2.30), David Pipe (Kepagge Leic 3.00), David O'Meara (Highland Acclaim Ling 1.10), Hugo Palmer (Diamond Oasis Ling 1.40), Simon Crisford (Visionara Ling 1.40), Sir Michael Stoute (Dubious Affair Ling 2.10), Dean Ivory (Laurentia Ling 2.10), Ed Walker (Al Daiha Ling 2.40), Archie Watson (Perfect Grace Ling 3.10)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Tom Ward (2-5 40% +21.40), Nicky Richards (32-119 27% +57.00), Conrad Allen (5-20 25% +44.50), Simon Dow (15-61 25% +64.10), George Margaron (6-33 18% +20.50), Ben Pauling (25-142 18% +41.00), Amanda Perrett (8-48 17% +31.90), Declan Carroll (11-63 17% +36.40), David Simcock (14-81 17% +22.00), Donald Whillans (5-34 15% +44.30), Jimmy Fox (5-35 14% +69.50), Keith Dalglish (20-138 14% +50.70), David Loughnane (7-53 13% +35.00), Lee Carter (8-62 13% +23.00), Zoe Davison (9-71 13% +38.80), Alexandra Dunn (12-91 13% +39.00), Hughie Morrison (9-82 11% +35.90), Alistair Whillans (6-80 8% +74.00), Adam West (1-24 4% +43.00)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: Amy Murphy (2yo Chmt 1-1 100% all 2yo newcomers 1-35 3%), Ben Pauling (Hdl Leic 1-2 50% all Hdl newcomers 14-93 15%), Charlie Appleby (2yo Kemp 7-25 28% all 2yo newcomers 69-271 25%), John Gosden (2yo Kemp 12-70 17% all 2yo newcomers 78-430 18%)

Trainer trace

Horses who have switched trainers since their latest run; Includes current trainer's record with new recruits under today's code; Zarrar (Chmt 5.55), Camilla Poulton -> Rae Guest (2-12 17%), Peace Approved (Hexm 1.20), Madeleine Tylicki -> Sam England (2-39 5%)



Table listing jockeys and their performance statistics, including names like Mark Johnston, John Gosden, and Andrew Balding.

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations and their success rates, such as Simon Crisford-Jack Mitchell and Micky Hammond-Emma Smith-Chaston.

Table listing jockeys with most course losers since last win, including Nigel Twiston-Davies and Sam Twiston-Davies.

Table listing jockeys with most course winners since last win, including Tom Queally and Cam Hardie.

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Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold jockeys and their statistics, including Paddy Bradley, Mr Philip Armon, and Ray Dawson.

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table listing course jockeys and their performance statistics, including Richard Johnson, Emma Smith-Chaston, and Sam Twiston-Davies.

Jockeys off course

Jockeys with most course losers since last win (today's code)

Table listing jockeys off course and their statistics, including Tom Queally, Cam Hardie, and Alain Cawley.

Journeyman jockeys

JOCKEYS booked to ride at more than one meeting

Table listing journeyman jockeys and their statistics, including Tom Queally, Luke Morris, and Hector Crouch.

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing one-trick jockeys and their statistics, including William Carson, Barry McHugh, and Tom Queally.

Table listing one-trick jockeys and their statistics, including Tom Queally, Jonathan Burke, and Robert Dunne.

Owning up

WINNING owner having first runner with today's trainer (min 20 winners owned in past 12 months)

Table listing owners and their statistics, including Kuramata and Peter M Brant.

Overweight alert

JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Table listing overweight jockeys and their statistics, including Aled Beech and Pharaoh Jake.

First-time geldings

HORSES running for the first time since being gelded

Table listing first-time geldings and their statistics, including Leg It Lenny, Maysong, and Mouriyani.

First-time Wind Ops

HORSES running for the first-time since

undergoing a wind surgery

Table listing horses undergoing wind surgery and their statistics, including James Ewart, Misdflight, and Joanne Foster.

First-time blinkers

Horses wearing blinkers, hood or visor for the first time

Table listing first-time blinkers and their statistics, including Rebel Redemption, Flash To Bang, and Roca Magica.

Tongue-tied

HORSES wearing tongue strap for the first time

Table listing tongue-tied horses and their statistics, including Dark Phoenix, Leg It Lenny, and Emissaire.

Cheekpieces

HORSES wearing cheekpieces for the first time

Table listing cheekpieces and their statistics, including Broadway Belle, Sky Vega, and Elena.



Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table listing horses and their headgear status, including Agent Of Fortune, Peace Approved, Orion's Shore, etc.

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost. Showing trainer's wins-runs record with next outing of winning & losing gambles.

Table listing horses like Mazikeen and Richard Hughes with their odds and performance.

Best Seller

HORSES dropped to selling class for the first time under today's code. Trainer's wins-runs record in sellers is compared with record with selling debutants (current and previous year).

Table listing horses like Dreamboat Annie and Isla Skye with their selling details.

Travellers' check

Today's farthest travellers (top 10 & ties; minimum distance 200 miles). Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years.

Trying a trip

HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before.

Handicap debut

Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners. Showing trainer's win-run record with handicap debutants (current season plus four).

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs. Course/distance wins are shown in brackets.

Best of rivalries

Head-to-head record of horses who have run against one another three or more times in the past two years. First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Bad turn

HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR. Minimum 3 runs each on LH & RH tracks.

Anything to report

HORSES whose last outing has official explanation from connections. See form for details.

Table listing horses like Broken Rifle, Emerald Fox, Pour Joie, etc with their odds and trainer information.

Repeat performance

HORSES who ran in same race in previous seasons. Listing horses like McGinty's Dream and Smuggler's Stash.

Week link

HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent.

Seven-day winners

TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners.

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Out & about

Horses running today who were non-runners or withdrawn after being declared in last seven days.

Trainers wins-runs record with such runners, current season plus. Listing horses like Ivatheengine and Lord P.

Multiple entries

Horses running today who have three or more further engagements this week (total in brackets). Listing horses like Bandy Bow and Kepagge.

Following favourites

RACES that show a profit for favourites. Listing horses like Leic H'cap Hdles and Chmt 2yo Non-H'caps.

Dropping down

HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Ahead of handicapper

HORSES raised for future handicaps and potentially well handicapped today. Listing horses like Little Rory Mac and Lord Halifax.

RPR improvers

HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).

Coming on

HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.



## Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

**Dorothy's Flame** .....Hexm 2.20  
13/12/18 11 of 14, **56** 26/12/18 9 of 10 **41**;  
**Frankie Ballou** .....Hexm 2.50  
14/03/16 4 of 12, **76** 02/04/16 13 of 18 **61**;  
**Lastin' Memories** .....Hexm 2.50  
14/11/18 4 of 15, **87** 29/11/18 8 of 12 **67**;

## Postmark pick

● RP RATING's most clear in handicaps

**Flight To Milan** .....Leic 1.30 **12**  
**Coolanly** .....Leic 2.00 **3**

## Time warp

● Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

**Fearless Warrior** .....Kemp 6.10 **29**  
**Queen Constantine** ...Kemp 6.10 **55**  
**Astromachia** .....Kemp 6.40 **44**  
**Lord Halifax** .....Ling 12.10 **30**  
**Engrossed** .....Ling 12.40 **38**

## Card and fast

● Horses top-rated by Topspeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

**Miah Grace** .....Hexm 1.20 91 **0**  
**Black Kettle** .....Hexm 2.50 85 **2**  
**In The Red** .....Ling 12.40 80 **0**  
**Visionara** .....Ling 1.40 76 **0**

## Top marks

● Horses top-rated and selected by both RPR and Topspeed

**Sir Rodneyredblood** ..Chmt 3.25 11/4  
**Agent Of Fortune** .....Chmt 4.55 11/8  
**Loulin** .....Chmt 5.25 3/1  
**Miah Grace** .....Hexm 1.20 11/10  
**Black Kettle** .....Hexm 2.50 4/1  
**Summit Reach** .....Kemp 4.40 5/2  
**Sheriffmuir** .....Kemp 5.10 4/11  
**Flight To Milan** .....Leic 1.30 2/1  
**Chambard** .....Leic 2.30 9/4  
**My Target** .....Ling 12.40 7/1  
**Comeonfeeltheforce** ...Ling 3.10 7/1

## Most popular nap

● MOST popular tip in Racing Post/Coral Naps Competition  
● Data excludes yesterday's results

**Astromachia** .....Kemp 6.40 **4**  
From Jan 1: W 172; L 402; £1 bet -52.07

## Tipsters in form

● TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

The Punt (3) ....**Lord Halifax** Ling 12.10  
West Tip (3) ...**Martin's Brig** Chmt 3.55  
Luke Tucker (2) .....  
.....**Champagne Chaser** Hexm 12.20

## Tipsters' trainers

● TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

West Tip .....**Martin's Brig** Chmt 3.55  
*Iain Jardine* 3-6 +£6.30  
Jim Delahunt.....**Strike West** Hexm 2.20  
*Micky Hammond* 5-24 +£8.75  
Newmarket.....**Merry Vale** Ling 2.10  
*John Gosden* 38-103 +£1.63  
RP Ratings ..**Little Rory Mac** Leic 3.30  
*Henry Oliver* 3-5 +£3.88  
Jeffrey Ross.....**Ruby Power** Kemp 4.10  
*Richard Hannon* 9-27 +£0.54  
Lee Sobot.....**Sheriffmuir** Kemp 5.10  
*John Gosden* 30-68 +£0.73



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers and their performance statistics, including names like Robert Eddery, William Haggas, James Tate, Ed Walker, Charlie Fellowes, Lee Carter, Fergal O'Brien, Simon Dow, John Gosden, Sean Curran, Oliver Sherwood, and John Ryan.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table listing trainers and their performance statistics, including names like Chris Grant, James Given, Jimmy Fox, Luke McJannet, Pat Phelan, Paul Cole, Suzi Best, Michael Easterby, Robyn Brisland, Michael Attwater, Charlie Wallis, Ben Pauling, Oliver Greenall, Gay Kelleway, Joanne Foster, and Micky Hammond.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Table listing course specialists across various venues: CHELMSFORD (AW), KEMPTON (AW), LINGFIELD (AW), and HEXHAM, with names like James Tate, Robyn Brisland, Charlie Appleby, Saeed Bin Suroor, Keith Dalglish, Conrad Allen, Roger Charlton, Sean Curran, Michael Wigham, Jean-Rene Auvray, Richard Spencer, and Martin Todhunter.

Table listing jockey/trainer combinations and their performance statistics, including names like Jedd O'Keeffe, Jamie Snowden, Stuart Coltherd, Alistair Whillans, Evan Williams, Fergal O'Brien, and Ben Pauling.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current. @=data is course specific (therefore bold data with @ = today's course, current season). Flat season is defined as from January 1. Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

Table listing jockey bookings across various venues: CHELMSFORD (AW), KEMPTON (AW), and LINGFIELD (AW), with names like Seamus Cronin, Franny Norton, Tom Queally, James Doyle, Stefano Cherchi, James Doyle, Gaia Boni, Amelia Glass, Ben Curtis, Kieran Shoemark, Jack Mitchell, Franny Norton, Clifford Lee, David Evans, David Probert, Hollie Doyle, Jack Mitchell, Angus Villiers, Brian Hughes, Ross Chapman, Danny Cook, Billy Garrity, Joe Colliver, Gavin Sheehan, Emma Smith, Ross Chapman, Brian Hughes, Brendan Powell, Jeremiah McGrath, Sean Quinlan, Jamie Moore, and Hugh Nugent.