



Signposts Sweetspots 🗸

Power to excel again at Pontefract

Healing Power 1.30 Leicester

Ivan Furtado is operating at a 67 per cent strike-rate in the last two weeks and he sends Healing Power to Leicester. The five-year-old is his only runner of the day.

Watch My Six 7.30 Windsor

Roger Varian and Jack Mitchell have a 38 per cent strike-rate when teaming up at Windsor and they join forces with Watch My Six, who should come on for a debut fourth last month.

Excel Power 8.45 Pontefract

Archie Watson has a 23 per cent strike-rate at Pontefract and sends Excel Power to the venue. This son of Slade Power has been impressive in winning his last three races.

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Ivan Furtado	4 -6	67%
Charlie Appleby	5 -9	56%
George Baker	3 -8	38%
Sir Mark Prescott Bt	4 -13	31%
William Haggas	11 -38	29%
John Mackie	3 -11	27%
David Simcock	6 -24	25%
Michael Bell	5 -20	25%
Mark Usher	3 -12	25%
Simon Dow	2 -8	25%
Kevin Philippart de Foy	2 -8	25%
Chris Wall	2 -8	25%

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X—Never trained a winner in GB, Ireland or European Group race; 1st—first runner in GB; excludes those with at least 25% placed runners in past 14 days

•	Since a win: DAYS	RUNS
Kevin Frost	160	55
Robyn Brisland	l34	48
Clare Hobson .	204	43
Adam West	48	43
Laura Mongan	180	41
Luke McJannet	137	36
Linda Stubbs .	150	29
Ollie Pears	37	26
David Evans	16	26
Tom Tate	220	25

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Delete Deeleste Dees	43.34	430/
Ralph BeckettPont	13 -31	42%
Charlie ApplebyLeic	6 -17	35%
Simon & Ed Crisford Wind	6 -21	29%
William HaggasLing	49 -172	28%
Roger VarianLing	37 -134	28%
William HaggasWind	19 -67	28%
Roger VarianWind	14 -54	26%
Saeed Bin SuroorLeic	10 -38	26%
Sir Michael StouteLeic	13 -52	25%
Roger VarianLeic	13 -55	24%
Archie WatsonPont	3 -13	23%
William HaggasLeic	10 -45	22%
James FanshaweLeic	6 -27	22%
Archie WatsonLing	71 -334	21%
Mark JohnstonLeic	23 -109	21%
Michael BellLeic	11 -53	21%
Ivan FurtadoLeic	7 -33	21%

Trainers off course

• Trainers with most course losers since last

win	(today's	codo)

X=no course winner (since 1 Jan 1989)
 Since a win: DAVS RUNS

	Since a will.	DATO	RUNS
Robert Eddery .	Wind	2205	52
David Evans	Wind	609	48
Mark Usher	Ling	2938	42
Mark Loughnan	e Leic	1500	39
Marco Botti	Ling	2459	37
Mark Loughnan	eWind	Х	36
Ann Duffield	Pont	1779	35
Richard Hughes	Wind	693	33
Les Eyre	Leic	Х	32
Tim Easterby	Leic	952	31
Mark Loughnan	e Ling	2889	30
David C Griffith:	s Pont	Х	30

Tracking trainers

- TRAINERS with first course runner in more than two years, showing years since previous
- Confined to trainers with course winner or having first course runner
- Course wins-runs record in past 20 years

Patrick OwensLing	1st
William Muir & Chris	
GrassickPont	1st
Ruth JeffersonPont	1st
Chelsea BanhamWind	1st
Debbie HughesWind	1st
T J KentWind	1st

Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

in bracket	s.
8 -15	53%
7 -15	47%
13 -29	45%
10 -22	45%
12 -28	43%
11 -26	42%
	8 -15 7 -15 13 -29 10 -22 12 -28

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Story of the Symbols

Punting pointing for

today's British action

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Wine Diseas Dune 0/ DOIO/

	VVins	Places	Runs	%	PC	11%
Wind operation	183	294	1837	10	-2	2.5
Gelding first race	329	562	3402	10	-2	1.7
Blinkers first-time	145	284	1951	7	-2	6.5
Visor first-time	99	197	1125	9	-1	5.4
Hood first-time	105	208	1513	7	-2	5.3
Tongue-strap first-time	321	586	4016	8	-3	0.7
Cheekpieces first-time	331	592	3828	9	-2	4.0
Course winner	2395	3783	19006	13	-2	1.7
Distance winner	4983	8000	41759	12	-2	0.2
CD winner		2268	11127	13	-2	3.1
BF last run	2353	2757	11684	20	-1	6.5
Debutant		1396	9716	7	-3	5.0
Days off (1-14)	2995	5257	28065	11	-2	5.2
Days off (15 to 50)		11728	64116	11	-2	4.0
Days off (51 to 100)	923	1570	9952	9	-2	0.7
Days off (101 to 365)		3076	19650	9	-1	9.3
Days off (365+)	86	135	1263	7	-1	8.4
Trainer first-time	563	979	6761	8	-2	4.6
=	eic 1.30 eic 1.30	Patrick Ch	ner 29 amings night 14	8 -61	13%	+28.1

Mr Sensible	Leic	3.00
Roger CharltonKeeper	Ling	1.45
Andrew Balding	_	
Tanglewood Tales	Ling	1.45
K R BurkeTrue Jem	Pont	5.45
John QuinnMr Wagyu	Pont	6.15
Antony Brittain Canford Bay	Pont	7.15
Roger FellDapper Man	Pont	7.15
Brian Ellison		
Tommy Tittlemouse	Pont	8.45
Rod MillmanToptime	Wind	5.30
Amy Murphy		
Thegreatestshowman	Wind	6.30
George BakerCemhaan	Wind	7.00
David Simcock .Clovis Point	Wind	7.30

David Loughnane

....Desert Wisdom Leic 3.00

Trainer trace

• Horses who have switched trainers since their latest run.

 Includes current trainer's record with new recruits under today's code

Battle Of ToroLeic	2.30
A Fabre→Simon & Ed Crisford 6-32 19	9%
Top SecretLeic	3.30
Clive Cox→William Muir & Chris Grassick 1-	-15 7%
ElvicLeic	4.00
Roger Charlton→Archie Watson 23-77	7 30%
BillyfairplayPont	6.15
Ronald Thompson→David C Griffiths 1	
Broken RiflePont	7.45
Ivan Furtado→William Bethell 1-5 209	%
ClashaniskaWind	8.00
Tony Carroll→Adam West 0-23 0%	
JaffathegaffaWind	8.30
Adam West→Gary Moore 4 -69 6%	

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of

Charlie Appleby 48-188	26%	+25.40
Les Eyre 10-54	19%	+32.30
Tom Clover 14-78	18%	+74.90
lan Williams 45-277	16%	+50.00

	3,3	0,0.	Ŭ	-		
	Hugo Palme	er 2	29 -189	15%	+51.80	
	Patrick Char	mings	8 -61	13%	+28.10	
	William Knig	ght 1	14 -108	13%	+71.60	
	Clive Cox	3	32 -260	12%	+80.60	
	Ann Duffield	db	9 -75	12%	+221.00	
Eve Johnson Houghton						
			26 -210	12%	+37.60	
	Amy Murph	y 1	11 -104	11%	+21.30	

Training newcomers

 WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Mark Johnston2yo Leic	3 -9	33%	
all 2yo newcomers 71-457 16%			
Simon & Ed Crisford			
3yo Wind	1 -3	33%	
all 3yo newcomers 2-37 5%			
Ralph Beckett .3yo Wind	2 -9	22%	
all 3yo newcomers 9-73 12%			
Clive Cox2yo Wind	4 -19	21%	
all 2yo newcomers 28-194 14%			
Kevin Ryan2yo Pont	1-8	13%	
all 2yo newcomers 26-217 12%			
Mark Johnston .2yo Pont	0 -12	0%	
all 2yo newcomers 71-457 16%			
Archie Watson2yo Leic	0 -6	0%	
all 2yo newcomers 41-206 20%			
Kevin Philippart de Foy			
2yo Leic	0 -0	0%	
all 2yo newcomers 1-3 33%			
Kevin Philippart de Foy			
2yo Ling	0 -0	0%	
all 2yo newcomers 1-3 33%			
•			

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Roger Varian-David EganLeic 38% all Leic; trainer 24%; jockey 17% Roger Varian-Jack Mitchell Wind 38% all Wind; trainer 26%; jockey 14% James Fanshawe-Daniel Muscutt

.....Leic **36%** all Leic; trainer 22%; jockey 15%

William Haggas-Tom MarquandWind 33% all Wind; trainer 28%; jockey 15%





Punting pointing for today's British action

William	Haggas-Daniel Tu	dhone
vviillaili	nauuas-vaillei Tu	unone

..Pont 27% all Pont; trainer 10%; jockey 19% George Baker-Nicola Currie Wind 25% all Wind; trainer 14%; jockey 9% Paul Midgley-Kevin StottPont 23% all Pont; trainer 14%; jockey 15% Kevin Ryan-Kevin StottPont 21% all Pont; trainer 17%; jockey 15% Paul Midgley-Graham Lee ...Pont 20% all Pont; trainer 14%; jockey 12%

Hot jockeys

three wins in last 14 days, Flat & jumps Rob HornbyWind 5-18 28% Kieran ShoemarkWind 7-26 27% Sean BowenWind 4-15 27% Ella McCainPont 3-11 27% Mark CrehanLing,Ling 7-27 26% Cieren FallonLing,Ling 7-28 25% Marco GhianiLing,Ling 7-28 25% Stefano CherchiWind 3-12 25% Dane O'NeillLeic 5-21 24%

• JOCKEYS with best wins-rides % from at least

Nicola CurrieWind 4-17 24% William BuickLing,Ling 13-56 23% Tom MarquandWind 13-60 22% Hayley TurnerLing,Ling 5-23 22% Daniel TudhopePont 10-47 21%

 James Sullivan
 Pont
 6-29
 21%

 William Cox
 Ling
 3-14
 21%

 Tom Queally
 Ling, Ling
 3-14
 21%

 Thore Hammer Hansen Leic
 4-20
 20%

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

56	64
18	44
40	36
19	33
35	30
37	29
	19 35

Course jockeys

 JOCKEYS with best wins-rides % from at least three course wins

Ryan MooreLeic 10-51 20%

Jockeys off course

- Jockeys with most course losers since last win
- X = never ridden course winner

	Since a win:	DAYS	RIDES
Kieran O'Neill	Wind	959	58
James Sullivan	Pont	707	43
Shane Kelly	Wind	693	36

One-trick jockeys

JOCKEYS (excl amateurs, apprentices &

conditionals) with one nac at a m	ccuing	
Lewis Edmunds Hilary's Boy	Leic	1.00
J F EganDevaste	Leic	1.00
Faye McManoman		
Luckyangel	Leic	1.30
Andrea AtzeniRealist	Leic	2.00
Robert HavlinOtyrar	Leic	2.00
Pat CosgraveMr Sensible	Leic	3.00
Royston ffrench		
Desert Wisdom	Leic	3.00
Martin DwyerTop Secret	Leic	3.30
Jonathan FisherVisibility	Leic	3.30
Josephine Gordon		
Ocean Wilde	Leic	4.00
Paddy Mathers .Danny Bleu	Leic	4.00
Kieran Schofield		
Available Angel	Leic	4.00
Howard Cheng Super Proud	Ling	2.15

Danny Brock Tilsworth Valerie Ling 3.45

John FahyQueen Of Asia	Ling	3.45
Cameron NobleExuding	Ling	3.45
Louis Steward	_	
Adaay To Remember	Ling	3.45
Jane ElliottDawn Riser	Pont	5.45
Jack GarrittyRaneen	Pont	5.45
Tony Hamilton		
Hurt You Never	Pont	5.45
Clifford LeeTrue Jem	Pont	5.45
Andrew ElliottBillyfairplay	Pont	6.15
Jamie Gormley Magical Effect	Pont	6.15
Jason HartMr Wagyu	Pont	6.15
Harrison Shaw		
Auckland Lodge	Pont	7.15
Gemma TuttyYolo Again	Pont	7.15
Phil DennisBilly Roberts	Pont	7.45
Joanna Mason .Broken Rifle	Pont	7.45
Edward Greatrex .Warranty	Pont	8.15
Adam McNamara		
Excel Power	Pont	8.45
Ben Robinson		
Tommy Tittlemouse	Pont	8.45
George DowningYimou	Wind	6.30
Ryan Tate A Sure Welcome	Wind	6.30
Sean Bowen .Agent Saonois	Wind	7.30
Eoin WalshLong Tradition	Wind	7.30

First-time geldings

- HORSES running for the first time since being
- gelded

 DATA excludes horses trained outside GB & Ireland
- Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Battle Of ToroLeic 2.30
Simon & Ed Crisford 3-17 17%; all 18%
TaraashoqLeic 3.00
William Haggas 24-86 27%; all 18%
ZoolanderWind 8.30
Jamie Osborne 2-35 5%; all 12%

First-time Wind Ops

- HORSES running for the first-time since undergoing a wind surgery

 Data excludes horses trained outside GB
- Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
- Data first made available on 19 Jan 2018Wind 7.00 CemhaanW George Baker 2-14 14%; all 10%

First-time blinkers

- · Horses wearing blinkers, hood or visor for the
- Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners
- Current and previous year, any code

Battle Of Toro (v)Leic 2.30
Simon & Ed Crisford 2-11 18%; all 19%
Top Secret (h)Leic 3.30
William Muir & Chris Grassick 0-2 0%; all 8%
Ironside (b)Leic 4.00
John & Thady Gosden 3-9 33%; all 21%
Triggered (b)Ling 3.15
Mark Loughnane 0-6 0%; all 8%
Whistledown (h)Ling 4.15
Mick Channon 0-1 0%; all 10%
Louis Treize (v)Ling 4.45
Richard Spencer 2-9 22%; all 9%
Obtuse (v)Wind 5.30
David Evans 2-22 9%; all 10%

Tongue-tied

- HORSES wearing tongue strap for the first
- Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners
- Current and previous year, any code

Highest GroundLeic	2.30
Sir Michael Stoute 2-12 17%; all 21%	

Luke Dace 0-0 0%; all 0%	
ExecutiveWind	8.30
Neil Mulholland 4-22 18%; all 12%	
Agent SaonoisWind	7.30
George Baker 1-3 33%; all 13%	
CemhaanWind	7.00
Antony Brittain 0-1 0%; all 10%	
Canford BayPont	7.15
Ismail Mohammed 0-1 0%; all 12%	
Golden ClaimLing	2.15
Tim Easterby 3-29 10%; all 9%	
Midnight StripperLeic	4.00
Luke McJannet 0-2 0%; all 8%	
Emulate RoseLeic	4.00

Cheekpieces

- HORSES wearing cheekpieces for the first time
- Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

 • Current and previous year, any code

Current and previous year, any code	
Danny BleuLeic	4.00
Clare Ellam 0-2 0%; all 0%	
Largo BayLing	2.15
Richard Hughes 5-25 20%; all 13%	
TrepidationLing	2.45
Brett Johnson 0-1 0%; all 11%	
Dandy's MaxPont	6.15

Stella Barclay 0-5 0%; all 5%
RussellinthebushesWind 6.00 Tom Dascombe 1-28 4%; all 10%

Headgear left off

 HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

EffronteLeic	1.30
OakenshieldLeic	1.30
Goodwood GlenLeic	3.00
Poetry And ArtLing	2.45
Fairy FastLing	4.45
ThegreatestshowmanWind	6.30
JaffathegaffaWind	8.30
ZoolanderWind	8.30

Money talks

• HORSES whose odds shortened by more than

50% on last outing; W=won, L=lost

Showing trainer's wins-runs record with next outing of winning & losing gambles **Bastogne**Leic 1.00 Wind, 31.5.21: op 8/19/4F **L**

Willu, 31.3.21. Up 0/1
David Evans W 0 -0 0%; L 0 -6 0%
AlmufeedLeic 3.00
Strf, 22.5.21: op 8/1100/30 L
Sean Curran W 0-0 0%; L 0-0 0%
TurnaWind 6.00
Nott, 23.5.21: op 15/27/2J L
Robert Cowell W 0-0 0%; L 0-4 0%
Agent SaonoisWind 7.30
Ffos, 10.5.21: op 22/110/1 L
Neil Mulholland W 0-0 0%; L 2-7 29%

Best Seller

 HORSES dropped to selling class for the first time under today's code

Eastern StarTony Carroll Leic 1,30

• Trainer's wins-runs record in sellers is compared with record with selling debutants (current and previous year)

all sellers: 3-11 27%; selling debutants 25% all sellers: 0-5 0%; selling debutants 0% Luckyangel Michael Mullineaux Leic 1.30 all sellers: 0-0 0%; selling debutants 0% OakenshieldLinda Stubbs Leic 1.30 all sellers: 0-0 0%; selling debutants 0% **Red Bravo**Mark Loughnane Leic 1.30 all sellers: 1-9 11%; selling debutants 0%

Travellers' check

• Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

BrascaPont 6.45 204 Ralph Beckett 184-783 23%; all 17%

Trying a trip

• HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Lunar ShadowLing	1.45	+4f
QuintessaLing	2.15	+2f
Sky Blue ThinkingLing	2.15	+2f
WirrawayWind	7.30	+2f
Long TraditionWind	7.30	+2f

Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such
- Showing trainer's win-run record with handicap debutants (current season plus four)

Camelot TalesLeic 2.00 *Simon & Ed Crisford 13-47 28%;* +£14.25 **Surefire**Leic 2.00 *Ralph Beckett* **40**-219 18%; +£9.18 Thunder SunLeic 2.00 Sir Michael Stoute 42-197 21%; -£38.53 KeeperLing 1.45 Roger Charlton 28-154 18%; +£15.21

MeisterzingerLing 2.15 Sir Mark Prescott Bt **30**-117 26%; +£24.36 **Super Proud**Ling 2.15 *William Haggas* **65**-284 23%; -£25.08

TregonyWind 8.30 *Clive Cox 29-183 16%; -£34.08*

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course
- Course/distance wins are shown in brackets

Mr OrangePont 6.15 (6) 6-28

Anything to report

• HORSES whose last outing has official explanation from connections. See form for

Oz LegendLe)
HerecomesarchieLe	ic 3.00)
Cruyff TurnLe	ic 3.30)
MorettiLe	ic 3.30)
VisibilityLe	ic 3.30)
Emulate RoseLe)
KartvelianLe	eic 4.00)
Blue BeretLir	ng 1.45	5
MeisterzingerLir	ng 2.15	5
The Vegas RaiderLir	ng 2.15	5
Compass PointLir		5
TrepidationLir	ng 2.45	5
Strong PowerLir		5
Queen Of AsiaLir	ng 3.45	5
Tilsworth RoseLir		5
Al MadharPo	nt 6.45	5
SalutiPo	nt 7.15	5
Ventura ExpressPo	nt 7.15	5
Flint HillPo	nt 8.15	5
WarrantyPo	nt 8.15	5
Amor de Mi VidaWir	nd 5.30)
Highest AmbitionWir	nd 5.30)
HotalenaWir	nd 5.30)
Obtuse Wir	nd 5.30)
SquelchWir	nd 7.00)
ClashaniskaWir	nd 8.00)
ExecutiveWir	nd 8.30)
TregonyWir	nd 8.30)
ZoolanderWir	nd 8.30)

Repeat performance

• HORSES who ran in same race in previous seasons

Mr OrangePont



Punting pointing for today's British action

	6.15
17: 2 of 15, btn 21/4l, OR65, 11/	2 Tony Hamilton
Sfumato	Pont 6.15
19: 9 of 11, btn 15l, OR63, 10/1	Andrew Mullen
Dapper Man	Pont 7.15
18: 2 of 9, btn 1/2l, OR68, 3/1	Ben Sanderson

Week link

• HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most

031 Mr WagyuPont	6.15
6f Haml 13.6.18; 6f Ripn 7.6.18	

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

YaganLing	1.45
won Bath, Friday	
Sir Mark Prescott Bt 28-68 41%; all 1	6%
Mr WagyuPont	6.15
won Hamilton, Thursday	
John Quinn 12-45 27%; all 12%	
PucklePont	7.45
won Nottingham, Wednesday	
Mark Johnston 61-291 21%; all 15%	
DynaliPont	8.15
won Chelmsford (A.W), Monday	
Ian Williams 18-92 20%; all 12%	

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners. current season plus

Oz LegendHugo Palmer Leic 2.00 Donc 5 Jun unsuitable ground (9/2) *5-45 11*% Camelot Tales ..

...Simon & Ed Crisford Leic 2.00 Epsm 5 Jun unsuitable ground (10/1) 3-8 37%

Top SecretWilliam Muir & Chris Grassick Leic 3.30 Chep 5 Jun unsuitable ground (6/1) 0-0 0% HemmsaT J Kent Wind 5.30 Rdcr 31 May self certificate (8/1) 0-0 0% ElektronicRichard Hughes Wind 5.30 Ling 1 Jun unsuitable ground (13/2) 7-38 18% **Highest Ambition** Marco Botti Wind 5.30 Rdcr 31 May self certificate (8/1) 5-24 20% YimouDean Ivory Wind 6.30 Epsm 5 Jun unsuitable ground (5/1) 2-13 15%

Multiple entries

• Horses running today who have three or more further engagements this week (total in brackets)

Keeper (3) Roger CharltonLing	1.45
Yagan (3) Sir Mark Prescott Bt .Ling	1.45
Meisterzinger (4)	
Sir Mark Prescott Rt Ling	2 15

Following favourites

RACES that show a profit for favourites

Leic 3yo+ H'caps	+9.39
Wind 2yo Non-H'caps	+9.10
Ling 2yo Non-H'caps	+7.06
Pont 2yo Non-H'caps	+3.74
Leic 2yo Non-H'caps	+1.33
Leic 3yo+ Non-H'caps	+0.96

Lower class

• HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Rickenbacker Cls2→Cls5Leic 1.00

Dropping down

• HORSES racing off lower official handicap

rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's

Heer We Go Again	Wind 8.00	w75	-9
Shanghai Rock	Leic 4.00	w71	-8
Saluti	Pont 7.15	w83	-8
Gullane One	Pont 6.15	w64	-5
Canford Bay	Pont 7.15	w78	-5
Magical Effect	Pont 6.15	w73	-1

Postmark pick

• RP RATING's most clear in handicaps ArabescatoPont 8.15 3

Time warp

• Horses running on Flat who won last time out but whose Topspeed rating was two stone helow their RPR

Granary QueenLeic	4.00	33
KartvelianLeic	4.00	32
Obee JoPont	7.15	31
PucklePont	7.45	31
DynaliPont	8.15	35
Amor de Mi VidaWind	5.30	31

Card and fast

• Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

YimouWind 6.30 90 1

Time and again

- Horses who recorded a career best TS last time out and are reappearing within 7 days.
- Trainers wins-runs record with such runners compared with trainers overall strike rate with
- Only those who achieved a TS of at least 75

Be PreparedLing 3.15 **76** John Bridger 1-5 20%; all 6%

Top marks

• Horses top-rated and selected by both RPR

Highest GroundLeic	2.30	1/2
Amor de Mi VidaWind	5.30	11/4
YimouWind	6.30	5/1
Sea SylphWind	7.30	6/4
Pink Flamingo Wind	8 00	12/1

Most popular nap

- MOST popular tip in Racing Post/Coral Naps
- Data excludes yesterday's results

SurefireLeic 2.00 **4** From Jan 1: W 68; L 190; £1 bet -23.20

Tipsters in form

 TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Andy Morris (5)Highest Ground Leic myracing.com (2)Surefire Leic

Tipsters' trainers

• TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

(current a previous year)	
Sunday ExpressYagan Ling	1.45
Sir Mark Prescott Bt 3-6 +£2.63	
NewsboySurefire Leic	2.00
Ralph Beckett 3-6 +£2.75	
TemplegateThunder Sun Leic	2.00
Sir Michael Stoute 3-5 +£3.05	
LambournSpoof Wind	6.30
Charles Hills 9-37 +£2.33	





Punting pointing for today's British action

Page 5

TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**Bold**) of norses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

• After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; �=no runners on day

W-R	RTF	
5-9	56% 89%	Charlie Appleby
2-8	25% 75%	Chris Wall
4-6	67% 67%	Ivan Furtado
5-29	17% 66%	John & Thady Gosden 44-3332- *-* -2573- *-* -316-1-513-34-6314-445-801
3-8	38% 63%	George Baker
2-8	25% 63%	Kevin Philippart de Foy
5-41	12% 63%	Andrew Balding 33-426 223-33-11631830 - 53216-0237-45-6-2621
		22025 75

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R		RTF	
0-5	0%	0%	Harry Whittington
0-5	0%	0%	Michael Mullineaux
0-7	0% 1	4%	David C Griffiths
1-14	7% 1	4%	John Bridger
0-13	0% 1	15%	Adam West
0-12	0% 1	7 %	J R Jenkins
1-12	8% 1	7 %	John Butler

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

		// /- /	
		PONTEFRACT	
.15	3 -9 +£11.50	Paul Midgley 3-0-14- 4 -6- 4 -3-1-13Salu	ti, Ventura Express
45	2.7 ⊥f27.00	Kovin Ryan 1-4-7-4-4-1-4-4-17	Rorgorac

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. uary 1

Ιdι	season	IS	aerinea	d	٥	ИC	ITI	I Jo	1/1	u
				п	Е	ıc	E	СТ	Е	C

			LEICESTER
2-2	100%	+£2.40	Simon & Ed Crisford 3yo+ maiden Tamaamm 3.00
2-6	33%	+£2.50	Saeed Bin Suroor 3yo+ maiden Karuoka, Night Hunter 3.00
2-7	29%	+£2.00	Archie Watson 3yo hcp Elvic 4.00
			LINGFIELD
3-8	38%	+£1.13	James Fanshawe 3yo+ hcp
8-14	57%	+£14.79	William Haggas 2yo non-hcp Hurry Up Hedley 4.15
4-11	36%	+£1.13	Richard Spencer 3yo+ hcp Louis Treize 4.45
			LINGFIELD (AW)
2-5	40%	+£9.00	Michael Bell 3yo hcp
			2017+ 7-22 32% +£22.00
			PONTEFRACT
4-14	29%	+£26.50	lan Williams 3yo+ hcp Mrs Dibble 6.15; Restorer 6.45; Dynali 8.15
4-10	40%	+£4.63	Ralph Beckett 3yo+ hcp
			WINDSOR
2-6	33%	+£24.33	Heather Main 3yo hcp
4-14	29%	+£16.00	Amy Murphy 3yo+ hcp Thegreatestshowman 6.30
7-28	25%	+£10.38	George Baker 3yo+ hcp Cemhaan 7.00
3-10	30%	+£18.08	Rae Guest 3yo+ hcp
3-10	30%	+£5.25	George Scott 3yo+ hcp

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

©=data is course specific

(therefore **bold** data with $\mathbf{e} = \text{today's course}$, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

LEICESTER

10-31 32% +£14.63 Hector Crouch/Ralph Beckett High Fibre 1.00; Surefire 2.00 2017+ 14-43 33% +f13.42

14-48	29%	+£4.79	Daniel Muscutt/Mike Murphy	
2.0	220/	. 645.33	The Charmer 1.00; Herecomes	
2-6			Faye McManoman/Michael Mullineaux	
4-16	25%		Andrea Atzeni/Michael Bell	
2-7	29%		Callum Shepherd/Hugo Palmer	
4-11	36%		©Daniel Muscutt/James Fanshawe	
31-111			Hector Crouch/Saeed Bin Suroor	
3-8	38%		©David Egan/Roger Varian	
4-7	57%		Richard Kingscote/William Haggas	
2-2	100%		©Callum Shepherd/Saeed Bin Suroor	
6-16	38%	+£16.60	Ryan Moore/Richard Hannon	Mr Tyrrell 3.30
			LINGFIELD	
3-11	27%		©Tom Queally/Gary Moore	
2-5	40%	+£7.75	William Buick/Charles Hills	Spurofthemoment 3.15
2-2	100%		© David Probert/Mark Loughnane	
			4-13 31% +£7.53	
5-12	42%	+£6.95	Cameron Noble/Roger Varian	Exuding 3.45
			2017+ 9-27 33% +£4.70	
2-8	25%	+£3.33	William Buick/Heather Main	Sir Randolph 4.15
			LINGFIELD (AW)	
3-7	43%	+£1.35	©Luke Morris/Sir Mark Prescott Bt	Yagan 1.45: Meisterzinger 2.15
3-11	27%	+£4.88	©Tom Queally/Gary Moore	Langafel 1.45: Starry Bee 3.45
2-7	29%		George Bass/Denis Coakley	
			2017+ 3-12 25% +£19.50	
2-2	100%	+£3.25	Cieren Fallon/James Ferguson	Prey For Glory 2.15
			PONTEFRACT	, ,
2-4	50%	±£1.64	©Clifford Lee/K R Burke	True Iom 5 15
6-22			Ella McCain/Tim Easterby	
3-9	33%		Harry Russell/Ollie Pears	
64-188	/-		Daniel Tudhope/William Haggas	
2-5	40%		Daniel Tudhope/Roger Fell	
3-9	33%		Joanna Mason/William Bethell	
3-7	43%		©Kevin Stott/Kevin Ryan	
5,	15 /0	. 25.25	WINDSOR	bergerae o. 15
2-7	29%	1.64.62	©Tom Marquand/Tom Ward	du Dallars E M. Davil's Cub 9 20
2-7 2-8			Alistair Rawlinson/Tom Dascombe	
2-8 12-40			Kieran Shoemark/Charles Hills	
3-12	30% 25%		©Nicola Currie/George Baker	
3-12 8-31	25%		Rob Hornby/Rae Guest	
3-8	38%		©Jack Mitchell/Roger Varian	
2-8	25%		Eoin Walsh/Saeed Bin Suroor	
2-0	23%	+12.33	EUIII WAISII/Saeeu DIII SUTUUT	Long Hauldon 7.30





Punting pointing for today's Irish action

Hot trainers

 TRAINERS with best wins-runs 		ıt least
two wins in last 14 days, Flat 8	Jumps	
W P Mullins	14 -38	37%
Denis W Cullen		
G M Lyons	5 -16	31%
Jack W Davison		
M C Grassick		
Brian M McMahon		
Henry de Bromhead		
A P O'Brien		
M D O'Callaghan E J O'Grady	2 -8	25%
E J O'Grady	2 -8	25%

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Since a win: DAYS	KUNS
Leonard Paul FlynnX	50
Peter McCreery1741	151
John C McConnell68	121
CA Kingston 1722	
G A Kingston 1733	84
Miss Katy Brown285	78
B A Murphy764	69
John Joseph Hanlon 38	60
B A Murphy	56
I Vound 298	54
L Young 298 V T O'Brien 255	50
V I U Bileli233	
Augustine Leahy231	44
Paul John Gilligan184	41
J F Levins88	38
Mervyn Torrens584	37
Mrs Denise Foster11	36
W J Martin 295	33
A J Martin57	33
E D Delany 249	31
	31
Garvan Donnelly212	
Conor O'Dwyer55	31
E Sheehy 76	30
J S Bolger15	29
Thomas Classes 120	
Thomas Cleary138	27

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

John C McConnellList	4 -10	40%
John E KielyList	3 -10	30%
W P MullinsList	27 -99	27%
G M LyonsGowr	32 -132	24%
Noel MeadeList	5 -22	23%
A P O'BrienGowr	29 -143	20%

Trainers off course

• Trainers with most course losers since last win (today's code)

min (today 5 code)		
 X=no course winner (since 1 J. Since a win: 	an 198	(9)
Timothy DoyleGowr	1463	58
John C McConnellGowr	740	46
M HalfordGowr	722	43
W J MartinGowr	X	42
Garvan DonnellyGowr	X	39
J G CooganGowr	9391	35
P J F MurphyGowr	2815	33
Aidan Anthony Howard		
Gowr	X	31
James Joseph Mangan List	3180	30
Mrs John Harrington Gowr		30

Class of 5-30

Trainers with best winners-horses % under all

 Restricted to trainers with between 5 and 30 				
individual runners. Total wins in brackets.				
Seamus Spillane (6)5-7				
John E Kiely (13)10-20	50%			
D M Christie (17) 8 -18	44%			
Michael Mulvany (16)12-28	43%			

Class of 31-60

Trainers with best winners-horses % under all

codes in the past 12 months.	
 Restricted to trainers with between 31 a 	and 60
individual runners. Total wins in bracket	
Thomas Gibney (24)15-32	47%
Matthew J Smith (32)19-43	44%

Trainer trace

Horses who have switched trainers since their

Includes current trainer's record with new

va svuits under tedau/s sede
recruits under today's code
Coins Cross
Bertie's Princess
Garry Caldwell→W J Martin 0 -7 0%
DasheenGowr 3.20
Kevin Thomas Coleman→P J F Murphy 0 -7 0%
MagyarGowr 3.20
Denis Gerard Hogan→Jennifer Monaghan 0 -0 0%
Tuamhain Gowr 3.20
Noel C Kelly→Mervyn Torrens 0 -4 0%
Vulong Transcend Gowr 3.20
Mrs John Harrington→Michael G Cleary 0-10.0%
Mrs John Harrington→Michael G Cleary <i>0-10 0</i> % Zahee
Adrian McGuinness→John C McConnell 1-66 2%
CurraghglassGowr 4.25
John M Oxx→K J Condon 1-17 6%
One For DellaList 1.35
Timothy Doyle→W J Austin 0 -2 0%
Shannon GrayList 1.35
Cillian Scott - Fain Christophar McCarthy 2 14 149/
Gillian Scott→Eoin Christopher McCarthy 2 -14 14% Cosmology List 2.05
John M Oxx→V T O'Brien 0 -6 0%
James Andrew Fahey→Eoin Christopher McCarthy 2-1414%
Wouldn't You AgreeList 2.05
E Bolger→Eoin Griffin 1-2 50%
MortalList 4.05 Joseph Patrick O'Brien→Mrs Denise Foster 22 -165 13%
Joseph Patrick O'Brien→Mrs Denise Foster 22 -165 13%
MakeshiftList 4.35
Miss M Harding→Anthony Mullins 0 -7 0%
Master AppealList 4.35
John E Kiely→James Joseph Mangan 1-4 25%
Street FighterList 5.05
E J O'Grady→G T Hourigan 0 -1 0%
,

Prime time

 Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of

20%.		
Barry J FitzGerald 2-6	33%	+33.00
J Motherway 3-9		
Henry de Bromhead	/-	. 27100
neilly de broillileau		
38 -212	18%	+20.80
John E Kiely 4-26	15%	+23.50
Karl Thornton 5-33		
Terence O'Brien 2-16	13%	+58.00
John C McConnell 16-131		
		+23.90
		+33.00
Ross O'Sullivan 3-48	6%	+35.00

Training newcomers

 WINS-RIINS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in

D K Weld3yo Gowr	3 -24	13%
all 3yo newcomers 24-165 15% G M Lyons3yo Gowr	1 -13	8%
all 3yo newcomers 11-71 15%		

Hot jockeys

 JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Annalise Cullen	Gowr	3-4	75 %
Oisin Orr	Gowr	5 -16	31%
Colin Keane	Gowr	10 -47	21%

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or

Liam McKenna	List	171	61
Ambrose McCurtin	List	112	59
Mr S Fenelon	List	238	57
Jordan Canavan	List	807	49
E O'Connell	List	269	43
T Joseph Kelly	List	71	41
Barry Browne	List	53	39
Mr J'C Barry	List	75	35
Ryan Treacy	List	50	35
Jáck Gilligan	List	2496	34
Killian Leonard	Gowr	282	33
Cian Cullinan	List	626	32
Adam Short	List	24	31

Course jockeys

• JOCKEYS with best wins-rides % from at least

Simon TorrensList Dylan Browne		
McMonagleGowr	4 -20	20%
Mr P W MullinsList	4 -20	20%

Jockeys off course

Jockeys with most course losers since last win (today's code)

(today 3 code)			
• X=never ridden	course winne	r	
	Since a win:	DAYS R	IDES
Robbie Colgan		761	74
Mark Gallagher			45
Declan McDono	ghGowr	620	40
Killian Leonard	Gowr	761	32
Ryan Treacy Adam Short	List	X	30
Adam Short	List	X	30

Overweight alert

 JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that

Mikey Hamill (3)	min wt 10-5
Heroes Of Renown, List 3.35	, 10-3
P J O'Hanlon (7)	min wt 9-9
Wowsham, List 3.35, 9-7	
Willie Byrne (4)	min wt 8-8
Tuamhain, Gowr 3.20, 8-7	

First-time geldings

• HORSES running for the first time since being

DATA excludes horses trained outside GB & Ireland

 Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Yulong TranscendGowr	3.20
Michael G Cleary 0-1 0%; all 2%	
Cu RoiGowr	5.25
John Joseph Murphy 1-14 7%; all 6%	

Headgear left off

 HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Wextord SoilGowr	1.50
Rebel TaleGowr	
Zig Zag ZyggyGowr	2.20
Barend BoyGowr	2.50
Adapt To DanGowr	3.20
Angel's TrumpetGowr	3.20
BruinneallGowr	3.20
ZaheeGowr	3.20
CocobananaGowr	
First BloodGowr	
Le Figaro FaoudelList	3.05
Play The KnaveList	3.05
Effernock FizzList	4.05
Peregrine RunList	4.05

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race

2.20 Gowran Park

Cyrus Dallin 3 (0) v 0 (0) lee Cold In Alex Silver Service 3 (0) v 0 (0) Godhead Silver Service 2 (0) v 2 (0) Cyrus Dallin Silver Service 2 (0) v 1 (1) Galtee Mist

Dream Today 2 (0) v 1 (0) Godhead

Silver Service 2 (0) v 1 (0) Dream Today

Silver Service 2 (0) v 1 (0) Royal Canford

2.50 Gowran Park

Power Of Lazarus 3 (0) v 1 (0) Dark Design Sweet Justice 3 (0) v 0 (0) Power Of Lazarus

Sweet Justice 3 (0) v 1 (0) Power Of Lazarus
Dark Design 2 (0) v 1 (0) Sweet Justice
3.20 Gowran Park
Summer's Dream 3 (1) v 1 (0) Adapt To Dan
Loudest Whisper 2 (0) v 1 (1) The Lady's Bid
4.55 Gowran Park
Dundory 3 (1) v 0 (0) Loingseoir
Vocito 3 (0) v 0 (0) No Stopping Her
Clustheer 2 (0) v 1 (0) Loingseoir

Overheer 2 (0) v 1 (0) Loingseoir

4.35 Listowel
Winged Leader 3 (0) v 0 (0) Three Loud Knocks Winged Leader 2 (0) v 1 (0) On The Sod Three Loud Knocks 1 (0) v 0 (0) Makeshift

Repeat performance

• HORSES who ran in same race in previous

Ice Cold In Alex	Gowr 2.20
19: 3 of 7, btn 13/4l, OR82, 8/1	N G McCullagh
19: 3 of 7, btn 1 ³ / ₄ l, OR82, 8/1 Magnetic North	Gowr 4.55
19: 5 of 9, btn 7l, OR83, 7/1	Robbie Colgan

Seven-day winners

 TRAINER'S wins-runs record with horse reappearing within 7 days of a win, com with next-time-out record for all winners 	
Galtee MistGowr	2.20
won Listowel, Saturday	
Joseph G Murphy 5-47 11%; all 7%	
Is That LoveGowr	2.20
won Roscommon, Monday	
Adrian McGuinness 18-162 11%; all 8	3%
LoingseoirGowr	4.55
won Roscommon, Monday	
M C Grassick 3-26 12%; all 4%	
OverheerGowr	4.55
won Leopardstown, Thursday	
Joseph G Murphy 5-47 11%; all 7%	
Aurora PrincessGowr	5.25
won Leopardstown, Thursday	
Mrs John Harrington 14-86 16%; all 1	1%

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

· Data is current plus last four years, any

The Lady's BidGowr	3.20 21 5
19.6.20 won after 226 days off DasheenGowr	3.20 23 7
11.4.17 won after 197 days off MindsmadeupList	3.35 218
10.7.20 won after 194 days off	

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

 One For Della
 List
 1.35

 Tram 5 Jun reserve (50/1) 0-2 0%
 Edge Of My Seat
 Gowr
 1.50

Aidan Anthony Howard
 Gowr
 1.50

Tipp 1 Jun reserve (12/1) 0-11 0%
Performance Plus

Tipp 1 Jun reserve (No Odds) 1-27 3%

Jazz Session John C McConnell Gowr 1.50
Rosc 31 May withdrawn; unseated rider and got

Sean Thomas Doyle
Kbgn 6 Jun reserve (33/1) 0-6 0%
Helios d'Aubrelle
Thomas Cooper List 2.35

List 2.35 Punc 31 May unsuitable ground (33/1) 0-6 0% **Barend Boy**G A Kingston Gowr 2.50 List 5 Jun reserve (33/1) 0-2 0% Power Of Lazarus

......Ciaran Murphy Gowr 2.50 List 6 Jun reserve (8/1) *0-5* 0% Swiss Cottage Karl Thornton Gowr 2.50 List 6 Jun reserve (14/1) 0-6 0% Poetic Choice

............Keith Henry Clarke Gowr 2.50 Rosc 31 May reserve (14/1) 0-7 0% **Better Than Heaven** J P Flavin List 3.05 Tram 5 Jun unsuitable ground (No Odds) 0-0 0%

Silaiyli	5
Thefaithfulindian	
Aidan Anthony Howard Gowr 4.5	5
Leop 3 Jun stone bruise (16/1) 0-11 0%	
Cafe Con Leche	
Denis Gerard Hogan Gowr 4.5	5
Rosc 31 May unsuitable ground (16/1) 2-94 29	%
She's Good Company	
Adrian McGuinness Gowr 5.2	5
Leop 3 Jun reserve (6/1) 4-60 6%	

Following favourites

 RACES that show a profit for favour 	ırites
Gowr 3yo + H'caps List H'cap Hdles	+14.70
List H'cap Hdles	+9.62
Gowr 3yo + Non-H'caps	+2.89

Dropping down

HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Dark Design	Gowr 2.50	w55	-10
Darkened	Gowr 2.50	w68	-4

Coming on

HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement

Make My Heart FlyList 4.05 07/07/20 2 of 4, 113; 13/07/20 1 of 6, 128;

Postmark pick

Time warp

 Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

Hidden SparkGowr	2.50	57
LoingseoirGowr	4.55	80
Evergreen And Red Gowr		

Time and again

- Horses who recorded a career best TS last
- time out and are reappearing within 7 days.

 Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.

 Only those who achieved a TS of at least 75
- are listed.



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

◆For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

◆ After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ❖=no runners on day 3-18 17% **72% D K Weld *-*-***-5-***-**4574-2-***-**4736-267-***-**114-12 14-38 37% **63% W P Mullins** 555-2122315-**\$**-61-**\$**-1FF1301-42-1174-**\$**-**\$**-**\$**-612-7F13

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

W-R		RTF	
0-7	0%	0%	Thomas Cleary * -F8- *-*-* -0-0- *-* -0-0
0-6	0%	0%	Augustine Leahy
0-5	0%	0%	Leanne Breen
0-10	0%	10%	E Sheehy
1-10	10%	10%	R K Watson
0-15	0%	13%	Paul W Flynn 3- *-* - * -6- * -5-800099- * -P8-0-8-00- *
0-8	0%	13%	T G McCourt
0-6	0%	17%	A J Martin *-*-*- 9-0-0-50- *-* -0- *-*
1-6	17%	17%	Terence O'Brien

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

		GOWKAN PAKK
4.55	4-4 + £20.46	J S Bolger 1-1-1-1
		LISTOWEL
4.05	3 -11 +£9.00	Henry de Bromhead 6-16-P-1-10-7890-❖Abbey Magic, Ornua

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet:

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

GOWRAN PARK

5-16	31%	+£8.35	W McCreery 3yo maiden	Punakha 1.50
2-5	40%	+£4.00	Andrew Slattery 3yo+ hcp	Rebel Tale 2.20
6-19	32%	+£13.73	G M Lyons 3yo+ maiden	Licence 4.25
2-6	33%	+£3.00	B A Murphy 3yo+ hcp	Waterville Lady 4.55
2-5	40%	+£4.00	Joseph Patrick O'Brien 3yo+ hcp	Eternal Presence 4.55

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

©=data is course specific (therefore **bold** data with **©** = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

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