



## Signposts Sweetspots

### Power to excel again at Pontefract

#### Healing Power 1.30 Leicester

Ivan Furtado is operating at a 67 per cent strike-rate in the last two weeks and he sends Healing Power to Leicester. The five-year-old is his only runner of the day.

#### Watch My Six 7.30 Windsor

Roger Varian and Jack Mitchell have a 38 per cent strike-rate when teaming up at Windsor and they join forces with Watch My Six, who should come on for a debut fourth last month.

#### Excel Power 8.45 Pontefract

Archie Watson has a 23 per cent strike-rate at Pontefract and sends Excel Power to the venue. This son of Slade Power has been impressive in winning his last three races.

### Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Ivan Furtado	4-6	67%
Charlie Appleby	5-9	56%
George Baker	3-8	38%
Sir Mark Prescott Bt	4-13	31%
William Haggas	11-38	29%
John Mackie	3-11	27%
David Simcock	6-24	25%
Michael Bell	5-20	25%
Mark Usher	3-12	25%
Simon Dow	2-8	25%
Kevin Philippart de Foy	2-8	25%
Chris Wall	2-8	25%

### Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Kevin Frost	160	55
Robyn Brisland	34	48
Clare Hobson	204	43
Adam West	48	43
Laura Mongan	180	41
Luke McJannet	137	36
Linda Stubbs	150	29
Ollie Pears	37	26
David Evans	16	26
Tom Tate	220	25

### Course trainers

● TRAINERS with best wins-runs % from at least three course wins

Ralph Beckett	Pont	13-31	42%
Charlie Appleby	Leic	6-17	35%
Simon & Ed Crisford	Wind	6-21	29%
William Haggas	Ling	49-172	28%
Roger Varian	Ling	37-134	28%
William Haggas	Wind	19-67	28%
Roger Varian	Wind	14-54	26%
Saeed Bin Suroor	Leic	10-38	26%
Sir Michael Stoute	Leic	13-52	25%
Roger Varian	Leic	13-55	24%
Archie Watson	Pont	3-13	23%
William Haggas	Leic	10-45	22%
James Fanshawe	Leic	6-27	22%
Archie Watson	Ling	71-334	21%
Mark Johnston	Leic	23-109	21%
Michael Bell	Leic	11-53	21%
Ivan Furtado	Leic	7-33	21%

### Trainers off course

● Trainers with most course losers since last

win (today's code)

● X=no course winner (since 1 Jan 1989)

Robert Eddery	Wind	2205	52
David Evans	Wind	609	48
Mark Usher	Ling	2938	42
Mark Loughnane	Leic	1500	39
Marco Botti	Ling	2459	37
Mark Loughnane	Wind	X	36
Ann Duffield	Pont	1779	35
Richard Hughes	Wind	693	33
Les Eyre	Leic	X	32
Tim Easterby	Leic	952	31
Mark Loughnane	Ling	2889	30
David C Griffiths	Pont	X	30

### Tracking trainers

● TRAINERS with first course runner in more than two years, showing years since previous runner

● Confined to trainers with course winner or having first course runner

● Course wins-runs record in past 20 years

Patrick Owens	Ling	1st
William Muir & Chris Grassick	Pont	1st
Ruth Jefferson	Pont	1st
Chelsea Banham	Wind	1st
Debbie Hughes	Wind	1st
T J Kent	Wind	1st

### Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Brett Johnson (14)	8-15	53%
Chris Dwyer (11)	7-15	47%
Jim Boyle (25)	13-29	45%
David Elsworth (16)	10-22	45%
John Mackie (20)	12-28	43%
Sean Curran (22)	11-26	42%

### Class of 31-60

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Antony Brittain (39)	18-32	56%
Tom Clover (41)	27-57	47%
Rae Guest (25)	15-33	45%
Heather Main (27)	15-34	44%

### One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

## Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards  
POI=profit on investment.

	Wins	Places	Runs	%	POI%
Wind operation	183	294	1837	10	-22.5
Gelding first race	329	562	3402	10	-21.7
Blinkers first-time	145	284	1951	7	-26.5
Visor first-time	99	197	1125	9	-15.4
Hood first-time	105	208	1513	7	-25.3
Tongue-strap first-time	321	586	4016	8	-30.7
Cheekpieces first-time	331	592	3828	9	-24.0
Course winner	2395	3783	19006	13	-21.7
Distance winner	4983	8000	41759	12	-20.2
CD winner	1447	2268	11127	13	-23.1
BF last run	2353	2757	11684	20	-16.5
Debutant	671	1396	9716	7	-35.0
Days off (1-14)	2995	5257	28065	11	-25.2
Days off (15 to 50)	6867	11728	64116	11	-24.0
Days off (51 to 100)	923	1570	9952	9	-20.7
Days off (101 to 365)	1865	3076	19650	9	-19.3
Days off (365+)	86	135	1263	7	-18.4
Trainer first-time	563	979	6761	8	-24.6

Tony Carroll	Eastern Star	Leic	1.30
Ivan Furtado	Healing Power	Leic	1.30
Charlie Appleby	Desert Wisdom	Leic	3.00
David Loughnane	Mr Sensible	Leic	3.00
Roger Charlton	Keeper	Ling	1.45
Andrew Balding	Tanglewood Tales	Ling	1.45
K R Burke	True Gem	Pont	5.45
John Quinn	Mr Wagyu	Pont	6.15
Antony Brittain	Canford Bay	Pont	7.15
Roger Fell	Dapper Man	Pont	7.15
Brian Ellison	Tommy Tittlemouse	Pont	8.45
Rod Millman	Toptime	Wind	5.30
Amy Murphy	Thegreatestshowman	Wind	6.30
George Baker	Cemhaan	Wind	7.00
David Simcock	Clovis Point	Wind	7.30

### Trainer trace

● Horses who have switched trainers since their latest run.

● Includes current trainer's record with new recruits under today's code

Battle Of Toro	Leic	2.30
A Fabre→Simon & Ed Crisford	6-32	19%
Top Secret	Leic	3.30
Clive Cox→William Muir & Chris Grassick	1-15	7%
Elvic	Leic	4.00
Roger Charlton→Archie Watson	23-77	30%
Billyfairplay	Pont	6.15
Ronald Thompson→David C Griffiths	1-21	5%
Broken Rifle	Pont	7.45
Ivan Furtado→William Bethell	1-5	20%
Clashaniska	Wind	8.00
Tony Carroll→Adam West	0-23	0%
Jaffathegaffa	Wind	8.30
Adam West→Gary Moore	4-69	6%

### Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Charlie Appleby	48-188	26%	+25.40
Les Eyre	10-54	19%	+32.30
Tom Clover	14-78	18%	+74.90
Ian Williams	45-277	16%	+50.00

Hugo Palmer	29-189	15%	+51.80
Patrick Chamings	8-61	13%	+28.10
William Knight	14-108	13%	+71.60
Clive Cox	32-260	12%	+80.60
Ann Duffield	9-75	12%	+221.00
Eve Johnson Houghton	26-210	12%	+37.60
Amy Murphy	11-104	11%	+21.30

### Training newcomers

● WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Mark Johnston	2yo Leic	3-9	33%
all 2yo newcomers	71-457	16%	
Simon & Ed Crisford	3yo Wind	1-3	33%
all 3yo newcomers	2-37	5%	
Ralph Beckett	3yo Wind	2-9	22%
all 3yo newcomers	9-73	12%	
Clive Cox	2yo Wind	4-19	21%
all 2yo newcomers	28-194	14%	
Kevin Ryan	2yo Pont	1-8	13%
all 2yo newcomers	26-217	12%	
Mark Johnston	2yo Pont	0-12	0%
all 2yo newcomers	71-457	16%	
Archie Watson	2yo Leic	0-6	0%
all 2yo newcomers	41-206	20%	
Kevin Philippart de Foy	2yo Leic	0-0	0%
all 2yo newcomers	1-3	33%	
Kevin Philippart de Foy	2yo Ling	0-0	0%
all 2yo newcomers	1-3	33%	

### Trainers & jockeys

● TRAINER-JOCKEY combinations with best % from at least three course wins

Roger Varian-David Egan	Leic	38%
all Leic; trainer 24%; jockey 17%		
Roger Varian-Jack Mitchell	Wind	38%
all Wind; trainer 26%; jockey 14%		
James Fanshawe-Daniel Muscutt	Leic	36%
all Leic; trainer 22%; jockey 15%		
William Haggas-Tom Marquand	Wind	33%
all Wind; trainer 28%; jockey 15%		



William Haggas-Daniel Tudhope
George Baker-Nicola Currie
Paul Midgley-Kevin Stott
Kevin Ryan-Kevin Stott
Paul Midgley-Graham Lee

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps
Rob Hornby
Kieran Shoemark
Sean Bowen
Ella McCain
Mark Crehan
Cieren Fallon
Marco Ghiani
Stefano Cherchi
Dane O'Neill
Nicola Currie
William Buick
Tom Marquand
Hayley Turner
Daniel Tudhope
James Sullivan
William Cox
Tom Queally
Thore Hammer Hansen

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days
William Carson
Darragh Keenan
Jamie Gormley
Josephine Gordon
George Wood
Jack Garritty

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins
Ryan Moore

Jockeys off course

Jockeys with most course losers since last win (today's code)
X=never ridden course winner
Kieran O'Neill
James Sullivan
Shane Kelly

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting
Lewis Edmunds
Fay Egan
Faye McManoman
Andrea Atzeni
Robert Havlin
Pat Cosgrave
Royston french
Martin Dwyer
Jonathan Fisher
Josephine Gordon
Paddy Mathers
Kieran Schofield
Howard Cheng
Danny Brock

John Fahy
Cameron Noble
Louis Steward
Jane Elliott
Jack Garritty
Tony Hamilton
Clifford Lee
Andrew Elliott
Jamie Gormley
Jason Hart
Harrison Shaw
Gemma Tutty
Phil Dennis
Joanna Mason
Edward Greatrex
Adam McNamara
Ben Robinson
George Downing
Ryan Tate
Sean Bowen
Eoin Walsh

First-time geldings

HORSES running for the first time since being gelded
DATA excludes horses trained outside GB & Ireland
Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners
Battle Of Toro
Simon & Ed Crisford
Taraashoq
William Haggas
Zoolander
Jamie Osborne

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery
Data excludes horses trained outside GB
Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
Data first made available on 19 Jan 2018
Cemhaan
George Baker

First-time blinkers

Horses wearing blinkers, hood or visor for the first time
Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners
Current and previous year, any code
Battle Of Toro (v)
Simon & Ed Crisford
Top Secret (h)
William Muir & Chris Grassick
Ironside (b)
John & Thady Gosden
Triggered (b)
Mark Loughnane
Whistledown (h)
Mick Channon
Louis Treize (v)
Richard Spencer
Obtuse (v)
David Evans

Tongue-tied

HORSES wearing tongue strap for the first time
Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners
Current and previous year, any code
Highest Ground
Sir Michael Stoute

Emulate Rose
Luke McJannet
Midnight Stripper
Golden Claim
Canford Bay
Cemhaan
Agent Saonois
Executive
Luke Dace

Cheekpieces

HORSES wearing cheekpieces for the first time
Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners
Current and previous year, any code
Danny Bleu
Clare Ellam
Largo Bay
Richard Hughes
Trepidation
Brett Johnson
Dandy's Max
Stella Barclay
Russellinthebushes
Tom Dascombe

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.
Effronte
Oakenshield
Goodwood Glen
Poetry And Art
Fairy Fast
Thegreatestshowman
Jaffathegaffa
Zoolander

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost
Showing trainer's wins-runs record with next outing of winning & losing gambles
Bastogne
David Evans
Almufeed
Sean Curran
Turna
Robert Cowell
Agent Saonois
Neil Mulholland

Best Seller

HORSES dropped to selling class for the first time under today's code
Trainer's wins-runs record in sellers is compared with record with selling debutants (current and previous year)
Eastern Star
Effronte
Healing Power
Luckyanangel
Oakenshield
Red Bravo

Travellers' check

Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years
Brasca
Ralph Beckett

Trying a trip

HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before
Lunar Shadow
Quintessa
Sky Blue Thinking
Wirraway
Long Tradition

Handicap debut

Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.
Showing trainer's win-run record with handicap debutants (current season plus four)
Camelot Tales
Simon & Ed Crisford
Surefire
Ralph Beckett
Thunder Sun
Sir Michael Stoute
Keeper
Roger Charlton
Meisterzinger
Sir Mark Prescott
Super Proud
William Haggas
Tregony
Clive Cox

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs
Course/distance wins are shown in brackets
Mr Orange

Anything to report

HORSES whose last outing has official explanation from connections. See form for details
Oz Legend
Herecomesarchie
Cruyff Turn
Moretti
Visibility
Emulate Rose
Kartvelian
Blue Beret
Meisterzinger
The Vegas Raider
Compass Point
Trepidation
Strong Power
Queen Of Asia
Tilsworth Rose
Al Madhar
Saluti
Ventura Express
Flint Hill
Warranty
Amor de Mi Vida
Highest Ambition
Hotalena
Obtuse
Squelch
Clashaniska
Executive
Tregony
Zoolander

Repeat performance

HORSES who ran in same race in previous seasons
Mr Orange



6.15

17: 2 of 15, btn 2 1/4, OR65, 11/2 Tony Hamilton  
**Sfumato** .....Pont **6.15**  
19: 9 of 11, btn 15l, OR63, 10/1 Andrew Mullen  
**Dapper Man** .....Pont **7.15**  
18: 2 of 9, btn 1/2l, OR68, 3/1 Ben Sanderson

### Week link

● HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

**031 Mr Wagyu** .....Pont 6.15  
*6f Haml 13.6.18; 6f Ripn 7.6.18*

### Seven-day winners

● TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

**Yagan** .....Ling 1.45  
won Bath, Friday  
*Sir Mark Prescott Bt 28-68 41%; all 16%*  
**Mr Wagyu** .....Pont 6.15  
won Hamilton, Thursday  
*John Quinn 12-45 27%; all 12%*  
**Puckle** .....Pont 7.45  
won Nottingham, Wednesday  
*Mark Johnston 61-291 21%; all 15%*  
**Dynali** .....Pont 8.15  
won Chelmsford (A.W), Monday  
*Ian Williams 18-92 20%; all 12%*

### Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)  
● Trainers wins-runs record with such runners, current season plus

**Oz Legend** .....Hugo Palmer Leic 2.00  
Donc 5 Jun unsuitable ground (9/2) 5-45 11%  
**Camelot Tales** .....  
.....Simon & Ed Crisford Leic 2.00  
Epsm 5 Jun unsuitable ground (10/1) 3-8 37%  
**Top Secret** .....  
.....William Muir & Chris Grassick Leic 3.30  
Chep 5 Jun unsuitable ground (6/1) 0-0 0%  
**Hemmsa** .....T J Kent Wind 5.30  
Rdcr 31 May self certificate (8/1) 0-0 0%  
**Elektronic** .....Richard Hughes Wind 5.30  
Ling 1 Jun unsuitable ground (13/2) 7-38 18%  
**Highest Ambition** Marco Botti Wind 5.30  
Rdcr 31 May self certificate (8/1) 5-24 20%  
**Yimou** .....Dean Ivory Wind 6.30  
Epsm 5 Jun unsuitable ground (5/1) 2-13 15%

### Multiple entries

● Horses running today who have three or more further engagements this week (total in brackets)

**Keeper** (3) *Roger Charlton* .....Ling 1.45  
**Yagan** (3) *Sir Mark Prescott Bt* .Ling 1.45  
**Meisterzinger** (4)  
*Sir Mark Prescott Bt* .....Ling 2.15

### Following favourites

● RACES that show a profit for favourites

Leic 3yo+ H'caps ..... **+9.39**  
Wind 2yo Non-H'caps ..... **+9.10**  
Ling 2yo Non-H'caps ..... **+7.06**  
Pont 2yo Non-H'caps ..... **+3.74**  
Leic 2yo Non-H'caps ..... **+1.33**  
Leic 3yo+ Non-H'caps ..... **+0.96**

### Lower class

● HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

**Rickenbacker** Cls2→Cls5 .....Leic 1.00

### Dropping down

● HORSES racing off lower official handicap

rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

**Heer We Go Again** Wind 8.00 w75 -9  
**Shanghai Rock** .....Leic 4.00 w71 -8  
**Saluti** .....Pont 7.15 w83 -8  
**Gullane One** .....Pont 6.15 w64 -5  
**Canford Bay** .....Pont 7.15 w78 -5  
**Magical Effect** .....Pont 6.15 w73 -1

### Postmark pick

● RP RATING's most clear in handicaps

**Arabescato** .....Pont 8.15 **3**

### Time warp

● Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

**Granary Queen** .....Leic 4.00 **33**  
**Kartvelian** .....Leic 4.00 **32**  
**Obee Jo** .....Pont 7.15 **31**  
**Puckle** .....Pont 7.45 **31**  
**Dynali** .....Pont 8.15 **35**  
**Amor de Mi Vida** .....Wind 5.30 **31**

### Card and fast

● Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

**Yimou** .....Wind 6.30 **90 1**

### Time and again

● Horses who recorded a career best TS last time out and are reappearing within 7 days.

● Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.

● Only those who achieved a TS of at least 75 are listed.

**Be Prepared** .....Ling 3.15 **76**  
*John Bridger 1-5 20%; all 6%*

### Top marks

● Horses top-rated and selected by both RPR and TopSpeed

**Highest Ground** .....Leic 2.30 1/2  
**Amor de Mi Vida** .....Wind 5.30 11/4  
**Yimou** .....Wind 6.30 5/1  
**Sea Sylph** .....Wind 7.30 6/4  
**Pink Flamingo** .....Wind 8.00 12/1

### Most popular nap

● MOST popular tip in Racing Post/Coral Naps Competition

● Data excludes yesterday's results

**Surefire** .....Leic 2.00 **4**  
From Jan 1: W 68; L 190; £1 bet -23.20

### Tipsters in form

● TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Andy Morris (5) .....  
.....**Highest Ground** Leic 2.30  
myracing.com (2) .....**Surefire** Leic 2.00

### Tipsters' trainers

● TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Sunday Express .....**Yagan** Ling 1.45  
*Sir Mark Prescott Bt 3-6 +£2.63*  
Newsboy .....**Surefire** Leic 2.00  
*Ralph Beckett 3-6 +£2.75*  
Templegate .....**Thunder Sun** Leic 2.00  
*Sir Michael Stoute 3-5 +£3.05*  
Lambourn .....**Spooft** Wind 6.30  
*Charles Hills 9-37 +£2.33*





TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table with columns for W-R, RTF, and trainer names with their respective win percentages and runner counts.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table with columns for W-R, RTF, and trainer names with their respective win percentages and runner counts.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table listing trainers and their performance in specific races, including names like Paul Midgley and Kevin Ryan.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Large table listing trainers and their performance at various courses like Leicester, Lingfield, and Windsor.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

©=data is course specific (therefore bold data with © = today's course, current season). Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

Table listing jockey bookings for Leicester, including Hector Crouch and Ralph Beckett.

Table listing trainers and their performance in various races, including names like Daniel Muscutt and Faye McManoman.

LINGFIELD

Table listing trainers and their performance at Lingfield racecourse.

Table listing trainers and their performance at Lingfield racecourse.

Table listing trainers and their performance at Lingfield racecourse.

LINGFIELD (AW)

Table listing trainers and their performance at Lingfield racecourse (All-Weather).

PONTEFRACT

Table listing trainers and their performance at Pontefract racecourse.

WINDSOR

Table listing trainers and their performance at Windsor racecourse.



Hot trainers

Table of hot trainers with columns for name, wins, and percentage. Includes W P Mullins, Denis W Cullen, G M Lyons, etc.

Cold trainers

Table of cold trainers with columns for name, wins, and percentage. Includes Leonard Paul Flynn, Peter McCreery, John C McConnell, etc.

Course trainers

Table of course trainers with columns for name, wins, and percentage. Includes John C McConnell, John E Kiely, W P Mullins, etc.

Trainers off course

Table of trainers off course with columns for name, wins, and percentage. Includes Timothy Doyle, John C McConnell, M Halford, etc.

Class of 5-30

Table of class of 5-30 with columns for name, wins, and percentage. Includes Seamus Spillane, John E Kiely, M Christie, etc.

Class of 31-60

Table of class of 31-60 with columns for name, wins, and percentage. Includes Thomas Gibney, Matthew J Smith, etc.

Trainer trace

Text describing trainer trace criteria: horses who have switched trainers since their latest run.

recruits under today's code

Table of recruits under today's code with columns for name, wins, and percentage. Includes Coins Cross, Eddie & Patrick Harty, Bertie's Princess, etc.

Prime time

Table of prime time with columns for name, wins, and percentage. Includes Barry J FitzGerald, J Motherway, Henry de Bromhead, etc.

Training newcomers

Table of training newcomers with columns for name, wins, and percentage. Includes D K Weld, G M Lyons, etc.

Hot jockeys

Table of hot jockeys with columns for name, wins, and percentage. Includes Annalise Cullen, Oisín Orr, Colin Keane, etc.

Cold jockeys

Table of cold jockeys with columns for name, wins, and percentage. Includes Sean Bird, Liam McKenna, Ambrose McCurtin, etc.

Course jockeys

Table of jockeys with best wins-rides % from at least three course wins. Includes Simon Torrens, Dylan Browne, etc.

Jockeys off course

Table of jockeys off course with columns for name, wins, and percentage. Includes Robbie Colgan, Mark Gallagher, Declan McDonogh, etc.

Overweight alert

Table of overweight alert with columns for name, min wt, and max wt. Includes Mike Hamill, Heroes Of Renown, P J O'Hanlon, etc.

First-time geldings

Table of first-time geldings with columns for name, wins, and percentage. Includes Yulong Transcend, Michael G Cleary, Cu Roi, etc.

Headgear left off

Table of headgear left off with columns for name, wins, and percentage. Includes Wexford Soil, Rebel Tale, Zig Zag Zygygy, etc.

Best of rivalries

Table of best of rivalries with columns for name, wins, and percentage. Includes Cyrus Dallin, Silver Service, Dream Today, etc.

Repeat performance

Text describing repeat performance criteria: horses who ran in same race in previous seasons.

seasons

Table of seasons with columns for name, wins, and percentage. Includes Ice Cold In Alex, Magnetic North, etc.

Seven-day winners

Table of seven-day winners with columns for name, wins, and percentage. Includes Galtee Mist, Joseph G Murphy, Is That Love, etc.

Fresh start

Table of fresh start with columns for name, wins, and percentage. Includes The Lady's Bid, Dasheen, Mindsmadeup, etc.

Out & about

Table of out & about with columns for name, wins, and percentage. Includes Aidan Anthony Howard, One For Della, Edge Of My Seat, etc.



**Silaiyli** .....M Halford Gowr 4.25  
 Rosc 31 May reserve (33/1) 3-28 10%  
**Thefaithfulindian** .....  
 .....Aidan Anthony Howard Gowr 4.55  
 Leap 3 Jun stone bruise (16/1) 0-11 0%  
**Cafe Con Leche** .....  
 .....Denis Gerard Hogan Gowr 4.55  
 Rosc 31 May unsuitable ground (16/1) 2-94 2%  
**She's Good Company** .....  
 .....Adrian McGuinness Gowr 5.25  
 Leap 3 Jun reserve (6/1) 4-60 6%

### Following favourites

• RACES that show a profit for favourites  
**Gowr 3yo+ H'caps** ..... +14.70  
**List H'cap Hdles** ..... +9.62  
**Gowr 3yo+ Non-H'caps** ..... +2.89

### Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

**Dark Design** .....Gowr 2.50 w55 -10  
**Darkened** .....Gowr 2.50 w68 -4

### Coming on

• HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

**Make My Heart Fly** .....List 4.05  
 07/07/20 2 of 4, **113**; 13/07/20 1 of 6, **128**;

### Postmark pick

• RP RATING's most clear in handicaps  
**Aurora Princess** .....Gowr 5.25 **3**

### Time warp

• Horses running on Flat who won last time out but whose Top speed rating was two stone below their RPR.

**Hidden Spark** .....Gowr 2.50 **57**  
**Loingseoir** .....Gowr 4.55 **80**  
**Evergreen And Red** ...Gowr 5.25 **51**

### Time and again

• Horses who recorded a career best TS last time out and are reappearing within 7 days.  
 • Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.  
 • Only those who achieved a TS of at least 75 are listed.

**Galtee Mist** .....Gowr 2.20 **86**  
 Joseph G Murphy 3-20 15%; all 6%



## TRAINERSPOT IRELAND

### In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f11y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	Trainer	Finishing Positions
5-16	31% <b>75%</b>	G M Lyons	♦-♦-♦-♦-♦-5-1158-♦-12162-154565-♦-♦-♦
3-18	17% <b>72%</b>	D K Weld	♦-♦-♦-♦-♦-5-♦-4574-2-♦-4736-267-♦-114-12
2-6	33% <b>67%</b>	Denis W Cullen	6-4-♦-♦-♦-♦-11-30-♦-♦-♦-♦-♦
14-38	37% <b>63%</b>	W P Mullins	555-2122315-♦-61-♦-1FF1301-42-1174-♦-♦-♦-612-7F13-114911

### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	Trainer	Finishing Positions
0-7	0% <b>0%</b>	Thomas Cleary	♦-F8-♦-♦-♦-♦-0-0-♦-♦-0-♦-♦-00
0-6	0% <b>0%</b>	Augustine Leahy	♦-♦-♦-♦-♦-♦-♦-00-90-♦-♦-♦-0-3
0-5	0% <b>0%</b>	Leanne Breen	♦-♦-♦-♦-0-0-0-0-♦-♦-7-6-♦
0-10	0% <b>10%</b>	E Sheehy	♦-76-♦-P-7-♦-♦-95-♦-5P-♦-♦-49
1-10	10% <b>10%</b>	R K Watson	♦-8P-♦-0-0-0-9-♦-♦-1-♦-70-0-♦
0-15	0% <b>13%</b>	Paul W Flynn	3-♦-♦-♦-6-♦-5-800099-♦-P8-0-8-00-♦
0-8	0% <b>13%</b>	T G McCourt	♦-♦-♦-♦-♦-9-80-0-♦-♦-000-♦-3-♦
0-6	0% <b>17%</b>	A J Martin	♦-♦-♦-♦-9-0-0-50-♦-♦-0-♦-♦
1-6	17% <b>17%</b>	Terence O'Brien	♦-15-♦-♦-♦-♦-8-♦-♦-♦-7-07-♦

### Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

#### GOWRAN PARK

4.55 4-4 +£20.46 J S Bolger 1-1-1-1.....Vocito

#### LISTOWEL

4.05 3-11 +£9.00 Henry de Bromhead 6-16-P-1-10-7890-♦.....Abbey Magic, Ornua

### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

#### GOWRAN PARK

5-16	31%	+£8.35	W McCreery 3yo maiden..... Punakha 1.50
2-5	<b>40%</b>	+£4.00	Andrew Slattery 3yo+ hcp..... Rebel Tale 2.20
6-19	32%	+£13.73	G M Lyons 3yo+ maiden..... Licence 4.25
2-6	33%	+£3.00	B A Murphy 3yo+ hcp..... Waterville Lady 4.55
2-5	<b>40%</b>	+£4.00	Joseph Patrick O'Brien 3yo+ hcp..... Eternal Presence 4.55

### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

#### GOWRAN PARK

2-7	<b>29%</b>	+£2.00	ⓈAndrew Slattery/Andrew Slattery..... Rebel Tale 2.20
2-6	33%	+£3.50	ⓈRonan Whelan/Adrian McGuinness..... Dream Today 2.20; She's Good Company 5.25
4-11	36%	+£40.83	Luke McAteer/Paul W Flynn..... Tashim 2.50
2-2	<b>100%</b>	+£10.00	ⓈDylan Browne McMonagle/Joseph Patrick O'Brien. Sheer Chance 3.50 11-41 27% +£22.30; 2017+ Ⓢ3-5 60% +£10.50
2-2	<b>100%</b>	+£12.63	Annalise Cullen/M C Grassick..... Loingseoir 4.55
2-8	<b>25%</b>	+£8.00	Chris Hayes/D J Bunyan..... Cloch Liath 5.25
3-9	33%	+£27.00	ⓈColin Keane/Noel Meade..... Evergreen And Red 5.25
3-9	33%	+£1.10	J M Sheridan/Anthony Mullins..... Captain Rock 5.25

#### LISTOWEL

2-4 **50%** +£3.38 Mr B W Harvey/D M Christie..... On The Sod 4.35