



Signposts Sweetspots

Time for Chablis at Musselburgh

Not The Chablis 1.15 Musselburgh
Nick Alexander is red-hot right now and this course winner over hurdles should improve for his chase debut here last time.

Shanroe Street 2.45 Musselburgh
The ten-year-old never really travelled before a mid-race unseat at Hexham last time and Lucinda Russell has enlisted the visor today.

Cinzento 5.25 Chelmsford
Roger Teal and Jack Mitchell team up very successfully at Chelmsford with a strike-rate of 43 per cent together.

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Sue Gardner, Hugo Palmer, William Knight, Chris Gordon, Charlie Appleby, Ben Case, Roger Teal, Saeed Bin Suroor, Tom Dascombe, John Mackie, David Simcock, Sam Thomas, N W Alexander, Mike Murphy, Tom Symonds, John Gosden, John Quinn, Mark Usher, George Baker, John Ryan, Paul Webber.

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: David C Griffiths, Derek Shaw, Jamie Osborne, Mark Gillard, Kenny Johnson, Richard J Bandey, Michael Wigham, Roger Ingram, J R Jenkins, Seamus Mullins, Dean Ivory, Simon West, Kevin Frost.

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Joseph Parr, Paul Nicholls, Amy Murphy, Alan King, Saeed Bin Suroor.

Table listing trainers off course: Keith Dalgleish, Charlie Appleby, John Gosden, Charlie Mann, Hugo Palmer, Nicky Henderson, Neil King, Archie Watson, Chris Gordon.

Trainers off course

• Trainers with most course losers since last win (today's code)

Table listing trainers off course: R Mike Smith, Robyn Brisland, Derek Shaw, John Berry, Denis Quinn, J R Jenkins, Anna Newton-Smith, John Butler, Iain Jardine, Joseph Tuite, Jim Boyle, Alexandra Dunn.

Tracking trainers

• TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers: Tom George, Richard J Bandey, Chris McSharry, Andrew Slattery, Sam Thomas, Patrick Eugene Turley.

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months.

Table listing class of 5-30 trainers: Joseph Parr, Antony Brittain, Rae Guest, Sam Thomas, Mick Quinn, Michael Wigham.

Class of 31-60

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table showing story of the symbols: Wind operation, Gelding first race, Blinkers first-time, Visor first-time, Hood first-time, Tongue-strap first-time, Cheekpieces first-time, Course winner, Distance winner, CD winner, BF last run, Debutant, Days off (1-14), Days off (15 to 50), Days off (51 to 100), Days off (101 to 365), Days off (365+), Trainer first-time.

• Trainers with best winners-horses % under all codes in the past 12 months.

• Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing trainers with best winners-horses %: Sandy Thomson, Chris Gordon, David Menuisier.

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: David Simcock, Mark Johnston, Roger Charlton, John Quinn, Dr Richard Newland, Nicky Henderson, Hugo Palmer, Michael Dods, Robert Cowell, Clive Cox, K R Burke.

Trainer trace

• Horses who have switched trainers since their latest run.

Table listing trainer trace: Fiveandtwenty, Machios, Andrew Balding, Game Socks, Sameer, David Menuisier, Torosay Castle, Chris Bealby, Julie Les Buxy, Keiran Burke, Galurin, L Viel, Jupiter Rising, Christopher Barber, Bahuta Acha, David Loughnane, Sun Power, Richard Hannon.

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Tom Lacey, Nicky Richards, Dr Richard Newland, Grant Tuer, Simon Dow, Sandy Thomson, David Simcock, Conrad Allen, Rebecca Menzies, Sam Thomas, Brian Meehan, Keith Dalgleish, Zoe Davison, Andrew Slattery, David Loughnane, Ruth Carr, Derek Shaw, K R Burke, Seamus Mullins, Adam West.

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: Robert Cowell, Charlie Appleby, Keith Dalgleish, Donald McCain, Clive Cox, David Simcock, Nick Gifford.



Table with 3 columns: Name, NHF Plum, and percentage. Includes Nicky Henderson, Neil King, Tom Lacey, and Paul Nicholls.

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations like Alan King-Tom Bellamy, Paul Nicholls-Harry Cobden, and others with their respective percentages.

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing hot jockeys like Jordan Nailor, Lewis Edmunds, and Joshua Moore with their win-ride percentages.

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold jockeys like William Shanahan, Jimmy Quinn, and Elisha Whittington with their loss statistics.

Course jockeys

• JOCKEYS with best wins-rides % from at least

Table listing jockeys with most course winners since last win, including Bryony Frost, Harry Cobden, and Tom Bellamy.

Jockeys off course

• Jockeys with most course losers since last win (today's code) • X=never ridden course winner

Table listing jockeys off course like Lewis Edmunds, William Cox, and Thomas Willmott.

One-trick jockeys

• JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing one-trick jockeys like Jamie Spencer, Charles Bishop, and Charlie Bennett.

First-time geldings

• HORSES running for the first time since being gelded • DATA excludes horses trained outside GB & Ireland

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery • Data excludes horses trained outside GB

Table listing horses with most wins, including Beaufort, Warren Greatrex, and Isntshesomething.

First-time blinkers

• Horses wearing blinkers, hood or visor for the first time • Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

Table listing first-time blinkers horses like Brett Johnson, Ad Infinitum, and Coastal Mist.

Tongue-tied

• HORSES wearing tongue strap for the first time • Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

Table listing tongue-tied horses like Regulator, Monash, and My Macho Man.

Cheekpieces

• HORSES wearing cheekpieces for the first time • Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

Table listing cheekpiece horses like Complexo, Aria Rose, and Ryedale Racer.

Table listing horses like Tomouh and Saeed Bin Suroor with their win percentages.

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table listing headgear left off horses like Leo Minor, Spreadsheet, and Newtown Boy.

Travellers' check

• Today's farthest travellers (top 10 & ties; minimum distance 200 miles). • Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Table listing travellers' check horses like Lady Rocco, Mig Des Tailions, and Jinty.

Trying a trip

• HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Table listing trying a trip horses like Clongowes, Roscoe Tara, and Show Promise.

Handicap debut

• Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

Table listing handicap debut horses like Real Dude, Roger Charlton, and Clearance.

Horses for courses

• HORSES with at least three course wins (today's code/surface), followed by total course runs • Course/distance wins are shown in brackets



YasirWolv 4.05 (5)	7-50
Ding DingPlum 1.30	6-24
The ThrostlesWolv 5.10 (4)	5-14
Poetic ForceWolv 6.40	4-5
Vincenzo CoccottiChmf 4.25 (2)	4-11
WhatwouldyouknowWolv 5.10 (1)	4-11
International LawWolv 4.05 (1)	4-19
Dynamo WaltWolv 4.40 (2)	4-26
Blue KascadeMuss 2.45 (2)	3-7
Dream MagicWolv 4.05 (3)	3-27

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

4.25 Chelmsford (A.W)

Vincenzo Coccotti 2 (1) v 1 (1) Rockesbury

Bad turn

- HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR
 - Minimum 3 runs each on LH & RH tracks
- Animore (13/2)Muss 12.15 RH
LH w-r: 2-8 RPR 113; RH 0-4 RPR 99
- Present Chief (5/2)Muss 2.15 RH
LH w-r: 3-8 RPR 128; RH 0-3 RPR 97

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

Mont KiaraChmf 2.25
Papas ChampChmf 3.25
Captain RyanChmf 4.25
FardChmf 4.25
SpreadsheetChmf 4.25
Valentine BluesChmf 4.25
Celtic ClassicChmf 4.55
Violet PrincessChmf 4.55
YagoodChmf 4.55
Dolphin VillageChmf 5.25
Newtown BoyMuss 12.15
The Blame GameMuss 12.15
Mig Des TailonsMuss 12.45
MachiosMuss 1.45
My Macho ManMuss 1.45
SergeantMuss 1.45
TrongateMuss 2.45
SameerPlum 12.30
Secret PotionPlum 2.05
Westbrook BertiePlum 2.35
IvlnoblePlum 3.05
Special AcceptancePlum 3.05
EspeegeeWolv 4.05
ZarrarWolv 4.05
Bahuta AchaWolv 4.40
QaaraatWolv 4.40
Show Me The BubblyWolv 4.40
G For GabrielWolv 5.10
Hurricane AliWolv 5.10
Quarry BeachWolv 5.10
Flyin' SoloWolv 5.40
Sun PowerWolv 6.10
TransitionWolv 6.10
Poetic ForceWolv 6.40

Repeat performance

- HORSES who ran in same race in previous seasons

Blue KascadeMuss 2.45
19: 3 of 11, btn 12 ³ / ₄ , OR110, 20/1	
Rachael McDonald	
14: 3 of 7, btn 20 ¹ / ₂ , OR105, 3/1	Steven Fox
Ding DingPlum 1.30
19: 3 of 9, btn 4 ¹ / ₄ , OR114, 12/1	Marc Goldstein
17: 6 of 8, btn 15 ³ / ₄ , OR114, 14/1	Marc Goldstein

Jully Les BuxyPlum 1.30
19: 5 of 9, btn 6, OR110, 12/1	Tom Bellamy
18: 2 of 5, btn 10, OR110, 4/1	Nick Scholfield
Royal ClaretPlum 1.30
18: 1 of 5, OR106, 4/5F	Ben Poste
UallrightharryPlum 3.05
19: U of 8, OR108, 6/1	Brendan Powell
Manton GrangeWolv 6.40
18: 3 of 11, btn 1 ¹ / ₄ , OR83, 9/2	Liam Keniry

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

0-2 Western RulesMuss 2.15
2m 3f 61y Carl	13.12.15; 2m 46y Newc
11.12.14	

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Kylla LooksChmf 2.25
won Wolverhampton (A.W), Monday	
Mike Murphy 2-11 18%; all 9%	
WhatwouldyouknowWolv 5.10
won Wolverhampton (A.W), Saturday	
Richard Guest 27-197 14%; all 7%	

Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
- Data is current plus last four years, any code, incl PTP

Jully Les BuxyPlum 1.30
7.1.18 won after 603 days off	

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

TrepidationBrett Johnson Chmf 2.25
Wolv 1 Dec vet's certificate (12/1) 1-3 33%	
Leo MinorDavid C Griffiths Chmf 4.25
Kemp 30 Nov self certificate (25/1) 1-29 3%	
Aria RoseMike Murphy Chmf 4.55
Wolv 30 Nov vet's certificate (7/2) 1-15 6%	
EpaneemaKevin Frost Chmf 4.55
Wolv 1 Dec vet's certificate (2/1) 3-14 21%	
The ThrostlesKevin Frost Wolv 5.10
Wolv 30 Nov self certificate (16/1) 3-14 21%	

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)

Kaproyale (3) Olly MurphyPlum 2.35
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Following favourites

- RACES that show a profit for favourites

Chmf 2yo H'caps +19.99
Plum NH Flat +7.67
Plum Non-H'cap Chses +1.71
Muss NH Flat +1.33
Muss H'cap Chses +0.56

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Ardera CrossMuss 2.45 w125 -16
Hart StopperWolv 6.40 w84 -8
It Must Be FaithChmf 4.25 w57 -5

ChitraWolv 4.40 w77 -5
TransitionWolv 6.10 w79 -5
The ThrostlesWolv 5.10 w74 -4
Dr HoovesMuss 2.45 w108 -3
Perfect SymphonyChmf 4.25 w57 -2
IvlnoblePlum 3.05 w118 -2
GreengageWolv 4.05 w64 -2

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).
- Early-closing handicaps may have additional qualifiers; excludes runs yesterday

Kylla Looks (OR61, EX6)Chmf 2.25
1st, Wolv, Mon, Nov 30 (OR55) 51→67 +10	
Precision Storm (OR72)Wolv 5.10
4th, Wolv, Mon, Nov 30 (OR72) 76→77 +1	

Bouncers

- HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Ding DingPlum 1.30
02/12/19 3 of 9, 110 27/12/19 10 of 10 58;	
Relative EaseWolv 4.05
12/04/19 7 of 10, 45 30/04/19 9 of 9 22;	

Postmark pick

- RP RATING's most clear in handicaps

BhutanMuss 12.15 3
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Time warp

- Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

Beauty ChoiceWolv 6.40 41
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Top marks

- Horses top-rated and selected by both RPR and Topspeed

Prince EscalusMuss 12.45 4/6
Captain BigglesPlum 12.30 8/13
StratagemPlum 1.00 5/4
Ding DingPlum 1.30 5/1
MoonbootzWolv 7.1011/10

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results

Weather FrontMuss 2.15 3
From Jan 1: W 131; L 311; £1 bet -36.34	

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Mercury (4) Captain Biggles	Plum 12.30
Postdata (2)Lady Rocco Muss 12.15

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Lambourn
.....Thebannerkingrebel	Plum 1.00
Jamie Snowden 12-31 +£6.69	
Melissa JonesStratagem Plum 1.00
Paul Nicholls 7-14 +£4.60	
Sunday Express
.....Not The Chablis	Muss 1.15
N W Alexander 6-13 +£11.75	
Jason Heavey...Catbird Seat	Wolv 4.05
Alan King 4-21 +£0.90	
Andrew MountSystemic Wolv 5.10
Hugo Palmer 3-8 +£3.25	



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table with columns for days, percentage, and trainer name with race results. Includes William Knight, Hugo Palmer, Mark Johnston, Archie Watson, Charlie Appleby, Roger Teal, John Gosden, John Ryan, and Paul Webber.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with columns for days, percentage, and trainer name with race results. Includes Michael Dods, Michael Mullineaux, Dean Ivory, David C Griffiths, Michael Herrington, Adam West, Derek Shaw, Stuart Coltherd, Seamus Mullins, R Mike Smith, Robyn Brisland, Kayley Woollacott, and Mark Gillard.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table showing race traces for Musselburgh and Plumpton. Includes Rose Dobbin and Tom Symonds.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Table of course specialists for Chelmsford (AW), Wolverhampton (AW), and Musselburgh. Lists trainers like John Gosden, David Simcock, John Ryan, John Quinn, Olly Murphy, Joseph Parr, Richard Fahey, Charlie Fellowes, Lucinda Russell, and Keith Dalgleish.

PLUMPTON

Table for Plumpton showing days, percentages, and trainer names with race results. Includes Chris Gordon, Paul Nicholls, and Charlie Mann.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current. Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

CHELMSFORD (AW)

Table for Chelmsford (AW) showing days, percentages, and jockey/trainer names with race results. Includes James Doyle, Jack Mitchell, Marco Ghiani, Jason Hart, and Richard Kingscote.

WOLVERHAMPTON (AW)

Table for Wolverhampton (AW) showing days, percentages, and jockey/trainer names with race results. Includes Silvestre de Sousa, Phil Dennis, Shane Kelly, Rossa Ryan, Andrea Atzeni, and Callum Shepherd.

MUSSELBURGH

Table for Musselburgh showing days, percentages, and jockey/trainer names with race results. Includes Derek Fox, Jordan Nailor, Sean Quinlan, and Alain Cawley.

PLUMPTON

Table for Plumpton showing days, percentages, and jockey/trainer names with race results. Includes Tom Bellamy, Tom O'Brien, Harry Cobden, and Bryan Carver.