



Signposts Sweetspots

Snow can strike in summer

Sir Lelo 2.15 Doncaster

Tom Dascombe's strike-rate at Doncaster improves to 33 per cent (from seven) when teaming up with Jane Elliott, who is 2-5 on juveniles there.

Deep Snow 4.38 Salisbury

Saeed bin Suroor has struck with two of his last four runners after a wind operation. He boasts a 38 per cent strike-rate with Oisín Murphy at Salisbury and this filly is a hot favourite.

Alerta Roja 5.10 Salisbury

Sir Mark Prescott's last four runners have won and he has a 40 per cent strike-rate with three-year-olds at Salisbury. This well-bred filly should be suited by a big step up in trip.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Sir Mark Prescott Bt (6-10 60%), Ruth Jefferson (2-4 50%), Charlie Appleby (7-15 47%), Marcus Tregoning (3-7 43%), Ivan Furtado (4-11 36%), William Muir & Chris Grassick (5-15 33%), Ed Walker (7-23 30%), Owen Burrows (3-11 27%), Tom Dascombe (8-32 25%), Saeed Bin Suroor (4-16 25%), Julie Camacho (3-12 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Brian Rothwell (1041 84), Barry Brennan (196 43)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: David Elsworth (5-15 33%), Sir Mark Prescott Bt (4-15 27%), John & Thady Gosden (3-12 25%), Saeed Bin Suroor (8-33 24%), Roger Varian (33-144 23%), James Fanshawe (3-13 23%), Roger Varian (13-63 21%), Clive Cox (18-92 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

Table listing trainers off course: Mark Gillard (X 61), J R Jenkins (X 56), Brian Rothwell (7309 49), Malcolm Saunders (1800 33), David O'Meara (302 30)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner. Confined to trainers with course winner or having first course runner. Course wins-runs record in past 20 years

Table listing tracking trainers: Darryll Holland (Donc 1st), Mitchell Hunt (Sals 1st), Joe Ponting (Sals 1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table listing class of 5-30 trainers: Chris Fairhurst (7) (6-11 55%), Malcolm Saunders (7) (6-12 50%), David Elsworth (16) (10-22 45%), David Brown (22) (8-19 42%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: Antony Brittain (40) (19-32 59%), Rae Guest (23) (15-34 44%), Henry Spiller (19) (15-35 43%), David Menuisier (31) (20-48 42%)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Roger Fell (End Zone Donc 1.45), Keith Dalglish (Platinumcard Donc 2.45), Paul Midgley (Indian Sounds Donc 3.15), Michael Dods (Jawwaal Donc 3.15), K R Burke (Invincibly Donc 3.45), David Barron (Annie Rose Donc 4.15), Tim Easterby (Symbol Of Hope Donc 4.15), Rod Millman (Mountain Ash Sals 2.08), David Loughnane (Lomu Sals 2.38), Richard Hughes (Carewell Cover Sals 3.08), Alan King (Pangloss Sals 3.08), Hugo Palmer (Chocoya Sals 3.38), David Evans (Coul Queen Sals 4.08), Saeed Bin Suroor (Deep Snow Sals 4.38), Sir Michael Stoute (Fetna Sals 4.38), David Menuisier (For Love Of Louise)

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards. POI=profit on investment.

Table showing story of the symbols: Wind operation (182 Wins, 291 Places, 1816 Runs, 10%, -21.9% POI), Gelding first race (313 Wins, 524 Places, 3230 Runs, 10%, -20.8% POI), Blinkers first-time (146 Wins, 286 Places, 1986 Runs, 7%, -28.5% POI), Visor first-time (102 Wins, 200 Places, 1146 Runs, 9%, -15.1% POI), Hood first-time (104 Wins, 207 Places, 1536 Runs, 7%, -29.2% POI), Tongue-strap first-time (323 Wins, 593 Places, 4056 Runs, 8%, -30.7% POI), Cheekpieces first-time (332 Wins, 601 Places, 3872 Runs, 9%, -23.2% POI), Course winner (2394 Wins, 3791 Places, 19004 Runs, 13%, -22.1% POI), Distance winner (5041 Wins, 8024 Places, 41898 Runs, 12%, -19.8% POI), CD winner (1454 Wins, 2270 Places, 11123 Runs, 13%, -23.3% POI), BF last run (2347 Wins, 2761 Places, 11699 Runs, 20%, -17.1% POI), Debutant (653 Wins, 1354 Places, 9491 Runs, 7%, -34.5% POI), Days off (1-14) (3070 Wins, 5361 Places, 28682 Runs, 11%, -25.2% POI), Days off (15 to 50) (7012 Wins, 11974 Places, 65451 Runs, 11%, -24.1% POI), Days off (51 to 100) (904 Wins, 1547 Places, 9810 Runs, 9%, -21.5% POI), Days off (101 to 365) (1746 Wins, 2869 Places, 18486 Runs, 9%, -19.6% POI), Days off (365+) (86 Wins, 133 Places, 1257 Runs, 7%, -21.9% POI), Trainer first-time (554 Wins, 966 Places, 6705 Runs, 8%, -25.4% POI)

Table listing James Fanshawe (Sals 4.38) and Darryll Holland (Sals 4.38)

Trainer trace

Horses who have switched trainers since their latest run. Includes current trainer's record with new recruits under today's code

Table listing trainer trace: Aethon (Donc 2.45), Brian Rothwell (Nigel Tinkler 2-20 10%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Marcus Tregoning (18-69 26% +36.70), Charlie Appleby (56-228 25% +22.60), David Menuisier (14-64 22% +39.90), Charlie Fellowes (22-136 16% +118.00), William Knight (15-98 15% +80.80), Jedd O'Keefe (18-137 13% +33.40), Clive Cox (30-280 11% +37.20), Nigel Tinkler (22-203 11% +87.10), Barry Brennan (1-10 10% +41.00)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: Charlie Appleby (3yo Donc 1-3 33%), Mark Johnston (2yo Donc 4-18 22%), Ralph Beckett (2yo Sals 4-22 18%), Clive Cox (2yo Sals 2-13 15%), Roger Varian (2yo Donc 2-18 11%), Andrew Balding (2yo Sals 2-25 8%)

Table listing Charlie Appleby (2yo Donc 0-6 0%), Darryll Holland (2yo Donc 0-0 0%)

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainers & jockeys: Saeed Bin Suroor-Oisín Murphy (Sals 38%), Tom Dascombe-Jane Elliott (Donc 33%), Owen Burrows-Jim Crowley (Sals 25%), Charles Hills-Jim Crowley (Sals 25%), Roger Varian-Jack Mitchell (Donc 25%), Andrew Balding-Oisín Murphy (Sals 21%)

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing hot jockeys: Tom Marquand (Sals 18-63 29%), Martin Dwyer (Sals 3-11 27%), Silvestre de Sousa (Sals 9-37 24%), William Buick (Donc 13-57 23%), Jason Hart (Donc 7-31 23%), Oisín Murphy (Sals 9-45 20%), Ryan Tate (Sals 4-20 20%)

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold jockeys: Charlie O'Dwyer (Sals 655 99), Stephen Mooney (Sals 333 64), George Wood (Donc 41 36), David Nolan (Donc 17 26), Martin Harley (Sals 25 21), Christian Howarth (Sals 125 18)

Course jockeys



JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Name, Wins-Rides, %

Jockeys off course

Jockeys with most course losers since last win (today's code)

Table with 3 columns: Name, Days, Rides

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table with 3 columns: Name, Course, %

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery

First-time blinkers

Horses wearing blinkers, hood or visor for the first time

Table with 3 columns: Name, %

Tongue-tied

HORSES wearing tongue strap for the first time

Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

Table with 3 columns: Name, %

Cheekpieces

HORSES wearing cheekpieces for the first time

Table with 3 columns: Name, %

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with 3 columns: Name, %

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost

Table with 3 columns: Name, %

Travellers' check

Today's farthest travellers (top 10 & ties; minimum distance 200 miles)

Table with 3 columns: Name, %

Trying a trip

HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Table with 3 columns: Name, %

Handicap debut

Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

Table with 3 columns: Name, %

Table with 3 columns: Name, %

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs

Table with 3 columns: Name, %

Anything to report

HORSES whose last outing has official explanation from connections. See form for details

Table with 3 columns: Name, %

Week link

HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table with 3 columns: Name, %

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table with 3 columns: Name, %

Out & about

Horses running today who were non-runners or withdrawn after being declared in last seven days.

Table with 3 columns: Name, %

Multiple entries

Horses running today who have three or more further engagements this week (total in brackets)

Table with 3 columns: Name, %

Following favourites

Table with 3 columns: Name, %

Lower class

HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Table with 3 columns: Name, %

Dropping down

HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table with 3 columns: Name, %

Bouncers

HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table with 3 columns: Name, %

Time warp

Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Table with 3 columns: Name, %

Top marks

Horses top-rated and selected by both RPR and TopSpeed

Table with 3 columns: Name, %

Most popular nap

MOST popular tip in Racing Post/Coral Naps Competition

Table with 3 columns: Name, %

Tipsters in form

TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Table with 3 columns: Name, %

Tipsters' trainers

TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Table with 3 columns: Name, %



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer name with their performance record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer name with their performance record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years).

SALISBURY

Table listing race trace results for Salisbury with columns for time, odds, and trainer name.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current.

Flat season is defined as from January 1

DONCASTER

Table listing course specialists for Doncaster with columns for W-R, %, profit, and trainer name.

SALISBURY

Table listing course specialists for Salisbury with columns for W-R, %, profit, and trainer name.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

@=data is course specific

(therefore bold data with @ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

DONCASTER

Table listing jockey bookings for Doncaster with columns for W-R, %, profit, and jockey/trainer name.

SALISBURY

Table listing jockey bookings for Salisbury with columns for W-R, %, profit, and jockey/trainer name.





Hot trainers

- TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps
Michael Winters 3-5 60%
Timothy Doyle 4-13 31%
Mark Michael McNiff 2-8 25%

Cold trainers

- TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Patrick Downey, Liam Lennon, Mrs Denise Foster, etc.

Course trainers

- TRAINERS with best wins-runs % from at least three course wins

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Donnacha Aidan O'Brien, Noel Meade, etc.

Trainers off course

- Trainers with most course losers since last win (today's code)
X=no course winner (since 1 Jan 1989)

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes W J Bryson, H Smyth, Gerard Keane, etc.

Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Class of 31-60

- Trainers with best winners-horses % under all codes in the past 12 months.
Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

One-trick trainers

- TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today
Noel Meade Charlie Siringo Dpat 2.20
Adrian McGuinness Hidden Spark Gowr 3.30

Trainer trace

- Horses who have switched trainers since their latest run.

- Includes current trainer's record with new recruits under today's code

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Honey I'm Good, Dilawara, Strategic Fortune, etc.

Prime time

- Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Barry J FitzGerald, Mark Michael McNiff, etc.

Training newcomers

- WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Mrs Denise Foster, Ms Margaret Mullins, etc.

Hot jockeys

- JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with columns: Jockey, Since a win: DAYS, RIDES. Includes Shane Crosse, Oisín Orr

Cold jockeys

- JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Jockey, Since a win: DAYS, RIDES. Includes Dylan Johnston, Liam McKenna, etc.

Course jockeys

- JOCKEYS with best wins-rides % from at least three course wins

Table with columns: Jockey, Since a win: DAYS, RIDES. Includes Mike O'Connor, Jordan Gainford

Jockeys off course

- Jockeys with most course losers since last win (today's code)
X=never ridden course winner

Table with columns: Jockey, Since a win: DAYS, RIDES. Includes Robbie Colgan, Shane B Kelly, etc.

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Killian Leonard, Donagh O'Connor, J M Sheridan

Overweight alert

- JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Sarah McCarthy, Reddiac, Robert Whearty

First-time geldings

- HORSES running for the first time since being gelded
DATA excludes horses trained outside GB & Ireland

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Puerto de Vega, Cormorant, Joseph Patrick O'Brien, etc.

Headgear left off

- HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with columns: Trainer, Since a win: DAYS, RUNS. Includes Florida Gold, Getgo, Impressive Duke, etc.

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Mr Moondance, Neyland

Repeat performance

- HORSES who ran in same race in previous seasons

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Rain In Spain, Jazz Ranger, Impressive Duke, etc.

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Summer's Dream, Timothy Doyle

Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Dilawara

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Cormorant

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
Reason for absence (if known) and forecast SP (if appropriate)
Trainers wins-runs record with such runners, current season plus

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Pauly Pennino, Ifyouhaveaminute, Little Camacho, etc.

Following favourites

- RACES that show a profit for favourites
Gowr 3yo+ H'caps +18.45
Gowr 3yo+ Non-H'caps +7.81

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Airgead, Darkened, Mulzamm

Bouncers

- HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Jazz Ranger, Rocky Court

Postmark pick

- RP RATING's most clear in handicaps
Grinn Dpat 4.20 3

Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Table with columns: Trainer, Since a win: DAYS, RIDES. Includes Always Waitin



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, percentage, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, percentage, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years).

GOWRAN PARK

Table showing race trace for Gowran Park with columns for time, odds, and trainer name.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current.

Flat season is defined as from January 1

GOWRAN PARK

Table showing course specialists for Gowran Park with columns for time, percentage, profit, and trainer name.

DOWNPATRICK

Table showing course specialist for Downpatrick with columns for time, percentage, profit, and trainer name.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

Ⓢ=data is course specific

(therefore bold data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

GOWRAN PARK

Table showing jockey bookings for Gowran Park with columns for time, percentage, profit, jockey name, and trainer name.

DOWNPATRICK

Table showing jockey booking for Downpatrick with columns for time, percentage, profit, jockey name, and trainer name.