



Signposts Sweetspots

Favorite can get the job done

Pop Favorite 12.35 Lingfield

William Haggas has a ten per cent strike-rate with three-year-old newcomers but that increases to 33 per cent at Lingfield. He looks to have found a good opportunity for another debutant here.

Cape Greco 1.10 Lingfield

John Long is 2-4 with horses making their debut for his stable after being trained elsewhere. Cape Greco, who won a seller for Gay Kelleway last month, bids to enhance that statistic.

Manetti 3.15 Ayr

It's worth noting when Nick Alexander books top rider Brian Hughes, especially at Ayr where they combine for a 45 per cent strike-rate. The duo are represented by Manetti.

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: James Tate, Sean Curran, Neil Mulholland, William Haggas, Mark Johnston, Jane Chapple-Hyam, John Gosden, Archie Watson.

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Frank Bishop, Michael Attwater, Lee Carter, Paddy Butler, Luke Dace, Shaun Keightley, Harry Whittington, James Eustace, Amanda Perrett, Conrad Allen, Seamus Mullins, Ali Stronge, William Bethell, Sylvester Kirk, Katy Price, Zoe Davison, Michael Mullineaux.

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Sean Curran, Charlie Appleby, Nigel Hawke, William Haggas, Simon & Ed Crisford, William Haggas, John Gosden, Nicky Henderson, Fergal O'Brien, Roger Varian, Roger Richards, Nick Littmoden, Sean Curran, Mark Johnston, Archie Watson, Roger Charlton, Chelsea Banham, James Tate.

Trainers off course

Table listing trainers with most course losers since last win (today's code) and X=no course winner (since 1 Jan 1989). Includes Milton Bradley, Paddy Butler, Keith Dalgleish, Amanda Perrett, Luke Dace, Zoe Davison, Marjorie Fife, R Mike Smith, Shaun Keightley.

Tracking trainers

• TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers: Micky Hammond, Chris Honour, Katy Price.

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months. • Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table listing class of 5-30 trainers: William Stone, Heather Main.

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months. • Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: Anthony Honeyball, Sandy Thomson, George Boughey, George Baker.

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Sir Mark Prescott Bt, Roger Charlton, Charlie Fellowes, Ed Walker, David Simcock, John Gosden, Tom Lacey, Anthony Honeyball, Philip Hobbs, Colin Tizzard, Nigel Twiston-Davies.

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table showing rolling 365-day record of various categories and symbols: Wind operation, Gelding first race, Blinkers first-time, Visor first-time, Hood first-time, Tongue-strap first-time, Cheekpieces first-time, Course winner, Distance winner, CD winner, BF last run, Debutant, Days off (1-14), Days off (15 to 50), Days off (51 to 100), Days off (101 to 365), Days off (365+), Trainer first-time.

Table listing trainers and their records: Fergal O'Brien, Marco Botti, Alan King, Roger Varian, Charlie Appleby.

Trainer trace

• Horses who have switched trainers since their latest run. • Includes current trainer's record with new recruits under today's code

Table listing trainer traces: Tidal Point, Stan Hollinshead, Grand Paradiso, Aztec Dreams, Honeysuckle Moon, Cape Greco, Gay Kelleway, Annella, Stieria Barclay, Hystery Bere, Letter At Dawn, Brendan W Duke, Chipiron, Andrea Marcialis, Revolutionary Man, Blue Hero, Michael Bell.

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Nicky Henderson, Sandy Thomson, Nicky Richards, Nick Williams, Donald Whillans, David Evans, K R Burke, Philip Kirby, Brian Ellison, John Flint.

Training newcomers

• WINS-RUNS course record of trainer's

newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: William Haggas, James Tate, Nicky Richards, Lucinda Russell.

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations: N W Alexander-Brian Hughes, David Evans-Darragh Keenan, Nicky Richards-Brian Hughes, Nicky Henderson-Nico de Boinville, Nicky Henderson-Daryl Jacob, Roger Varian-Jack Mitchell, Ed Walker-Richard Kingscote, Charlie Appleby-Adam Kirby, James Ewart-Brian Hughes, Archie Watson-Adam McNamara, Tristan Davidson-Harry Reed, Mark Johnston-Joe Fanning, Tom Dascombe-Richard Kingscote, Chelsea Banham-Joey Haynes, Lee Carter-Daniel Muscutt, Andrew Balding-David Probert.

Hot jockeys



• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 3 columns: Name, Wins-Rides, %

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Name, Wins-Rides, %

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Name, Wins-Rides, %

Jockeys off course

• JOCKEYS with most course losers since last win (today's code)

Table with 3 columns: Name, Wins-Rides, %

Journeyman jockeys

• JOCKEYS booked to ride at more than one meeting

Table with 3 columns: Name, Wins-Rides, %

One-trick jockeys

• JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table with 3 columns: Name, Wins-Rides, %

Richard Johnson

.....Strong Pursuit Sand 3.00

Ryan Mania

.....Seeyouatmidnight Sand 3.00

Ben Poste

.....Minellacelebration Sand 3.00

Daniel Sansom

.....The Pink'n Sand 3.35

Georgia King

.....Sula Island Wolv 4.10

Joanna Mason

.....Lopes Dancer Wolv 4.10

Phil Dennis

.....Teepee Time Wolv 4.40

Tom Eaves

.....Red Allure Wolv 4.40

Lewis Edmunds

.....Dynamo Walt Wolv 4.40

Edward Greatrex

.....The Night Watch Wolv 4.40

Callum Rodriguez

.....Diamonds Dream Wolv 4.40

George Downing

.....Word Of Honour Wolv 5.40

Shane Gray

.....Courtside Wolv 5.40

Alistair Rawlinson

.....Michele Strogoff Wolv 5.40

Clifford Lee

.....Red Right Sand Wolv 6.10

Charles Bishop

.....Obtuse Wolv 7.10

Horse & jockey

• HORSES with 100% record for today's jockey

• Minimum 2 wins and at least 1 defeat under different jockey

Jessiemaac .....Ayr 3.45

Alexander Thorne 2 -2; others 2-17

Metier .....Sand 2.25

Sean Bowen 2 -2; others 1-8

Rohaana .....Ling 2.20

Darragh Keenan 2 -2; others 1-4

First-time geldings

• HORSES running for the first time since being gelded

• DATA excludes horses trained outside GB & Ireland

• Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Blue Hero .....Wolv 6.10

Michael Appleby 6-35 17%; all 11%

Red Right Sand .....Wolv 6.10

K R Burke 6-69 8%; all 10%

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery

• Data excludes horses trained outside GB

• Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all

• Data first made available on 19 Jan 2018

Aztec Dreams .....Ling 11.30

Richard Rowe 0-5 0%; all 7%

Desaray Girl .....Sand 12.40

Micky Hammond 0-28 0%; all 8%

Abrach Road .....Ayr 1.30

Ian Duncan 0-6 0%; all 8%

Anniemation .....Ling 1.45

Brian Barr 0-14 0%; all 3%

First-time blinkers

• HORSES wearing blinkers, hood or visor for the first time

• Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

• Current and previous year, any code

Big Penny (v) .....Ayr 2.40

L J Morgan 2-4 50%; all 17%

J'ai Froid (v) .....Ayr 3.45

L J Morgan 2-4 50%; all 17%

Ryedale Racer (v) .....Ayr 3.45

N W Alexander 0-0 0%; all 14%

World Title (b) .....Ling 1.10

Archie Watson 2-21 10%; all 16%

Fujaira King (v) .....Ling 1.45

Michael Attwater 0-2 0%; all 6%

Beija Flor (h) .....Ling 2.55

William Haggas 1-3 33%; all 19%

Hidden Breeze (b) .....Ling 2.55

John Gosden 0-17 0%; all 23%

Show Me The Bubbly (b) .....Ling 3.30

John O'Shea 0-0 0%; all 1%

Quick Wave (b) .....Sand 12.40

Venetia Williams 0-3 0%; all 13%

Ballydine (b) .....Sand 3.00

Charlie Longsdon 0-0 0%; all 13%

Burtons Well (b) .....Sand 3.00

Venetia Williams 0-3 0%; all 13%

Ascot Week (b) .....Wolv 5.40

John Quinn 0-8 0%; all 11%

Courtside (v) .....Wolv 5.40

David O'Meara 3-14 21%; all 12%

Highest Mountain (v) .....Wolv 5.40

Brian Ellison 0-4 0%; all 10%

Mountain Rescue (b) .....Wolv 5.40

Marjorie Fife 0-1 0%; all 4%

Tongue-tied

• HORSES wearing tongue strap for the first time

• Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

• Current and previous year, any code

Anniemation .....Ling 1.45

Brian Barr 0-2 0%; all 1%

Hystery Bere .....Sand 12.05

Tom Symonds 0-3 0%; all 21%

Jepeck .....Sand 3.00

Anthony Honeyball 5-13 38%; all 25%

One Style .....Sand 3.00

Venetia Williams 0-0 0%; all 13%

Cheekpieces

• HORSES wearing cheekpieces for the first time

• Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

• Current and previous year, any code

Rock Rebel .....Ayr 1.30

Jim Goldie 1-5 20%; all 9%

Carlow Farmer .....Ayr 3.45

Charlie Longsdon 2-8 25%; all 13%

Cape Greco .....Ling 1.10

John E Long 0-0 0%; all 0%

Harlequin .....Ling 1.45

Luke Dace 0-0 0%; all 0%

Andronicus Beau .....Ling 2.20

Tom Dascombe 1-21 5%; all 11%

Cloud Thunder .....Sand 12.05

Heather Main 0-1 0%; all 13%

Adrimel .....Sand 2.25

Tom Lacey 3-9 33%; all 15%

Jepeck .....Sand 3.00

Anthony Honeyball 1-2 50%; all 25%

Totterdown .....Sand 3.35

Fergal O'Brien 0-5 0%; all 19%

Falcon Brook .....Wolv 6.10

Tom Dascombe 1-21 5%; all 11%

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Royal Rank .....Ayr 12.20

Orphiuchus .....Ling 12.35

Apollinaris .....Ling 1.45

Trixie Waterbury .....Ling 1.45

Hollywoodien .....Sand 1.50

Paddy's Poem .....Sand 1.50

Chipiron .....Wolv 5.10

Blue Hero .....Wolv 6.10



Evander (3/1) .....Sand 1.15 RH  
LH w-r: 3-10 APR 143; RH 0-6 APR 121

Anything to report

• HORSES whose last outing has official explanation from connections. See form for details

Table listing various horses and their trainers, including Scots Sonnet, Late Romantic, Elegant Love, One To Go, Cubano, Abrag, Honeysuckle Moon, Vanity Affair, Jack d'Or, Merweb, Trixie Waterbury, Wudashudacuda, Show Me The Bubbly, Solar Park, Super Julius, Darebin, Hollywoodien, Ibleo, Shakem Up'arry, Burtons Well, Late Romantic, Valtor, Gemirande, Guroor, Lord Of The Alps, Essaka, Charlie D, Highest Mountain, Michele Strogoff, Mountain Rescue, Mirage Mac, Amor de Mi Vida.

Repeat performance

• HORSES who ran in same race in previous seasons

Table listing horses with repeat performance, including Abrach Road, Accomplish, Lucky Louie, Arzaak, Equally Fast, Roundabout Magic, Mystical Clouds, Spereck, Darebin, Hollywoodien, Burtons Well, Jepeck, Regal Flow, Theatre Guide, Monsieur Lecoq, Ruacana, Totterdown, Teepee Time.

Week link

• HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table listing horses like Clan Legend, Lunar Deity, Jepeck, Ruacana.

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table listing horses like Bullion Boss, Final Voyage, James Tate, Obtuse.

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table listing horses like Reivers Lad, Paddy's Poem, To Be Wild.

Out & about

• HORSES running today who were non-runners or withdrawn after being declared in last seven days.

Table listing horses like Darebin, Guitar Pete, Ballydine, Red Right Sand.

Multiple entries

• HORSES running today who have three or more further engagements this week (total in brackets)

Table listing horses like Comeatchoo, Diamonds Dream.

Following favourites

• RACES that show a profit for favourites

Table listing races like Ayr H'cap Chses, Ayr H'cap Hdles, Sand H'cap Hdles, Sand H'cap Chses, Ayr Non-H'cap Hdles, Sand Non-H'cap Hdles.

Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table listing horses like Ardera Cross, Fujaira King, Three C's, Bint Dandy, Broughtons Flare, Battle Of Marathon, Passing Nod, Equally Fast.

RPR improvers

• HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).

• Early-closing handicaps may have additional qualifiers; excludes runs yesterday

Table listing horses like Bullion Boss, Winklemann.

Coming on

• HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Table listing horses like Kalaharry.

Bouncers

• HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table listing horses like Ugo Du Misselot, Guitar Pete, Captain Pugwash, Super Julius, Burtons Well, Gold Present, Seeyouatmidnight.

Postmark pick

• RP RATING'S most clear in handicaps

Table listing horses like Destinee Royale, Takingrisks, Blue Hero.

Time warp

• HORSES running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Table listing horses like Kendergarten Kop, Bravado, Rohaan, Passional, Revolutionary Man.

Card and fast

• HORSES top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Table listing horses like Wetlands, Early Du Lemo.

Time and again

• HORSES who recorded a career best TS last time out and are reappearing within 7 days.

• Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.

• Only those who achieved a TS of at least 75 are listed.

Table listing horses like Final Voyage.

Top marks

• HORSES top-rated and selected by both RPR and TopSpeed

Table listing horses like Wetlands, The Edgar Wallace, Those Tiger Feet, Shining Success, Hudson de Grugy.

Table listing horses like Destinee Royale, Early Du Lemo, Metier, Australis.

Most popular nap

• MOST popular tip in Racing Post/Coral Naps Competition

• Data excludes yesterday's results

Table listing horses like Metier.

Tipsters in form

• TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

The Irish Sun (2) Bon Retour Cork 2.13

Chris Wright (2) Jepeck Sand 3.00

Tipsters' trainers

• TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Table listing West Country, Harry Fry.





Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

W P Mullins .....21-62 34%

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Name, Since a win: DAYS, RUNS. Includes D E FitzGerald, E McNamara, A J Martin, Brian Francis Cawley, Mrs D A Love, P A Fahy, L Young, John Patrick Ryan.

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

W P Mullins .....Cork 43-133 32%

Trainers off course

• Trainers with most course losers since last win (today's code)

Table with columns: Name, Since a win: DAYS, RUNS. Includes L Young, D E FitzGerald, Paul Nolan, John M Burke, John J Walsh.

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months. • Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Brian M McMahon (7) .....5-11 45%

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Joseph Patrick O'Brien .....Smoking Gun Cork 3.23

Trainer trace

• Horses who have switched trainers since their latest run.

Table with columns: Name, Since a win: DAYS, RUNS. Includes Inforapenny, Miss Susan A Finn, Nostra Casa, D K Weld.

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with columns: Name, Since a win: DAYS, RUNS, Profit. Includes L Young, Sean Aherne, S Curling, Thomas Gibney.

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with columns: Name, Since a win: DAYS, RUNS, Profit. Includes Terence O'Brien, Mrs John Harrington.

M F Morris .....Hdl Cork 1-10 10% all Hdl newcomers 2-48 4%

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with columns: Name, Since a win: DAYS, RIDES. Includes Paul Townend, Mr J J Codd, Jack Kennedy.

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

Table with columns: Name, Since a win: DAYS, RIDES. Includes Sean Flanagan, E Walsh, Ambrose McCurtin, Richard Condon, Mr J C Barry, Shane Mulcahy.

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins

Table with columns: Name, Since a win: DAYS, RIDES. Includes Mr J J Codd, Paul Townend.

Jockeys off course

• Jockeys with most course losers since last win (today's code)

Table with columns: Name, Since a win: DAYS, RIDES. Includes Martin Burke, B J Cooper, Ambrose McCurtin.

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with columns: Name, Since a win: DAYS, RIDES. Includes Bal de Rio, Day Dreamin', Lighthouse Lady, Nostra Casa.

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table with columns: Name, Since a win: DAYS, RIDES. Includes Koshari.

Out & about

• Horses running today who were non-runners or withdrawn after being declared in last seven days.

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes Junior Bee, Killybegs Junior, The Cool Dude, Cahirdown Boy, The Rebel Knight.

Following favourites

• RACES that show a profit for favourites

Cork H'cap Hdles ..... +3.46

Postmark pick

• RP RATING's most clear in handicaps

Funky Dady .....Cork 2.13 3

TRAINERSPOT IRELAND In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

• For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

• After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes W P Mullins.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes E McNamara, John Joseph Hanlon, Terence O'Brien, John Patrick Ryan, A J Martin.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes W P Mullins, Noel Meade.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes Noel Meade, E McNamara.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Ⓢ=data is course specific (therefore bold data with Ⓢ = today's course, current season). Flat season is defined as from January 1. Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

Table with columns: Name, Since a win: DAYS, RIDES, Profit. Includes D G Hogan, Jody McGarvey, Kevin Brouder, Oakley Brown, Mr J J Codd, Mr Derek O'Connor.