



Signposts Sweetspots

Koukash to bear Soul at Chester

Heart Of Soul 3.45 Chester

Owner Marwan Koukash runs the same three as last year, with Heart Of Soul expected to win again.

Oasis Prince 4.05 Market Rasen

Useful on the Flat for Mark Johnston (peak RPR of 100) and first-time blinkers could see him step forward over hurdles here. Lucy Wadham is 2-8 when first reaching for the headgear.

Buford 5.00 Thirsk

Similar level of form in all-weather novices at two, but there are reasons to expect better here. Trainer Grant Tuer's runners are 2-9 when returning from a gelding operation and 6-24 when first tackling a handicap (+£18).

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Lucy Wadham (2-4 50%), Grant Tuer (5-14 36%), Nicky Henderson (2-6 33%), Charlie Longsdon (2-6 33%), Hugo Palmer (6-19 32%), Olly Murphy (4-13 31%), Donald McCain (6-21 29%), Sir Michael Stoute (5-17 29%), Ben Pauling (2-7 29%), Tom Dascombe (6-24 25%), Rebecca Menzies (4-16 25%), Jamie Snowden (3-12 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Nikki Evans (802 160), Michael Chapman (997 84), Julie Camacho (50 47), Michael Herrington (99 43), Paula Smith (605 34), Ronald Thompson (290 30), Simon Whitaker (72 29)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Sir Michael Stoute (6-10 60%), Iain Jardine (4-12 33%), Richard Spencer (3-10 30%), William Haggas (8-29 28%), Ivan Furtado (4-15 27%), Nicky Henderson (16-63 25%), David Evans (7-29 24%), Julie Camacho (3-13 23%), Andrew Balding (39-180 22%), Ralph Beckett (14-65 22%), Roger Varian (7-32 22%), Olly Murphy (39-193 20%), Jennie Candlish (9-44 20%), Ben Pauling (9-46 20%)

Trainers off course

Trainers with most course losers since last win (today's code) X=no course winner (since 1 Jan 1989)

Table listing trainers since a win: Colin Teague (Thsk X 54), Michael Chapman (MRas 997 36), Phillip Makin (Thsk 775 35), Keith Dalgleish (Thsk 1077 31), Mike Sowersby (MRas 1521 30), Charlie Longsdon (MRas 1016 30)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner Confined to trainers with course winner or having first course runner Course wins-runs record in past 20 years

Table listing tracking trainers: James Ferguson (Ches 1st), Toby Bulgin (MRas 1st), Michael & David Easterby (MRas 1st), Roger Fell (MRas 1st), Alice Haynes (Thsk 1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table listing class of 5-30 trainers: Roy Bowring (13) (6-9 67%), Chris Dwyer (17) (10-17 59%), Alice Haynes (9) (9-20 45%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months. Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table listing class of 31-60 trainers: David Barron (40) (23-49 47%), Jennie Candlish (36) (23-49 47%), Lucy Wadham (33) (21-46 46%), Grant Tuer (42) (19-45 42%)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: John Quinn Emporium Flame (Ches 2.10), Charlie Fellowes (Atrium Ches 2.40), Archie Watson (Mighty Gurkha Ches 3.10), Stuart Williams (Queen Kahlua Ches 3.10), Andrew Balding (Rival Ches 3.45), Jane Chapple-Hyam (Ambassadorial Ches 4.45), Ivan Furtado (Hector's Here Ches 5.15), Evan Williams (Peterborough MRas 2.00), L J Morgan (Tardree MRas 2.00), Jamie Snowden (Fact Of The Matter)

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table showing rolling 365-day record of various categories and symbols: Wins, Places, Runs, %, POI% for categories like Wind operation, Gelding first race, Blinkers first-time, etc.

Table listing trainers and jockeys: Jennie Candlish (Red Giant MRas 2.30), Tom Lacey (You Name Him MRas 3.00), Charlie Longsdon (Midnight Jewel MRas 4.05), Peter Bowen (Shantou Champagne MRas 4.37), David Evans (Profit And Loss Thsk 1.50), Paul Midgley (Texas Man Thsk 1.50), Keith Dalgleish (Hear Me Out Thsk 2.52), K R Burke (Tele Red Thsk 2.52), Sir Michael Stoute (Satono Japan Thsk 3.57), David Barron (Esticky End Thsk 5.30)

chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing trainers and jockeys: David Evans (2yo Thsk 1-1 100%), Fergal O'Brien (NHF MRas 2-5 40%), Mark Walford (Hdl MRas 1-4 25%), Donald McCain (Hdl MRas 1-7 14%)

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations: Olly Murphy-Fergus Gregory (MRas 35%), Paul Midgley-Paul Mulrennan (Thsk 24%), Peter Bowen-Sean Bowen (MRas 21%), Nicky Henderson-Nico de Boinville (MRas 21%), Jennie Candlish-Sean Quinlan (MRas 20%), Donald McCain-Brian Hughes (MRas 20%), David O'Meara-Daniel Tudhope (Thsk 20%), Kevin Ryan-Kevin Stott (Thsk 20%)

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing hot jockeys: Nico de Boinville (MRas 3-6 50%), Jamie Moore (MRas 3-7 43%), Oisín McSweeney (Thsk 3-10 30%), Brian Hughes (MRas 8-28 29%), Oisín Murphy (Ches 15-61 25%), Ella McCain (Thsk 3-12 25%), Nick Scholfield (MRas 3-12 25%), Connor Beasley (Ches 9-38 24%), Jason Watson (Thsk 7-30 23%), Paddy Brennan (MRas 3-13 23%)

Trainer trace

Horses who have switched trainers since their latest run. Includes current trainer's record with new recruits under today's code

Table listing trainer traces: Rosie Powers (Ches 3.10), Archie Watson (Ralph Beckett 5-23 22%), The New Marwan (Ches 5.15), Subtle Innuendo (MRas 1.00), Abington Park (MRas 3.35), Philip Kirby (Alex Hales 7-45 16%), Papal Count (MRas 3.35), Mayelf (Thsk 2.52), Willie John (Thsk 3.25), Shake A Leg (Thsk 4.30)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Donald McCain (39-172 23%), Rebecca Menzies (15-85 18%), Kevin Ryan (59-368 16%), George Baker (14-91 15%), Gary Moore (23-178 13%)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or



before & after today) in previous seasons, showing form figures that preceded the most recent

0-5 Dakota GoldChes 3.10 <i>6f York 27.7.19; 5f 89y York 28.7.17</i>
022 John KirkupThsk 2.22 <i>6f Apr 5.8.20; 5f Thsk 4.8.17</i>
611 Princess PowerThsk 2.22 <i>6f NmkJ 4.8.18; 6f Thsk 27.7.18</i>
406 FirmamentThsk 3.25 <i>7f York 26.7.20; 1m Chmf 2.8.16</i>

Seven-day winners

● TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

MytildaChes 2.10 won Musselburgh, Sunday <i>Phillip Makin 2-7 29%; all 7%</i>
Lion TowerThsk 3.57 won Musselburgh, Sunday <i>Grant Tuer 7-22 32%; all 13%</i>

Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

October StormMRas 1.30 511 <i>6.5.17 won after 190 days off</i>

Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)
● Trainers wins-runs record with such runners, current season plus

October Storm Donald McCain MRas 1.30 Bang 30 Jul unsuitable ground (2/1) 1-15 6%
Princess Power Nigel Tinkler Thsk 2.22 NmkJ 31 Jul unsuitable ground (6/1) 4-42 9%
Shalaa AskerAdrian Paul Keatley Thsk 2.22 Donc 31 Jul unsuitable ground (4/1) 1-7 14%
Stars In The Night Kevin Ryan Thsk 2.22 Muss 30 Jul unsuitable ground (10/1) 5-27 18%
Candescence ..Mark Walford Thsk 3.25 Muss 25 Jul other (7/1) 0-3 0%
Para QueenMark Walford MRas 3.35 Uttx 25 Jul vet's certificate (12/1) 1-4 25%
Sue Be ItNikki Evans MRas 4.05 NAbb 26 Jul vet's certificate (14/1) 0-2 0%
CarrigillihyTim Easterby Thsk 4.30 Pont 25 Jul unsuitable ground (3/1) 4-44 9%
Night Terrors David O'Meara Thsk 5.00 Rdcr 28 Jul unsuitable ground (14/1) 20-168 11%

Following favourites

● RACES that show a profit for favourites

Thsk 3yo+ Non-H'caps +19.10
Ches 3yo+ Non-H'caps +15.05
Thsk 3yo+ H'caps +4.89
Mras NH Flat +3.23
Mras Non-H'cap Hdles +3.21
Mras H'cap Hdles +2.16
Thsk 2yo Non-H'caps +0.02

Dropping down

● HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Just HissThsk 3.57 w82 -5
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Ahead of handicapper

● HORSES raised for future handicaps and potentially well handicapped today

SpantikMRas 3.00 +2

Danger MoneyMRas 4.05 +1

Time warp

● Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Devious AngelChes 2.10 39
Black FridayChes 3.10 45
Lincoln ParkChes 4.45 44
FairmacChes 5.15 32
La SensazioneThsk 2.52 29
Garden OasisThsk 3.57 29
Natchez TraceThsk 3.57 54

Time and again

● Horses who recorded a career best TS last time out and are reappearing within 7 days.

● Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.
● Only those who achieved a TS of at least 75 are listed.

Lion TowerThsk 3.57 77 <i>Grant Tuer 3-9 33%; all 13%</i>

Top marks

● Horses top-rated and selected by both RPR and TopSpeed

Dakota GoldChes 3.10 6/4
King's ProctorMRas 1.30 13/8
TardreeMRas 2.00 11/10
Wishfull DreamingMRas 2.30 9/2

Most popular nap

● MOST popular tip in Racing Post/Coral Naps Competition

● Data excludes yesterday's results

Dakota GoldChes 3.10 6 From Jan 1: W 96; L 257; £1 bet -33.54

Tipsters in form

● TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Steve Mullington (2) Langafel MRas 1.00
Moorestyle (2)
..... Gabrial The One Ches 3.45
Lee Sobot (2) .. Dakota Gold Ches 3.10

Tipsters' trainers

● TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

myracing.com
..... Doctor Parnassus Thsk 4.30
<i>David O'Meara 3-10 +£1.46</i>
Postdata..... Love Is Golden Ches 3.45
<i>Mark Johnston 3-9 +£9.25</i>



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	
4-13	31%	69% Olly Murphy 56-33-♦-♦-35-134-♦-2-♦-11-1-♦-♦-♦
2-6	33%	67% Charlie Longsdon ♦-♦-♦-51-2-♦-8-♦-1-♦-2-♦-♦
2-6	33%	67% Nicky Henderson 1-♦-♦-♦-8-♦-♦-♦-4-♦-63-1-♦
5-17	29%	65% Sir Michael Stoute ♦-♦-♦-11-5-24-311-4-♦-♦-32-41-2036
4-31	13%	65% John Quinn 2-1-22-9733-♦-25-5512-♦-6323-812-3-224-35038-1
6-19	32%	63% Hugo Palmer ♦-26-♦-♦-1-45-4-♦-1-151-41-41-675-52
6-21	29%	62% Donald McCain ♦-6613-11-♦-86-♦-♦-16-4-123-♦-2-402100-♦
6-35	17%	60% Roger Varian 5-6-3-35-6425-37683-3311-♦-14-1-123-23232-232-167

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-5	0%	0% Alex Hales FP-♦-♦-♦-7-♦-P-♦-♦-♦-4-♦
0-5	0%	0% Alice Haynes 2-♦-♦-4-♦-0-♦-♦-0-0-♦-♦-♦
0-5	0%	0% Colin Teague ♦-8-♦-6-♦-♦-9-6-♦-♦-4-♦
0-9	0%	11% Mark Walford ♦-P-6-♦-♦-6-7-3-4-♦-07-♦-♦-0

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

CHESTER

2.10	4-8	+£6.75	Tom Dascombe 1-1-16-2-♦-♦-2-2-1 Devious Angel, Roman Dragon
2.40	2-7	-£0.04	Tom Dascombe 14-24-1-23 Costa Adeje, Bro, Melos
3.10	3-8	+£3.13	Richard Fahey 2-♦-♦-♦-1-3-1-17-♦-47 Ventura Diamond
3.45	2-4	+£2.13	Ian Williams 1-2-13 Heart Of Soul, Arabist

THIRSK

3.57	2-13	+£17.00	Michael Dods 1-00-00-126-8000-♦-0-♦-♦ Challet
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Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current. Flat season is defined as from January 1

CHESTER

8-29	28%	+£7.13	Tom Dascombe 2yo hcp Devious Angel, Roman Dragon 2.10
4-12	33%	+£6.67	Tom Dascombe 2yo non-hcp Bro, Costa Adeje, Melos 2.40; Mot And The Messer 4.15
2-3	67%	+£3.30	William Haggas 2yo non-hcp Nuance 2.40; Maglev 4.15
4-13	31%	+£7.75	Richard Fahey Group/Listed Ventura Diamond 3.10
3-10	30%	+£4.63	Mark Johnston 3yo+ hcp Love Is Golden 3.45; Fairmac 5.15
2-6	33%	+£9.00	Ivan Furtado 3yo+ hcp Hector's Here 5.15

THIRSK

4-6	67%	+£7.31	David Evans 2yo non-hcp Profit And Loss 1.50
2-7	29%	+£7.38	Kevin Ryan 2yo non-hcp Bloomington Bride 1.50
2-3	67%	+£2.33	Brian Ellison 3yo+ hcp Pallas Lord 3.25; The Dancing Poet 4.30
4-11	36%	+£1.45	Mark Johnston 3yo+ hcp Headingley 3.57; Dontaskmeagain 4.30

MARKET RASEN

3-9	33%	+£15.50	Micky Hammond hcp ch High Noon 2.00
5-18	28%	+£31.75	Jennie Candlish hcp ch Red Giant 2.30

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; **BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific (therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

CHESTER

2-2	100%	+£10.50	Hollie Doyle/John Quinn Emporium Flame 2.10
4-10	40%	+£2.50	Kieran Schofield/Tom Dascombe Roman Dragon 2.10; Bro 2.40
31-122	25%	+£22.79	Tom Marquand/William Haggas Nuance 2.40; Maglev 4.15
10-25	40%	+£20.05	Silvestre de Sousa/Richard Fahey Ventura Diamond 3.10
5-19	26%	+£6.75	Ⓢ Franny Norton/Mark Johnston Love Is Golden 3.45; Fairmac 5.15
4-10	40%	+£8.60	Silvestre de Sousa/Chris Dwyer Global Wisdom 4.15
23-68	34%	+£2.97	Jack Mitchell/Roger Varian Jumaira Bay 4.45
2-7	29%	+£17.00	Ⓢ Paddy Mathers/Richard Fahey Hot Team 5.15
3-12	25%	+£6.25	Callum Rodriguez/Rebecca Menzies Set In Stone 5.15

THIRSK

3-4	75%	+£7.75	Ben Curtis/David Evans Profit And Loss 1.50
2-7	29%	+£9.50	Paul Mulrennan/Paul Midgley Texas Man 1.50
2-3	67%	+£15.00	Ⓢ Oisín McSweeney/Kevin Ryan Stars In The Night 2.22
4-16	25%	+£1.75	Harry Russell/Ollie Pears Ready Freddie Go 2.22; Horace Greasley 5.00
2-8	25%	+£7.00	Rowan Scott/Roger Fell Admiralty 3.25
3-7	43%	+£9.20	Kevin Stott/Hugo Palmer Eastern Sheriff 4.30
10-38	26%	+£31.94	Lewis Edmunds/Roy Bowring Cliffcake 5.00

MARKET RASEN

2-5	40%	+£3.25	Ⓢ Paddy Brennan/Fergal O'Brien Art Man 1.30; Bonttay 4.37
7-21	33%	+£21.92	Sean Bowen/Martin Keighley Mr Mafia 2.30
9-26	35%	+£4.39	Ⓢ Fergus Gregory/Olly Murphy Fitzroy 2.30
12-44	27%	+£10.79	Gavin Sheehan/Jamie Snowden Fact Of The Matter 2.30
2-4	50%	+£4.63	Ⓢ Sean Bowen/Peter Bowen Shantou Champagne 4.37
4-16	25%	+£11.81	Brian Hughes/S R B Crawford Mourne Lass 4.37



Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps
Paul John Gilligan2-5 40%
G M Lyons6-18 33%
Thomas Gibney2-7 29%

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never ridden a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days
Donal Kinsella779 79
Garvan Donnelly267 46
M Halford36 41
Thomas Cleary193 39
D J Bunyan181 37
David Marnane86 36
Sean Byrne370 35
T J O'Mara170 27
Brendan W Duke142 25

Course trainers

• TRAINERS with best wins-runs % from at least three course wins
W P MullinsGway 19-67 28%
A P O'BrienGway 19-90 21%
Matthew J SmithGway 6-29 21%

Trainers off course

• Trainers with most course losers since last win (today's code)
X=no course winner (since 1 Jan 1989)
Thomas ClearyGway 4749 67
T J O'MaraGway 4662 58
Luke ComerGway 5479 56
John C McConnellGway 1007 37
Noel MeadeGway 2921 33

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.
• Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.
Thomas Mullins (28)20-42 48%
David Barron (40)23-49 47%
Donnacha Aidan O'Brien (19)18-42 43%

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today
G M LyonsLust Gway 3.15
David Barron ..On A Session Gway 3.15
Archie Watson Stone Soldier Gway 3.15
M HalfordLegal Spin Gway 4.50

Trainer trace

• Horses who have switched trainers since their latest run.
• Includes current trainer's record with new recruits under today's code
Faithful PrinceGway 1.40
John C McConnell -> Peter Fahey 2-20 10%
MythicalGway 4.20
A P O'Brien -> Joseph Patrick O'Brien 11-83 13%

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.
W P Mullins98-355 28% +35.30
Miss Hilary McLoughlin.....2-17 12% +151.00
Adrian McGuinness 21-204 10% +50.90
P A Fahy6-69 9% +49.00
Luke Comer1-51 2% +250.00

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps
Nathan CrosseGway

Declan McDonogh5-22 23%
Shane Foley6-28 21%
Shane Foley9-44 20%

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days
Melanie HorsmanX 42
Conor MaxwellGway 49 56
Tom MaddenGway 44 45
J M SheridanGway 22 45
Rory ClearyGway 28 38
Wayne LordanGway 19 29

Jockeys off course

• Jockeys with most course losers since last win (today's code)
X=never ridden course winner
Rory ClearyGway 1460 82
Tom MaddenGway X 49
Conor HobanGway 1459 35
Oisín OrrGway 370 32

First-time geldings

• HORSES running for the first time since being gelded
• DATA excludes horses trained outside GB & Ireland
• Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.
MythicalGway 4.20
Joseph Patrick O'Brien 19-84 22%; all 15%

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.
Evergreen And RedGway 1.40
Ten Ten TwentyGway 1.40
EglishGway 2.45
KoolasiceGway 3.15
On A SessionGway 3.15
Micro ManageGway 4.20
Vita VeritasGway 4.50
Acqua Di GioiaGway 5.20
Lord ErskineGway 5.20
Loudest WhisperGway 5.20

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.
1.40 Galway
Evergreen And Red 3 (1) v 0 (0) She's Good Company
Lust For Life 2 (0) v 1 (0) Evergreen And Red
2.45 Galway
Imposing Supreme 5 (0) v 0 (0) High Altitude
High Altitude 3 (0) v 1 (0) Well Suited
Atlas 3 (0) v 0 (0) The Mpx Kid
Imposing Supreme 3 (0) v 0 (0) Well Suited
Eglish 2 (0) v 1 (0) Fridtjof Nansen
Fridtjof Nansen 2 (0) v 1 (0) Atlas
Fridtjof Nansen 2 (0) v 1 (0) Well Suited
3.15 Galway
Hightimeyouwon 3 (2) v 2 (0) Silver Service
Freescape 3 (1) v 2 (0) Nebo
Current Option 3 (1) v 1 (0) Quizzical
Current Option 3 (1) v 1 (0) On A Session
Quizzical 3 (0) v 2 (1) Sirjack Thomas
Big Baby Bull 2 (1) v 1 (1) Current Option
Sirjack Thomas 2 (1) v 1 (1) Hightimeyouwon
Big Baby Bull 2 (0) v 2 (0) Sirjack Thomas
On A Session 2 (0) v 2 (0) Quizzical
Comfort Line 2 (0) v 1 (1) Soaring Monarch
On A Session 2 (0) v 1 (1) Nebo
Quizzical 2 (0) v 1 (1) Big Baby Bull
Big Baby Bull 2 (0) v 1 (0) Silver Service
Sirjack Thomas 2 (0) v 1 (0) Silver Service
5.20 Galway
Stellify 3 (0) v 0 (0) Room To Roam

Repeat performance

• HORSES who ran in same race in previous seasons

AtlasGway 2.45
17: 3 of 15, btn 1/2l, OR67, 7/2F Leigh Roche
Eastern RacerGway 2.45
20: 5 of 14, btn 2 3/4l, OR77, 6/1 Shane Foley
Sagittarius RisingGway 2.45
20: 11 of 14, btn 8 1/2l, OR66, 2/1

The Mpx KidGway 2.45
20: 2 of 14, btn 1/4l, OR75, 4/1 Ronan Whelan
Big Baby BullGway 3.15
20: 16 of 16, btn 14 1/4l, OR96, 12/1 Mikey Sheehy

Current OptionGway 3.15
20: 1 of 16, OR99, 15/2 J M Sheridan
Laugh A MinuteGway 3.15
20: 13 of 16, btn 5l, OR100, 12/1 Gavin Ryan

On A SessionGway 3.15
20: 3 of 16, btn 1 1/4l, OR93, 12/1 Shane Crosse
Spanish TenorGway 3.15
19: 2 of 16, btn 3/4l, OR92, 14/1 Leigh Roche
QuizzicalGway 3.15
20: 5 of 16, btn 1 1/4l, OR97, 22/1 Dylan Browne McMonagle

19: 6 of 16, btn 5 3/4l, OR91, 8/1 Robbie Colgan
Spanish TenorGway 3.15
20: 10 of 16, btn 4 1/2l, OR93, 40/1 W J Lee
18: 8 of 16, btn 3l, OR102, 25/1 Gary Carroll
BenkeiGway 4.20
17: 3 of 9, btn 15 1/2l, RPR82, 4/1 Chris Hayes

Seven-day winners

• TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners
Imposing SupremeGway 2.45
won Galway, Tuesday
Thomas Gibney 0-6 0%; all 8%
Sirjack ThomasGway 3.15
won Galway, Tuesday
Adrian McGuinness 20-176 11%; all 8%
No ThanksGway 5.20
won Galway, Tuesday
Matthew J Smith 8-43 19%; all 10%

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
• Data is current plus last four years, any code, incl PTP
Lord ErskineGway 5.20 226
6.5.18 won after 182 days off

Out & about

• Horses running today who were non-runners or withdrawn after being declared in last seven days.
• Reason for absence (if known) and forecast SP (if appropriate)
• Trainers wins-runs record with such runners, current season plus
Dutch Schaefer
.....Denis Gerard Hogan Gway 1.40
Gway 26 Jul reserve (50/1) 2-99 2%
The Mpx Kid Ciaran Murphy Gway 2.45
Gway 26 Jul reserve (25/1) 0-7 0%
Excuzio Joe Matthew J Smith Gway 2.45
Gway 31 Jul reserve (8/1) 0-13 0%
Soaring Monarch Peter Fahey Gway 3.15
Gway 27 Jul unsuitable ground (7/1) 0-14 0%
LustG M Lyons Gway 3.15
Gway 27 Jul unsuitable ground (10/1) 4-21 19%
Getaway Queen
.....David Kenneth Budds Gway 4.50
Gway 29 Jul reserve (No Odds) 0-1 0%
La Hacienda Matthew J Smith Gway 4.50
Gway 27 Jul off feed (33/1) 0-13 0%
Nathaniel's Dream A J Martin Gway 4.50
Gway 27 Jul reserve (12/1) 2-32 6%
Social Distance
.....Mrs John Harrington Gway 5.20
Gway 31 Jul unsuitable ground (8/1) 2-46 4%

Score draw

• RACES with draw bias index of 66+
Galway 4.50LOW 67
Galway 5.20LOW 67
Galway 4.50HIGH 66
Galway 5.20HIGH 66

Following favourites

• RACES that show a profit for favourites
Gway 3yo+ Non-H'caps+19.76

Gway 2yo Non-H'caps+4.35

Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Dreams Delivered Gway 1.40 w65 -3

Time warp

• Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Monas MelodyGway 4.20 68
Buckman TavernGway 4.50 54
Wild ShotGway 4.50 46
No ThanksGway 5.20 69

Time and again

• Horses who recorded a career best TS last time out and are reappearing within 7 days.
• Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs.
• Only those who achieved a TS of at least 75 are listed.

Sirjack ThomasGway 3.15 88
Adrian McGuinness 4-26 15%; all 8%

**TRAINERSPOT IRELAND****In form**

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % **(bold)** of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.
 ● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ❖=no runners on day

W-R	RTF	
2-5	40%	80% Paul John Gilligan ❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖
6-18	33%	78% G M Lyons 434-522-❖-1811-2-121791-❖
3-16	19%	75% Emmet Mullins ❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖
2-14	14%	71% Andrew Slattery 0-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖
3-22	14%	64% Peter Fahey ❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖
5-30	17%	63% D K Weld 363-16-❖

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % **(bold)** of horses Running To Form (RTF). ❖=no runners on day

W-R	RTF	
0-8	0%	13% David Marnane 5-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ❖=no runner that year), and today's runner(s).

GALWAY

1.40	2-2	+£6.50	A J Martin 1-❖-1-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖.....Noble Seal
2.15	3-6	+£4.00	D K Weld 1-4-2-2-1-❖-1-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖-❖.....Malayan
2.45	2-14	+£13.50	Adrian McGuinness 3-49-3-1-❖-3-170-30-2-00.....English
	3-12	+£9.25	Denis Gerard Hogan 5-1-38-8-1340-100.....Atlas
3.15	2-8	+£0.91	D K Weld 14-4-13-7-0-❖.....Hightimeyouwon
3.50	3-7	-£2.54	D K Weld 1-1-6-4-1-6-6.....Fine Lace
4.20	3-5	+£1.64	W P Mullins 1-16-1-❖-3.....Micro Manage
4.50	2-9	-£3.00	A J Martin 7-1-6-1-200-00-❖.....Buckman Tavern, Nathaniel's Dream
5.20	2-9	-£3.00	A J Martin 7-1-6-1-200-00-❖.....Melburnian, Firstman

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

GALWAY

6-21	29%	+£17.25	Matthew J Smith 3yo+ hcp.....
		 Excuzio Joe 2.45; La Hacienda, Razdan 4.50; No Thanks 5.20
5-12	42%	+£3.13	A P O'Brien 3yo+ maiden..... Simply Incredible 3.50

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

⊕=data is course specific

(therefore **bold** data with ⊕ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

GALWAY

2-5	40%	+£6.50	⊕ Gary Carroll/Ms Sheila Lavery Krypton Gold 1.40
3-11	27%	+£18.50	⊕ Shane Foley/Mrs John Harrington
		 Fermoy 1.40; Eurocrat 2.15; Pappina 3.50; Social Distance 5.20
4-14	29%	+£37.83	Luke McAteer/Paul W Flynn Bondi Dreams 1.40
2-7	29%	+£77.00	Conor Clarke/Ray Hackett Lord McZie 2.45
2-7	29%	+£21.00	Dylan Browne McMonagle/D K Weld Hightimeyouwon 3.15
2-6	33%	+£4.75	Colin Keane/W P Mullins Micro Manage 4.20
2-6	33%	+£78.00	Siobhan Rutledge/William Durkan Fallen Forest 5.20