



Signposts Sweetspots

Shouldering can push rivals aside

Gold Wing 2.35 Nottingham

Saeed bin Suroor features prominently on the hot trainers' list and has a 35 per cent strike-rate at Nottingham over the last five seasons. Gold Wing is the yard's only runner of the day.

Oscar Montel 4.25 Stratford

Charlie Longsdon has a 33 per cent strike-rate in the last two weeks and a 40 per cent strike-rate when teaming up with Brian Hughes at Stratford. The pair combine with Oscar Montel, who scored last week.

Shouldering 7.25 Newcastle

David Menuisier is in red-hot form and Shouldering is his only runner at Newcastle. The filly wears a tongue-tie for the first time, with the trainer boasting a 40 per cent strike-rate with runners in the first-time aid.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table of hot trainers including David Menuisier (3-8 38%), Saeed Bin Suroor (5-14 36%), Roger Charlton (6-18 33%), Martyn Meade (3-9 33%), Charlie Longsdon (2-6 33%), Sir Michael Stoute (6-19 32%), Charlie Appleby (6-20 30%), Mark Usher (3-10 30%), Ralph Beckett (10-36 28%), Robyn Brisland (5-19 26%), Simon & Ed Crisford (7-28 25%), Ed Walker (7-28 25%), Hugo Palmer (5-20 25%), Paul & Oliver Cole (2-8 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table of cold trainers including Jo Davis (813 60), Jonathan Portman (34 43), John Ryan (80 42), Nigel Hawke (55 42), Gary Brown (290 32), Simon Pearce (111 29), William Jarvis (49 25)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table of course trainers including Rebecca Menzies (3-7 43%), Nicky Henderson (11-27 41%), Marcus Tregoning (3-8 38%), Owen Burrows (10-28 36%), Saeed Bin Suroor (11-31 35%), Roger Charlton (6-17 35%), Henry Daly (7-21 33%), Andrew Balding (18-65 28%), Dr Richard Newland (16-58 28%), David Menuisier (9-32 28%), Rebecca Curtis (4-15 27%), Sir Michael Stoute (15-57 26%), Charles Hills (18-73 25%), Ben Pauling (5-20 25%), Roger Varian (34-142 24%), Henry Candy (11-46 24%), Neil King (10-41 24%)

Table of trainers including Kim Bailey (7-30 23%), Hughie Morrison (7-30 23%), John & Thady Gosden (3-13 23%), Charlie Appleby (15-67 22%), Donald McCain (12-55 22%), George Boughey (5-23 22%), Charlie Fellowes (4-18 22%), Ian Williams (14-68 21%), Charlie Longsdon (12-57 21%), Alan King (8-39 21%), Simon & Ed Crisford (3-14 21%), William Haggas (24-121 20%), Hugo Palmer (23-115 20%), Fergal O'Brien (16-82 20%), Charlie Fellowes (14-69 20%), Chris Down (5-25 20%), John Quinn (5-25 20%), Amanda Perrett (4-20 20%), Jedd O'Keefe (3-15 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

X=no course winner (since 1 Jan 1989)

Table of trainers off course including Laura Mongan (59), David Brown (58), Nigel Hawke (50), Pat Phelan (42), Lee Carter (41), Scott Dixon (41), Ian Williams (33), Jo Davis (32)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or having first course runner

Course wins-runs record in past 20 years

Table of tracking trainers including Gary Brown (1-12 8% 7.3), Nigel Hawke (1st), Daniel & Claire Kubler (1st), Harry Eustace (1st), Phillip Makin (1st), J P Murtagh (1st), Donnacha Aidan O'Brien (1st), Ruth Jefferson (1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table of class of 5-30 including Jim Boyle (14-30 47%)

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table of symbols including Wind operation (176 wins, 281 places, 1772 runs, 10% POI), Gelding first race (283 wins, 485 places, 3028 runs, 9% POI), Blinkers first-time (147 wins, 292 places, 2016 runs, 7% POI), Visor first-time (95 wins, 210 places, 1147 runs, 8% POI), Hood first-time (112 wins, 217 places, 1564 runs, 7% POI), Tongue-strap first-time (329 wins, 607 places, 4122 runs, 8% POI), Cheekpieces first-time (339 wins, 618 places, 3953 runs, 9% POI), Course winner (2476 wins, 3823 places, 19182 runs, 13% POI), Distance winner (5158 wins, 8066 places, 42143 runs, 12% POI), CD winner (1503 wins, 2299 places, 11302 runs, 13% POI), BF last run (2339 wins, 2745 places, 11734 runs, 20% POI), Debutant (617 wins, 1264 places, 8895 runs, 7% POI), Days off (1-14) (2987 wins, 5206 places, 27936 runs, 11% POI), Days off (15 to 50) (7462 wins, 12544 places, 68991 runs, 11% POI), Days off (51 to 100) (1008 wins, 1715 places, 10803 runs, 9% POI), Days off (101 to 365) (1413 wins, 2283 places, 14783 runs, 10% POI), Days off (365+) (77 wins, 122 places, 1075 runs, 7% POI), Trainer first-time (543 wins, 924 places, 6495 runs, 8% POI)

Table of trainers including Matt Sheppard (16 43%), James Evans (11 42%), Joseph Parr (17 41%)

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table of class of 31-60 including Sir Mark Prescott Bt (51 45%), Donnacha Aidan O'Brien (20 45%), David Menuisier (32 43%), Lucy Wadham (32 43%), Scott Dixon (23 41%), Simon Dow (25 41%)

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table of one-trick trainers including Hughie Morrison (8.35), William Haggas (1.50), J P Murtagh (3.00), Charlie Appleby (3.00), Simon & Ed Crisford (4.10), David Evans (4.10), David Loughnane (5.20), Archie Watson (5.20), Paul Midgley (6.25), Keith Dalgleish (6.25), Stuart Williams (6.55), Ed Walker (8.25), Nigel Tinkler (2.00), Saeed Bin Suroor (2.35), Tom Dascombe (4.20), Tom George (2.10), Philip Hobbs (2.45), Donald McCain (2.45), Jonjo O'Neill (2.45), Charlie Longsdon (4.25), Kim Bailey (4.25), Ben Pauling (4.25), Nigel Twiston-Davies (4.25)

Table of trainers including Plymouth Rock (8.35), David Loughnane (2.29 7%), Irish Acclaim (6.55), Richard John O'Brien (11-84 13%), Graceful Moment (2.35), Tom Dascombe (0-27 0%), Be Easy (4.55), Ed Walker (5-40 13%), Caramelised (1.35), Richard Hannon (6-43 14%), Crane (1.35), Michael Bell (31-70 44%), Dark Motive (1.35), Ralph Beckett (6-38 16%), Nazwa (1.35), David Simcock (0-22 0%), Take Em Out (2.10), Tim Vaughan (0-13 0%), Fantastic Ms Fox (2.45), Noel Williams (23-97 24%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table of prime time trainers including Neil King (12-34 35% +66.60), Daniel & Claire Kubler (5-19 26% +30.00), David Menuisier (20-77 26% +30.70), Donald McCain (40-176 23% +64.70), Joseph Parr (4-21 19% +32.60), Kevin Ryan (62-369 17% +92.40), Robyn Brisland (13-86 15% +41.80), Paul & Oliver Cole (4-28 14% +33.00), Stuart Kittow (8-63 13% +72.40), David Pipe (11-82 13% +20.10), George Baker (12-92 13% +122.50), Mark Usher (15-116 13% +35.50), Gary Moore (21-179 12% +98.60), John Berry (3-33 9% +29.00)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table of training newcomers including Mark Johnston (4-20 20%), all 2yo newcomers (73-478 15%), Alan King (1-6 17%), all HdI newcomers (31-161 19%)

Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code



Gary Moore ...2yo Gdwd 1-13 8%
all 2yo newcomers 1-57 2%
Nicky Henderson Hdl Strf 0-1 0%
all Hdl newcomers 60-207 29%

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainer-jockey combinations with win percentages. Includes Charlie Longsdon-Brian Hughes (40%), Donald McCain-Brian Hughes (38%), Dr Richard Newland-Charlie Hammond (38%), Charlie Appleby-William Buick (31%), etc.

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table listing hot jockeys and their win percentages. Includes Jamie Moore (38%), Pierre-Louis Jamin (36%), Harry Bannister (30%), etc.

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold jockeys and their loss statistics. Includes Sam Hitchcott (171 losers), Jimmy Quinn (121), etc.

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins

Table listing course jockeys with win percentages. Includes Marco Ghiani (43%), Pat Cosgrave (31%), Robert Havlin (28%), etc.

Jockeys off course

• Jockeys with most course losers since last win (today's code)

Table listing jockeys off course with loser counts. Includes Cam Hardie (63), Sam Hitchcott (55), Tom Eaves (44), etc.

One-trick jockeys

• JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table listing one-trick jockeys and their win percentages. Includes Aled Beech (6.00%), Robert Tart (7.35%), Sam Hitchcott (1.50%), etc.

Horse & jockey

• HORSES with 100% record for today's jockey
• Minimum 2 wins and at least 1 defeat under different jockey

Table listing horse-jockey pairs with 100% records. Includes Favourite Child (4.10%), Clifford Lee 2-2, etc.

Overweight alert

• JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that

Table listing jockeys with overweight alerts. Includes Ray Dawson (3), Patient Dream, Gdwd 1.50, 7-11, etc.

First-time geldings

• HORSES running for the first time since being gelded

Table listing first-time geldings. Includes Fleetwood Pier (2.35), Michael Dods 4-34 11%, etc.

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery

Table listing first-time wind ops. Includes Filly Frock (2.10), Jennifer Mason 0-6 0%, etc.

First-time blinkers

• HORSES wearing blinkers, hood or visor for the first time

Table listing first-time blinkers. Includes Forbidden Beauty (h) (8.05), K R Burke 0-7 0%, etc.

Tongue-tied

• HORSES wearing tongue strap for the first time

Table listing tongue-tied horses. Includes Lipsink (6.55), Robert Cowell 0-0 0%, etc.

Table listing horses with cheekpieces. Includes Exhalation (3.45), Phillip Makin 1-5 20%, etc.

Cheekpieces

• HORSES wearing cheekpieces for the first time

Table listing horses with cheekpieces. Includes Montaqem (6.35), Muker (5.20), Phillip Makin 1-9 11%, etc.

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table listing horses with headgear left off. Includes Magna Moralia (8.35), Professor Galant (8.05), etc.

Travellers' check

• Today's farthest travellers (top 10 & ties; minimum distance 200 miles).

• Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Table listing travellers' check. Includes Sir Lucan (3.00 IRE), A P O'Brien all GB 368-2485 15%, etc.

Trying a trip

• HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before



| | | | |
|--------------|-----------|------|------------|
| Can Can Girl |Nott | 4.55 | +4f |
| Polar Ice |Nott | 4.55 | +2f |
| Roscioli |Newc | 8.25 | +2f |

Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.
- Showing trainer's win-run record with handicap debutants (current season plus four)
- Taraashoq**Gdwd 1.50
William Haggas 65-301 22%; -£42.08
- Adjuvant**Gdwd 4.10
Michael Bell 25-155 16%; +£27.21
- Aswan**Gdwd 4.10
Simon & Ed Crisford 15-60 25%; +£9.38
- Chanson d'Amour**Gdwd 4.10
George Scott 12-77 16%; +£4.75
- Whitefeathersfall**Gdwd 4.10
Mark Johnston 85-493 17%; -£49.14
- Smash Hit**Newc 7.55
George Scott 12-77 16%; +£4.75
- Empress Sheba**Nott 2.00
Les Eyre 3-17 18%; +£25.00

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
- First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

5.20 Goodwood

Rebel At Dawn 2 (1) v 1 (0) Fantasy Master
First Company 2 (0) v 1 (0) Nomadic Empire
Nomadic Empire 2 (0) v 1 (0) Rebel At Dawn

Bad turn

- HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR
- Minimum 3 runs each on LH & RH tracks
- Friilly Frock** (33/1)Strf 2.10 LH
LH W-r: 0-3 RPR 55; RH 1-7 RPR 73

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

| | |
|------------------------------------|------|
| IntercessorEpsm | 6.00 |
| Miss ElsaEpsm | 6.00 |
| Dono Di DioEpsm | 6.35 |
| Novis AdventusEpsm | 6.35 |
| Captain SquareEpsm | 7.05 |
| Princesse AnimaleEpsm | 7.35 |
| Velvet VistaEpsm | 7.35 |
| Mythical MadnessEpsm | 8.35 |
| King FrankelGdwd | 1.50 |
| AldbourneGdwd | 4.10 |
| IsemelGdwd | 4.45 |
| Quick SylvaGdwd | 4.45 |
| Fantasy MasterGdwd | 5.20 |
| Isle Of LismoreGdwd | 5.20 |
| MukerGdwd | 5.20 |
| The Princes PoetGdwd | 5.20 |
| Centurion SongNewc | 6.25 |
| CopinnetNewc | 6.25 |
| Copper KnightNewc | 6.25 |
| SalutiNewc | 6.25 |
| LipsinkNewc | 6.55 |
| MusicalityNewc | 6.55 |
| GambonNewc | 7.25 |
| Royal PleasureNewc | 7.25 |
| AtheebNewc | 7.55 |
| King Of TsavoNewc | 8.25 |
| OsloNewc | 8.25 |
| Cadeau d'OrNewc | 8.55 |
| LydfordNewc | 8.55 |
| MeredifNott | 1.25 |
| West Side GloryNott | 3.10 |
| TakeonefortheteamNott | 3.45 |
| FierospeedNott | 4.20 |
| Polar IceNott | 4.55 |
| Black BubleStrf | 1.00 |
| The Bees KneesStrf | 1.00 |
| King GolanStrf | 2.10 |
| ChiavariStrf | 2.10 |

| | |
|----------------------------------|------|
| | 2.45 |
| AdjaliStrf | 3.20 |
| ChapmanshypeStrf | 3.20 |
| GetawaytonewbayStrf | 3.55 |
| ScaramucciStrf | 3.55 |
| This BreacStrf | 3.55 |

Repeat performance

- HORSES who ran in same race in previous seasons
- Berrahri**Epsm 6.35
18: 8 of 10, btn 9¹/₄l, OR73, 16/1
Dayverson de Barros
- King Golan**Strf 2.10
18: 5 of 11, btn 26³/₄l, OR73, 14/1
Alison Johnson
- Green Or Black**Strf 2.45
19: 3 of 5, btn 9¹/₄l, OR119, 5/1
Harry Reed

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent
- 221 Berrahri**Epsm 6.35
1m 5f 84y Ches 29.7.17; 1m 2f 70y Ches 2.8.15
- 73 Saluti**Newc 6.25
5f Pont 23.7.20; 7f Sals 29.7.17
- 152 Bollin Joan**Newc 8.25
1m 4f Donc 25.7.19; 1m 2f Bevl 31.7.18; 1m 2f Bevl 23.7.18
- 21 See The Sea**Strf 2.45
2m 145y Bang 2.8.19; 1m 2f Bath 26.7.17

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners
- Jebel Dukhan**Newc 8.25
won Newcastle (A.W), Saturday
Sir Mark Prescott Bt 29-71 41%; all 16%
- Miramichi**Nott 4.20
won Newbury, Thursday
Tom Dascombe 12-50 24%; all 13%
- Oscar Montel**Strf 4.25
won Worcester, Thursday
Charlie Longsdon 2-6 33%; all 11%

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus
- Admiral's Sunset**
.....David Weston Strf 1.00
Utx 23 Jul vet's certificate (13/2) 0-4 0%
- Shoutout**Ralph Beckett Gdwd 4.45
(6/1) 0-0 0%
- Caroline Dale**
.....David Loughnane Gdwd 5.20
Gdwd 27 Jul unsuitable ground (12/1) 2-27 7%
- Nomadic Empire**
.....David O'Meara Gdwd 5.20
Nmkl 24 Jul vet's certificate (14/1) 20-166 12%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)
- Polar Ice** (4) *Sir Mark Prescott Bt* ...
.....Nott 4.55

Following favourites

| | |
|---|--|
| • RACES that show a profit for favourites | |
| Nott 3yo+ H'caps +25.92 | |
| Gdwd 3yo+ H'caps +19.77 | |
| Nott 2yo H'caps +14.21 | |
| Gdwd 3yo+ Non-H'caps +10.84 | |
| Strf H'cap Hdles +6.29 | |
| Gdwd 2yo H'caps +5.87 | |
| Strf H'cap Chses +4.71 | |
| Strf Non-H'cap Hdles +2.48 | |
| Nott 3yo+ Non-H'caps +1.57 | |

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)
- Snowbomber** Cls4→Cls6Nott 3.10

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.
- Rania**Epsm 8.05 w73 -10
- See The Sea**Strf 2.45 w123 -9
- Hot Summer**Epsm 8.35 w81 -8
- Berrahri**Epsm 6.35 w75 -7
- Plymouth Rock**Epsm 8.35 w74 -5
- Crownthorpe**Newc 7.55 w90 -4
- Dreamseller**Nott 3.45 w66 -4
- Beautiful Ben**Strf 3.55 w102 -4
- Tel'art**Strf 4.25 w114 -4
- Papa Stour**Newc 6.55 w88 -2
- This Breac**Strf 3.55 w81 -2
- Eagle Creek**Newc 7.25 w82 -1

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today
- Military Decoration**Epsm 6.35 +3
- Mayfair Stroll**Gdwd 4.10 +3
- Miramichi**Nott 4.20 +3
- Regaby**Strf 2.10 +3
- Goddess Of Fire**Epsm 8.35 +2
- Already Gone**Gdwd 4.10 +2
- Toronado Grey**Newc 7.55 +2
- Jebel Dukhan**Newc 8.25 +2
- Highland Premiere**Gdwd 4.10 +1
- Robasta**Gdwd 4.10 +1
- Papa Stour**Newc 6.55 +1
- Epidemic**Newc 8.25 +1
- Solstalla**Strf 2.45 +1
- Oscar Montel**Strf 4.25 +1

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).
- Early-closing handicaps may have additional qualifiers; excludes runs yesterday
- Military Decoration** (OR62)Epsm 6.35
2nd, Sand, Wed, Jul 21 (OR62) 68→71 ... +3
- Maahi Ve** (OR62)Epsm 8.05
3rd, Yarm, Thu, Jul 22 (OR62) 57→61 +4
- Papa Stour** (OR86)Newc 6.55
3rd, Chmf, Tue, Jul 20 (OR86) 92→93 +1
- Toronado Grey** (OR78)Newc 7.55
2nd, Chmf, Tue, Jul 20 (OR78) 80→83 +3
- Jebel Dukhan** (OR83, EX6)Newc 8.25
1st, Newc, Sat, Jul 24 (OR77) 82→89 +1
- Miramichi** (OR82, EX6)Nott 4.20
1st, Newb, Thu, Jul 22 (OR76) 82→90 +2

Bouncers

- HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.
- Sparkleandshine**Strf 1.00
02/11/19 12 of 15, 102 21/11/19 6 of 9 84;

Postmark pick

- RP RATING's most clear in handicaps
- Copper Knight**Newc 6.25 3
- Oslo**Newc 8.25 3

Time warp

- Horses running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.
- Improvised**Epsm 7.35 38
- Patient Dream**Gdwd 1.50 33
- Taraashoq**Gdwd 1.50 30

| | | |
|--------------------------------|------|-----------|
| GubbassGdwd | 2.25 | 41 |
| AleasGdwd | 3.00 | 65 |
| Sir LucanGdwd | 3.00 | 40 |
| YibirGdwd | 3.00 | 45 |
| ZeyaadahGdwd | 3.35 | 33 |
| AdjuvantGdwd | 4.10 | 31 |
| Already GoneGdwd | 4.10 | 30 |
| FaustusNewc | 6.25 | 32 |
| Jebel DukhanNewc | 8.25 | 32 |
| In The BreezeNewc | 8.55 | 49 |
| EncourageNott | 4.20 | 44 |
| Tin FandangoNott | 4.55 | 31 |

Top marks

- Horses top-rated and selected by both RPR and Topspeed
- Wordsworth**Gdwd 3.00 5/2
- Mohareb**Newc 6.55 9/2
- Small Bad Bob**Strf 5.00 3/1

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition
- Data excludes yesterday's results
- Asymmetric**Gdwd 2.25 4
- Third Realm**Gdwd 3.00 4
- From Jan 1: W 95; L 252; £1 bet -32.43

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:
- Whistler (3)****Silverdale** Gdwd 4.45
- The Punt (2)****Bright Idea** Newc 8.25

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)
- Alex Hammond...Flyin' High** Newc 7.55
Andrew Balding 5-10 +£28.41
- Luke Tucker****Robasta** Gdwd 4.10
Andrew Balding 6-27 +£18.60
- The Scout****Asymmetric** Gdwd 2.25
Alan King 3-10 +£3.16
- Spotlight**.....**Highland Premiere** Gdwd 4.10
Mark Johnston 3-12 +£3.83
- The Duke****Third Realm** Gdwd 3.00
Roger Varian 4-12 +£2.83
- Newsboy****Asymmetric** Gdwd 2.25
Alan King 4-9 +£5.50



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer details including names and statistics.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer details.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year, and today's runner(s)).

Table showing race trace results for various courses like Goodwood, Stratford, and Newmarket.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists for various courses like EPSON, GOODWOOD, and NOTTINGHAM.

Table listing trainers in form for various courses including GOODWOOD, NEWCASTLE (AW), NOTTINGHAM, and STRATFORD.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings for various courses like EPSOM, GOODWOOD, and NEWCASTLE (AW).



TRAINERSPOT

STRATFORD

| | | | | |
|-------|-----|---------|---|---------------------------------------|
| 3-11 | 27% | +£18.33 | Harry Bannister/Tony Carroll | Black Buble 1.00 |
| 3-8 | 38% | +£18.00 | Page Fuller/David Weston | Admiral's Sunset 1.00; Solstalla 2.45 |
| | | | 2017/18+ 5-20 25% +£27.00 | |
| 4-9 | 44% | +£11.33 | Tom O'Brien/Henry Daly | Rock On Tiger 1.00 |
| 11-41 | 27% | +£11.04 | Gavin Sheehan/Jamie Snowden | |
| | | | Dark Motive 1.35; Chapmanshype 3.20; Guinness Affair 5.00 | |
| 5-19 | 26% | +£7.50 | Ciaran Gethings/Tom George | Blue N Yellow 2.10 |
| 2-7 | 29% | +£14.00 | Jamie Moore/Alexandra Dunn | Dido 2.10 |
| 2-3 | 67% | +£7.50 | @Alexander Thorne/Peter Pritchard | Franz Klammer 2.10 |
| 6-16 | 38% | +£6.50 | @Brian Hughes/Donald McCain | See The Sea 2.45 |
| 2-4 | 50% | +£8.00 | Sean Bowen/Rebecca Curtis | Ruthless Article 3.20 |
| 2-4 | 50% | +£2.96 | Daryl Jacob/Nicky Henderson | Adjali 3.20 |
| 2-7 | 29% | +£4.00 | @Nico de Boinvillle/Ben Pauling | Tel'Art 4.25 |
| 4-10 | 40% | +£15.08 | @Brian Hughes/Charlie Longsdon | Oscar Montel 4.25 |
| 4-10 | 40% | +£2.63 | @Paddy Brennan/Fergal O'Brien | Our Colossus 5.00 |



▶▶ ALL data excludes last night's results

Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Thomas Mullins4-10 **40%**
Henry de Bromhead8-32 **25%**

Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

| Trainer | Since a win: DAYS | RUNS |
|----------------------------------|-------------------|------------|
| Patrick G Kelly | 917 | 141 |
| Michael G Cleary | 1845 | 124 |
| Liam Lennon | 395 | 68 |
| Garvan Donnelly | 264 | 44 |
| Adrian Murray | 144 | 33 |
| Shane Ryder | 362 | 29 |
| E Bolger | 74 | 28 |
| Dermot A McLoughlin | 46 | 27 |

Course trainers

● TRAINERS with best wins-runs % from at least three course wins

| | | |
|---------------------------------|--------|------------|
| Emmet MullinsGway | 6-15 | 40% |
| Barry T MurphyGway | 4-12 | 33% |
| W P MullinsGway | 41-195 | 21% |
| W J BurkeGway | 3-14 | 21% |

Trainers off course

● Trainers with most course losers since last win (today's code)

● X=no course winner (since 1 Jan 1989)

| Trainer | Since a win: DAYS | RUNS |
|---------------------------------|-------------------|----------------|
| E McNamara | Gway | 8361 81 |
| Norman Lee | Gway | X 44 |
| John Patrick Ryan | Gway | 1369 39 |
| John C McConnell | Gway | X 36 |
| John Joseph Hanlon | Gway | 1824 36 |
| E Bolger | Gway | 2831 33 |

Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.
● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

T M Walsh (12)9-19 **47%**

Class of 31-60

● Trainers with best winners-horses % under all codes in the past 12 months.
● Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Thomas Gibney (29)19-37 **51%**
Thomas Mullins (29)20-42 **48%**
John Patrick Ryan (31)23-50 **46%**
Matthew J Smith (28)17-41 **41%**

One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Neil Mulholland .Milkwood Gway 6.15

Trainer trace

● Horses who have switched trainers since their latest run.

● Includes current trainer's record with new recruits under today's code

Sefton WarriorGway 4.35
Richard Spencer→John Joseph Hanlon **2-45 4%**
ConvaraGway 6.45
T Shanahan→Miss Evanna McCutcheon **0-1 0%**
First TouchGway 6.45
W J Burke→Donal Commins **0-1 0%**
LunastarGway 6.45
Paul W Flynn→Adrian Murray **0-1 0%**
Golden de CoeurGway 8.15
Anthony John Black→Colin Bowe **1-5 20%**

Ni MhaonaighGway 8.15
Shane Ryder→Barry T Murphy **0-3 0%**

Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Shane Ryder **3-18 17%** +34.00
Mrs Denise Foster **9-52 17%** +22.90
Thomas Mullins **17-101 17%** +97.50
Matthew J Smith ... **11-70 16%** +32.30

Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Shane FitzGeraldGway **7-20 35%**
Jack FoleyGway **4-12 33%**
Darragh O'KeeffeGway **4-19 21%**

Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

| Jockey | Since a win: DAYS | RIDES |
|-----------------------------------|-------------------|---------------|
| Barry Browne | Gway | 105 71 |
| Ian McCarthy | Gway | 602 62 |
| Conor Maxwell | Gway | 46 54 |
| Mr J C Barry | Gway | 127 45 |
| Derek Thomas McGrath | Gway | 723 42 |
| Phillip Enright | Gway | 14 23 |

Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

Mr Derek O'Connor Gway **4-13 31%**
Mr P W MullinsGway **8-32 25%**

Jockeys off course

● Jockeys with most course losers since last win (today's code)

● X=never ridden course winner

| Jockey | Since a win: DAYS | RIDES |
|----------------------------|-------------------|----------------|
| Brian Hayes | Gway | 2558 62 |
| Donagh Meyler | Gway | 1826 35 |
| Mr B O'Neill | Gway | X 35 |

Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Odd VentureGway 4.35
Sefton WarriorGway 4.35
M C MuldoonGway 7.15
Cooldine BogGway 7.45
Captain CalGway 8.15

Best of rivalries

● Head-to-head record of horses who have run against one another three or more times in the past two years.

● First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

6.15 Galway
Ciel de Neige 3 (0) v 0 (0) Hearts Are Trumps
Hearts Are Trumps 2 (1) v 1 (0) Eclair de Beaufeu
Eclair de Beaufeu 2 (0) v 1 (0) Ciel de Neige
7.45 Galway
Mindmadeup 2 (1) v 1 (0) Macgiloney

Repeat performance

● HORSES who ran in same race in previous seasons

Not So SimpleGway **5.10**
20: F of 12, 50/1 J J Slevin
Band Of OutlawsGway **6.15**
19: 3 of 18, btn 1 1/4l, OR145, 9/2JF J J Slevin
HannonGway **6.15**
20: 14 of 19, btn 40l, OR131, 80/1
Conor Maxwell

Hearts Are TrumpsGway 6.15

20: 2 of 19, btn 2 1/4l, OR136, 40/1
Jody McGarvey

19: 6 of 18, btn 5 1/4l, OR138, 25/1
Jody McGarvey

Sole PretenderGway 6.15

19: 5 of 18, btn 4 1/2l, OR147, 11/1
Jonathan Burke

Tudor CityGway 6.15

20: 7 of 19, btn 10 1/4l, OR147, 22/1
Sean O'Keeffe

19: 1 of 18, OR139, 10/1 Robbie Power

Magic SeaGway 6.45

20: 8 of 16, btn 19l, OR109, 20/1
Mr N McParlan

BrogineGway 7.45

20: 2 of 12, btn 2 1/4l, OR108, 12/1
Kevin Brouder

Cooldine BogGway 7.45

20: 6 of 12, btn 10 1/2l, OR118, 11/2
Cathal Landers

Seven-day winners

● TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

New SocietyGway 7.45
won Down Royal, Friday
R K Watson 2-31 6%; all 5%

Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

ConvaraGway 6.45 **238**
21.6.19 won after 221 days off

Out & about

● HORSES running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)

● Trainers wins-runs record with such runners, current season plus

Captain CalPatrick Magee Gway 8.15
Gway 28 Jul reserve (150/1) **0-1 0%**

Following favourites

● RACES that show a profit for favourites
Gway Non-H'cap Chses **+1.37**

Coming on

● HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

YaizaGway **7.45**
11/05/18 10 of 15, **72**; 24/05/18 7 of 14, **96**;

Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Sweet Home ChicagoGway **5.10**
24/06/20 1 of 14, **134** 31/07/20 10 of 18 **111**;



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

| W-R | RTF | |
|-------|-----|--|
| 4-10 | 40% | 70% Thomas Mullins 11-11-♦-♦-7-♦-♦-5-5-♦-♦-70-♦-0 |
| 3-15 | 20% | 67% Peter Fahey 5-♦-♦-♦-♦-31-♦-331-♦-61-♦-0-343-32P |
| 12-66 | 18% | 62% Joseph Patrick O'Brien 846145-F05-812380-21133125-26-26-6922-58132251263-627119-4231-♦-10090-4705044-41 |

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

| W-R | RTF | |
|------|-----|---|
| 0-5 | 0% | 0% Brian M McMahon ♦-80-♦-♦-♦-00-♦-♦-♦-♦-0-♦-♦ |
| 0-13 | 0% | 8% Patrick G Kelly ♦-00600-♦-3P-♦-04-♦-P0-♦-♦-♦-♦-09 |

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

| GALWAY | | |
|--------|------|---|
| 5.10 | 2-6 | +£2.00 W P Mullins 2-0-7-1-1-3.....Bleu Berry, Golden Spread |
| 5.45 | 2-9 | -£2.50 W P Mullins 14-3567-14P-♦.....Antey, Fan De Blues, Robinnia |
| 6.15 | 3-16 | +£5.00 A J Martin 0-♦-800-1-13F-780-0-0-18-7.....Tudor City |
| | 3-37 | -£10.50 W P Mullins 000-00F-3400P-♦-26000-10-390B-126700-790P-15689.....Saldier, Ciel De Neige, Burning Victory |
| 7.15 | 5-14 | +£4.89 W P Mullins 2-1-3-5-1-24-1235-12-1.M C Muldoon, Rambrant' Jac |

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current.

Flat season is defined as from January 1

| GALWAY | | |
|--------|------|--|
| 9-30 | 30% | +£9.04 W P Mullins nov hdl.....Farout, Tax For Max 4.35; M C Muldoon, Rambrant' Jac 7.15 |
| 2-2 | 100% | +£32.00 W J Burke NH Flat.....Shumard 8.15 |

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; LIGHT = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

| GALWAY | | |
|--------|-----|---|
| 5-16 | 31% | +£4.40 Brian Hayes/W P Mullins.....Farout 4.35; Golden Spread 5.10; Antey 5.45 |
| 3-6 | 50% | +£3.78 Darragh O'Keefe/Henry de Bromhead.....Gin On Lime 5.45 |
| 3-10 | 30% | +£5.25 Shane Fitzgerald/Joseph Patrick O'Brien.....Embittered 6.15 |
| 8-26 | 31% | +£10.79 ⓈMr P W Mullins/W P Mullins.....Saldier 6.15; M C Muldoon 7.15; Dads Lad 8.15 |
| 2-6 | 33% | +£14.00 Simon Torrens/Joseph Patrick O'Brien.....Winner Takes Itall 6.15 |
| 2-8 | 25% | +£16.00 Phillip Enright/Brian M McMahon.....Karawaan 6.45 |
| 2-3 | 67% | +£1.83 ⓈDarragh O'Keefe/Gavin Cromwell.....Brides Hill 6.45 |
| 5-16 | 31% | +£23.50 Paul Townend/Matthew J Smith.....Punters Poet 6.45 |
| 3-12 | 25% | +£4.83 Ricky Doyle/Gearoid O'Loughlin.....Whatsyourstatus 7.45 |
| 2-6 | 33% | +£39.00 Sean Flanagan/Matthew J Smith.....Mindsmadeup 7.45 |
| 2-5 | 40% | +£6.10 Cathal Landers/Andrew Slattery.....Cooldine Bog 7.45 |
| 2-7 | 29% | +£15.00 Sean O'Keefe/W P Mullins.....Captain Kangaroo 7.45 |
| 4-6 | 67% | +£10.13 Miss J Townend/W P Mullins.....Carfax 8.15 |
| | | 2017/18+ 12-31 39% +£38.38 |