



Signposts Sweetspots

Mellow Ben can lift spirits

Mellow Ben 1.15 Newbury
Trainer Chris Gordon has operated at a 30 per cent strike-rate in the last two weeks and his only runner of the day is Mellow Ben, who makes his fifth start of the campaign.

Geordielandgangsta 12.05 Doncaster
Rose Dobbin and Lorcan Murtagh have an impressive 60 per cent strike-rate when combining at Doncaster. They do so again with Geordielandgangsta, who wears a first-time visor.

Looks Like Power 1.22 Bangor
Lorcan Williams has a 45 per cent strike-rate at Bangor and goes there to ride the Debra Hamer-trained Looks Like Power, who should come on for his recent run at Ffos Las.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Noel Williams (2-4 50%), Chris Gordon (6-20 30%), Tom Lacey (4-14 29%), Oliver Greenall (4-16 25%), William Knight (3-12 25%), Hugo Palmer (3-12 25%), Charlie Mann (2-8 25%)

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Max Young (X 25), Lisa Williamson (270 117), Mike Sowersby (540 85), Lady Susan Brooke (946 76), Ollie Pears (.97 56), Roy Brotherton (.451 42), Georgie Howell (.545 41), Warren Greatrex (.40 39), Seb Spencer (.416 35), Chris Grant (.55 35), Debra Hamer (.348 33), William Bethell (.473 32), John Groucott (.283 31), Evan Williams (.14 29), Nick Littmoden (.69 28), Tony Coyle (.95 27), Neil King (.27 27)

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Nicky Henderson (7-8 88%), Tom George (3-7 43%), Amy Murphy (6-17 35%), Nicky Henderson (21-69 30%), Keith Dalgleish (Newc 53-182 29%), John Gosden (Newb 53-197 27%), Simon & Ed Crisford (Wolv 6-22 27%), Rose Dobbin (Donc 6-22 27%), Ollie Murphy (Newc 3-11 27%), Henry Daly (Bang 12-46 26%), Nick Williams (Newb 6-25 24%), Venetia Williams (Newb 6-25 24%), Hugo Palmer (Wolv 32-137 23%), Rebecca Curtis (Bang 6-26 23%)

Table listing trainers off course: Tony Carroll (Bang 5-22 23%), John Mackie (Donc 3-13 23%), Donald McCain (Bang 64-293 22%), Sue Smith (Newc 18-85 21%), Nicky Richards (Newc 13-61 21%), Archie Watson (Wolv 45-222 20%), Dan Skelton (Bang 25-123 20%), Grant Tuer (Wolv 8-40 20%), Tom Lacey (Newb 6-30 20%), Oliver Greenall (Donc 4-20 20%), Michael Easterby (Newc 3-15 20%)

Trainers off course

Trainers with most course losers since last win (today's code)

Table listing trainers off course: John Butler (Wolv 297 53), Mike Sowersby (Donc 5844 51), Roy Brotherton (Wolv 1306 45), Lady Susan Brooke (Bang 8669 43), J S Moore (Wolv 687 42), Andrew Crook (Donc X 42), Micky Hammond (Donc 3592 37), Richard Whitaker (Wolv 2177 37), Lisa Williamson (Wolv 352 35), Chris Gordon (Newb 1365 34), Joseph Tuite (Wolv 848 33), David Evans (Wolv 54 33)

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or having first course runner

Table listing tracking trainers: James Moffatt (Donc 3-17 18% 3.0), Hannah James (Bang 1st), Max Young (Bang 1st), Suzi Best (Donc 1st), Georgie Howell (Donc 1st), Katie Scott (Donc 1st), Mrs Lorna Fowler (Newb 1st), Harriet Graham (Newb 1st), Ella Pickard (Newc 1st)

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months

Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets. Antony Brittain (39) 17-30 57%, Mick Quinn (10) 7-16 44%, Rebecca Curtis (12) 9-22 41%

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months

Restricted to trainers with between 31 and 60

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table showing rolling 365-day record of various categories and symbols: Wind operation (149 wins, 215 places, 1365 runs, 11% POI), Gelding first race (201 wins, 333 places, 2165 runs, 9% POI), Blinkers first-time (109 wins, 218 places, 1492 runs, 7% POI), Visor first-time (71 wins, 142 places, 794 runs, 9% POI), Hood first-time (61 wins, 143 places, 1036 runs, 6% POI), Tongue-strap first-time (226 wins, 416 places, 2775 runs, 8% POI), Cheekpieces first-time (247 wins, 448 places, 2843 runs, 9% POI), Course winner (1837 wins, 2984 places, 14821 runs, 12% POI), Distance winner (3737 wins, 6146 places, 31960 runs, 12% POI), CD winner (1098 wins, 1769 places, 8628 runs, 13% POI), BF last run (1675 wins, 2004 places, 8515 runs, 20% POI), Debutant (501 wins, 1022 places, 7275 runs, 7% POI), Days off (1-14) (2319 wins, 4112 places, 22152 runs, 10% POI), Days off (15 to 50) (5153 wins, 8905 places, 48282 runs, 11% POI), Days off (51 to 100) (673 wins, 1057 places, 6908 runs, 10% POI), Days off (101 to 365) (1393 wins, 2384 places, 15026 runs, 9% POI), Days off (365+) (70 wins, 152 places, 1158 runs, 6% POI), Trainer first-time (370 wins, 633 places, 4581 runs, 8% POI)

individual runners. Total wins in brackets.

Table listing individual runners: Anthony Honeyball (37) 24-44 55%, Sandy Thomson (29) 23-45 51%, Chris Gordon (32) 24-55 44%, Paul Midgley (36) 24-55 44%

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Gavin Cromwell (Presenting Meghan Donc 1.08), Chris Gordon (Mellow Ben Newb 1.15), Dr Richard Newland (On The Wild Side Newb 1.50), Gary Moore (Botox Has Newb 2.25), Kevin Ryan (Seaclusion Wolv 4.30), Richard Hannon (Genuflex Wolv 5.00), John Gosden (Little Kitten Wolv 5.00), Ed Walker (Nastasiya Wolv 5.00), Hugo Palmer (Liberated Lady Wolv 5.30), Clive Cox (Nikulina Wolv 5.30), Simon & Ed Crisford (Star Jewel Wolv 5.30), David Simcock (Rovaniemi Wolv 7.00), Stuart Williams (Marcela de Vega Wolv 7.30)

Trainer trace

Horses who have switched trainers since their latest run

Includes current trainer's record with new recruits under today's code

Table listing trainer traces: Est Illic (Bang 12.47), Tom Symonds (Sarah-Jayne Davies 0-27 0%), Calajani (Bang 2.32), Andrew Hollinshead (Sarah Hollinshead 0-5 0%), Quiet Penny (Bang 3.07), Gillian Boanas (Jamie Snowden 6-45 13%), Rollercoaster (Bang 3.07), Claire Dyson (Michael Scudamore 5-28 18%), Ocean Voyage (Donc 1.43), Gordon Elliott (Ian Williams 10-63 16%), Seddon (Donc 2.18), Tom George (Harry Whittington 6-33 18%), Elysees (Donc 2.53), Fergal O'Brien (Micky Hammond 4-68 6%), Now Look At Me (Donc 2.53), Tom George (Warren Greatrex 4-29 14%), Ahorsewithnoname (Newb 12.10), Brian Ellison (Nicky Henderson 32-79 41%)

Breaking Waves

Noel Williams (Harry Whittington 6-33 18%)

My Macho Man (Newc 11.45)

John Quinn (Maurice Barnes 0-18 0%)

Station To Station (Newc 11.45)

Clive Cox (Brian Ellison 7-34 21%)

Oscar Ceremony (Newc 12.20)

Stef Keniry (Brian Ellison 7-34 21%)

Warrior Brave (Wolv 4.30)

Aidan F Fogarty (Michael Appleby 31-170 18%)

Gmasha (Wolv 6.00)

Robert Cowell (Richard Whitaker 0-6 0%)

Sparkling Diamond (Wolv 6.00)

Philip McBride (Mohamed Moubarak 2-18 11%)

Misty Grey (Wolv 7.00)

Mark Johnston (Tom Dascombe 0-7 0%)

Siavash (Wolv 7.30)

H Blume (David Evans 4-68 6%)

Tukhoom (Wolv 7.30)

Tim FitzGerald (David O'Meara 16-145 11%)

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%

Table listing prime time trainers: Tom Lacey (27-94 29% +57.10), Ruth Jefferson (8-32 25% +33.40), Hugo Palmer (22-90 24% +30.40), Grant Tuer (6-27 22% +36.30), Noel Williams (8-45 18% +32.90), Rebecca Menzies (18-110 16% +33.90), Jeremy Scott (20-129 16% +29.80), Ben Pauling (25-165 15% +20.90), David Loughnane (11-78 14% +29.80), Rebecca Curtis (10-78 13% +24.60), Ben Haslam (5-63 8% +29.00), K R Burke (10-125 8% +45.80), Mark Loughnane (10-127 8% +23.00)

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: Alan King (Hdl Newc 1-1 100%), all Hdl newcomers 40-190 21%, Nigel Twiston-Davies (NHF Bang 2-3 67%), all NHF newcomers 11-98 11%



Alan KingNHF Donc 1-3 33%
<i>all NHF newcomers 17-98 17%</i>
Warren GreatrexNHF Bang 1-8 13%
<i>all NHF newcomers 14-84 17%</i>
Tom Dascombe 2yo Wolv 1-22 5%
<i>all 2yo newcomers 22-223 10%</i>
Hughie MorrisonNHF Donc 0-1 0%
<i>all NHF newcomers 2-12 17%</i>
K R BurkeNHF Donc 0-0 0%
<i>all NHF newcomers 1-3 33%</i>

Trainers & jockeys

● TRAINER-JOCKEY combinations with best % from at least three course wins

John Gosden-James Doyle ..Wolv 63%
<i>all Wolv; trainer 29%; jockey 39%</i>
Rose Dobbin-Lorcan MurtaghDonc 60%
<i>all Donc; trainer 27%; jockey 23%</i>
Brian Ellison-Brian Hughes Newc 40%
<i>all Newc; trainer 17%; jockey 24%</i>
Nicky Richards-Brian Hughes Newc 38%
<i>all Newc; trainer 21%; jockey 24%</i>
Hugo Palmer-James Doyle ..Wolv 36%
<i>all Wolv; trainer 23%; jockey 39%</i>
Archie Watson-Hollie Doyle Wolv 32%
<i>all Wolv; trainer 20%; jockey 15%</i>
Warren Greatrex-Richard JohnsonNewb 29%
<i>all Newb; trainer 11%; jockey 22%</i>
Nicky Henderson-Nico de BoinvilleNewb 29%
<i>all Newb; trainer 26%; jockey 27%</i>
Keith Dalgleish-Craig Nichol Newc 27%
<i>all Newc; trainer 24%; jockey 8%</i>
Paul Nicholls-Sean Bowen ..Newb 27%
<i>all Newb; trainer 16%; jockey 15%</i>
Stuart Williams-Richard KingscoteWolv 27%
<i>all Wolv; trainer 16%; jockey 16%</i>

Brian Ellison-Danny Cook ..Newc 25%
<i>all Newc; trainer 17%; jockey 19%</i>
Alan King-Tom QueallyWolv 25%
<i>all Wolv; trainer 13%; jockey 10%</i>
Sandy Thomson-Ryan Mania Newc 25%
<i>all Newc; trainer 18%; jockey 19%</i>
Ben Pauling-Nico de Boinville ...Newb 24%
<i>all Newb; trainer 14%; jockey 27%</i>
Grant Tuer-Sam JamesWolv 24%
<i>all Wolv; trainer 20%; jockey 9%</i>
James Ewart-Brian Hughes Newc 23%
<i>all Newc; trainer 13%; jockey 24%</i>
Iain Jardine-Andrew Mullen Wolv 23%
<i>all Wolv; trainer 12%; jockey 6%</i>
Mark Loughmane-Edward GreatrexWolv 23%
<i>all Wolv; trainer 9%; jockey 14%</i>
Sue Smith-Danny CookNewc 23%
<i>all Newc; trainer 21%; jockey 19%</i>
Philip Hobbs-Richard Johnson ...Newb 21%
<i>all Newb; trainer 18%; jockey 22%</i>
Paul Nicholls-Harry Cobden Newb 20%
<i>all Newb; trainer 16%; jockey 19%</i>
James Tate-P J McDonald ...Wolv 20%
<i>all Wolv; trainer 18%; jockey 13%</i>

Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Ross TurnerDonc 3-8 38%
<i>all Newb</i>
Sean BowenNewb 9-27 33%
Connor BraceDonc 4-13 31%
David BassNewb 9-31 29%
Richard JohnsonNewb 9-35 26%
Fergus GillardDonc 5-19 26%
Sean QuinlanNewc 9-36 25%
Joshua MooreNewb 7-28 25%
Nico de BoinvilleNewb 6-27 22%
Paddy BrennanNewc 6-27 22%
Charlie DeutschNewb 4-18 22%
Harry SkeltonNewb 8-38 21%

Robert DunneNewb 6-28 21%
Richard KingscoteWolv 9-44 20%
Jonjo O'Neill JrNewb 5-25 20%
Rossa RyanWolv 5-25 20%

Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

William ShanahanDonc X 115
Kieran O'NeillWolv 50 125
Hayley TurnerWolv 48 57
Alan JohnsBang 37 53
Micheal NolanDonc 44 43
Miss Lorna BrookeBang 401 40
David EnglandDonc 60 40
Thomas WillmottDonc 130 39
James SullivanWolv 22 37
Ben PosteBang 26 36
John KingtonDonc 275 34
Charles BishopWolv 30 32

Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

Lorcan WilliamsBang 5-11 45%
James DoyleWolv 30-76 39%
Daryl JacobNewc 3-9 33%
Mr Alex EdwardsBang 4-13 31%
Nico de Boinville ..Newb 31-115 27%
Brian HughesNewc 37-150 25%
Lorcan MurtaghDonc 5-22 23%
Jack MitchellWolv 66-300 22%
Richard Johnson ..Newb 29-133 22%
William KennedyDonc 7-34 21%
Max KendrickDonc 4-19 21%
Harry ReedNewc 4-19 21%

Jockeys off course

● Jockeys with most course losers since last win (today's code)

X =never ridden course winner
Since a win: DAYS RIDES
Darragh KeenanWolv 737 94
Tom CannonNewb 2464 86
Martin DwyerWolv 1050 73
Richie McLernonNewb 4020 63
Miss Lorna BrookeBang X 46
Charles BishopWolv 259 31

One-trick jockeys

● JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Stephen Mulqueen ..Caboy Bang 12.47
Lucy GardnerTea Time On Mars Bang 1.22
Abbie McCain Hills Of Dubai Bang 2.32
Ben PosteCalajani Bang 2.32
Kevin JonesGranitic Donc 12.05
William ShanahanLord Brendy Donc 12.05
David EnglandGunsight Ridge Donc 12.35
John KingtonLady Babs Donc 1.08
Micheal NolanPresenting Meghan Donc 1.08
David NoonanImperil Donc 2.18
Joe ColliverElysees Donc 2.53
Nathan MoscropTayzar Donc 2.53
Jack QuinlanPink Sheets Newb 12.10
Matt GriffithsChapagne Court Newb 1.15
Harry Bannister Millers Bank Newb 2.25
Daniel Sansom ..The Pink'n Newb 2.25
Callum BewleyAye Right Newb 3.00
Sean BowenDanny Whizzbang Newb 3.00
Ciaran GethingsTwo For Gold Newb 3.00
Bridget Andrews Marracudja Newb 3.35
Charlie DeutschIbleo Newb 3.35
Paul O'Brien ..Western Miller Newb 3.35
Ross ChapmanMy Macho Man

Jonathan EnglandWell Smitten Newc 12.20
Rachael McDonaldFostered Phil Newc 2.40
George DowningCharming Kid Wolv 4.00
Charles BishopZealot Wolv 4.30
Dougie CostelloThe Quiet Rebel Wolv 4.30
Martin Dwyer ..Sweet Bertie Wolv 5.00
Tom QueallyOceanline Wolv 5.00
Hector CrouchNikulina Wolv 5.30
Ben Curtis Hightown Heights Wolv 5.30
Silvestre de Sousa Star Jewel Wolv 5.30
Callum ShepherdDubai Tigress Wolv 5.30
Edward Greatrex Leo Davinci Wolv 6.00
James Sullivan Bobby Joe Leg Wolv 6.00
Hayley Turner Vitesse Du Son Wolv 6.30
Jason Hart ..Memory Dream Wolv 7.00
Barry McHughGabriel The Devil Wolv 7.00
Jamie Spencer ...Rovaniemi Wolv 7.00
Joe FanningAsdaa Wolv 7.30

Horse & jockey

● HORSES with 100% record for today's jockey

● Minimum 2 wins and at least 1 defeat under different jockey

On The Wild SideNewb 1.50
<i>Charlie Hammond 3 -3; others 0-2</i>

First-time geldings

● HORSES running for the first time since being gelded

● DATA excludes horses trained outside GB & Ireland

● Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Station To StationNewc 11.45
<i>Brian Ellison 4-31 12%; all 12%</i>
Warrior BraveWolv 4.30
<i>Michael Appleby 7-39 17%; all 11%</i>

First-time Wind Ops

● HORSES running for the first-time since undergoing a wind surgery

● Data excludes horses trained outside GB

● Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all
● Data first made available on 19 Jan 2018
Ascot de BruyereNewc 12.20
<i>James Ewart 4-28 14%; all 11%</i>
KapcorseNewb 1.15
<i>Paul Nicholls 30-124 24%; all 22%</i>
Breaking WavesNewb 1.15
<i>Harry Whittington 5-33 15%; all 15%</i>
Marie's RockNewb 2.25
<i>Nicky Henderson 20-73 27%; all 25%</i>
Millers BankNewb 2.25
<i>Alex Hales 1-8 12%; all 12%</i>
Fostered PhilNewc 2.40
<i>James Ewart 4-28 14%; all 11%</i>
Quiet PennyBang 3.07
<i>Jamie Snowden 6-80 7%; all 15%</i>
RollercoasterBang 3.07
<i>Michael Scudamore 4-39 10%; all 10%</i>
TakingrisksNewc 3.15
<i>Nicky Richards 3-13 23%; all 17%</i>
Miracle GardenWolv 6.30
<i>Roy Brotherton 0-0 0%; all 4%</i>

First-time blinkers

● Horses wearing blinkers, hood or visor for the first time

● Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

● Current and previous year, any code

Guard Your Dreams (h)Bang 1.57
<i>Nigel Twiston-Davies 1-4 25%; all 14%</i>
Earcomesall (h)Bang 3.07
<i>Peter Pritchard 0-0 0%; all 0%</i>

Arboretum (v)Donc 12.05
<i>Mike Sowersby 0-1 0%; all 2%</i>
Calin Du Brizais (v)Donc 12.05
<i>Nigel Hawke 3-11 27%; all 9%</i>
Geordielandgangsta (v)Donc 12.05
<i>Rose Dobbin 0-3 0%; all 10%</i>
Dreams And Visions (h)Donc 12.35
<i>Michael Easterby 0-8 0%; all 6%</i>
Champagne Terri (b)Newb 12.10
<i>Adrian Paul Keatley 0-4 0%; all 17%</i>
Mister Malarky (b)Newb 3.00
<i>Colin Tizzard 2-14 14%; all 13%</i>
The Hollow Ginge (v)Newb 3.00
<i>Nigel Twiston-Davies 0-9 0%; all 14%</i>
The Russian Doyen (b)Newb 3.35
<i>Colin Tizzard 2-14 14%; all 13%</i>
Station To Station (h)Newc 11.45
<i>Brian Ellison 0-8 0%; all 12%</i>
Platinumcard (h)Newc 2.40
<i>Keith Dalgleish 1-18 6%; all 12%</i>
Brave Eagle (b)Newc 3.15
<i>Nicky Henderson 1-8 13%; all 23%</i>
Sweet Bertie (b)Wolv 5.00
<i>Brian Meehan 1-11 9%; all 11%</i>
Nikulina (b)Wolv 5.30
<i>Clive Cox 2-14 14%; all 12%</i>
Zaurak (h)Wolv 5.30
<i>Marco Botti 1-19 5%; all 11%</i>
Gmasha (b)Wolv 6.00
<i>Richard Whitaker 2-9 22%; all 11%</i>

Tongue-tied

● HORSES wearing tongue strap for the first time

● Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

● Current and previous year, any code

Quiet PennyBang 3.07
<i>Jamie Snowden 2-29 7%; all 17%</i>
Millers BankNewb 2.25
<i>Alex Hales 0-7 0%; all 13%</i>
YorkhillNewc 3.15
<i>Sandy Thomson 1-2 50%; all 14%</i>
The Quiet RebelWolv 4.30
<i>Adrian Paul Keatley 0-3 0%; all 17%</i>
ZaurakWolv 5.30
<i>Marco Botti 3-16 19%; all 11%</i>
Glory Of ParisWolv 6.30
<i>Phillip Kirby 0-5 0%; all 8%</i>

Cheekpieces

● HORSES wearing cheekpieces for the first time

● Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

● Current and previous year, any code

Georgian FirebirdBang 3.07
<i>Barry Leavy 0-0 0%; all 0%</i>
Siannes StarDonc 2.18
<i>Brian Ellison 3-22 14%; all 12%</i>
PaseoDonc 2.53
<i>Oliver Sherwood 1-5 20%; all 16%</i>
Howling MilanNewb 1.50
<i>Samuel Drinkwater 1-5 20%; all 8%</i>
Cloth CapNewb 3.00
<i>Jonjo O'Neill 3-13 23%; all 14%</i>
VindicationNewb 3.00
<i>Kim Bailey 6-24 25%; all 19%</i>
Voix Du ReveNewc 2.05
<i>Iain Jardine 2-22 9%; all 10%</i>
Heron's NestWolv 6.30
<i>John Butler 0-12 0%; all 8%</i>

Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

RollercoasterBang 3.07
Champagne CourtNewb 1.15
My Macho ManNewc 11.45
PresentandcountingNewc 2.40
Hard SolutionWolv 4.00
ShortbackandsidesWolv 6.30
Hart StopperWolv 7.00
SiavashWolv 7.30
TukhoomWolv 7.30



Travellers' check

- Today's farthest travellers (top 10 & ties; minimum distance 200 miles).

Table listing horse names, trainers, and statistics for the Travellers' check section.

Dropping back in trip

- HORSES who have run at least once this season and now race over 2f (4f jumps) less than previously this season.

Shanbally RoseNewc 2.40 -4f

Handicap debut

- Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

Table listing horse names, trainers, and statistics for the Handicap debut section.

Horses for courses

- HORSES with at least three course wins (today's code/surface), followed by total course runs

Table listing horse names, trainers, and statistics for the Horses for courses section.

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.

Table listing horse names, trainers, and statistics for the Best of rivalries section.

Good turn

- HORSES whose best RPR racing the opposite way round to today is 10lb+ below today's card RPR and who raced the WRONG way (no wins) last time

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details

Table listing horse names, trainers, and statistics for the Anything to report section.

Repeat performance

- HORSES who ran in same race in previous seasons

Table listing horse names, trainers, and statistics for the Repeat performance section.

Table listing horse names, trainers, and statistics for the Cornerstone Lad, Sceau Royal, Silver Streak, and Definitly Red sections.

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table listing horse names, trainers, and statistics for the Week link section.

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table listing horse names, trainers, and statistics for the Seven-day winners section.

Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence

Table listing horse names, trainers, and statistics for the Fresh start section.

Out & about

- HORSES running today who were non-runners or withdrawn after being declared in last seven days.

Table listing horse names, trainers, and statistics for the Out & about section.

Wood ParkOlly Murphy Newc 2.40 Hayd 21 Nov vet's certificate (3/1) 3-16 18%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)

Thaki (3) Luke McJannetWolv 6.00

Following favourites

Table listing horse names, trainers, and statistics for the Following favourites section.

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Yorkhill Gd3->Cls1Newc 3.15

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Table listing horse names, trainers, and statistics for the Dropping down section.

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today

Table listing horse names, trainers, and statistics for the Ahead of handicapper section.

Coming on

- HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Table listing horse names, trainers, and statistics for the Coming on section.

Bouncers

- HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Table listing horse names, trainers, and statistics for the Bouncers section.

Postmark pick

- RP RATING's most clear in handicaps

MarracudjaNewb



3.35 3

Time warp

• Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.

Holy EndeavourWolv 5.00 **30**

Top marks

• Horses top-rated and selected by both RPR and TopSpeed

Stolen SilverBang 12.15 4/5

Tipalong TylerBang 3.07 5/2

Gunsight RidgeDonc 12.35 11/10

DidonatoDonc 1.08 5/4

Mrs HydeNewb 12.10 5/2

Christopher WoodNewb 1.50 10/1

MilkwoodNewb 2.25 13/2

MarracudjaNewb 3.35 20/1

Tupelo MississippiNewc 12.55 11/4

EpatanteNewc 2.05 8/11

Presentandcounting .Newc 2.40 3/1

Most popular nap

• MOST popular tip in Racing Post/Coral Naps Competition

• Data excludes yesterday's results

Aye RightNewb 3.00 **5**

From Jan 1: W 129; L 299; £1 bet -30.28

Tipsters in form

• TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

The Irish Sun (4) **Jake Peter** Fair 2.46

Andrew Bladen (3) **Potterman** Newb 3.00

Brian Flanagan (2)

.....**Millen To One** Fair 2.46

Arthur Shone (2)

.....**Twotwothree** Bang 12.47

RP Ratings (2)**Ashington** Donc 1.43

The Duke (2) **Warrior Brave** Wolv 4.30

Tipsters' trainers

• TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Andrew Bladen...**Potterman** Newb 3.00

Alan King 3-11 +£13.75

Newmarket**Little Kitten** Wolv 5.00

John Gosden 37-86 +£6.34

The Scout**Pym** Newc 3.15

Nicky Henderson 15-30 +£4.19

Rockavon**Botox Has** Newb 2.25

Gary Moore 3-6 +£3.13

Paul Kealy...**Secret Investor** Newb 3.00

Paul Nicholls 4-7 +£9.88

Jason Heavey

.....**Orchardstown Cross** Newb 1.15

Jeremy Scott 5-8 +£9.83

Andy Morris...**Vinndication** Newb 3.00

Kim Bailey 3-7 +£7.30



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table showing race trace results for various trainers across different courses and races.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists with columns for race type, wins-runs, and trainer name with their record.

Table listing trainers and their records for specific race types.

NEWBURY

Table listing trainers and their records for Newbury racecourse.

NEWCASTLE

Table listing trainers and their records for Newcastle racecourse.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings with columns for race type, wins-runs, and jockey/trainer name.

BANGOR-ON-DEE

Table listing jockey bookings for Bangor-on-Dee racecourse.

DONCASTER

Table listing jockey bookings for Doncaster racecourse.

NEWBURY

Table listing jockey bookings for Newbury racecourse.

NEWCASTLE

Table listing jockey bookings for Newcastle racecourse.



▶▶**ALL data excludes last night's results**

Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

W P Mullins	17-46	37%
Barry Connell	2-8	25%

Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
P J Rothwell	84	89
Aengus King	723	57
Francis J Flood	439	41
Robert Tyner	63	33
Joseph G Murphy	26	26

Course trainers

● TRAINERS with best wins-runs % from at least three course wins

W P Mullins	Fair	67-339	20%
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Trainers off course

● Trainers with most course losers since last win (today's code)
● X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
L Young	Fair	X 56
David M O'Brien	Fair	X 36
Mrs D A Love	Fair	2798 30

Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.
● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Michael J Bowe (5)	4-7	57%
E D Delany (4)	3-6	50%

Trainer trace

● Horses who have switched trainers since their latest run.
● Includes current trainer's record with new recruits under today's code

Bel Ami de Sivola	Fair	12.30
Noel Meade→Gordon Elliott	42-225	19%
Or Jaune de Somoza	Fair	12.30
Henry de Bromhead→Gordon Elliott	42-225	19%
Keskonrisk	Fair	2.11
T E Hyde→Joseph Patrick O'Brien	11-77	14%
Red As Rust	Fair	3.21
Gordon Elliott→Nigel Thomas Slevin	0-7	0%

Prime time

● Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

T M Walsh	3-37	8%	+36.90
Peter Fahey	4-71	6%	+61.30

Training newcomers

● WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

W P Mullins	NHF Fair	8-25	32%
<i>all NHF newcomers 66-188 35%</i>			

E J O'Grady	Hdl Fair	1-4	25%
<i>all Hdl newcomers 3-35 9%</i>			
Noel Meade	NHF Fair	3-13	23%
<i>all NHF newcomers 23-101 23%</i>			
Gordon Elliott	Hdl Fair	6-39	15%
<i>all Hdl newcomers 62-384 16%</i>			
Henry de Bromhead	Hdl Fair	3-20	15%
<i>all Hdl newcomers 31-227 14%</i>			

Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Mr P W Mullins	Fair	3-4	75%
Paul Townend	Fair	14-27	52%
Jack Kennedy	Fair	5-24	21%
Paddy Kennedy	Fair	3-15	20%
Donagh Meyler	Fair	3-15	20%

Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
Adam Short	Fair	80 106
James O'Sullivan	Fair	57 53
L P Dempsey	Fair	39 52
Mike O'Connor	Fair	89 32
E Walsh	Fair	85 32
Conor Maxwell	Fair	25 31

Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

Miss A B O'Connor	Fair	5-16	31%
Mr J J Codd	Fair	12-42	29%
Mr P W Mullins	Fair	10-47	21%

Jockeys off course

● Jockeys with most course losers since last win (today's code)
● X=never ridden course winner

	Since a win: DAYS	RIDES
Mark Bolger	Fair	2216 66
Ryan Treacy	Fair	2604 43
James O'Sullivan	Fair	X 35

Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Oscar Thyne	Fair	11.30
Or Jaune de Somoza	Fair	12.30
Moonshot	Fair	2.11
Star Max	Fair	2.46

Repeat performance

● HORSES who ran in same race in previous seasons

Ontheropes	Fair	11.30
19: 6 of 18, btn 18 ^{3/4} l, RPR126, 20/1		
M P Fogarty		
Bel Ami de Sivola	Fair	12.30
17: 4 of 15, btn 6 ^{1/2} l, OR125, 8/1		
Donagh Meyler		
Kildorrey	Fair	12.30
19: F of 6, OR132, 9/4		
Darragh O'Keefe		
Itsnotinit	Fair	1.36
17: 15 of 25, btn 54 ^{1/4} l, RPR74, 66/1		
Dylan Robinson		
Legacy Thor	Fair	1.36
19: 10 of 25, btn 18l, RPR116, 33/1		
Mr B G Crawford		
Hardback	Fair	2.46
17: 9 of 14, btn 21 ^{1/2} l, OR124, 10/1		
Adam Short		

Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

Game Of War	Fair	12.30	405
29.11.18 won after 249 days off			

Hardback	Fair	2.46	282
10.8.17 won after 872 days off			

Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)

● Trainers wins-runs record with such runners, current season plus

Champagne Paddy R P Cody	Fair	1.36
Thur 26 Nov reserve (10/1) 0-0 0%		

Dympnas Well	Paul Nolan	Fair	1.36
Thur 26 Nov reserve (100/1) 0-19 0%			

Gigolo' Dai Dai	Henry de Bromhead	Fair	1.36
Punc 24 Nov reserve (6/1) 10-51 19%			

Gars de Sceaux Gordon Elliott	Fair	1.36
Naas 21 Nov reserve (10/1) 20-100 20%		

Macs Charm	C A Murphy	Fair	2.11
Thur 26 Nov reserve (66/1) 0-1 0%			

Moonshot	S R B Crawford	Fair	2.11
Thur 26 Nov reserve (100/1) 0-13 0%			

Gain de Cause	A J Martin	Fair	2.11
Punc 24 Nov reserve (16/1) 3-28 10%			

Following favourites

● RACES that show a profit for favourites

Fair Non-H'cap Chses	+2.69
Fair NH Flat	+0.35

Coming on

● HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Seeyouvinny	Fair	2.46
19/01/19 10 of 29, 93; 09/02/19 5 of 9, 112;		

Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Yaha Fizz	Fair	12.30
16/11/19 5 of 5, 126 27/12/19 16 of 25 104;		

Postmark pick

● RP RATING's most clear in handicaps

Call A Cab	Fair	2.46	3
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TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table with 4 columns: W-R, RTF, % (bold), Trainer Name, and Finishing Positions. Includes Thomas Mullins, W P Mullins, M Halford, and Barry Connell.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with 4 columns: W-R, RTF, % (bold), Trainer Name, and Finishing Positions. Includes E Bolger, Dermot A McLoughlin, Robert Tyner, P J Rothwell, Brian M McMahon, and Desmond McDonogh.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

FAIRYHOUSE

Table with 4 columns: Time, W-R, £1 bet, Trainer Name, and Race Details. Includes Gordon Elliott and W P Mullins.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

FAIRYHOUSE

Table with 4 columns: W-R, % (bold), £1 bet, Trainer Name, and Race Details. Includes Paul Stafford, Henry de Bromhead, and Gavin Cromwell.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Ⓢ=data is course specific (therefore bold data with Ⓢ = today's course, current season). Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

FAIRYHOUSE

Table with 4 columns: W-R, % (bold), £1 bet, Jockey/Trainer Name, and Race Details. Includes Sean O'Keefe, Ryan Treacy, Simon Torrens, and E Walsh/Noel Meade.