



Signposts Sweetspots

Rely on Newcastle ace Scu

Barrichello 12.53 Bangor
Has a good record at Bangor so should go well here, and he is partnered by jockey Brian Hughes, who has a 24 per cent strike-rate at the track in the last five seasons.

Mofasa 1.00 Newcastle
Made things difficult for himself last time out but made up the ground he lost quickly to get the job done. He's two from two over hurdles and will look to bring up a hat-trick here. His trainer Michael Scudamore has a 31 per cent strike-rate with his runners at Newcastle.

Jeffery's Cross 1.28 Bangor
Far from disgraced when finishing second last time. He can benefit from that experience and should go well here. Trainer Dan Skelton and jockey Bridget Andrews boast a 21 per cent strike-rate when combining at Bangor.

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers with columns for name, wins, runs, and percentage. Includes names like Darryll Holland, Henry Daly, William Haggas, etc.

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers with columns for name, days since win, and runs. Includes names like Charlie Wallis, Mike Sowersby, etc.

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers with columns for name, wins, runs, and percentage. Includes names like Nicky Henderson, Charlie Appleby, etc.

Table listing various trainers with columns for name, wins, runs, and percentage. Includes names like Roger Varian, Paul Nicholls, etc.

Trainers off course

• Trainers with most course losers since last win (today's code/surface)

Table listing trainers off course with columns for name, days since win, and runs. Includes names like Grace Harris, Mike Sowersby, etc.

Tracking trainers

• TRAINERS with first course runner in more than two years, showing years since previous runner

Table listing tracking trainers with columns for name, days since win, and runs. Includes names like Aytach Sadik, Paul Nicholls, etc.

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months.

Table listing class of 5-30 trainers with columns for name, wins, runs, and percentage. Includes names like Ann Hamilton, Kerry Lee, etc.

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table showing story of the symbols with columns for category, wins, places, runs, percentage, and POI%. Includes categories like Wind operation, Gelding first race, etc.

Table listing specific symbols with columns for name, wins, runs, and percentage. Includes names like Henry Oliver, Michael Herrington, etc.

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.

Table listing class of 31-60 trainers with columns for name, wins, runs, and percentage. Includes names like Richard J Bandey, Henry Daly, etc.

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers with columns for name, wins, runs, and percentage. Includes names like Dr Richard Newland, Emma Lavelle, etc.

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers with columns for name, wins, runs, percentage, and profit. Includes names like Ruth Jefferson, Henry Oliver, etc.

David SimcockKaif Wolv 8.20

Trainer trace

• Horses who have switched trainers since their latest run.

• Includes current trainer's record with new recruits under today's code

Table listing trainer traces with columns for name, wins, runs, and percentage. Includes names like Only The Bold, Evan Williams, etc.

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or



chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with columns: Name, Age, Sex, Win %

Trainers & jockeys

Table with columns: Trainer/Jockey, Win %

Hot jockeys

Table with columns: Jockey, Wins, Win %

Cold jockeys

Table with columns: Jockey, Wins, Win %

Course jockeys

Table with columns: Jockey, Wins, Win %

Table with columns: Name, Age, Sex, Win %

Jockeys off course

Table with columns: Name, Age, Sex, Win %

One-trick jockeys

Table with columns: Name, Age, Sex, Win %

Horse & jockey

Table with columns: Name, Age, Sex, Win %

First-time geldings

Table with columns: Name, Age, Sex, Win %

First-time Wind Ops

Table with columns: Name, Age, Sex, Win %

Table with columns: Name, Age, Sex, Win %

First-time blinkers

Table with columns: Name, Age, Sex, Win %

Tongue-tied

Table with columns: Name, Age, Sex, Win %

Cheekpieces

Table with columns: Name, Age, Sex, Win %

Table with columns: Name, Age, Sex, Win %

Headgear left off

Table with columns: Name, Age, Sex, Win %

Money talks

Table with columns: Name, Age, Sex, Win %

Travellers' check

Table with columns: Name, Age, Sex, Win %

Handicap debut

Table with columns: Name, Age, Sex, Win %



KlimovaWolv 4.20
James Fanshawe 18-123 15%; -£27.12
Moving ColoursWolv 4.20
Charlie Appleby 47-170 28%; -£19.53

Horses for courses

• HORSES with at least three course wins (today's code/surface), followed by total course runs
• Course/distance wins are shown in brackets
Street PoetWolv 7.50 (4) 10-49
You're CoolWolv 5.20 (8) 9-38
Golden SandsWolv 8.20 (3) 3-3
ZanzaNewb 1.20 3-4
VisibilityWolv 6.50 (1) 3-14

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years.
• First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

1.20 Newbury
Kitty's Light 4 (0) v 2 (1) Cap Du Nord
3.05 Newbury
Threeunderthrive 2 (1) v 1 (0) Oscar Elite

Bad turn

• HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR
• Minimum 3 runs each on LH & RH tracks

Galore Desassences (4/1) ...
Donc 2.57 LH
LH w-r: 0-3 RPR 97; RH 3-6 RPR 130
Shantou Lucky (11/4) ..Newc 1.35 LH
LH w-r: 0-7 RPR 110; RH 3-12 RPR 125

Anything to report

• HORSES whose last outing has official explanation from connections. See form for details

Luis Van ZandtBang 12.23
Eclair MagBang 1.28
Jeffery's CrossBang 1.28
Only The BoldBang 1.28
BasfordBang 2.03
Horacio Apple'sBang 2.38
Quiet FlowDonc 12.05
Touchy FeelyDonc 1.12
Fringill DikeDonc 1.47
Rory RedrumNewb 12.15
Champagne CourtNewb 1.20
KapcorseNewb 1.20
Mister CoffeyNewb 1.20
Current MoodNewb 1.55
Red RiskNewb 1.55
Walking On AirNewb 1.55
First StreetNewb 2.30
Baron de MiddletonNewc 12.30
Aye RightNewc 3.25
Berwick LawWolv 4.20
Dream MissionWolv 4.50
YaahobbyWolv 5.20
CeannaWolv 5.50
EmbraceWolv 5.50
La TraviataWolv 6.20
Beattie Is BackWolv 6.50
Global WarningWolv 6.50
Autumn AngelWolv 7.20
Making MusicWolv 7.20
Street PoetWolv 7.50
Master Of CombatWolv 8.20

Repeat performance

• HORSES who ran in same race in previous seasons
Mance RayderDonc 12.05
20: 1 of 12, OR97, 6/1 Danny McMenamin
Big Bad BearDonc 2.57
20: 1 of 9, OR128, 9/2 Danny McMenamin
Cap Du NordNewb 1.20
20: 1 of 16, OR123, 7/1 Jack Tudor
19: 5 of 16, btn 111, OR124, 50/1 James Bowen

Champagne CourtNewb 1.20
20: 5 of 16, btn 16 1/4l, OR138, 14/1
Matt Griffiths

KapcorseNewb 1.20
21: 1 of 13, OR131, 13/2 Harry Cobden
20: 7 of 16, btn 20 1/4l, OR138, 13/2 Harry Cobden
18: 1 of 11, OR128, 12/1 Bryony Frost
Dorking BoyNewb 1.55
21: 6 of 11, btn 16 1/4l, OR125, 18/1 Jamie Moore

FiddlerontheroofNewb 3.05
21: 2 of 21, btn 1/2l, OR150, 9/2 Brendan Powell
PottermanNewb 3.05
21: P of 21, OR148, 25/1 Tom Cannon
20: U of 18, OR142, 11/1 Tom Cannon
RemasteredNewb 3.05
21: F of 21, OR146, 11/1 Fergus Gillard
Bun DoranNewb 3.40
19: 2 of 14, btn 1/4l, OR150, 9/1 Mr Noel George
Eclair d'AinayNewb 3.40
21: P of 12, OR136, 8/1 Harry Skelton
HatcherNewb 3.40
20: 4 of 7, btn 8 1/4l, OR143, 9/1 Harry Skelton
Well Above ParNewc 12.30
17: 6 of 11, btn 18 3/4l, OR112, 5/1 Derek Fox
EpatanteNewc 2.10
21: 1 of 6, RPR153, 11/8F Aidan Coleman
20: 1 of 6, RPR154, 8/11F Aidan Coleman
Not So SleepyNewc 2.10
21: 1 of 6, RPR160, 18/1 Jonathan Burke
20: U of 6, 22/1 Paddy Brennan
Voix Du ReveNewc 2.10
21: 6 of 6, btn 43 1/2l, RPR127, 200/1 Conor O'Farrell
20: 4 of 6, btn 12l, RPR144, 200/1 Conor O'Farrell

Aye RightNewc 3.25
21: 1 of 12, OR151, 5/1 Callum Bewley
Dingo DollarNewc 3.25
21: 3 of 12, btn 9 3/4l, OR149, 15/2 Ryan Mania

Week link
• HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent
/7- KapcorseNewb 1.20
2m 6f 93y Newb 27.11.21; 2m 6f 93y Newb 1.12.18
-42 ZanzaNewb 1.20
2m 92y Newb 28.11.20; 2m Chep 21.11.18
5-4 Fanion d'EstruvalNewb 3.05
2m 4f Newb 26.11.21; 2m 92y Newb 29.11.19
5P- LostintranslationNewb 3.05
2m 5f Asct 20.11.21; 3m 1f 125y Hayd 23.11.19; 2m 69y Newb 1.12.17
413 Casa TallNewb 3.40
2m 1f 109y Extr 21.11.21; 2m 2 1/4f Bord 25.11.17
3-3 EpatanteNewc 2.10
2m 46y Newc 27.11.21; 2m 46y Newc 28.11.20; 2m 69y Newb 30.11.19; 1m 4 1/4f SICI 24.11.17
57- Not So SleepyNewc 2.10
2m 46y Newc 27.11.21; 1m 7f 152y Asct 22.11.19

Fresh start

• SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
• Data is current plus last four years, any code, incl PTP
Wild RomanceBang 12.53 743
9.10.20 won after 320 days off
Samuel JacksonBang 1.28 274
26.2.17 won after 309 days off
SayarDonc 1.47 219
25.8.17 won after 324 days off
Hystery BereDonc 1.47 229
26.12.21 won after 294 days off
East StreetDonc 2.22 229
24.11.21 won after 192 days off
DemachineNewb 1.20 181
16.10.20 won after 214 days off
Mister CoffeyNewb 1.20 232
28.12.19 won after 250 days off
KapcorseNewb 1.20 294
27.11.21 won after 364 days off

Walking On AirNewb 1.55 231
19.1.22 won after 305 days off
PorticelloNewb 1.55 253
29.10.21 won after 208 days off
West BalboaNewb 1.55 332
17.11.21 won after 374 days off
Theatre GloryNewb 2.30 226
3.11.19 won after 181 days off
LostintranslationNewb 3.05 231
3.11.19 won after 212 days off
Bun DoranNewb 3.40 233
16.11.18 won after 218 days off
Well Above ParNewc 12.30 244
12.12.18 won after 375 days off
EpatanteNewc 2.10 210
12.11.18 won after 353 days off
Constitution HillNewc 2.10 256
4.12.21 won after 224 days off
L'Homme PresseNewc 3.25 232
10.4.21 won after 773 days off
The Big BiteNewc 3.25 266
26.12.17 won after 295 days off
HappygoluckyNewc 3.25 595
19.10.19 won after 328 days off

Out & about
• Horses running today who were non-runners or withdrawn after being declared in last seven days.
• Reason for absence (if known) and forecast SP (if appropriate)
• Trainers wins-runs record with such runners, current season plus
Prairie WolfSue Smith Donc 12.40
Weth 23 Nov unsuitable ground (10/1) 0-5 0%
Samuel Jackson
Richard Mitford-Slade Bang 1.28
Extr 20 Nov unsuitable ground (12/1) 0-0 0%
Peking RoseFergal O'Brien Newb 1.55
Hayd 19 Nov unsuitable ground (13/2) 8-47 19%
Constitution Hill
Nicky Henderson Newc 2.10
Asct 19 Nov unsuitable ground (1/4) 3-22 13%
GrivetanaPaul Nicholls Newb 2.30
Kemp 21 Nov unsuitable ground (12/1) 4-29 13%
L'Homme Presse
Venetia Williams Newc 3.25
Asct 19 Nov unsuitable ground (11/8) 2-12 16%
Only MoneyChris Gordon Newb 3.40
Ludl 21 Nov unsuitable ground (9/2) 1-11 9%
Way OutSyd Hosie Bang 3.48
Asct 19 Nov unsuitable ground (7/4) 0-6 0%
Danah StarJames Evans Wolv 7.50
Wolv 19 Nov self certificate (25/1) 0-3 0%

Following favourites
• RACES that show a profit for favourites
Wolv 2yo H'caps +27.58
Newb Non-H'cap Chses +6.78
Newb Non-H'cap Hdles +5.88

Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.
Global WarningWolv 6.50 w81 -11
DindinBang 12.23 w100 -3

Ahead of handicapper

• HORSES raised for future handicaps and potentially well handicapped today
Le MilosNewb 3.05 +4
Lord AccordNewb 3.05 +3
RemasteredNewb 3.05 +1

Coming on

• HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.
Dorking BoyNewb 1.55
31/08/19 6 of 11, 78; 20/09/19 3 of 6, 100;
PottermanNewb 3.05
10/07/20 13 of 17, 94; 29/07/20 2 of 8, 144;

Bouncers

• HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.
RemasteredNewb 3.05
11/1/18 1 of 13, 132 07/12/18 5 of 17 115;

Postmark pick

• RP RATING's most clear in handicaps
Notin To AskDonc 2.22 9
MarracudjaBang 12.23 5
Finisk RiverDonc 2.57 5
Amor de Mi VidaWolv 5.20 5
Harper's BrookBang 12.53 3
Lord SparkyDonc 12.05 3

Time warp

• Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.
Statu Of LibertyWolv 5.50 39
Covert MissionWolv 8.20 37

Card and fast

• Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)
Golden SandsWolv 8.20 75 0

Top marks

• Horses top-rated and selected by both RPR and TopSpeed
Harper's BrookBang 12.53 9/4
Duke Of MoraviaBang 2.03 7/2
Val DancerBang 2.38 5/1
Lord SparkyDonc 12.05 3/1
Finisk RiverDonc 2.57 5/2
Carole's PassNewb 12.15 11/2
Bun DoranNewb 3.40 7/1
MofasaNewc 1.00 4/11
Constitution HillNewc 2.10 1/4

Most popular nap

• MOST popular tip in Racing Post/Coral Naps Competition
• Data excludes yesterday's results
ThreeunderthriveNewb 3.05 7
From Jan 1: W 149; L 372; £1 bet -71.34

Tipsters in form

• TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:
The Brigadier (5) Barrichello Bang 12.53
Steve Mullington (2)
.....Threeunderthrive Newb 3.05
myracing.com (2) Lord Roco Newc 1.35
PicksfromthePaddock (2)
.....First Street Newb 2.30
Spotlight (2) ...West Balboa Newb 1.55
Newsboy (2)Masqool Wolv 8.20

Tipsters' trainers

• TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)
Steve Mullington
.....Threeunderthrive Newb 3.05
Paul Nicholls 6-9 +£2.45
Ben Morgan ...West Balboa Newb 1.55
Dan Skelton 4-12 +£1.38
Jason Heavey
.....Sergeant Wilson Newc 2.45
Nigel Twiston-Davies 3-7 +£7.50
The GuardianOur Power Newb 3.05
Sam Thomas 4-8 +£9.75
The DukeThreeunderthrive Newb 3.05
Paul Nicholls 4-8 +£5.33



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table listing race traces for various courses including BANGOR-ON-DEE, NEWBURY, and NEWCASTLE.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

Table listing course specialists for WOLVERHAMPTON (AW), BANGOR-ON-DEE, and DONCASTER.

Table listing jockey/trainer combinations in profit to £1 bet, including Nicky Henderson and Jedd O'Keeffe.

NEWBURY

Table listing jockey/trainer combinations at Newbury racecourse.

NEWCASTLE

Table listing jockey/trainer combinations at Newcastle racecourse.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

WOLVERHAMPTON (AW)

Table listing jockey/trainer combinations at Wolverhampton (AW) racecourse.

BANGOR-ON-DEE

Table listing jockey/trainer combinations at Bangor-on-Dee racecourse.

DONCASTER

Table listing jockey/trainer combinations at Doncaster racecourse.

NEWBURY

Table listing jockey/trainer combinations at Newbury racecourse.

NEWCASTLE

Table listing jockey/trainer combinations at Newcastle racecourse.



▶▶ ALL data excludes last night's results

Hot trainers

- TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

W P Mullins9-27 **33%**
Gordon Elliott22-75 **29%**

Cold trainers

- TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

Trainer	Since a win: DAYS	RUNS
Paul Nolan	153	47
Matthew J Smith	50	40
C A McBratney	190	37
P J Rothwell	28	37
Donal Hassett	380	35
Gillian Scott	158	33
John Joseph Hanlon	53	30
G Ahern	185	28
Eoghan O'Grady	175	28

Course trainers

- TRAINERS with best wins-runs % from at least three course wins

W P MullinsGowr **34-148 23%**
James M BarcoeGowr **3-15 20%**
S CurlingGowr **3-15 20%**

Trainers off course

- Trainers with most course losers since last win (today's code/surface)
- X=no course winner (since 1 Jan 1989)

Trainer	Since a win: DAYS	RUNS
P A Fahy	Gowr 1743	44
J A Berry	Gowr 5761	42
Mrs Denise Foster	Gowr X	40
Gavin Cromwell	Gowr 667	36
Thomas Mullins	Gowr 2191	35
E McNamara	Gowr 6793	34

Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
- Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Robert Tyner (19)15-24 **63%**
Jonathan Fogarty (3)3-7 **43%**

One-trick trainers

- TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Joseph Patrick O'BrienCast Iron Gowr 12.35
John C McConnellWatermelon Girl Gowr 3.20

Trainer trace

- Horses who have switched trainers since their latest run.
 - Includes current trainer's record with new recruits under today's code
- The Glenman**Gowr 12.35
S Michael Millar→Ciaran Murphy 1-27 4%
EikonixGowr 1.40
Andrew Balding→John Joseph Hanlon 3-65 5%
FireworksGowr 1.40
F Chappet→John Joseph Hanlon 3-65 5%
Spanish HarlemGowr 1.40
Gabriel Leenders→W P Mullins 61-167 37%
Enchanted MagicGowr 2.50
Eoin Doyle→W P Mullins 61-167 37%

Prime time

- Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

James M Barcoe 3-25 **12%** +54.00
S Curling 1-19 **5%** +22.00

Training newcomers

- WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Eddie & Patrick HartyHdl Gowr **0-0 0%**
all Hdl newcomers 1-5 20%

Hot jockeys

- JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Paul TownendGowr **6-11 55%**
Davy RussellGowr **6-15 40%**
Jack KennedyGowr **11-29 38%**
B J CooperGowr **5-18 28%**

Cold jockeys

- JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

Jockey	Since a win: DAYS	RIDES
Ambrose McCurtin	Gowr 149	70
E Walsh	Gowr 107	57
Ricky Doyle	Gowr 71	41
Sean O'Keefe	Gowr 23	34
Corey McGivern	Gowr 149	33
Denis O'Regan	Gowr 27	31

Course jockeys

- JOCKEYS with best wins-rides % from at least three course wins

Paul TownendGowr **21-58 36%**
E WalshGowr **4-20 20%**

Jockeys off course

- Jockeys with most course losers since last win (today's code/surface)
- X=never ridden course winner

Jockey	Since a win: DAYS	RIDES
Ambrose McCurtin	Gowr 2191	31

Headgear left off

- HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Minella CocoonerGowr 12.00
FireworksGowr 1.40
Lakefield FlyerGowr 1.40
Spanish HarlemGowr 1.40

Fresh start

- SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.
- Data is current plus last four years, any code, incl PTP

Journey With MeGowr 12.00 213
29.12.21 won after 292 days off
Minella CocoonerGowr 12.00 213
6.6.21 won after 203 days off
WhatdeawantGowr 12.00 255
4.12.21 won after 301 days off
YaboGowr 12.35 229
29.8.20 won after 212 days off
Carrolls CottageGowr 1.05 210
25.10.20 won after 232 days off
Kalanisi StarGowr 2.15 259
5.12.21 won after 196 days off

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
- Reason for absence (if known) and forecast SP (if appropriate)
- Trainers wins-runs record with such runners, current season plus

Journey With Me
.....Henry de Bromhead Gowr 12.00
Punc 19 Nov unsuitable ground (3/1) 15-62 24%

Lockdown Daisy ...J J Lambe Gowr 2.15
Limk 22 Nov unsuitable ground (100/1) 0-5 0%
RockbrookP J Rothwell Gowr 2.15
Limk 22 Nov reserve (33/1) 2-49 4%
Indie BelleRobert Widger Gowr 3.20
Punc 19 Nov temperature (No Odds) 0-4 0%
Ardera RuEoin Doyle Gowr 3.20
Limk 22 Nov reserve (12/1) 1-15 6%
Latest Model
.....John Joseph Hanlon Gowr 3.20
Limk 22 Nov reserve (20/1) 4-54 7%

Following favourites

- RACES that show a profit for favourites
- Gowr Non-H'cap Chses** **+9.35**
Gowr Non-H'cap Hdles **+4.81**
Gowr H'cap Chses **+1.50**



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating. ● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R	RTF	
9-27	33%	78% W P Mullins 130U20-19-♦-232-♦-1412-♦-13-U21233112-♦-♦-1-♦
22-75	29%	68% Gordon Elliott 262422200131-4801122356723402-♦-1158P1-♦-115434-♦-251210112-1131R52102037801-♦-1-02-1113P63-♦

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R	RTF	
0-11	0%	0% John Joseph Hanlon ♦-70-♦-5-♦-0-4-F00-♦-♦-5-0-P-♦
0-7	0%	0% P A Fahy 0-4-♦-P-♦-0-♦-00-9-♦-♦-♦-♦
0-5	0%	0% Ciaran Murphy ♦-00-♦-♦-0-♦-9-♦-0-♦-♦-♦-♦
0-22	0%	9% P J Rothwell 06-00-♦-P8-P-0-♦-0700-♦-♦-90776-♦-9P008-♦
0-7	0%	14% Philip Fenton ♦-♦-♦-6-♦-U-♦-♦-8-♦-5P7-♦-2-♦
0-11	0%	18% Miss Elizabeth Doyle ♦-♦-♦-♦-♦-970-♦-P-723-♦-0P78-♦-♦-♦

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

GOWRAN PARK		
12.00	5-12	-£3.09 W P Mullins 1-F-1-2-1-F-♦-15-16-2F Classic Getaway, Minella Cocooner, Whatdeawant
1.40	5-9	+£0.89 W P Mullins 1-5-1-1-♦-1-4-1-2-4 Spanish Harlem
2.15	2-6	+£0.13 Gordon Elliott 28-3-5-1-♦-1 Blackwater
	5-8	-£0.31 W P Mullins 1-1-1-1-♦-2-1-24 Pink In The Park

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; **LIGHT**=last four seasons, plus current.

Flat season is defined as from January 1

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

BOLD data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

GOWRAN PARK		
56-227	25%	+£14.68 Jack Kennedy/Gordon Elliott Folcano 12.00; Boulon Trou 12.35; Dunboyne 1.05; Imagine 1.40; Blackwater 2.15; Benz 2.50
2-2	100%	+£24.00 ⓈRichard Deegan/Miss Elizabeth Doyle Yabo 12.35
3-9	33%	+£15.00 ⓈCathal Landers/James M Barcoe Influential Lady 1.05
3-7	43%	+£12.50 Phillip Enright/Robert Tyner McGrath From Clune 2.50