



Signposts Sweetspots

Admiral can show plenty of dash on debut for Stone

Golden Wattle 1.55 Lingfield
Apprentice Sebastian Woods has a 38 per cent strike-rate in the last two weeks and goes to Lingfield to ride Golden Wattle, who should benefit from dropping in trip.

Dashing Admiral 3.00 Lingfield
William Stone is prominent on the hot trainers' list with a 33 per cent strike-rate in the last two weeks. This two-year-old debutant is his only runner of the day.

It's A Love Thing 6.35 Wolverhampton
It's worth taking note when John Butler and Luke Morris combine at Wolverhampton. They have a 36 per cent strike-rate at the venue and join forces with It's A Love Thing.

Hot trainers

• TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table listing hot trainers: Bill Turner (4-8 50%), Martyn Meade (4-9 44%), Ismail Mohammed (3-7 43%), Adrian Wintle (3-8 38%), William Stone (2-6 33%), David Barron (5-16 31%), Donald McCain (6-21 29%), John Gallagher (2-7 29%), Ralph Beckett (8-30 27%), Ed Walker (7-26 27%), Daniel & Claire Kubler (3-11 27%), Fergal O'Brien (7-28 25%), Archie Watson (5-20 25%), Neil Mulholland (4-16 25%), Owen Burrows (2-8 25%).

Cold trainers

• TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table listing cold trainers: Katharine Davis (X 42), Nikki Evans (796 157), Mike Sowersby (780 139), Mark Pattinson (360 61), Richard Price (268 57), Charlie Wallis (115 56), John E Long (586 48), Alan Berry (308 47), Nigel Hawke (52 39), Jonathan Portman (31 39), Gary Harrison (336 36), Roger Teal (29 36), Julia Feilden (42 32), J R Jenkins (43 31), Sarah-Jayne Davies (124 30), Patrick Morris (315 27), Liam Bailey (40 27), Darryll Holland (56 26), Ann Duffield (41 26).

Course trainers

• TRAINERS with best wins-runs % from at least three course wins

Table listing course trainers: Tristan Davidson (6-16 38%), Chris Gordon (4-11 36%), Simon & Ed Crisford (9-26 35%), William Haggas (51-177 29%), Paul Nicholls (38-138 28%), Roger Varian (37-135 27%), Fergal O'Brien (20-73 27%), Roger Varian (14-57 25%), Ben Pauling (4-16 25%).

Table listing trainers: Mark Johnston (Wind 15-63 24%), Owen Burrows (Ling 10-41 24%), Dr Richard Newland (NAbb 9-37 24%), Kevin Philippart de Foy (Wolv 3-13 23%), Simon & Ed Crisford (Ling 10-45 22%), Graeme McPherson (NAbb 6-29 21%), Kevin Philippart de Foy (Ling 4-19 21%), Ian Williams (NAbb 3-15 20%).

Trainers off course

• Trainers with most course losers since last win (today's code)
• X=no course winner (since 1 Jan 1989)

Table listing trainers off course: Alan Berry (Wolv 2744 64), Lucinda Russell (Ayr X 50), Linda Perratt (Ayr 716 49), John E Long (Ling 3640 44), Richard Hughes (Wind 742 41), Marco Botti (Ling 2508 39), Johnny Farrelly (NAbb 1039 34), Ruth Carr (Ayr 716 32), Charlie Wallis (Wolv 282 32).

Class of 5-30

• Trainers with best winners-horses % under all codes in the past 12 months.

Table listing class of 5-30 trainers: Anthony Brittain (39) (18-30 60%), Christopher Mason (9) (7-13 54%), William Stone (12) (8-15 53%), Jim Boyle (27) (14-30 47%), Alice Haynes (9) (9-19 47%), Matt Sheppard (16) (13-29 45%), Mrs Jane Williams (12) (9-20 45%), Sean Curran (23) (11-25 44%), David Brace (5) (4-9 44%).

Class of 31-60

• Trainers with best winners-horses % under all codes in the past 12 months.

Table listing class of 31-60 trainers: Jennie Candlish (36) (23-49 47%), David Barron (40) (23-50 46%), Heather Main (24) (16-35 46%), Sir Mark Prescott Bt (50) (25-55 45%), Grant Tuer (40) (19-45 42%).

One-trick trainers

• TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table listing one-trick trainers: Grant Tuer (Royal Jazz Ayr 5.00), William Haggas (Skytree Ling 2.25), George Boughy (Regal Rhapsody).

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards
POI=profit on investment.

Table showing story of symbols: Wind operation (177 Wins, 282 Places, 1777 Runs, 10%, -23.3 POI%), Gelding first race (283 Wins, 483 Places, 3034 Runs, 9%, -31.7 POI%), Blinkers first-time (148 Wins, 293 Places, 2023 Runs, 7%, -30.8 POI%), Visor first-time (95 Wins, 209 Places, 1151 Runs, 8%, -25.0 POI%), Hood first-time (110 Wins, 217 Places, 1559 Runs, 7%, -22.5 POI%), Tongue-strap first-time (331 Wins, 606 Places, 4123 Runs, 8%, -31.6 POI%), Cheekpieces first-time (338 Wins, 616 Places, 3946 Runs, 9%, -24.9 POI%), Course winner (2468 Wins, 3826 Places, 19156 Runs, 13%, -21.7 POI%), Distance winner (5151 Wins, 8078 Places, 42180 Runs, 12%, -19.2 POI%), CD winner (1498 Wins, 2297 Places, 11279 Runs, 13%, -22.1 POI%), BF last run (2340 Wins, 2755 Places, 11742 Runs, 20%, -17.4 POI%), Debutant (616 Wins, 1266 Places, 8911 Runs, 7%, -35.1 POI%), Days off (1-14) (2978 Wins, 5214 Places, 27967 Runs, 11%, -26.0 POI%), Days off (15 to 50) (7474 Wins, 12576 Places, 69106 Runs, 11%, -24.2 POI%), Days off (51 to 100) (1005 Wins, 1700 Places, 10719 Runs, 9%, -22.0 POI%), Days off (101 to 365) (1417 Wins, 2292 Places, 14863 Runs, 10%, -22.1 POI%), Days off (365+) (76 Wins, 123 Places, 1078 Runs, 7%, -18.6 POI%), Trainer first-time (543 Wins, 924 Places, 6492 Runs, 8%, -26.0 POI%).

Table listing trainers: Hugo Palmer (Dancing To Win Ling 3.00), Rod Millman (Ghazaaly Ling 4.05), George Baker (Intrusive Ling 4.35), Dr Richard Newland (Fiesole NAbb 2.05), Ben Pauling (Norley NAbb 3.10), Chris Gordon (Waterbreak NAbb 3.45), Richard Hughes (Amirat Alward Wind 5.25), John & Thady Gosden (Sir Edward Elgar Wind 6.55), Mick Channon (Seagulls Nest Wind 8.25), David Loughnane (Carpentier Wolv 8.10), David Loughnane (Thowq Wolv 8.10).

Table listing trainers: Donald McCain (43-192 22% +82.70), Neil Mulholland (31-197 16% +48.70), Christopher Mason (7-47 15% +26.80), George Baker (15-100 15% +148.00), Heather Main (9-65 14% +35.00), Alistair Whillans (17-120 14% +89.60), Adrian Paul Keatley (10-78 13% +30.40), Harry Dunlop (7-76 9% +21.50), Mrs Ilka Gansera-Leveque (1-14 7% +53.00).

Training newcomers

• WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table listing training newcomers: Chris Honour (NHF NAbb 1-1 100%), all NHF newcomers 2-7 29%, Chris Gordon (NHF NAbb 1-1 100%), all NHF newcomers 2-44 5%, Colin Tizzard (Hdl NAbb 2-8 25%), all Hdl newcomers 16-111 14%, Clive Cox (2yo Wind 4-20 20%), all 2yo newcomers 30-207 14%, Stuart Williams (2yo Wind 1-12 8%), all 2yo newcomers 3-53 6%, Kevin Philippart de Foy (2yo Wind 0-0 0%), all 2yo newcomers 4-11 36%.

Trainers & jockeys

• TRAINER-JOCKEY combinations with best % from at least three course wins

Table listing trainers & jockeys: David Brown-Ray Dawson (Wolv 100% all Wolv; trainer 17%; jockey 14%), James Fanshawe-Oisín Murphy (Ling 100% all Ling; trainer 17%; jockey 22%), Chris Gordon-Tom Cannon (NAbb 43% all NAbb; trainer 36%; jockey 13%), Mick Channon-Silvestre de Sousa (Wind 42% all Wind; trainer 15%; jockey 29%), John Butler-Luke Morris (Wolv 36% all Wolv; trainer 10%; jockey 11%), Simon & Ed Crisford-James Doyle (Wind 36% all Wind; trainer 35%; jockey 24%), Fergal O'Brien-Paddy Brennan (NAbb 32% all NAbb; trainer 27%; jockey 25%), Ralph Beckett-Rob Hornby (Wind 29% all Wind; trainer 16%; jockey 8%).

Trainer trace

• Horses who have switched trainers since their latest run.

Table listing trainer trace: Colton (Ayr 5.00), Jedd O'Keefe (Ann Duffield 0-3 0%), Epic Pass (Ling 2.25), Mark Johnston (Brian Barr 2-20 10%), Broughtons Mission (Ling 3.30), Stuart Williams (John Berry 0-10 0%), Ghazaaly (Ling 4.05), Owen Burrows (Rod Millman 0-11 0%), Intrusive (Ling 4.35), Luke Dace (George Baker 2-21 10%), Masterdream (NAbb 1.30), Tim Vaughan (Neil Mulholland 8-67 12%), Norley (NAbb 3.10), Oliver Sherwood (Ben Pauling 7-45 16%), Henry The Fifth (Wind 7.25), J P Murtagh (Anthony Carson 2-10 20%), Radetsky (Wolv 7.05), Luke McLannet (Jane Chapple-Hyam 4-45 9%), Halo Sixties (Wolv 8.10), Clive Drew (Hilal Kobeissi 0-2 0%), Love Sensation (Wolv 8.10), Declan Carroll (Alice Haynes 0-9 0%).

Prime time

• Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table listing prime time trainers: Daniel & Claire Kubler (6-20 30% +37.50), Sir Mark Prescott Bt (51-189 27% +35.60).



Archie Watson-Hollie Doyle Wolv 29% all Wolv; trainer 18%; jockey 14% John Flint-William Cox .....Ling 27% all Ling; trainer 8%; jockey 5% Richard Hannon-Silvestre de Sousa .....Wind 27% all Wind; trainer 18%; jockey 29% Mark Johnston-Franny Norton ... Wind 25% all Wind; trainer 24%; jockey 11% David O'Meara-David Nolan Wolv 24% all Wolv; trainer 11%; jockey 14% Jim Boyle-Pat Cosgrave .....Ling 23% all Ling; trainer 10%; jockey 19% Jim Goldie-Paul Mulrennan ...Ayr 23% all Ayr; trainer 9%; jockey 13% Paul Henderson-Nick Scholfield .....NAbb 21% all NAbb; trainer 16%; jockey 11% Mark Johnston-Ben Curtis ..Wolv 21% all Wolv; trainer 13%; jockey 13% Roger Varian-David Egan ..Wind 21% all Wind; trainer 25%; jockey 8% Clive Cox-Adam Kirby .....Wind 20% all Wind; trainer 16%; jockey 16% Paul Nicholls-Harry Cobden NAbb 20% all NAbb; trainer 28%; jockey 19%

Hot jockeys

• JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps Harry Kimber .....NAbb 3-5 60% Sebastian Woods .....Ling 3-8 38% Oisín Murphy .....Ling 18-60 30% Connor Beasley .....Ayr 10-35 29% James Best .....NAbb 4-14 29% Paddy Brennan .....NAbb 4-14 29% Ella McCain .....Wolv 4-14 29% Nick Scholfield .....NAbb 4-14 29% James Doyle .....Wind 10-36 28% Daniel Tudhope .....Ayr 13-48 27% Silvestre de Sousa .....Wind 6-29 21% Jack Mitchell .....Wolv 5-24 21%

Cold jockeys

• JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days Since a win: DAYS RIDES David Noonan .....NAbb 78 64 Joey Haynes .....Wolv 51 61 Chris Ward .....NAbb 1643 47 James Sullivan .....Wolv 22 39 William Kennedy .....NAbb 81 33 Luke Morris .....Wolv 11 32 Christian Howarth .....Ling 168 31 Connor Murtagh .....Ayr 26 31

Course jockeys

• JOCKEYS with best wins-rides % from at least three course wins Silvestre de Sousa .Wind 30-105 29% Paddy Brennan .....NAbb 16-64 25% James Doyle .....Wind 35-144 24% Kielan Woods .....NAbb 7-29 24% Katherine Begley .....Ling 5-21 24% Oisín Murphy .....Ling 78-362 22% Jack Mitchell .....Wolv 72-346 21% Sam Twiston-Davies NAbb 18-87 21%

Jockeys off course

• Jockeys with most course losers since last win (today's code) • X=never ridden course winner Since a win: DAYS RIDES Rhiain Ingram .....Wind X 52 Shane Gray .....Ayr 675 50 James Sullivan .....Wolv 219 44 Callum Rodriguez .....Ayr 300 39 Rowan Scott .....Ayr 1019 37 J F Egan .....Wind 721 37 Conor Ring .....NAbb 2513 32 Dougie Costello .....Wolv 208 30

One-trick jockeys

• JOCKEYS (excl amateurs, apprentices &

conditionals) with one ride at a meeting Phil Dennis .Clifftop Heaven Ayr 2.50 Shane Gray .....Red Missile Ayr 2.50 Jamie Gormley Glen Lomond Ayr 5.00 Dylan Hogan .....Cabrini Ling 4.05 Katherine Begley .....Ower Starlight Ling 4.35 Charlie Bennett .....Rainbow Sign Ling 4.35 Richie McLernon .....O'Faolains Lad NAbb 1.00 Conor Ring .....Mister Serious NAbb 1.00 Nick Scholfield ...Polar Light NAbb 1.00 William Kennedy .....You Owe Me NAbb 1.30 Sam Twiston-Davies .....Masterdream NAbb 1.30 Chris Ward .Richie Valentine NAbb 1.30 Bryony Frost .....Antidote NAbb 2.40 Daniel Sansom .....The Raven's Return NAbb 2.40 Tom Bellamy .....Josie Abbing NAbb 3.10 Jamie Moore .....Achy Breaky Heart NAbb 3.10 Gavin Sheehan .....Give Us A Swig NAbb 3.10 Stan Sheppard .....Kilinda NAbb 3.10 Tom Cannon .....Waterbreak NAbb 3.45 Lucy Gardner .....Astronomic View NAbb 3.45 David Noonan .....Gaelic Dreamer NAbb 3.45 Barry McHugh .....Dreams Of Thunder Wind 5.25 J F Egan .....Ben Milis Wind 5.55 Rob Hornby Be Lucky My Son Wind 5.55 Charles Bishop .....Enduring Wind 6.25 Franny Norton .....Basilicata Wind 7.25 Jane Elliott .....Strong Power Wind 7.55 Gina Mangan Just Glamorous Wind 7.55 Joanna Mason .....Secret Handshake Wind 7.55 Ellie Mackenzie Bird To Love Wind 8.25 Ryan Tate Paradise On Earth Wind 8.25 Kieran Schofield .....Cuban Breeze Wolv 6.35 James Sullivan Spanish Angel Wolv 6.35 Sophie Ralston Flaming Spear Wolv 7.05 Robert Tart .....Radetsky Wolv 7.05 Tony Hamilton .....Carter Cowboy Wolv 7.35 Joey Haynes .Star Approach Wolv 7.35 David Nolan .....John Jasper Wolv 7.35 Howard Cheng .....New Look Wolv 8.40 Jack Garritty .....Al Mikdam Wolv 8.40

• HORSES with 100% record for today's jockey • Minimum 2 wins and at least 1 defeat under different jockey Chez Hans .....NAbb 2.05 Mr Ben Bromley 3 -3; others 2-17

Horse & jockey

• HORSES with 100% record for today's jockey • Minimum 2 wins and at least 1 defeat under different jockey

Chez Hans .....NAbb 2.05 Mr Ben Bromley 3 -3; others 2-17

First-time geldings

• HORSES running for the first time since being gelded • DATA excludes horses trained outside GB & Ireland • Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners Straits Of Moyle .....Ayr 1.45 Richard Fahey 16-182 8%; all 11% Clarendon Cross .....Wind 6.55 Richard Hannon 9-130 6%; all 11% Halo Sixties .....Wolv 8.10 Hilal Kobeissi 0-1 0%; all 0%

First-time Wind Ops

• HORSES running for the first-time since undergoing a wind surgery • Data excludes horses trained outside GB • Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all • Data first made available on 19 Jan 2018 Masterdream .....NAbb 1.30 Neil Mulholland 10-67 14%; all 11%

Actaea .....Ling 4.05 Heather Main 1-5 20%; all 12%

First-time blinkers

• Horses wearing blinkers, hood or visor for the first time • Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners • Current and previous year, any code Classy Al (h) .....Ayr 2.15 Jim Goldie 1-5 20%; all 10% Gigi's Beach (v) .....Ayr 2.15 Michael Dods 0-2 0%; all 11% Mr Trevor (h) .....Ayr 2.15 Ann Duffield 0-2 0%; all 4% Star Shield (v) .....Ayr 3.20 David O'Meara 6-24 25%; all 12% Handsome (h) .....Ling 2.25 James Fanshawe 0-9 0%; all 12% Getaman (b) .....NAbb 1.30 D J Jeffreys 2-9 22%; all 11% You Owe Me (b) .....NAbb 1.30 Sarah-Jayne Davies 0-5 0%; all 3% Last Page (b) .....Wind 6.25 Tony Carroll 2-17 12%; all 10% Business (h) .....Wolv 7.05 John Quinn 0-0 0%; all 12% Bookmark (h) .....Wolv 7.35 Michael Bell 0-1 0%; all 13% Empirestateofmind (b) .....Wolv 8.10 John Quinn 0-13 0%; all 12%

Tongue-tied

• HORSES wearing tongue strap for the first time • Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners • Current and previous year, any code Esprit de Somoza .....NAbb 2.40 Mrs Jane Williams 0-3 0%; all 13% Norley .....NAbb 3.10 Ben Pauling 0-11 0%; all 9% Alphonse Karr .....Wolv 6.35 Tom Ward 0-5 0%; all 11% Progressive Ez .....Wolv 7.35 William Knight 0-4 0%; all 11%

Cheekpieces

• HORSES wearing cheekpieces for the first time • Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners • Current and previous year, any code Royal Advice .....Ayr 3.20 Keith Dalgleish 1-22 5%; all 12% Always Dreaming .....Ling 4.05 Mark Loughnane 0-15 0%; all 8% Dolly McQueen .....NAbb 1.30 Fergal O'Brien 6-23 26%; all 19% Kalinda .....NAbb 3.10 Matt Sheppard 0-3 0%; all 13% Thirsty Farmer .....NAbb 3.10 Richard Hawker 0-1 0%; all 2% Wavecrest .....NAbb 3.10 Nigel Hawke 1-14 7%; all 9% Don't Stop Now .....NAbb 3.45 Fergal O'Brien 6-23 26%; all 19% C'mon Kenny .....Wind 7.25 Ian Williams 3-26 12%; all 11% Seagulls Nest .....Wind 8.25 Mick Channon 3-17 18%; all 9% Turna .....Wolv 6.05 Robert Cowell 0-17 0%; all 12% Miquelon .....Wolv 7.05 Archie Watson 5-47 11%; all 17% Cholmondeley .....Wolv 8.10 Charlie Wallis 0-7 0%; all 7% Colinton .....Wolv 8.10 Rebecca Menzies 1-16 6%; all 10% Yorktown .....Wolv 8.40 Ali Strange 0-5 0%; all 5%

• HORSES wearing cheekpieces for the first time • Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners • Current and previous year, any code Royal Advice .....Ayr 3.20 Keith Dalgleish 1-22 5%; all 12% Always Dreaming .....Ling 4.05 Mark Loughnane 0-15 0%; all 8% Dolly McQueen .....NAbb 1.30 Fergal O'Brien 6-23 26%; all 19% Kalinda .....NAbb 3.10 Matt Sheppard 0-3 0%; all 13% Thirsty Farmer .....NAbb 3.10 Richard Hawker 0-1 0%; all 2% Wavecrest .....NAbb 3.10 Nigel Hawke 1-14 7%; all 9% Don't Stop Now .....NAbb 3.45 Fergal O'Brien 6-23 26%; all 19% C'mon Kenny .....Wind 7.25 Ian Williams 3-26 12%; all 11% Seagulls Nest .....Wind 8.25 Mick Channon 3-17 18%; all 9% Turna .....Wolv 6.05 Robert Cowell 0-17 0%; all 12% Miquelon .....Wolv 7.05 Archie Watson 5-47 11%; all 17% Cholmondeley .....Wolv 8.10 Charlie Wallis 0-7 0%; all 7% Colinton .....Wolv 8.10 Rebecca Menzies 1-16 6%; all 10% Yorktown .....Wolv 8.40 Ali Strange 0-5 0%; all 5%

Headgear left off

• HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time. Attaboy Roy .....Ayr 2.15 Three Saints Bay .....Ayr

Colton .....Ayr 5.00 Intrusive .....Ling 4.35 Hazy Dream .....NAbb 1.30

Money talks

• HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost • Showing trainer's wins-runs record with next outing of winning & losing gambles Ship Of The Fen .....NAbb 1.00 NAbb, 18.7.21: op 13/2 .....5/2 L Ian Williams W 1-1 100%; L 1-7 14%

Travellers' check

• Today's farthest travellers (top 10 & ties; minimum distance 200 miles). • Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years Dynamic Force .....Ayr 1.45 360 Robert Cowell 0-36 0%; all 11% Wofflet .....Ayr 3.20 359 Stuart Williams 0-14 0%; all 12% Basilicata .....Wind 7.25 238 Mark Johnston 1075-7536 14%; all 15% Glenamoy Lad .....Ayr 2.15 234 Jennie Candlish 32-274 12%; all 11% Taipaa .....Ayr 1.45 215 John Quinn 138-913 15%; all 13% Rebel Redemption .....Ayr 2.15 215 John Quinn 138-913 15%; all 13% Star Shield .....Ayr 3.20 213 David O'Meara 254-2381 11%; all 12% Frog And Toad .....Ayr 4.30 213 David O'Meara 254-2381 11%; all 12% Straits Of Moyle .....Ayr 1.45 211 Richard Fahey 416-4691 9%; all 12% Paddy Power .....Ayr 2.15 211 Richard Fahey 416-4691 9%; all 12% Mashaan .....Ayr 3.20 211 Richard Fahey 416-4691 9%; all 12% Pacino .....Ayr 4.30 211 Richard Fahey 416-4691 9%; all 12%

Trying a trip

• HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before Deonso .....Wolv 8.40 +2f

Handicap debut

• Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners. • Showing trainer's win-run record with handicap debutants (current season plus four) Homer Stokes .....Ayr 3.20 David Barron 11-75 15%; +£25.00 Skytree .....Ling 2.25 William Haggas 65-298 22%; -£39.08 Cheshire Plain .....Ling 4.05 Roger Varian 52-269 19%; -£53.73 Henry The Fifth .....Wind 7.25 Anthony Carson 4-20 20%; +£45.00 Miquelon .....Wolv 7.05 Archie Watson 35-193 18%; -£23.93

Horses for courses

• HORSES with at least three course wins (today's code/surface), followed by total course runs • Course/distance wins are shown in brackets Bell Heather .....Wolv 8.40 (1) 6-25 Turanga Leela .....Wolv 6.35 (5) 5-18 Frow .....Wolv 7.05 (4) 4-6 Martineo .....Wolv 6.35 (1) 3-4 Greengage .....Ayr 2.50 (2) 3-5 Tathmeen .....Wolv 6.35 (2) 3-14 Deonso .....Wolv 8.40 3-16 Jessie Allan .....Ayr 2.15 (3) 3-35

Best of rivalries

• Head-to-head record of horses who have run against one another three or more times in the past two years. • First figure is number of times horse has



beaten rival; bracketed figure is number of race wins.

- 4.30 Ayr Merricourt 3 (1) v 0 (0) Caballero Caballero 3 (0) v 1 (0) Coviglia Mi Capricho 2 (1) v 1 (0) Coviglia 5.00 Ayr Lord Of The Glen 5 (1) v 2 (0) Corton Lass 8.40 Wolverhampton (A.W) Boy George 2 (0) v 1 (0) New Look

Anything to report

- HORSES whose last outing has official explanation from connections. See form for details Straits Of Moyle Ayr 1.45 Classy Al Ayr 2.15 Glenamoy Lad Ayr 2.15 Jessie Allan Ayr 2.15 Global Humor Ayr 3.20 Royal Advice Ayr 3.20 Tricorn Ayr 3.55 Coviglia Ayr 4.30 Frog And Toad Ayr 4.30 Crestwood Ling 1.55 Amalfi Gem Ling 3.00 Mehmentum Ling 3.00 Peggoty Ling 3.00 Broughtons Mission Ling 3.30 Dancing To Win Ling 3.30 Always Dreaming Ling 4.05 Waltzing Queen Ling 5.10 Gibraltarian Nabb 1.30 Antidote Nabb 2.40 The Raven's Return Nabb 2.40 Give Us A Swig Nabb 3.10 Josie Abbing Nabb 3.10 Kalinda Nabb 3.10 Amirat Alward Wind 5.25 Auditor Wind 5.25 Eloquent Arthur Wind 6.25 Last Page Wind 6.25 Outrage Wind 7.55 Secret Handsheikh Wind 7.55 Casavola Wind 8.25 Street Life Wolv 5.35 Lovely Mana Wolv 6.05 It's A Love Thing Wolv 6.35 Tathmeen Wolv 6.35 Turanga Leela Wolv 6.35 Major J Wolv 7.35 Mr Dib Dab Wolv 7.35 Blue Hero Wolv 8.10 Colinton Wolv 8.10 Thowq Wolv 8.10 Bell Heather Wolv 8.40 Van Dijk Wolv 8.40

Repeat performance

- HORSES who ran in same race in previous seasons Jessie Allan Ayr 2.15 20: 4 of 10, btn 3l, OR46, 17/2 Hollie Doyle 19: 3 of 12, btn 3/4l, OR47, 10/1 Corey Madden Mi Capricho Ayr 4.30 18: 7 of 9, btn 7l, OR73, 25/1 Phillip Makin Corton Lass Ayr 5.00 19: 6 of 11, btn 5l, OR46, 25/1 Joe Fanning 18: 5 of 14, btn 3/4l, OR45, 20/1 Rowan Scott Lord Of The Glen Ayr 5.00 20: 6 of 10, btn 3l, OR46, 10/1 Hollie Doyle Mukha Magic Wind 7.25 19: 4 of 6, btn 4 3/4l, OR67, 6/4F Hollie Doyle

Week link

- HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent 631 Three Saints Bay Ayr 3.20 1m 100y Bevl 31.7.18; 7f 96y Bevl 23.7.18 339 Ayr Of Elegance NAbb 2.40 2m 4f Limk 25.7.19; 2m 68y Ling 19.7.17 -75 Pop Dancer Wind 7.55 5f Sand 21.7.20; 5f Pont 28.7.19 341 Turanga Leela Wolv 6.35 6f Ches 31.7.16; 6f Ling 20.7.16

Seven-day winners

- TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners Merricourt Ayr 4.30 won Ayr, Monday Iain Jardine 20-99 20%; all 10% Manor Park NAbb 2.40 won Uttoxeter, Friday Brian Barr 1-17 6%; all 4% Watching Brief NAbb 3.10 won Uttoxeter, Friday David Brace 2-5 40%; all 9% American Star Wind 5.55 won Salisbury, Saturday Ed Walker 2-8 25%; all 14% C'mon Kenny Wind 7.25 won Sandown, Wednesday Ian Williams 18-96 19%; all 12% Nacho Wolv 5.35 won Wolverhampton (A.W), Tuesday Donald McCain 3-16 19%; all 13%

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days. Reason for absence (if known) and forecast SP (if appropriate) Trainers wins-runs record with such runners, current season plus Crestwood Joseph Parr Ling 1.55 Wind 19 Jul unsuitable ground (2/1) 0-0 0% Stronsay Liam Bailey Ayr 2.15 Catt 21 Jul vet's certificate (8/1) 0-7 0% Waltzing Queen Rae Guest Ling 5.10 Bath 21 Jul unsuitable ground (5/2) 4-23 17% Enduring Eve Johnson Houghton Wind 6.25 Sals 24 Jul unsuitable ground (7/1) 3-27 11% Eminent Hipster Richard Hannon Wind 6.55 NmKJ 23 Jul unsuitable ground (2/1) 15-101 14% Clarendon Cross Richard Hannon Wind 6.55 NmKJ 23 Jul unsuitable ground (15/2) 15-101 14% C'mon Kenny Ian Williams Wind 7.25 Pont 25 Jul vet's certificate (No Odds) 5-56 8% Bird To Love Mark Usher Wind 8.25 Nott 20 Jul vet's certificate (9/2) 1-13 7%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets) C'mon Kenny (3) Ian Williams Wind 7.25

Following favourites

- RACES that show a profit for favourites Ling 2yo Non-H'caps +13.31 Wind 2yo Non-H'caps +7.26

Lower class

- HORSES dropping 2+ classes compared to previous lowest British class (current and previous season) Cotai Class Cls3->Cls5 Ayr 1.45 Straits Of Moyle Cls2->Cls5 Ayr 1.45

Dropping down

- HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer. The Raven's Return NAbb 2.40 w113 -5 Tanqeeb Wind 8.25 w53 -3 Qaaraat Wolv 5.35 w62 -3 Lilkian Wolv 6.35 w71 -3 Bell Heather Wolv 8.40 w58 -3 Sorbonne Ayr 4.30 w61 -2 Basilicata Wind 7.25 w82 -2 Chantecler NAbb 2.40 w113 -1 Donny Marlow Wolv 6.35 w70 -1

Ahead of handicapper

- HORSES raised for future handicaps and potentially well handicapped today Masterdream NAbb 1.30 +1

RPR improvers

- HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR). Early-closing handicaps may have additional qualifiers; excludes runs yesterday Merricourt (OR65, EX5) Ayr 4.30 1st, Ayr, Mon, Jul 19 (OR63, EX5) 68->71 +1 Mi Capricho (OR61) Ayr 4.30 2nd, Ayr, Mon, Jul 19 (OR61) 68->69 +1 C'mon Kenny (OR69) Wind 7.25 1st, Sand, Wed, Jul 21 (OR69) 78->79 +1 Lisdarragh (OR51) Wind 8.25 2nd, Wind, Mon, Jul 19 (OR51) 54->62 ..+8

Coming on

- HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR. Chantecler NAbb 2.40 05/06/17 9 of 12, 40; 20/06/17 3 of 10, 96;

Bouncers

- HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR. Thebudinpundit NAbb 1.30 30/10/20 9 of 10, 50 06/11/20 11 of 13 22; Fantastic Blue Wind 7.25 18/06/20 1 of 5, 88 11/07/20 8 of 8 33;

Postmark pick

- RP RATING's most clear in handicaps Fiesole NAbb 2.05 8

Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR. Gweedore Ayr 3.20 51 Baryshnikov Ayr 3.55 44 Crestwood Ling 1.55 38 Weardiditalgorong Ling 1.55 35 Skytree Ling 2.25 43 Moosmee Ling 4.35 30 Vitalline Ling 5.10 39 American Star Wind 5.55 41 Eminent Hipster Wind 6.55 64 Bird To Love Wind 8.25 62

Time and again

- Horses who recorded a career best TS last time out and are reappearing within 7 days. Trainers wins-runs record with such runners compared with trainers overall strike rate with all runs. Only those who achieved a TS of at least 75 are listed. Manor Park NAbb 2.40 100 Brian Barr 3-13 23%; all 4%

Top marks

- Horses top-rated and selected by both RPR and TopSpeed Handsome Ling 2.25 6/4 Fiesole NAbb 2.05 6/1

Most popular nap

- MOST popular tip in Racing Post/Coral Naps Competition Data excludes yesterday's results Ravenscraig Castle Ayr 2.50 5 From Jan 1: W 93; L 250; £1 bet -33.10

Tipsters in form

- TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap: Templegate (2) Ravenscraig Castle Ayr 2.50 Spotlight (2) Lisdarragh Wind 8.25 Garry Owen (2) Ravenscraig Castle Ayr 2.50

Tipsters' trainers

- TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year) Rob Wright Bowman Ayr 3.20 Mark Johnston 3-7 +£0.98 Newmarket Carpentier Wolv 8.10 Sir Mark Prescott Bt 9-21 +£4.25 Karl Hedley Masterdream NAbb 1.30 Neil Mulholland 4-9 +£20.50 Chris Wright Paddy Power Ayr 2.15 Richard Fahey 3-11 +£18.88 Newsboy Mi Capricho Ayr 4.30 Keith Dalgleish 3-5 +£7.75



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form with columns for W-R, RTF, and trainer name with their record.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form with columns for W-R, RTF, and trainer name with their record.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table for race trace showing trainer AYR and Jim Goldie with their record.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists with columns for W-R, RTF, and trainer name with their record.

Table listing trainers with records for 3-10, 3-8, and 2-5.

WOLVERHAMPTON (AW)

Table listing trainers for Wolverhampton (AW) with records for 2-5, 3-4, 3-8, 10-39, and 3-12.

NEWTON ABBOT

Table listing trainers for Newton Abbot with records for 4-10, 2-4, 4-10, 13-49, and 3-8.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

AYR

Table listing jockey bookings for AYR with records for 4-8, 3-11, and 5-10.

LINGFIELD

Table listing jockey bookings for Lingfield with records for 2-4, 2-4, 3-3, 11-37, 2-8, 3-8, 3-11, 2-2, 2-6.

WINDSOR

Table listing jockey bookings for Windsor with records for 2-8, 2-7, 4-14, 2-5, 3-11, 2-4.

WOLVERHAMPTON (AW)

Table listing jockey bookings for Wolverhampton (AW) with records for 3-9, 15-59, 4-14, 2-4, 2-2, 5-19, 3-9, 12-37.



RACING POST

# Signposts

## Punting pointing for today's British action

### TRAINERSPOT

2-4	50%	+£1.83	@Robert Dunne/Ian Williams.....	Ship Of The Fen 1.00
2-6	33%	+£5.75	@Kielan Woods/D J Jeffreys.....	Getaman 1.30; Ayr Of Elegance 2.40
2-2	100%	+£3.25	@Mr Ben Bromley/Paul Nicholls.....	Chez Hans 2.05
			<b>3-3 100% +£6.25</b>	
2-2	100%	+£13.88	@Cillin Leonard/Dr Richard Newland.....	Fiesole 2.05
4-7	57%	+£28.00	Kevin Brogan/Johnny Farrelly.....	Outlaw Jack 3.10
			2017/18+ 8-18 44% +£30.91	
3-11	27%	+£8.00	Charlie Hammond/Suzy Smith.....	Strike The Flint 3.10
2-2	100%	+£7.50	@Luca Morgan/Ben Pauling.....	Norley 3.10
3-7	43%	+£13.73	@Tom Cannon/Chris Gordon.....	Waterbreak 3.45
3-4	75%	+£17.00	@Harry Kimber/Bill Turner.....	Honey Go Lightly 3.45



Hot trainers

- Trainers with best wins-runs % from at least two wins in last 14 days, Flat & Jumps
Thomas Mullins 4-8 50%
Peter Fahey 4-11 36%
Michael Mulvany 2-6 33%
Mrs Denise Foster 10-36 28%
Ms Sheila Lavery 3-11 27%
A Oliver 2-8 25%

Cold trainers

- Trainers with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days
Donal Kinsella 773 78
J F Levins 137 59
P F McEnery 341 43
Garvan Donnelly 261 43
Adrian Murray 141 32
Gerard O'Leary 83 32

Course trainers

- Trainers with best wins-runs % from at least three course wins
W P Mullins 19-56 34%
Matthew J Smith 5-19 26%
A P O'Brien 18-81 22%

Trainers off course

- Trainers with most course losers since last win (today's code)
X=no course winner (since 1 Jan 1989)
Luke Comer 5473 51
A Oliver 2513 33
John C McConnell 1001 33
Noel Meade 2915 30

Class of 5-30

- Trainers with best winners-horses % under all codes in the past 12 months.
Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.
John E Kiely (14) 11-21 52%
Michael Mulvany (16) 12-29 41%

Class of 31-60

- Trainers with best winners-horses % under all codes in the past 12 months.
Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.
Thomas Mullins (30) 21-42 50%
Matthew J Smith (27) 17-41 41%

One-trick trainers

- Trainers (includes those that have had 30 winners under today's code in past 12 months) with just one runner today
J S Bolger 4.10
J P Murtagh 6.45

Trainer trace

- Horses who have switched trainers since their latest run.
Includes current trainer's record with new recruits under today's code
Elegant Ellen 4.40
Alabaster 5.45
Sneaky Getaway 6.15
Khezaana 6.45
Duc d'Allier 7.15
Duffle Coat 7.15
Dordon Elliott 7.18
Dutch Schultz 7.15

Prime time

- Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.
W P Mullins 91-312 29% +27.80
Andrew Kinirons 1-5 20% +46.00
Thomas Mullins 16-98 16% +96.50
A Oliver 9-59 15% +38.50

Hot jockeys

- Jockeys with best wins-rides % from at least three wins in last 14 days, Flat & jumps
Sam Ewing 6-28 21%
Declan McDonogh 6-28 21%
Oisín Orr 5-24 21%
Nathan Crosse 5-25 20%

Cold jockeys

- Jockeys with most losers since last win, Flat & Jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days
Mr L P Gilligan 703 76
Killian Leonard 331 53
Mr Finian Maguire 227 37
Ms L O'Neill 179 35
J M Sheridan 16 32
Rory Cleary 22 28

Course jockeys

- Jockeys with best wins-rides % from at least three course wins
Mr P W Mullins 4-8 50%

Jockeys off course

- Jockeys with most course losers since last win (today's code)
X=never ridden course winner
Rory Cleary 1454 72
Killian Leonard X 54
Declan McDonogh 1086 41
Robbie Colgan 726 40
Chris Hayes 678 30

First-time geldings

- Horses running for the first time since being gelded
DATA excludes horses trained outside GB & Ireland
Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.
Ciel d'Afrique 7.15
D K Weld 4-44 9%; all 14%

Headgear left off

- Horses who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.
International Lady 4.40
Mandarin 5.45
Ciel d'Afrique 7.15
Star Official 7.15

Best of rivalries

- Head-to-head record of horses who have run against one another three or more times in the past two years.
First figure is number of times horse has beaten rival; bracketed figure is number of race wins.
5.15 Galway
High Altitude 3 (1) v 1 (0) Maud Gonne Spirit
War Hero 3 (0) v 0 (0) Silverkode
Fridtjof Nansen 2 (1) v 1 (0) Kodiqueen
The Mpx Kid 2 (0) v 1 (1) War Hero
Atlas 2 (0) v 1 (0) War Hero
Fridtjof Nansen 2 (0) v 1 (0) Mary Salome
High Altitude 2 (0) v 1 (0) Mary Salome
Mary Salome 2 (0) v 1 (0) Kodiqueen
6.15 Galway
Coltor 2 (1) v 1 (0) Zoffanien
Royal Illusion 2 (0) v 1 (0) Run For Mary

Repeat performance

- Horses who ran in same race in previous seasons
Atlas 5.15
High Altitude 5.15
War Hero 5.15
Will Be King 5.15
Aircraft Carrier 6.15
de Name Escapes Me 6.15
Litterale Ci 6.15
Royal Illusion 6.15
Run For Mary 6.15
Born By The Sea 7.15
Ciel d'Afrique 7.15

Fresh start

- Showing days since last run of horses off the track for 180+ days, who have won previously after such an absence.
Data is current plus last four years, any code, incl PTP
Zero Ten 7.15 254
30.7.18 won after 364 days off

Out & about

- Horses running today who were non-runners or withdrawn after being declared in last seven days.
Reason for absence (if known) and forecast SP (if appropriate)
Trainers wins-runs record with such runners, current season plus
International Lady 4.40
Gowr 24 Jul reserve (33/1) 0-3 0%

Multiple entries

- Horses running today who have three or more further engagements this week (total in brackets)
No Thanks (3) Matthew J Smith 5.45
Foveros (3) W P Mullins 6.15
Hook Up (3) W P Mullins 6.15

Score draw

- RACES with draw bias index of 66+
Galway 4.40 LOW 67
Galway 5.15 LOW 67

Following favourites

- RACES that show a profit for favourites
Gway 3yo+ Non-H'caps +17.06
Gway 2yo Non-H'caps +1.60

Dropping down

- Horses racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.
Maud Gonne Spirit 5.15 w81 -4
Politcise 5.45 w73 -2

Coming on

- Horses running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.
Mandarin 5.45
01/05/19 17 of 20, 57; 15/05/19 5 of 8, 79;

Postmark pick

- RP RATING's most clear in handicaps
Blowing Dixie 5.45 3

Time warp

- Horses running on Flat who won last time out but whose TopSpeed rating was two stone below their RPR.
Cisco Disco 4.40 56
Mother Country 4.40 75
Time And Money 5.45 33
de Name Escapes Me 6.15 90
Foveros 6.15 85
Great Bear 6.15 80
My Sister Sarah 6.15 61
Run For Mary 6.15 68
Ever A Dream 6.45 53
Optimistic Belief 6.45 34



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table listing trainers in form: Thomas Mullins, D K Weld, Peter Fahey, Joseph Patrick O'Brien, John Joseph Murphy.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF).

Table listing trainers out of form: Luke Comer, M D O'Callaghan.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years).

Table listing race traces for GALWAY, including trainers like A P O'Brien, D K Weld, Michael Mulvaney, Adrian McGuinness, W P Mullins.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table listing course specialists for GALWAY, including Matthew J Smith, W P Mullins.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table listing jockey bookings for GALWAY, including Gavin Ryan/Adrian McGuinness, Wayne Lordan/W P Mullins.