



Signposts Sweetspots

Arkle winners ready to boil again

Lady Andaz 1.45 Southwell

John Gosden and Robert Havlin are a combination to follow when teaming up at Southwell. They operate at a 33 per cent strike-rate and can add to that with Lady Andaz (1.45).

Put The Kettle On 2.25 Cheltenham

Aidan Coleman is 2-2 on Put The Kettle On (2.25 Cheltenham) and they can make a winning start to the season following last term's success in the Arkle.

Firestep 4.05 Cheltenham

Nicky Henderson has a healthy 30 per cent strike rate when sending out his bumper newcomers and that rises to 67 per cent when sending them to Cheltenham. Firestep (4.05) looks one to side with in the last.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Days Since Win, Runs

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 3 columns: Trainer Name, Course, Wins-Runs %

Trainers off course

Trainers with most course losers since last win (today's code)

Table with 3 columns: Trainer Name, Days Since Win, Course Losers

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or

having first course runner

Course wins-runs record in past 20 years

Table with 2 columns: Trainer Name, Wins-Runs %

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months.

Table with 3 columns: Trainer Name, Wins-Runs %

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months.

Table with 3 columns: Trainer Name, Wins-Runs %

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with 3 columns: Trainer Name, Course, Wins-Runs %

Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code

Table with 3 columns: Trainer Name, Course, Wins-Runs %

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards

Table with 6 columns: Category, Wins, Places, Runs, %, POI%

Table with 2 columns: Trainer Name, Wins-Runs %

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 3 columns: Trainer Name, Wins-Runs %

Training newcomers

WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

Table with 3 columns: Trainer Name, Wins-Runs %

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table with 2 columns: Trainer Name, Course

Table with 2 columns: Trainer Name, Wins-Runs %

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 2 columns: Jockey Name, Wins-Rides %

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 2 columns: Jockey Name, Wins-Rides %

Course jockeys



JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Jockey Name, Location, Wins-Rides %

Jockeys off course

Jockeys with most course losers since last win (today's code)

Table with 3 columns: Jockey Name, Location, Losers

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table with 3 columns: Jockey Name, Location, Wins-Rides %

Horse & jockey

HORSES with 100% record for today's jockey

Table with 3 columns: Horse Name, Jockey, Record

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery

Table with 3 columns: Horse Name, Location, Record

Diable de Sivola .....Font 3.15 Gary Moore 2-23 8%; all 10%

First-time blinkers

HORSES wearing blinkers, hood or visor for the first time

Table with 3 columns: Horse Name, Location, Record

Tongue-tied

HORSES wearing tongue strap for the first time

Table with 3 columns: Horse Name, Location, Record

Cheekpieces

HORSES wearing cheekpieces for the first time

Table with 3 columns: Horse Name, Location, Record

Headgear left off

HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

Table with 3 columns: Horse Name, Location, Record

Money talks

HORSES whose odds shortened by more than 50% on last outing; W=won, L=lost

Table with 3 columns: Horse Name, Location, Record

Travellers' check

Today's farthest travellers (top 10 & ties; minimum distance 200 miles).

Table with 3 columns: Horse Name, Location, Record

Handicap debut

HORSES running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners.

Table with 3 columns: Horse Name, Location, Record

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs

Table with 3 columns: Horse Name, Location, Record

Best of rivalries

Head-to-head record of horses who have run against one another three or more times in the past two years.

Table with 3 columns: Horse Name, Location, Record

Good turn

HORSES whose best RPR racing the opposite way round to today is 10lb+ below today's card RPR and who raced the WRONG way (no wins) last time

Table with 3 columns: Horse Name, Location, Record

Bad turn

HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR

Minimum 3 runs each on LH & RH tracks Fideo Vallis (4/1) .....Chel 3.35 LH LH w-r: 0-3 RPR 113; RH 2-3 RPR 136

Anything to report

HORSES whose last outing has official explanation from connections. See form for details

Table with 3 columns: Horse Name, Location, Record

Repeat performance

HORSES who ran in same race in previous seasons

Table with 3 columns: Horse Name, Location, Record

Week link

HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table with 3 columns: Horse Name, Location, Record

Seven-day winners

TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table with 3 columns: Horse Name, Location, Record

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Table with 3 columns: Horse Name, Location, Record



9.11.19 won after 202 days off	2.25 248
<b>Defi Du Seuil</b> .....Chel	2.25 249
17.11.19 won after 199 days off	
<b>Forest Bihan</b> .....Chel	2.25 385
8.10.17 won after 183 days off	
<b>Edwardstone</b> .....Chel	3.00 250
9.11.19 won after 244 days off	
<b>Sebastopol</b> .....Chel	3.00 288
17.10.19 won after 288 days off	
<b>Orchard Thieves</b> .....Font	1.00 268
25.5.18 won after 825 days off	
<b>Cloudy Glen</b> .....Font	3.15 246
30.12.18 won after 247 days off	
<b>Weststreet</b> .....Font	3.15 268
7.11.14 won after 186 days off	
<b>Morney Wing</b> .....Font	3.15 300
24.10.18 won after 181 days off	

### Out & about

• Horses running today who were non-runners or withdrawn after being declared in last seven days.

• Reason for absence (if known) and forecast SP (if appropriate)

• Trainers wins-runs record with such runners, current season plus

**Shut The Box** ...Chris Gordon Font 1.30  
Chep 9 Nov unsuitable ground (14/1) 0-5 0%

**Poetry And Art** .....  
.....William Haggas Sthl 1.45  
Kemp 11 Nov other (7/2) 13-54 24%

**Gars Bar Dine** ...Dan Skelton Font 2.05  
Ling 10 Nov unsuitable ground (4/1) 8-42 19%

**Morney Wing** ..Charlie Mann Font 3.15  
Hntg 10 Nov vet's certificate (10/1) 0-9 0%

**Firestep** .....Nicky Henderson Chel 4.05  
Chep 9 Nov unsuitable ground (5/1) 8-22 36%

### Dropping down

• HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

**Red Stripes** .....Sthl 1.10 w64 -8

**Samovar** .....Sthl 1.10 w75 -6

**Zylan** .....Sthl 2.20 w84 -3

**Double Legend** .....Sthl 11.40 w58 -2

**Sharabang** .....Sthl 3.30 w50 -1

### RPR improvers

• HANDICAPPERS with improved RPR since weights were published, showing pre- and post-race RPR. Improvement figure reduced by any increase of official rating (OR).

• Early-closing handicaps may have additional qualifiers; excludes runs yesterday

**Grimsthorpe Castle** (OR51, EX6)Sthl 11.40  
1st, Sthl, Mon, Nov 9 (OR46) 42→54 ..... +7

### Coming on

• HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

**Vicenzo Mio** .....Font 2.05  
02/12/19 6 of 9, **86**; 16/12/19 2 of 6, **108**;

### Bouncers

• HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

**Countister** .....Chel 3.00  
17/11/19 7 of 14, **133** 21/12/19 8 of 13 **118**;

**Kroy** .....Sthl 2.55  
30/04/17 5 of 13, **55** 21/05/17 8 of 10 **37**;

### Postmark pick

• RP RATING's most clear in handicaps

**Grand Turina** .....Font 1.00 **3**

**Ice Station Zebra** .....Sthl 2.20 **3**

### Time warp

• Horses running on Flat who won last time out but whose TopSpeed rating was two stone

below their RPR.

**Society Queen** .....Sthl 12.10 **35**

### Card and fast

• Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

**Tegerek** .....Chel 3.00 126 **0**

**Puchita** .....Sthl 12.10 69 **0**

### Top marks

• Horses top-rated and selected by both RPR and TopSpeed

**Soldier Of Love** .....Chel 1.15 11/4

**Weseekhimhere** .....Chel 4.05 5/4

**Lord Baddesley** .....Font 12.25 11/10

### Most popular nap

• MOST popular tip in Racing Post/Coral Naps Competition

• Data excludes yesterday's results

**Discorama** .....Chel 1.50 **5**

From Jan 1: W 121; L 280; £1 bet -28.93

### Tipsters in form

• TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

The Irish Sun (4) .....

.....**Latest Exhibition** Punc 12.35

West Country (2) .....

.....**The Big Breakaway** Chel 1.15

### Tipsters' trainers

• TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Mercury .....**Defi Du Seuil** Chel 2.25

*Philip Hobbs 5-8 +£1.35*

Jon Freeman .....**Hunters Call** Chel 3.00

*Olly Murphy 3-4 +£7.63*

The Scout .....**Defi Du Seuil** Chel 2.25

*Philip Hobbs 6-11 +£8.16*

West Tip .....**Model Guest** Sthl 1.45

*Archie Watson 4-11 +£1.13*

Chris Wright...**Thyme White** Chel 3.00

*Paul Nicholls 3-11 +£7.21*





## Hot trainers

● TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

**W P Mullins** .....7-24 **29%**

## Cold trainers

● TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RUNS
<b>B R Hamilton</b> .....	555	<b>46</b>
<b>Brendan W Duke</b> .....	324	<b>44</b>
<b>Denis W Cullen</b> .....	93	<b>32</b>
<b>J A Berry</b> .....	385	<b>31</b>
<b>Andrew Slattery</b> .....	38	<b>30</b>
<b>David M O'Brien</b> .....	120	<b>28</b>
<b>Robert Tyner</b> .....	50	<b>26</b>
<b>C A McBratney</b> .....	67	<b>25</b>

## Course trainers

● TRAINERS with best wins-runs % from at least three course wins

**W P Mullins** .....Punc **103-489 21%**

## Trainers off course

● Trainers with most course losers since last win (today's code)

● X=no course winner (since 1 Jan 1989)

	Since a win: DAYS	RUNS
<b>Paul John Gilligan</b> .....	X	<b>51</b>
<b>Robert Tyner</b> .....	1300	<b>37</b>
<b>Miss Elizabeth Doyle</b> .....	760	<b>32</b>
<b>Michael J Bowe</b> .....	3858	<b>31</b>
<b>David M O'Brien</b> .....	6986	<b>30</b>

## Class of 5-30

● Trainers with best winners-horses % under all codes in the past 12 months.

● Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

<b>Michael J Bowe</b> (5) .....	4-7	<b>57%</b>
<b>Gearoid O'Loughlin</b> (6) .....	4-9	<b>44%</b>
<b>Brian M McMahon</b> (8) .....	5-12	<b>42%</b>

## One-trick trainers

● TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

**Gavin Cromwell** .....  
.....Oscar Academy Punc 12.05

## Trainer trace

● Horses who have switched trainers since their latest run.

● Includes current trainer's record with new recruits under today's code

<b>Coeur Sublime</b> .....	Punc 2.10
Gordon Elliott→Gearoid O'Loughlin	2-7 29%
<b>Allez Amour</b> .....	Punc 2.50
E Sheehy→Catherine Hamilton	1-1 100%
<b>Fighter Allen</b> .....	Punc 2.50
Gordon Elliott→W P Mullins	70-162 43%

## Training newcomers

● WINS-RUNS course record of trainer's newcomers in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course newcomer or an overall newcomer strike rate in excess of 15%.

<b>T M Walsh</b> .....	Hdl Punc 1-3	<b>33%</b>
all Hdl newcomers 2-16 13%		
<b>Henry de Bromhead</b> .....		
.....Hdl Punc 7-27 <b>26%</b>		
all Hdl newcomers 31-221 14%		
<b>Gordon Elliott</b> .NH F Punc	10-45	<b>22%</b>
all NH F newcomers 64-280 23%		

## Hot jockeys

● JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

**Paul Townend** .....Punc

6-16 **38%**

## Cold jockeys

● JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in IRE; excludes those with at least 25% placed runners in past 14 days

	Since a win: DAYS	RIDES
<b>Adam Short</b> .....	Punc 67	<b>88</b>
<b>L P Dempsey</b> .....	Punc 26	<b>33</b>
<b>Jack Wildman</b> .....	Punc 573	<b>31</b>
<b>Ms L O'Neill</b> .....	Punc 68	<b>21</b>
<b>Liam Quinlan</b> .....	Punc 65	<b>21</b>
<b>Sean O'Keefe</b> .....	Punc 12	<b>20</b>

## Course jockeys

● JOCKEYS with best wins-rides % from at least three course wins

<b>Mr J J Codd</b> .....	Punc 14-58	<b>24%</b>
<b>Ms L O'Neill</b> .....	Punc 9-46	<b>20%</b>
<b>Liam Quinlan</b> .....	Punc 4-20	<b>20%</b>

## Jockeys off course

● Jockeys with most course losers since last win (today's code)

● X=never ridden course winner

	Since a win: DAYS	RIDES
<b>Donagh Meyler</b> .....	Punc 1415	<b>92</b>
<b>L P Dempsey</b> .....	Punc 1093	<b>81</b>
<b>Jonathan Moore</b> .....	Punc 550	<b>32</b>

## Headgear left off

● HORSES who ran in blinkers, hood, visor, cheekpieces, tongue-strap, eye-shields, etc (or any combination) last time, but race without any headgear this time.

<b>A Great View</b> .....	Punc 12.05
<b>Cresus de Grissay</b> .....	Punc 12.05
<b>Fine Theatre</b> .....	Punc 12.05
<b>Magic Of Light</b> .....	Punc 1.05
<b>Dare To Flare</b> .....	Punc 3.25

## Horses for courses

● HORSES with at least three course wins (today's code/surface), followed by total course runs

● Course/distance wins are shown in brackets

**Dewcup** .....Punc 1.40 **3-4**

## Repeat performance

● HORSES who ran in same race in previous seasons

<b>Freewheelin Dylan</b> .....	Punc 12.05
19: 1 of 11, OR130, 7/1 Ricky Doyle	
<b>Black Tears</b> .....	Punc 1.05
19: 2 of 5, btn 4l, RPR133, 7/1 Robbie Power	

## Fresh start

● SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

● Data is current plus last four years, any code, incl PTP

<b>Elimay</b> .....	Punc 1.05 301
8.12.19 won after 210 days off	
<b>Daylight Katie</b> .....	Punc 1.05 380
28.10.17 won after 199 days off	
<b>Fury Road</b> .....	Punc 1.40 247
1.11.19 won after 183 days off	
<b>Coeur Sublime</b> .....	Punc 2.10 250
3.11.18 won after 194 days off	

## Out & about

● Horses running today who were non-runners or withdrawn after being declared in last seven days.

● Reason for absence (if known) and forecast SP (if appropriate)

● Trainers wins-runs record with such runners, current season plus

<b>Chavi Artist</b> .Thomas Mullins	Punc 12.05
Navn 8 Nov reserve (17/2) 4-20 20%	
<b>Magic Of Light</b> .....	
.....Mrs John Harrington Punc 1.05	
Clon 12 Nov unsuitable ground (12/1) 1-20 5%	

**Caddy Shack** .....J A Berry Punc 1.40

Fair 10 Nov reserve (200/1) 0-3 0%

**Any Day Now** Edward Cawley Punc 2.50

Fair 13 Nov reserve (66/1) 1-9 11%

## Following favourites

● RACES that show a profit for favourites

**Punc H'cap Chses** ..... +0.50

## Coming on

● HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

**Burning Ambition** .....Punc 12.05  
16/03/19 1 of 10, **110**; 04/04/19 2 of 27, **139**;

## Bouncers

● HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

**Bois de Clamart** .....Punc 12.05  
20/10/19 6 of 8, **107** 01/11/19 6 of 14 **62**;

**Fine Theatre** .....Punc 12.05  
11/03/17 3 of 10, **136** 29/04/17 8 of 13 **105**;



## TRAINERSPOT IRELAND

### In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (**bold**) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating.

● For horses who ran yesterday, and for horses with no pre-race Racing Post Rating; RTF defined as: any placing; or finishing within 3l of winner over 6.5f (1430y); or finishing with 4l between 6f111y (1431y) & 1m110y(1870y); or finishing with 5l between 1m110y (1871y) & 1m4f110y(2750y); or finishing with 6l between 1m4f111y(2751y) & 2m (3520y); or within an extra 1/2l per furlong above 2m.

● After trainer's name are finishing positions of all runners in last 14 days, most recent on right; dash separates days; ♦=no runners on day

W-R RTF  
7-24 29% **67%** W P Mullins 1-♦-1-♦-♦-♦-035-1-♦-2-♦-312121-P-1F23678942

### Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (**bold**) of horses Running To Form (RTF). ♦=no runners on day

W-R RTF  
0-6 0% **0%** C A McBratney ♦-♦-♦-♦-1-♦-♦-♦-8-♦-0-♦-♦-0-00  
0-8 0% **13%** Robert Tyner ♦-♦-6-♦-0-♦-♦-9-♦-2-♦-67P-7-♦

### Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

#### PUNCHESTOWN

12.35 3-13 -£0.60 **Gordon Elliott** 2-♦-♦-2-♦-25-125-12-24-1P .....  
.....Run Wild Fred, Pencillullolead  
1.05 2-5 +£9.73 **Mrs John Harrington** 6-4-13-♦-♦-♦-1-♦-♦ .....  
.....Magic Of Light  
5-11 +£3.65 **W P Mullins** 1-♦-♦-123-1-F-123-13 ..Elimay, Buildmeupbuttercup  
2.10 9-20 +£11.07 **W P Mullins** 1-1-1234-1-123-145-1-124-134 .....  
.....Saint Roi  
4.00 3-5 -£0.06 **Gordon Elliott** 5-1-1-1-2 .....  
.....Hollow Games, Gordon's Jet, Perfect Attitude

### Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

**BOLD** data=current season only; **LIGHT**=last four seasons, plus current.  
Flat season is defined as from January 1

### Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet;

**BOLD** data = current season only; **LIGHT** = last four seasons, plus current.

Ⓢ=data is course specific

(therefore **bold** data with Ⓢ = today's course, current season).

Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

#### PUNCHESTOWN

6-13 46% +£25.68 ⓈSean Flanagan/Noel Meade .....  
..... Moyross 12.05; Brace Yourself 12.35; Idas Boy 2.50; Charlie Siringo 3.25  
23-87 26% +£5.71  
2-3 67% +£7.00 Rachael Blackmore/Gordon Elliott .....  
..... Pencillullolead 12.35  
3-12 25% +£9.73 ⓈKeith Donoghue/Gordon Elliott .....  
..... Daylight Katie 1.05  
3-9 33% +£2.05 ⓈMark Walsh/T M Walsh .....  
..... Dewcup 1.40  
9-34 26% +£34.33 ⓈMs L O'Neill/Gordon Elliott .....  
..... Perfect Attitude 4.00